



The Trafalgar School
at Downton

SMSC in The Trafalgar School at Downton PE Department

Spiritual education at The Trafalgar School at Downton provides students with the opportunity to express themselves through a variety of activities, e.g. performing a sequence in gymnastics, choreographing a short dance performance piece. Students are able to display their feelings and emotions with confidence and assurance around their peers.

Moral education at The Trafalgar School at Downton encourages students to develop a healthy, active lifestyle. Students are able to understand the benefits of participation through experiencing a variety physical activities, e.g. team sports, individualised activities and health related fitness. Students gain an understanding of the rules and regulations associated with each activity and the need to abide by them, as well as developing the etiquettes associated with fair play.

Social education at The Trafalgar School at Downton allows students to develop the skills of cooperation that are needed in order to work as part of a team. They are able to reflect on feelings of determination and enjoyment as well as losing with grace and dignity. Students are given different roles within lessons, such as coach/leader, official, these allow them to develop the social skills required; communication, fairness and sportsmanship.

Cultural education at The Trafalgar School at Downton provides students with the opportunity to learn about different traditions through games and dances. They develop an awareness of themselves as well as the differences between male and female roles within sport.

Examples of Spiritual, Moral, Social and Cultural Education in PE include:

- students reflecting on values surrounding competition which includes 'winning at all costs' as well as sportsmanship and fair play
- students learning to handle success and defeat with grace and dignity
- Giving time for focus group discussions on lesson objectives and outcomes as well as listening to other people's opinions and giving feedback
- students being introduced to tactics and strategies in sport
- students developing their moral stance through developing a sense of fair play and positive sporting behaviour as well as reflecting on the need for rules
- students discovering the role of sport and dance in society and the arts as well as learning dances from different traditions
- students becoming aware of different cultural attitudes towards aspects of physical activity

Empowering students to be the source of their own success ...