

The Trafalgar School at Downton

# Knowledge Organiser

Year 10: Terms 1 and 2

2022/2023



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Name.....House.....

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## Using a Knowledge Organiser well

### **What is a Knowledge Organiser?**

A Knowledge Organiser is a document that sets out the key information you need to understand, learn and memorise in each of the subjects you study this term.

### **Why do I have to carry my Knowledge Organiser around with me?**

Your teachers will want you to use your Knowledge Organisers in lessons. They are yours forever and you may want to annotate or highlight on them when your teacher talks about things in them. They will certainly be used in lessons when you have a cover teacher and you can use them whenever you find yourself with some spare time.

### **How should I use my Knowledge Organiser?**

You should use your Knowledge Organiser to learn this key information and commit it to memory. Your teachers will often quiz you on the information on the Knowledge Organiser in your lessons. The best way of using it is to use the look, cover, write, check method which you will have been introduced to in your Knowledge Organiser launch assemblies.

### **What do I do with my Knowledge Organiser at the end of the term?**

You don't have to carry your Knowledge Organiser around with you anymore but you should keep it somewhere safe where you can easily get it out and use it. Remember that the information on the Knowledge Organiser includes things you will need to remember for your GCSE exams, so your teachers will continue to quiz you on it.

### **Why is a Knowledge Organiser important?**

New GCSE specifications mean that students have to memorise more facts, equations, quotations and information than ever before and there are things you will learn right from the start of year 7 that you will need to know in year 11 when you sit your GCSE exams – the Knowledge Organiser helps you to identify the things that you need to try and commit to your long term memory and return to over and over again during your time at secondary school. There are also things that we think it is important you learn about and remember that might not be in a GCSE exam but represent useful knowledge for life.





## WHAT WE EXPECT FROM YOU

BE ON **TIME** ●

BE **EQUIPPED** ●

*PEN, PENCIL, RULER, KNOWLEDGE ORGANISER & EXERCISE BOOK (AS A MINIMUM)*

LISTEN TO STAFF AND **ALWAYS**  
COOPERATE ●

DO NOT INTERRUPT **LEARNING** TIME ●

COMPLETE **ALL WORK** SET  
*BEST WORK, FIRST TIME* ●

SHOW **RESPECT** ●

WEAR UNIFORM **PROPERLY** AND  
WITH **PRIDE** ●

MOBILE DEVICES/SMART  
WATCHES TO BE IN **YONDR** CASE ●

## Being Trafalgar

At the end of your time at the school your knowledge organisers will provide you with lots of help and support when you prepare for your GCSE exams.

To help yourself you should:

- Keep your Knowledge Organisers as tidy as possible
- Highlight parts of them as you go through learning lessons or add in post-it notes etc. to help you learn key knowledge
- Keep your used Knowledge Organisers safe at home. If you have used them since Year 7 you will end up at the end of Year 11 with 14 Knowledge Organisers. Line them up on your shelf at home and keep coming back to them for your revision, homework and learning
- Show them to your parents and talk through with them the facts and knowledge you have learned about in lessons – help them to learn new things too!
- Take your Knowledge Organiser for the term you are in to school every day and use it in every lesson you can!

## Learning the knowledge in the organiser

Your Knowledge Organiser is a vital document. It contains all the key things from your lessons that you will need to work on committing to your long-term memory.

The best method to use when you are working on memorising things from your Knowledge Organiser is to self-quiz, using the Trafalgar Revision Method, below:

Really read and understand	Read the information 3 or more times and ask for help in understanding
Reduce the knowledge	Rewrite the information, making revision cards or mind maps
Remember	Reread and test that you can remember
Repeat	Repeat the process above until you can recall the information quickly and accurately. Only at this point have you acquired the knowledge!

## How do I remember? Activating your memory

Students often say “I can’t remember” and the reason for this is that the information they are trying to remember and learn is not yet in their **long term memory**.

Your long term memory gets activated by repetition over a number of days. And so repeat the following process to embed knowledge in your long term memory.

<b>Look</b>	Read the information 3 or more times 
<b>Cover</b>	Now cover what you have just read up
<b>Write</b>	Now try and write down the information you have just read 
<b>Check</b>	Did you write down the information correctly? If you made mistakes, correct them with a different colour pen and repeat daily until you “just know it”.





alliteration:

You'll never put a better bit of butter on your knife



anecdote:

Talking to his children about the dangers of running in the house, a dad might include an anecdote about falling in his home as a boy and breaking his arm.



That's one small step for man, but a giant leap for mankind.

'Let us never negotiate out of fear, but let us never fear to negotiate.'

Think about the poor, defenceless animals that suffer due to our rubbish!



'Group chat can often be a source of upset,' warned psychologist Dr Linda Pappadopolis.

*The Road Not Taken*, by Robert Frost, is one of the most famous examples of extended metaphor; in the poem, he compares life's journey to a forest path.

The witches in Macbeth are used to foreshadow that Macbeth is not innocent: 'Fair is foul and foul is fair' a line he echoes in his first appearance when he says 'so foul and fair a day I have not seen'.



Chill out! Do as I say! Don't eat the daisies! Please be quiet! Be quiet!



'The sun in the west was a drop of burning gold that slid near and nearer the sill of the world.'

You must be home by midnight. You could be tired if you're any later. E.g. mustn't, can, might, shouldn't, may, will etc.

In *Macbeth*, the night the King is murdered 'has been unruly ... in th' air, strange screams of death ... Some say the Earth was feverous and did shake.'



sensory description:

Wind swirled around the beach house, whistling loudly. He felt the snowflakes melting on his skin, their liquid trickling down his neck, cold, wet, seeping into his clothes.



simile:

Without warning, Lionel gave one of his tight little sneezes: it sounded like a bullet fired through a silencer.

statistics:

You only have a 20% chance of surviving a 60mph crash if you don't wear a seatbelt!

superlative:

This is the worst day of my life but at least we're in the finest café in London.

onomatopoeia:

The dog knocked over the vase with a crash!



personification:



Dancing on the water, the sun shone endlessly.

repetition:

'As my grandfather went, arm over arm, his heart making sour little shudders against his ribs, he kept listening for a sound, the sound of the tiger, the sound of anything but his own feet and lungs.'



'I' versus 'me'

Use 'I' when the people named are the subjects of the sentence:

Boris Johnson and I shook hands.

Use 'me' when the people named are the objects of a verb:

The press took pictures of Boris and me shaking hands.

**Check:** Will it still make sense if you remove the name/s?

~~Boris Johnson and I~~ shook hands. ✓  
~~Boris Johnson and me~~ shook hands. ✗

The press took pictures of ~~Boris and I~~ shaking hands. ✗  
The press took pictures of ~~Boris and me~~ shaking hands. ✓

People can't lick **their** elbows.

**their**  
(shows ownership)



"Their" is like "our."

She is **there** already.

**there**  
(a place)



"There" is like "here."

**They're** all crazy!

**they're**  
(short for "they are")



"They're" = "they are"





**Use fronted adverbials:**

Rather slowly, (manner)  
During the night, (time/temporal)  
Every minute or two, (frequency)  
At the end of the corridor, (spatial)

Just beyond the stairwell on his left,  
he opened the door.

**Use a range of sentence structures:**

The spotted green frog jumped  
into the pond.  
(simple)

The spotted green frog jumped into the  
pond and he splashed water on me.  
(compound – coordinating  
conjunction: for, and, nor, but,  
or, yet, so)

The spotted green frog jumped into the  
pond when the hawk flew overhead.  
(complex – subordinating conjunction:  
if, although, as, before, because,  
when, after, since, until, so that, while  
etc.)

When the hawk flew overhead, the  
spotted green frog jumped  
into the pond.  
(subordinate/dependent clause start)

The frog, which had been lurking  
underwater, jumped on the lily pad.  
(embedded clause)

**Use a tricolon (tripartite list):**

‘I stand here today humbled by the  
task before us, grateful for the trust  
you have bestowed, mindful of the  
sacrifices borne by our ancestors.’

Snap! Crackle! Pop! (Rice Krispies slogan)

**Use a conditional sentence:**

When people smoke cigarettes, their  
health suffers.

If I had cleaned the house, I could  
have gone to the cinema.

**Use paired adjectives to describe a  
noun:**

Take a look at this **bright red** spider.

Luckily, it isn't a **wild, dangerous** one.

**Use anadiplosis (yoked sentence):**

Building the new motorway would be  
**disastrous, disastrous** because many  
houses would need to be destroyed.

‘Fear leads to anger. Anger leads to  
**hate. Hate** leads to suffering.’  
Yoda, *Star Wars*.

**Use different sentence types:**

The wind is blowing. (declarative)

Put your pen down. (imperative)

Who do you trust most in the world?  
(interrogative)

Pollution is killing us! (exclamation)

**Use discourse markers to begin  
paragraphs and start/link some  
sentences:**

First of all, To begin with, Firstly,

Therefore, Consequently, Hence, As a  
result,

Furthermore, In addition, Additionally,  
Moreover,

Meanwhile, Later that day, Seconds  
later, Subsequently, That afternoon,

On the whole, Interestingly, Basically,  
In short, Broadly speaking,

Alternatively, Conversely, Similarly,  
On the other hand, Despite this,  
Likewise, However,

To conclude, Finally, In conclusion,  
Eventually, In the end,

**Use a two and then three word  
sentence:**

It hurt. I was dying!

Snow fell. Flakes floated precariously.

**Use anaphora:**

Now is the time for action. Now is the  
time to take up arms. Now is the time  
to fight for your country.

**Use epiphora (epistrophe)**

I can't believe I was robbed.  
Everything is gone. My television and  
electronics are gone. The money I left  
on my nightstand is gone.

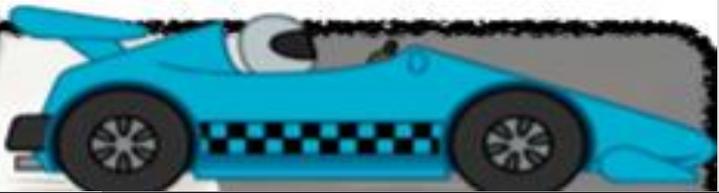
**Use a past participle - 'ed' start:**

Glazed with barbecue sauce, the rack  
of ribs lay nestled next to a pile  
of sweet coleslaw.

**Use a present participle - 'ing' start:**

Whistling to himself, he walked down  
the road.

# PUNCTUATION PIT STOP



## Full Stop

Full stops are used to:

1) mark the end of a sentence. 😊

Carefully, he kicked the ball into the goal.

2) show when a word has been abbreviated.

Saint Peter's Road is on the High Street.

→ St. Peter's Road is on the High Street.

## COMMAS

Commas are used to separate: 🗨️

1) items in a list. 🗨️

Bert, Ernie and Elmo are my three pet rats.

2) **dependent clauses and phrases.**

While I was in the bath, the cat scratched at the door. That meant, because I was on my own in the house, I had to get out to let him in. Thankfully, I had a towel handy!

## Quotation Marks

Quotation marks show exact words that are spoken or written by someone. 😊

'Don't be late!' shouted Mrs Smith. 🗨️

'I will be,' Molly said, and added, 'so don't expect me before 11.'

## Question Mark

Question marks are used at the end of direct questions instead of a full stop. 🗨️

What is your favourite food? 🗨️

How do you feel today? 🗨️

**An indirect question ends with a full stop rather than a question mark:** 🗨️

I'd like to know what you've been doing all this time. I wonder what happened.

## Exclamation Mark

Exclamation marks express strong emotions: forcefulness, commands, anger, excitement, surprise etc.

Don't buy that car! Stop telling me what to do! I'm free! You're late! She actually won!

**They're also used for most interjections:** 🗨️

'Hi! What's new?' 'Ouch! That hurt.'

'Oh! When are you going?' 🗨️

## Semi-colon

Semi-colons are used to separate two sentences that are closely related: 🗨️

It was winter; the snow was falling heavily.

**They can also be used to separate items in a list made of longer phrases.** I have been to Newcastle, Carlisle, and York in the North; Bristol, Exeter, and Portsmouth in the South; and Cromer, Norwich, and Lincoln in the East.

## Colon

Colons are used to: 🗨️

1) begin a list. 🗨️

I have three pet rats: Bert, Ernie and Elmo.

2) indicate that what follows it is an explanation or elaboration of what precedes it.

Unfortunately, the weather forecast was wrong: it rained all day!

## Apostrophe

An apostrophe is used to show: 🗨️

1) omission - where a letter or letters has been missed out.

does not → doesn't I am → I'm

2) possession - when some thing/one owns something. Thankfully, they played Susan's game. Interestingly, David's house has no garden, but Susan's house does.

## Dash —

Dashes are used for parenthesis: a word or phrase inserted as an explanation or afterthought into a passage which is grammatically complete without it. E.g.

Last year, they roasted the winning brisket — the size of a pillow — in a mighty clay oven. Paul felt hungry — more hungry than he'd ever been.

## Brackets

Brackets are used in pairs for parenthesis: a word or phrase inserted as an explanation or afterthought into a passage which is grammatically complete without it. E.g.

Andrew Jacklin (last year's losing finalist) is expected to win this heat.

Tigers are carnivores (meat eaters)!

## Ellipsis

Ellipsis is used to: 🗨️

1) show a pause or hesitation in someone's speech or thought.

I don't know ... I'm not sure.

2) build tension or show that something is unfinished.

Looking up, Paul couldn't believe what he saw ...

# PUNCTUATION PIT STOP



# Writing the text for a leaflet

Stay Safe and Sound Online

clear/apt/original title

subtitles

## Manage your online reputation

Anything that you upload, email or message could stay online forever. Therefore, before you post anything online, consider whether or not you would want your parents, teacher or a future employer seeing it. If the answer is no, don't post it! Your privacy is key here.

effectively/fluently sequenced paragraphs

## Privacy Matters

Make sure you set high privacy settings on social networks. Regularly you should change passwords and never share or put online any of your personal details like a phone number, address or your school details. Make sure your safety and privacy settings are activated on your mobile devices too, so you aren't sharing private information. Be aware that using public WiFi might not filter inappropriate content, so look for friendly WiFi symbols when you're out and about.

Writing Forms

bullet points

## Remember:

- make sure you know how to block abusive comments and report worrying content;
- don't arrange to meet people in real life that you've only talked to online;

# Text for a Speech

## 'Address to Nation on the Challenger' by Ronald Regan (28<sup>th</sup> January, 1986)

Ladies and Gentlemen, I'd planned to speak to you tonight to report on the state of the Union, but the events of earlier today have led me to change those plans. Today is a day for mourning and remembering. Nancy and I are pained to the core by the tragedy of the shuttle Challenger. We know we share this pain with all of the people of our country. This is truly a national loss.

a clear address to an audience

For the families of the seven, we cannot bear, as you do, the full impact of this tragedy. But we feel the loss, and we're thinking about you so very much. Your loved ones were daring and brave, and they had that special grace, that special spirit that says, 'Give me a challenge and I'll meet it with joy.' They had a hunger to explore the universe and discover its truths. They wished to serve, and they did. They served all of us.

rhetorical indicators that an audience is being addressed throughout

The crew of the space shuttle Challenger honoured us by the manner in which they lived their lives. We will never forget them, nor the last time we saw them, this morning, as they prepared for the journey and waved goodbye and 'slipped the surly bonds of earth' to 'touch the face of God.'

a clear sign off e.g. 'Thank you for listening'

Thank you.

# Article

## Andy Murray's Appliance of Science

clear/apt/original title

By Jim White

by-line

If the Caledonian superman wins Wimbledon this year, it will be thanks to pieces of sushi a day, a magic potion and a battalion of experts.

strapline

If you want to know what it is about Andy Murray that makes him stand out from the rest of us – apart from that fizzing backhand return and the huge-mouthed celebratory yodel – it is summed up in one word: science!

## Sample Check

Today, before he even steps out on to the Centre Court for his Wimbledon semi-final, the 27-year-old, 2009 Wimbledon champion has already been subject to several of these. He does a urine test every time he pops to the lavatory. The osmolarity check is conducted by one of his staff, its purpose to gauge the percentage of water and minerals in his urine, to show whether his body is correctly hydrated. The fact is, if Murray wins today, it will only be thanks to the bloke who inspects his wee.

## Daily Diet

At 7.30 this morning, while many of the other players arriving at Wimbledon's press restaurant will have begun their day assaulting the glittering Himalaya of fried starch, Murray will have eaten yogurt, fruit and a bagel smeared in peanut butter ...

# Writing in the Essay Form

clear title

## Zoos Should be Banned

effective introduction

In America, approximately 175 million people visit a zoo each year. That's half of America's population. Clearly this suggests that zoos remain popular places for people to visit for entertainment and to learn about wild animals. However, although some people are of the opinion that zoos can provide a source of educational entertainment and a sanctuary for endangered animals, I believe that the cruelty that wild animals suffer outweighs this benefit, and that they should be shut down!

effectively/fluently linked paragraphs to sequence a range of ideas

On the surface, zoos are a huge tourist attraction because they allow families to spend a day out in the sun, looking at animals, and eating overpriced junk food. But what most people don't know is that zoos are far more sinister than selling small bottles of water for £5.00. Statistics show that in all zoos, fifteen percent of animals die every year due to living in captivity. Obviously then, zoos must be an unsuitable environment for wild animals and should, therefore, be abolished. How can zoos justify their existence by claiming animals in captivity provide people with the experience of observing wildlife they wouldn't otherwise experience, when it costs at a cost to their life?

a range of ideas (no room to reproduce the other two paragraphs here)

In conclusion, a zoos only purpose is to make as much money as possible by showing thousands of people per day to gawk at animals and spend far too much money on souvenirs and junk food. Zoos do not protect or help to repopulate animals, nor do they educate people on the specifics of these animals, and therefore should be abolished.

convincing conclusion

## Writing a formal letter

221B Bakers Street  
London  
NW1 6XE

reader's  
address

Writing  
Forms

writer's  
address

35 Hibiscus Crescent  
Andover  
Hants  
SP10 3WE

date

20<sup>th</sup> February, 2020

Dear Sir or Madam

Formal Salutation: Sir/Madam/Mr Roderick/Mrs Roderick

I am writing because you chair a committee in charge of the compulsory wearing of school uniforms. I am a student at Brinsley High School, a friendly and successful school where uniforms are not worn.

Of course, there is another side to this case: uniforms breed uniformity. We are a culturally diverse nation and all dress the same, this encourages us to be the same. At Brinsley High, we are encouraged to express our individuality, yet this seems to be in contradiction of the message enforced uniform sends to us.

fluently sequenced paragraphs

fluently sequenced paragraphs

Furthermore, ...

Yours faithfully  
Boris Johnson

formal sign off: Yours faithfully (Sir/Madam = Faithfully) (Mr/Mrs = Sincerely)

## Dystopian Narrative: *The Machine Stops* by E.M. Forster

Above her, beneath her, and around her, the Machine hummed eternally; she did not notice the noise, for she had been born with it in her ears. The earth, carrying her, hummed as it sped through silence, turning her now to the invisible sun, now to the invisible stars. She awoke and made the room light.

"Kuno!"

"I will not talk to you," he answered, "until you visit me."

"Have you been on the surface of the earth since we spoke last?"

His image faded.

Again she consulted the book. She became very nervous and lay back in her chair palpitating. She directed the chair to the wall, and pressed an unfamiliar button. The wall swung apart slowly. Through the opening she saw a tunnel that curved slightly, so that its goal was not visible. Should she go to see her son, this would be the beginning of the journey.

Of course she knew all about the communication-system. There was nothing mysterious in it. She would summon a car and it would fly with her down the tunnel until it reached the lift that communicated with the air-ship station: the system had been in use for many, many years, long before the universal establishment of the Machine. Those funny old days, when men went for change of air instead of changing the air in their rooms! And yet — she was frightened of the tunnel: she had not seen it since her last child was born.

## Journey Description

Sitting in my seat – aisle, two rows from the front – I look out. Illuminating a town engulfed in darkness, lights flash past me: shop lights, street lights, car lights, and as the clouds part just enough for the moon to penetrate through the smog, moonlight!

Inside it's silent. No one speaks. The bus windows shut, lulled by the rocking motion, side-to-side, back-and-forth, up-and-down, my eyes feel heavy. Outside, I'm mesmerised by the noise I can only see, only imagine: mouths asking, replying, laughing, traffic screeching, angry drivers honking, shop doors opening and closing.

Once more the bus door opens and, as if I've lifted my head out from underwater, I can hear the street bustle, smell the takeaways, taste the diesel fumes.

## Description of Place

spatial discourse markers

adjectives

Green limbs tangled above the decaying shells of long-abandoned vehicles, forming a canopy that barely permitted the harsh rays of the sun to burn through. The stealthy fingers of squat oak trees reached out tenaciously towards them. The vehicles themselves were coated in a thick layer of rust and a patina of blue copper – and were battered and bruised through years of exposure to the elements.

Metaphor, simile, personification

Like a queue of taxi cabs, the vehicles waited patiently in the forgotten depths of the forest. Specks of light from the midday sun, which had successfully fought their way through the overhead canopy, lit up their broken bodies. Their trunks gaped open woefully and their shattered eye sockets stared blindly forward.

sensory description

sensory description

The aroma of rust and decay occupied the clearing: it was choking, corrosive. No fresh breeze could infiltrate the thick shrubbery to provide relief. The cars lay there, suffocating on their own putrid stench. It was overpowering. Meanwhile, the squawks of blackbirds echoed like sirens around the clearing. The chilling sound was relentless. It echoed through the car's hollow bodies, feeding its way through the cracks in windows and doors, striking the upholstery of the rotting seat as it passed.

spatial discourse markers

sensory description

Spread over the floor of the clearing, a thick blanket of autumn leaves hid the earth beneath. They had turned a shade of burnt red and had bleached edges that resembled torn parchment. They were brittle and cracked from the heat in the clearing. Amongst them, all manner of insects scuttled- manoeuvring themselves between moments of shade, before the unforgiving rays of sun could scorch their exposed bodies.

adjectives

### Climax (problem at its worst)

- Use exciting/dynamic verbs;
  - Quicken pace;
- Show characters feelings through action;
- Attempts to solve problem fail/intensify problem.
- Vary sentence length: short for action, longer for description.

Fail to Plan  
Plan to Fail!

### Rising Action (build up/conflict)

- Build on character, setting and plot;
- Introduce a problem/conflict/dilemma;
- Build tension/excitement using interesting adjectives, metaphors, similes etc.

### Falling Action (fix problem)

- Character/s solving conflict/dilemma/ problem.

### Exposition (introduction)

- Use a story hook to grab attention e.g. atmosphere, sudden event etc.;
- Use descriptive vocabulary to set the scene and describe the main character;

### Resolution/Dénouement (ending)

- Link back to the start.
- What has the character learned?
- Is there an exciting twist?
- Is there a cliff-hanger ending?

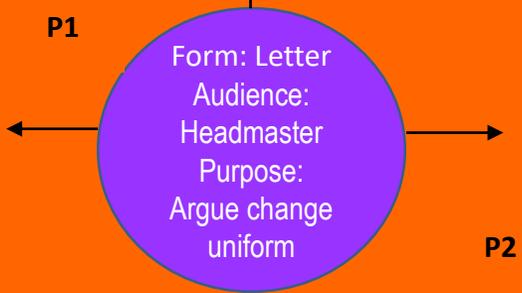
**Freytag's Pyramid/  
the Story Mountain is the best  
for planning narratives  
(stories).**

Conclusion:  
To conclude,  
repeat RQ,  
Yes.  
  
Yours  
Sincerely

Intro: My address right hand side, +  
date, school address left,  
Dear Mr Curtis  
Should we consider discontinuing  
wearing a school uniform, you've  
asked? Quite simply, yes! Within this  
letter, you will find several arguments  
setting out precisely why we should  
make this change.

**Counter:** all look same  
so no  
prejudice/bullying over  
clothes,  
**Argument:** no  
individualism, learning  
who we are  
**Reasons to:** RQ  
+triple  
Isn't part of our  
learning at school  
about learning how to  
dress appropriately,  
learning who we are,  
learning how to judge  
people on what is  
inside, not what wear?

**Counter:** old-  
fashioned tradition,  
so easier to continue  
**Argument:** other  
traditions - burnt  
witches, slept on  
straw, walked  
barefoot – now  
discontinued so ...  
**Reasons to:**  
anecdote, use  
experts



**Counter:** cost cheaper as not designer or from shops  
making huge profit  
**Argument:** cost of blazers, trousers and skirts from  
school uni shop expensive as no competition, own  
clothes mix 'n' match so fewer outfits needed, wear  
weekends so more use,  
**Reasons to:** emotive language: force poorer families to  
go without, statistics

**Mind maps/spider diagrams, allow you to jot down content ideas in no particular order and then decide on the best order to write them up in – so they're ideal for non-fiction writing. Each leg = a paragraph**

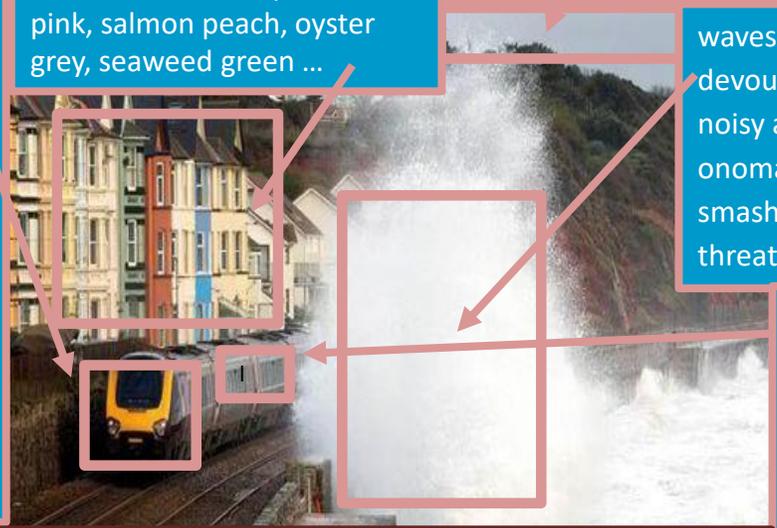
Personify train - a victim moving along railway line, past houses, towards destination - metaphor: caterpillar train sways and pitches precariously along the track to its daily destination. Snatching bites, the sea salt nips at its metal skin as it passes, gnawing at it, killing it. Rattles. Will it survive?

houses, like soldiers standing to attention - defending their inhabitants. Diff pastel colours of a seaside town: prawn pink, salmon peach, oyster grey, seaweed green ...

canopy of sky above threatening Adjectives for mood: grey sky, stuffed clouds full of cold, sharp rain, Verb: beating down, attacking!

waves engulfing and devouring the sea side town - noisy and disruptive, onomatopoeia: Crash! whip, smash personify so violent/threatening movement.

zoom in - one carriage window. Windows hit by spray that's 'like a tame cat turned savage'. Passenger pitched side-to-side: bubbling sickness, rising bile from stomach!

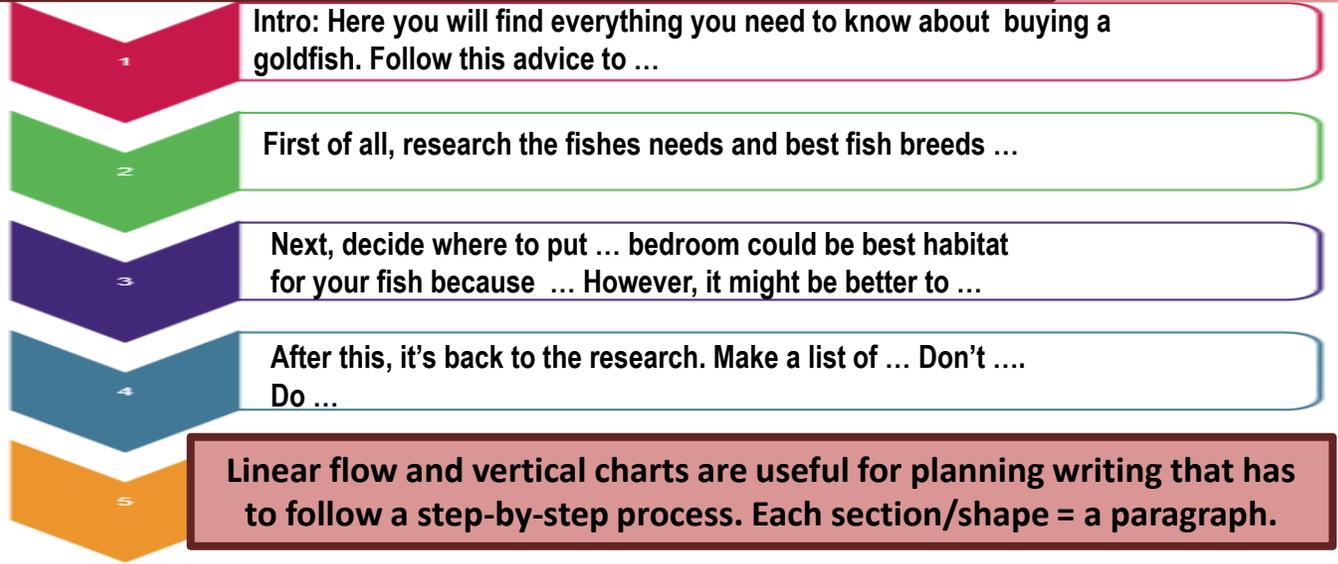


**The Grid Plan is good for making sure you include lots of different methods, or to compare two/more things side-by-side. Each row/column = a paragraph.**

Paragraph content/ topic	Language method/vocab	Sent structures	Punc
1: waves engulfing and devouring the sea side town - noisy and disruptive, movement	onomatopoeia crash, whip, smash personify so violent/threatening	'ing' start verbs (pres part)	! ;
2: train victim moving across railway line past houses towards destination	personify - victim, alliteration, metaphor: A caterpillar, the train sways and pitches precariously along the track to its daily destination. Snatching bites, the sea salt nips at its metal skin as it passes, eating away at it, killing it. Rattles. Will it survive?	Chain/ tricolon Question	? --
3: zoom in on one carriage window, motion sick	Windows hit by spray that 'like a tamed ca' has 'turned savage' today. Passenger pitched side-to-side; bubbling sickness rising bile from stomach!	Anadiplosis (yoked)	' ' ; !
4: houses	Like soldiers standing to attention they are defending their inhabitants. Diff pastel colours of a seaside town: prawn pink, salmon peach, oyster grey, seaweed green, cracking paintwork	Fronted spatial adverbials	( ) :
5: canopy of sky above threatening	Adjectives for mood: grey sky, stuffed clouds full of cold, sharp rain, Verb: beating down, attacking,	Two then three word sentences	... ;

**Fail to Plan  
Plan to Fail!**

**Plan describing pictures by boxing/framing parts of the image to help you to focus description on specific areas, zooming in on minute detail, and out again to another area. Each boxed area = a paragraph.**



## Writing Purposes

## Key Language/Structural methods

## Chocolate Model!



Most often

Mis spelled  
words

accidentally	leisure
accommodate	maintenance
allude/allusion	mischievous
believe	necessary
business	occurrence
caesura	pastime
calendar	privilege
disappoint	recommend
experience	referred
foreign	restaurant
generally	rhythm
hierarchy	separate
ignorance	tyranny
illusion	vacuum
independent	vicious

**Inform:** tell the reader what they want/need to know.

- Use interesting facts details;
- use brackets to explain technical terms.

**Interestingly, chocolate** is actually made from the seeds of a cacao tree. After fermentation, the beans are dried, cleaned, and roasted. The shell is then removed to produce cacao nibs (**unadulterated chocolate in rough form**).

**Explain:** tell the reader how and why.

- Use connectives: 'as a result', 'because', 'so that', when;
- use sequence discourse markers: Eventually, Another, Furthermore.

**Often, when** in need of comfort or reassurance, or in stressful situations, people crave chocolate. Primarily, this is **because** dopamine is released into your brain **when** you eat chocolate, and **as a result** it can lower levels of anxiety ...

**Describe:** help the reader to picture it and imagine the experience.

- Use similes, metaphors, personification, interesting adjectives/verbs, sensory description.

**Enticingly, the dome of dark chocolate, flecked sporadically with lime slivers, remained encased** in its **fluted carapace**. **Around** the outside of it **cleaved** the **diminutive remains** of its **neighbour**: a **praline** long ago eaten! **Velvety smooth**, this **solitary bead of ganache glistened, revelling** in its **escape, yet mourning its rejection**.

**Narrate:** tell the reader a tale that will have them hanging on your every word.

- Use the mountain/pyramid structure;
- use some description;
- use a few lines of direct speech.



**Suddenly**, she was aware she had arrived at her destination! On the door in front of her, a **scarlet square of shiny plastic printed** with the words 'Chocolate Laboratory' stood out on its **splintering wood**. **Why she was standing on this doorstep, though, and what, or who, had led her here in the first place?**

**Persuade:** try to get the reader to do as you ask/agree with you.

- Use APE FOR REST: anecdote, personal pronouns, emotive language, fact, opinion, rhetorical questions, repetition, experts, statistics, triples.

**One of the world's greatest comfort** foods, Chocolate, is the **unrivalled 'go-to'** when **life takes a bad turn**, an **easy gift to thrill** just about **everyone**, and a **tasty treat** that will **uplift even the most melancholy of moods**.

**Argue:** present two sides, but ensure your side appears strongest so reader agrees with you.

- Use sequence discourse markers;
- use 'Some believe ..', 'However, most people would agree that';
- use APE FOR REST (above).

**First of all, some believe** that **as chocolate** is high in calories, it is bad for you. **However, scientific experts have proven** that chocolate, as it contains high levels of antioxidants, could **lower cholesterol levels, improve mood and prevent memory decline!**

**Advise:** help warn and guide reader, but reassure with carefully considered advice.

- Use imperative verbs (stop, do, don't, wait etc.), and modal verbs (if, could, might, should).
- use second person (you, your).

**Most importantly, if you** are feeling bored and craving chocolate, **don't** give in to your yearning. Instead, **you could go** for a walk, **run** errands, **call** a friend or **read** a book. **If you** can take your mind off food for a short time, the craving **may** pass.



**Capitalism and Socialism:** two main economic and political systems used in developed countries. **Capitalism** dates back to 1400 AD Europe. **Socialism** evolved in France during French Revolution (1789) and in Britain as a reaction against Industrialization (1700s-1800s): factory owners became wealthy, while many workers were often mistreated by them, lived in increasing poverty, working for long hours under difficult and sometimes dangerous conditions.

### Capitalism:

Traditionally a view of the conservative party (Churchill), Capitalism is a right-wing political belief in individual gain through hard work and a focus on profit. Capitalists accept that, for this to happen, there will always be people in society who are much better off than others.



### Socialism:

Traditionally a view of the labour party (Clement Atlee, Priestley), Socialism is a left-wing political belief in greater equality and fairness for all, especially the poorest and most needy in society. Socialism creates equality by state/public ownership of money/capital and control of business, distributing wealth more evenly among the classes.



### In 1912 (year play set):

- ❖ Society divided into three rigidly fixed classes dependent on family background, wealth and education: Upper class - aristocracy (wealthiest, greatest political power: led opulent and leisurely lives); Middle-class: business owners, educated professionals (lawyer, doctor); Lower class: worked for middle and upper classes (servant, factory, shop).
- ❖ General belief of middle and upper class you look after yourself and your family only, and lower class poverty was caused by their laziness, drunkenness, and lack of morals.
- ❖ Few rights for workers, little support for unemployed, injury, illness, cost of medical treatment; millions of poor lived in city slums across UK; 2% London's poor were dying from cold; poor relied on help from charities, Government offering only the workhouse.
- ❖ Year for employee disputes after workers had appealed for social and economic reform unsuccessfully, for years: protests, riots, coal strikes, docks lying idle, garment workers walking out in their thousands.
- ❖ RMS Titanic was a British passenger liner that sank five days into maiden voyage (Southampton to NYC), after hitting an iceberg in North Atlantic Ocean, in April; approx. 1,500 people died (incl. 130 first class, 166 second class and 536 third class passengers).
- ❖ Women treated as subservient to men; no social welfare system so many unemployed lower class women had no alternative but prostitution; upper class women also had few choices: most they could hope was to impress a rich man and marry him.



**After WW1 (1914-19) and WW2 (1939-1945):**

- ❖ Society recovering from two wars: they'd had to unite, rich with poor, old with young, man with woman; rationing further enforced equality, so people particularly open/desire to continue with social equality (treated equally) and social responsibility (looking out for each other).
- ❖ July 1945, Clement Atlee's Labour party won landslide victory in elections over Winston Churchill's Conservatives reflecting scale of enthusiasm for the social and moral reform and equality they offered.
- ❖ Women earned more valued place as had filled work roles of men: helped change perceptions about gender as men had to acknowledge women just as capable.

Priestley deliberately set 'An Inspector Calls' in 1912 as the year represented an era very different from the time he was writing it: rigid class and gender boundaries were now almost disbanded. Priestley wanted to make the most of these changes, so through his play, he encourages people to seize the opportunity to build a better, more caring society, rather than return to past inequalities.

**John Boynton Priestley (1894 - 1984):**

- ❖ Grew up in northern industrial town of Bradford, Yorkshire; socialist views formed here as noticed while many lived in poverty, city's respectable men folk could be smug, even hypocritical: pompously religious on Sundays, but on Saturday nights ill-using young women.
- ❖ Fought WW1; nearly died when buried alive by a trench mortar explosion, and later gassed.
- ❖ By 1930s, strong social conscience, troubled by effects of social inequality in Britain, and became actively involved in politics.
- ❖ Much of his writing was revolutionary and controversial; it included new ideas about possible parallel universes, and contained strong political messages.
- ❖ In 1942 he was a co-founder of new political party, the Common Wealth Party, which argued for public ownership of land, greater democracy, and a new 'morality' in politics. The party merged with the Labour Party in 1945, their mandate to create a 'welfare state' and a national health service, eliminating poverty.

Priestley's Dramatisation: Dramatic Methods	
antagonist	a character who actively opposes main character; an adversary (Birling v Goole)
cliff-hanger	suspense at end of episode inciting anticipation about what will happen next
coup de theatre	(the peripeteia) a sudden dramatic turn of events
cyclical structure	ends as it begins (Priestley interested in theories about time: see themes)
dramatic irony	(commonly used in Greek tragedy), full significance of a character's words/actions is clear to audience/reader but unknown to the character
entrances/exits	in AIC used for dramatic irony, propel story, amplify Inspector's image 
everyman	a character who represents all ordinary men/human beings (Eva: everywoman)
foil	character whose function is to serve as a contrast to another character
linear structure	chronological order with beginning, middle and end (in that order)
props	a portable object used on stage (e.g. telephone) 
subvert	undermine or challenge expected/r conventional
set and lighting	highlight <b>themes</b> Priestley wanted to explore e.g. set in dining room (in 1912 only well-off would have one); <b>'substantial and heavily comfortable, but not cosy and homelike'</b> suggesting Birlings wealthy, live comfortably, but all show, not truly happy family 

## Act 1 Summary and Key Quotations

1. Set in 1912, the play begins during a celebratory engagement dinner at the Birling residence: **'a fairly large suburban house'**.
2. Arthur Birling toasts the future marriage of his daughter, Sheila, to Gerald Croft (son of aristocrats Lord and Lady Croft), mentioning his hopes the marriage will enable his and the Croft's (rival) businesses to work together to **'lower costs and higher prices'**.
3. Sheila teases Gerald about his detachment towards her last summer. Arthur pontificates about the marriage being at a good time: **'passed the worst'** of the strikes, **'there isn't a chance of war'**, time of great progression such as newly built Titanic, sailing next week, which is **'unsinkable, absolutely unsinkable'**.
4. After dinner, Arthur privately tells Gerald he's up for a knighthood, so Gerald can allay Lady Croft's fears he's marrying beneath him. He lectures Eric and Gerald on his belief one should **'look after himself and his own'** only – clearly rejecting ideas of socialism. The **'sharp ring of a doorbell'** interrupts his views.
5. It is Inspector Goole, who **'creates at once an impression of massiveness, solidity and purposefulness'** and **'speaks carefully, weightily'**.
6. The Inspector states a girl named Eva Smith has committed suicide by drinking disinfectant which **'Burnt her inside out'**. He shows Arthur alone a photograph of her. Arthur admits employing Eva two years ago, she was a **'good worker'**, but he dismissed her for being a ring-leader in a strike so he **'can't accept any responsibility'** for her suicide.
7. The Inspector explains Eva **'like a lot of young women'** in the country, had no relatives to help, **'few friends, lonely, half-starved'**. Due to a winter influenza outbreak, she secured a job at Milwards. After a very happy couple of months there, a customer complained, so she was fired. Goole then shows Sheila the photograph. She is shocked, **'gives a half-stifled sob, and then runs out'**.
8. Sheila returns **'distressed'**, confessing she had Eva sacked out of jealousy: a dress looked better up against Eva than on Sheila. She caught Eva smiling, thought she was mocking her, so told the manager she'd have her mother close their account if he didn't fire Eva. Sheila vows **'if I could help her now, I would'** and **'I'll never, never do it again to anybody'**.
9. The Inspector reveals Eva took a new name - Daisy Renton; Gerald is visibly **'startled'**. Sheila, alone with Gerald, questions him. At first he denies knowledge of the girl, but then admits it was where his attention was last summer! He thinks he can **'keep it from'** the Inspector. The **'door slowly opens and Inspector appears ... Slow Curtain'**.

## Characterisation: Character Profiles

Mr Arthur Birling is described as a **'heavy-looking, rather portentous man'** suggesting his affluent lifestyle. From the start of play, he comes across as arrogant, foolish and selfish:



- he makes political, social and economic predictions for the future that the audience know to be completely mistaken;
- he asserts a man should look out for himself, not wasting time with **'community and all that nonsense'**;
- he brags he's a **'hard-headed business man ... who knows what he's about'**, who was **'Lord Mayor two years ago ... still on the bench'**, and up for a knighthood; he tries to use his status to influence others and evade the law, warning the Inspector Chief Constable Roberts is an old friend.

He doesn't learn any lessons: when it seems the Inspector might have been an imposter, he's overjoyed he'll retain his reputation, mocking others for being 'tricked' by the investigation. Priestley believed in socialism so he uses Arthur Birling to represent greedy businessmen, an example of the ills of capitalism, who only care for themselves, implying Eva Smiths of the world will continue to suffer if people like Birling remain in positions of power.

 **Sheila** is the Birlings' daughter, in her early twenties. At the start of the play, celebrating her engagement, she's described as **'very pleased with life and rather excited'**. At first we get the impression she's a giddy, naïve and childish, but when the Inspector arrives she changes:

- she's shocked by the news of Eva Smith's death;
- she's deeply affected by and repentant of her own involvement in Eva's death, accepting responsibility at once, promising to never behave in such a way again;
- she matures quickly, standing up to her parents, and showing she's insightful and intelligent: she grasps where the investigation is going, so tries to warn others.

By the end of the play she has grown up and realises your actions can have grave consequences. Sheila, like Eric, allows Priestley to show his opinions on youth: he felt there was hope for the future in the young people of post-war Britain, viewing them as the ones who would help solve the problems the country had with class, gender and social responsibility.

## Act 2 Summary and Key Quotations

1. In Act 2, the same setting, the Inspector tells Gerald and Sheila a girl had died that night **'in misery and agony – hating life'**.
2. Sybil enters and fails to see why they should be trying to understand actions of **'Girls of that class'**. Sheila warns her not to act complacently or **'build up a kind of wall between us and that girl'**.
3. Sybil admits Eric, who's **'only a boy'**, drank too much at dinner. Sheila and Gerald shock her revealing **'he's been steadily drinking too much for the last two years'**.
4. The Inspector questions Gerald, who reluctantly concedes he knew Daisy; **'distressed'**, suddenly realizing **'she's dead'**, he recounts how he rescued her in the theatre bar from the lecherous Meggarty **'one of the worst sots and rogues in Brumley'**. Mrs Birling is **'staggered'** by this description of an Alderman they know.
5. Gerald put Eva up in a friend's set of rooms; she became his mistress. He's embarrassed by his indiscretion, maintains his concern for Daisy was genuine, but eventually ended it, insisting on giving her money **'to see her through to the end of the year'**.
6. The Inspector tells him according to her diary, in September, she went to a **'seaside place'** for two months **'to make'** the memory of their affair **'last longer'**.
7. Sheila gives Gerald back the engagement ring, telling him they're **'not the same people who sat down to dinner'**, they'd **'have to start all over again, getting to know each other'**. Gerald tells the Inspector he's going for a walk but will return.
8. Sheila queries why the Inspector didn't show Gerald the photograph. He insists Sybil see it. She immediately lies, saying she doesn't know the girl. Sheila begs her mother to tell the truth.
9. It's revealed that in her role as a member of the Brumley Women's Charity Organization, two weeks ago, Sybil refused to give Eva money because she pretended to be called 'Mrs Birling' and she **'didn't like her manner'**; Sybil states she used her **'influence to have it refused'**. The Inspector reveals Eva needed money as she was pregnant. Sybil told Eva to make the father **'responsible'** but Eva claimed she couldn't take the father's money as it was stolen. Sybil asserts Eva was **'claiming elaborate fine feelings and scruples that were simply absurd in a girl in her position'**.
10. Pressured by the Inspector, Sybil, who'll **'accept no blame for it at all'**, insists the father should shoulder all responsibility for Eva's death and be **'compelled to confess in public'**. Suddenly, the Birlings realize who's the father of Eva's baby! **'Eric enters ... the curtain falls slowly'**!

## Characterisation: Character Profiles

**Gerald Croft**, about thirty, is the **'easy well-bred young man-about-town'**. He's an aristocratic heir to a rival business, Crofts Ltd. At the beginning of the play he appears confident and charming; this changes after his secret affair is revealed:

- his outlook on life and business mirror Birling's: he agrees with Eva's dismissal and says the Crofts **'would have done the same thing'**;
- he's acted immorally, given in to lust, having an affair (although at the beg. of the 20<sup>th</sup> Century it wasn't uncommon for upper class men to have a mistress), and when caught out initially tries to deny it to Sheila, and then a Police Inspector;
- he seems to have rescued Eva from the Palace Bar out of genuine concern, and provided her temporary accommodation, stating he didn't do this in order to have an affair, but she did become his mistress; he says he **'didn't feel about her as she felt about me'**, so after some months, when it suited him, he ended it.

At one point it appears he's developing some remorse: **'I - well, I've suddenly realised - taken it in properly - that she's dead'**; the Inspector later says he: **'at least had some affection for her and made her happy for a time'**, but in the final act he's trying to get them all out of trouble, and says **'Everything's all right now, Sheila. (holds up the ring) What about this ring?'** suggesting he's learned nothing, inconsiderate of Sheila's feelings. It implies how ingrained attitudes to women and lower classes were in the upper class, and how difficult it was to change them. Priestley uses Gerald to attack the upper-classes, showing despite outward appearances and a privileged upbringing, they were capable of very questionable behaviour.

**Mrs Sybil Birling**, Arthur's wife, in initial stage directions is described as **'rather cold'** and **'her husband's social superior'**. From the outset we get the impression she's an unfeeling, haughty snob despite (we later find out) being a prominent member of the local women's charity:

- throughout dinner she tells Sheila and Eric off for slips in social etiquette, whilst blind to her son's drinking, ignorant of his long-standing drink problem and of the world around her: Alderman Meggarty; **'scruples...simply...absurd'** for **'Girls of that class'**;
- she's unsympathetic of Eva's situation and refuses to take any responsibility for her suicide: **'I accept no blame for it at all'**.
- her cold, uncaring nature leads to her downfall as the Inspector forces her to unknowingly condemn her own son; her own children are disgusted by her lack of compassion for a pregnant, destitute lower-class girl.

By the play's end, Priestley shows she clearly learned nothing, and so is typical of an older generation who he believed couldn't accept responsibility, cared only for themselves, and were unwilling to change. He uses Sybil as a contrast to the future welfare state: in 1912 rich people like her decided, with their own prejudices, who deserved welfare and who didn't.



## Act 3 Summary and Key Quotations

1. Eric confesses: very drunk one night in November, he met Eva, followed her home, and forced himself on her as he **'was in that state when a chap easily turns nasty'**.
2. A fortnight later they began a relationship; she fell pregnant. He offered to marry her but she refused as he **'didn't love her'**. He stole money from his father's company to support her.
3. The Inspector reiterates the parts each of them played in the girl's death. Hearing his mother's role for the first time, Eric tells her **'you killed them both'**. The Inspector reminds Eric he used Eva as **'an animal, a thing, not a person'**, and all of them that even though **'One Eva Smith has gone ... there are millions and millions of Eva Smiths and John Smiths still left with us'**, and **'We don't live alone. We are members of one body. We are responsible for each other'** but **'if men will not learn that lesson, then they will be taught it in fire and blood and anguish'**. He says **'Goodnight'** and leaves.
4. Arthur worries about public scandal, blaming everything on Eric. Eric and Sheila criticize their father for worrying about his knighthood and reputation when someone has died.
5. Replaying the Inspector's arrival, just after Arthur had declared they shouldn't take any notice of those **'cranks'** who tell us **'everybody has to look after everybody else, as if we were all mixed up together'**, they suspect Goole's a fraud. Sheila and Eric point out their actions are still terrible, but their parents disagree!
6. Gerald, having bumped into a police officer on the street, returns and confirms their suspicions: there's no such person as Inspector Goole. Arthur verifies it by ringing the Chief Constable!
7. For Eric and Sheila **'the girl's dead and we all helped to kill her – and that's what matters'**. However, the Birling parents and Gerald try to acquit themselves from responsibility again, for Eva Smith's death, by arguing their actions may have been performed on four or five different girls, and Eva might not even be dead.
8. Gerald phones the hospital and confirms there's been no suicide. Arthur and Sybil are overjoyed. Eric and Sheila are appalled at them: **'You began to learn something. And now you've stopped. You're ready to go on in the same old way.'**
9. Just as Arthur jovially mocks his children for their over-seriousness, the phone rings ....

## Characterisation: Character Profiles

Eric is the Birlings' son, in his early twenties. He's described as **'not quite at ease, half shy, half assertive'**. In other words, he lacks confidence, although at points he tries to stand up to his father but is talked down. He is drunk at the dinner table and later it's revealed that he's been drinking too much for quite some time:

- he forced himself on Eva one drunken night;
- he had an affair with her, she became pregnant, so he stole money from his father's business to help her;
- he offered to marry her, but she refused him;
- he attacks his parents' behaviour and values in the final act, showing he can be assertive.



Like Sheila, he's grown up considerably by the end of the play, and the evening's events can be seen as his path to adulthood and responsibility. Through Eric, Priestley shows that immoral behaviour, excessive drinking and casual relationships can have consequences.

### Priestley uses Inspector Goole:

- as his **mouthpiece**, representing Priestley's socialist views so Goole speaks up for working class (Eva), he makes selfish middle/upper class characters reflect and take responsibility for unfair treatment of them. In Goole's dialogue, Priestley uses the plural pronoun 'we', for Birlings, the singular 'I', creating clear contrast between Birlings' self-interest and Goole's/Priestley's humanitarianism: **'We are members of one body'**, threatening if we don't take responsibility for each other, world doomed by **'fire and blood and anguish'**.
- to **heighten drama**: all his entrances, exits and dialogue used to create maximum tension: pausing, interrupting, repeating, shocking language: **'a burnt out inside on a slab'**.
- to **impose control**: on entering, physically controlling aura as **'need not be a big man'** but must create an **'impression of massiveness, solidity and purposefulness'**, even silences unstoppable Birling at one point; controls flow of information to audience: supplying dates, filling in background; controls structure of play: deals with **'one line of enquiry at a time'**, each revelation driving play a further step forward, revealing the **'chain of events'** in order, but deliberately swapping Eric for Sybil from the chronological order to expose her double-standards.
- to **reveal all crimes**: he's omniscient, shedding light (**'pink and intimate'** to **'brighter and harder'** as soon as he arrives) on family's moral offences; plays role of God, urging characters to repent, knows extraordinary amount: history of Eva and Birlings' involvement in it (Sheila tells Gerald, **'Of course he knows'**) even though Eva died only hours ago.
- to add a **haunting layer of mystery**: by end of play, revealed he's not an Inspector, but not clear who he is as know little about him; name 'Goole' pun on 'ghoul' suggests supernatural/other worldly; fishing village near home town of **Bradford** suggests he's fishing out the truth. For Priestley, Goole's dramatic power lies in the audience's speculations over his possible identity.

## Genre and Structure

**Greek tragedy:**  
(originated  
Ancient  
Greece – one  
of oldest  
literary  
genres)



drama with a moral lesson telling story of high ranking character destroyed due to hubris (selfish or arrogant actions).

**Priestley constructs play using the three unities of Greek tragedy (set of structural rules that classical Greek dramas adhered to):** Unity of time: play should take place in period of less than 24 hours; Unity of place: play should take place in single physical location; Unity of action: play should focus on one storyline with few/no subplots.

**Perhaps he thought this structural simplicity would help audience to focus entirely on his moral lesson.**

**Morality  
play:**  
(genre based  
on religious  
mystery plays  
of Middle Age)

sought to teach audience lessons focused on seven deadly sins: lust, gluttony, greed, sloth, wrath, envy and pride.



Characters who sinned were punished but if repented could redeem themselves.

**Priestley perhaps uses this structure to teach 20<sup>th</sup> century audience lessons about social responsibility; audience invited to enjoy judging characters but also question own behaviour. He would have hoped audience left theatre as better people.**

**Well-made  
play:**  
(popular  
dramatic  
genre from  
19th-century)



plot based on events that happened before opening of play; each individual act repeats same pattern; contrived (engineered for max impact) entrances, exits and props (such as letters) to increase suspense; plot based on withheld secret revealed only, at climax, which reverses misfortunes of protagonist.

**Priestley perhaps uses this structure to manipulate audience: they don't know what happened to Eva Smith so each revelation about her treatment by characters adds drama, each one more shocking than last, building to climax. He subverts genre by including his twist at the end, a reversal of fortune: another inspector on way! The curtain falls; the audience is left stunned.**

**Crime thriller  
/The  
'Whodunnit'**  
(genre based  
around a



a murder/mystery that needs solving; audience receives clues about who's committed crime and enjoy trying to guess outcome before end; a highly competent detective investigates and interrogates suspects.

**Priestley subverts the genre as centres around suicide not murder investigation; initially seems no clear suspect but soon revealed all characters are guilty for different reasons, so audience would be considering who is 'more' to blame for the suicide. Priestley makes audience question if they too committed similar 'crimes' to the characters.**

## Themes

**Age:** Priestley uses age to illustrate the differing attitudes in society at time. Older characters, Arthur and Sybil, who believe in only looking after themselves and their family, represent outdated way of thinking; younger characters, Sheila and Eric, represent modern attitudes towards caring about others in society.

**Secrecy and Lies:** Priestley exposes hypocrisy and dishonesty of upper and middle classes: Arthur ironically (magistrate) wants the scandal covered up, Sheila vengefully uses her family's status to get Eva sacked, Gerald cheated (like many men of his class), Sybil lied to the inspector about recognising the girl in the photograph, Eric hides his alcoholism, child, and embezzlement.

**Time:** over 100 references to time in the play; Priestley fascinated with the notion of time having read P.D. Ouspensky's reincarnation theory (we're reborn to exactly same life, over and over, unless we are spiritually enlightened in a life, which allows us to escape cycle, and enter new life in which we don't make same mistakes) and J.W. Dunne's theory: past, present and future all happen at same time. Human consciousness experiences this simultaneously in linear form!

We never meet **Eva Smith** during the course of the play, her voice is never heard, but it's her death that dominates the plot. We learn about her through the Inspector, who's read a letter, and diary she kept, and infer through the incidences with the other character:

- Birling's factory: good worker, brave, strong willed, intelligent;
- Sheila at Milwards: beautiful, a sense of humour;
- Gerald relationship (Daisy Renton): victim, emotionally sensitive, empathetic;
- Eric relationship: honest, principled/moral, mature;
- Sybil: desperate and resourceful.

She's always referred to in a positive light by characters, suggesting she's better person than any of them, but Goole/Priestley never lets audience or characters forget her gruesome death. His final speech reveals Priestley's lesson: millions of Eva Smiths are being exploited and it must stop. Eva/Daisy may not be a single person, but as Sheila realises, she is an 'Everywoman' - a symbol of all working class exploited by the rich.

**Responsibility and Remorse:** Priestley shows a family forced to reflect upon their actions and responsibility for a young girl's demise. Sheila and Eric at once admit responsibility and feel guilty; Arthur and Sybil refuse to accept responsibility or feel guilt; Gerald's acceptance/guilt doesn't last out to the end of the play!

**Class and Gender:** Priestley reveals unfairness of class system using Birlings and Croft as caricatures of all the bad qualities he felt ruling classes had, and how the working class (Eva) were victims of it, not the drunk, lazy, immoral ones! He exposes gender stereotypes: women - protected, clothes obsession, vain; men serious business, can sleep around. He challenges this with his rebellious young female characters: Eva and Sheila.

## Command Words in Maths questions

These words are the clue to what the examiner expects you to do. Remember to always show your workings. You can get marks for it, even if you get the final answer wrong.

TECHNICAL VOCABULARY	
Factor	A number which divides exactly into another.
Multiple	A multiple is a number made by multiplying two other numbers.
Prime	A prime number has exactly two factors.
Integer	The positive and negative whole numbers.
Estimate	Usually a calculation where the numbers have been rounded before the operation is performed.
Index (indices plural)	An index is a power or exponent.
Square root	Is the number that was multiplied by itself to get the square number.
Square number	Is a number that has been multiplied by itself.
Cube number	Is a number that is multiplied by itself then again by the original number.
Cube root	Is the number that was multiplied by itself and itself again to get the cube number
Numerator	The number on the top of the fraction. Shows how many part there are.
Denominator	The number on the bottom of the fraction. Shows how many equal parts the item is divided into.
Common denominator	When two or more fractions have the same denominator.
Equivalent	Having the same value
Inverse	The opposite mathematical operation.
Reciprocal	The number produced by dividing 1 by a given number
Odd	An integer that cannot be divided exactly by two.
Even	An integer that can be divided exactly by two.

**Calculate**  
A calculator and some working will be needed.



**Find**  
Some working will be needed to get to the final answer.



**Work out**  
Some working will be needed in order to get the answer.



**Explain**  
Write a sentence or a mathematical statement to show how you got to your answer or reached your conclusion.



**Describe**  
Write a sentence that gives the features of the situation.



**Complete**  
Fill in missing values.

x	y
-1	-3
0	1
2	5

**Give a reason**  
Must be clear and accurate reasons. If the reasons are geometrical then make sure you:  
 ✓ provide a reason for each stage of working (if required)  
 ✓ use correct geometric terminology.

**Express**  
Re-write in another form, some working may be needed.



**Justify**  
Show all working and/or give a written explanation.



**Simplify**  
Simplify the given expression.



**Simplify fully**  
Simplify the given expression. Answer must be given in its simplest form.



**Factorise**  
Insert brackets by taking out common factors.



**Factorise fully**  
Insert brackets by taking out all the common factors.



**Expand**  
Remove brackets.



**Expand and simplify**  
Remove brackets and then collect like terms.



**Solve**  
Find the solution of an equation or inequality.



**Solve algebraically**  
Find the solution of an equation or inequality; algebraic manipulation must be shown.



**Prove**  
More formal than 'show', all steps must be present. In the case of a geometrical proof, reasons must be given.



**Prove algebraically**  
Use algebra in the proof.



**Draw**  
Produce an accurate drawing (unless a sketch is being drawn).



**Draw a sketch of... Sketch**  
Produce a drawing that does not have to be drawn to scale or a graph that is drawn without working out each coordinate.



**Change**  
Usually convert from one unit to another; either using known metric unit conversions or the use of a conversion graph.



**Show**  
All working needed to get to a given answer or complete a diagram to show given information.



Websites to help you with understanding and revision

- HegartyMaths.com
- CorbettMaths.com
- Trafalgar Maths Site
- Maths Genie
- Maths Bot



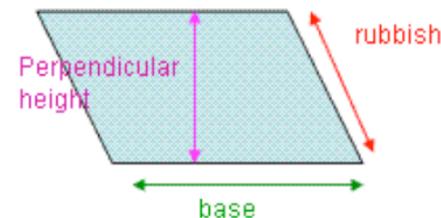
**What do I need to be able to do?**

- Use standard units of measure (mm, cm, m, km)
- Measure line segments and angles accurately
- Use scale drawings and bearings
- Know and apply formulae to calculate the area of triangles, parallelograms, trapezia and composite shapes
- Identify, describe and construct reflections, rotations, translations and enlargements
- Identify and apply circle definitions, properties and formulae

**NEVER FORGET** every time you work out an area, give your answer as **SQUARED UNITS**  
e.g. m<sup>2</sup>, cm<sup>2</sup>, km<sup>2</sup>, mm<sup>2</sup> etc

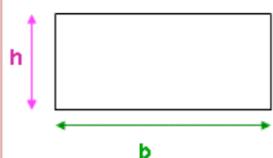
**The Importance of Perpendicular Height**

- As you will see, most of the formulas for area involve **multiplying the base of the shape by its height**... but it's not just any old height!
- The height must be **perpendicular to the base!**



**1. Rectangle**

Hegarty: 554



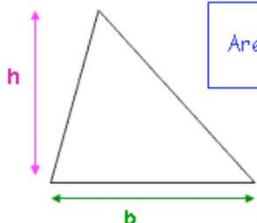
Area =  $b \times h$



What to do: Multiply the base by the height!

**2. Triangle**

Hegarty: 557-8



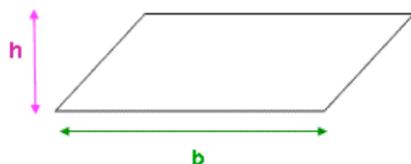
Area =  $\frac{b \times h}{2}$



What to do: Multiply the base by the (perpendicular) height and remember to divide your answer by 2!

**3. Parallelogram**

Hegarty: 556

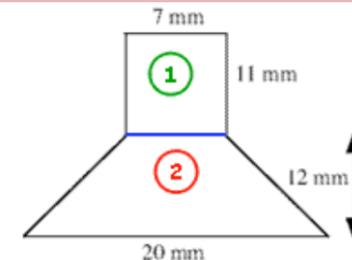


Area =  $b \times h$

What to do: Multiply the base by the perpendicular height... definitely not the slanted height!

**Compound Area**

Hegarty: 555



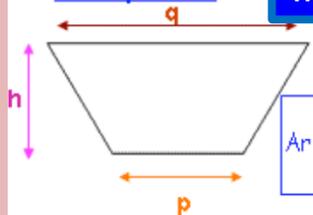
I have chosen to split this shape up into a **rectangle** and a **trapezium**. It is also possible to split it up into rectangles and triangles. It is completely up to you!

- 1** Rectangle  
Area =  $b \times h$   
Area =  $7 \times 11 = 77\text{mm}^2$
- 2** Trapezium  
Area =  $\left(\frac{p + q}{2}\right) \times h$   
Area =  $\left(\frac{20 + 7}{2}\right) \times 12 = 162\text{mm}^2$

Total Area  
 $77 + 162$   
 $= 239\text{mm}^2$

**4. Trapezium**

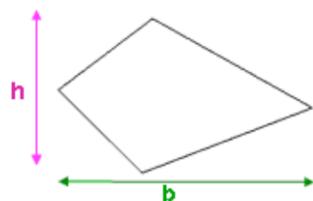
Hegarty: 559



Area =  $\left(\frac{p + q}{2}\right) \times h$

What to do: Add together the lengths of your two **parallel sides** and divide the answer by 2. This gives you the average length of your base. Then multiply this by the vertical height!

**5. Kite**

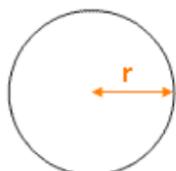


Area =  $\frac{1}{2}b \times h$

What to do: The base and height in a kite are just the two diagonals from point to point... so multiply them together!

**6. Circle**

Hegarty: 539

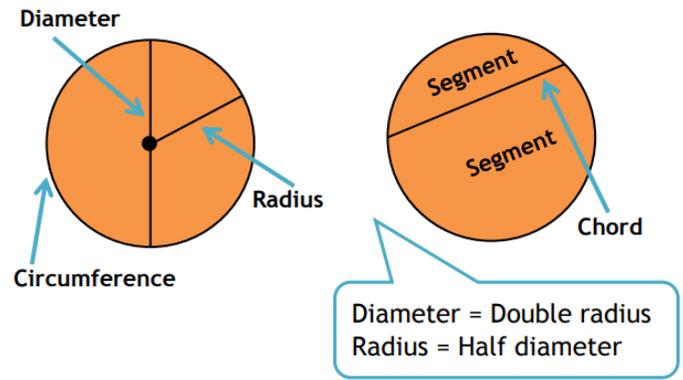


Area =  $\pi \times r^2$

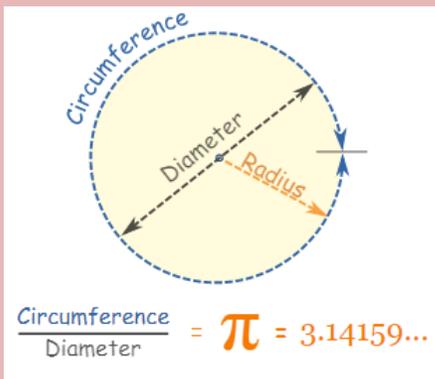
What to do: Find the radius of your circle (if you are given the diameter, just halve it!). Square the radius, and multiply your answer by pi!



# The circle

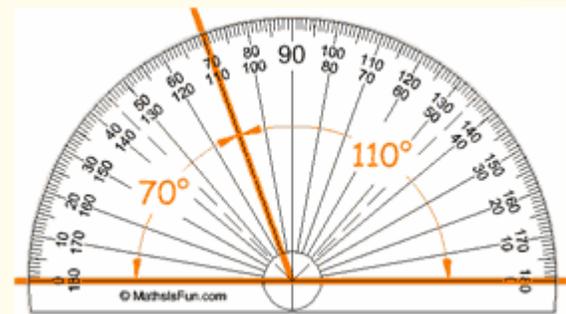


Hegarty Maths:  
Circle Measures 534-547



# Measuring

Hegarty Maths:  
Angle Measures 455-461



Protractors usually have two sets of numbers going in opposite directions.

Be careful which one you use!

When in doubt think "should this angle be bigger or smaller than 90°?"

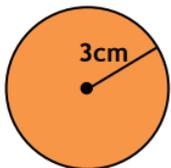
Area:  $A = \pi r^2$

Circumference:  $C = \pi d$

Diameter = Double radius

Radius = Half diameter

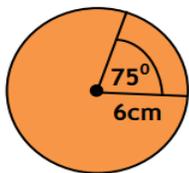
$A = \pi r^2$   
 $A = \pi \times 3^2$   
 $A = \pi \times 9$   
 $A = 28.3 \text{ cm}^2$   
 $(A = 9\pi \text{ cm}^2)$



$C = \pi d$   
 $C = \pi \times 6$   
 $C = 18.8 \text{ cm}$   
 $(C = 6\pi \text{ cm})$

## Sector area

$S = \frac{75}{360} \pi r^2$   
 $S = \frac{75}{360} \times \pi \times 6^2$   
 $S = \frac{75}{360} \times \pi \times 36$   
 $S = 23.6 \text{ cm}^2$   
 $(S = 7.5\pi \text{ cm}^2)$



## Arc length

$A = \frac{75}{360} \pi d$   
 $A = \frac{75}{360} \times \pi \times 12$   
 $A = 7.9 \text{ cm}$   
 $(A = 2.5\pi \text{ cm})$

An arc or sector is just a fraction of a whole circle

## Length

Hegarty:  
691-694

We measure lengths in millimetres, centimetres, metres and kilometres

**10mm = 1cm**

**100cm = 1m**

**1000mm = 1m**

**1000m = 1km**

kilo (1000)

cent (100)

milli ( $\frac{1}{1000}$ )

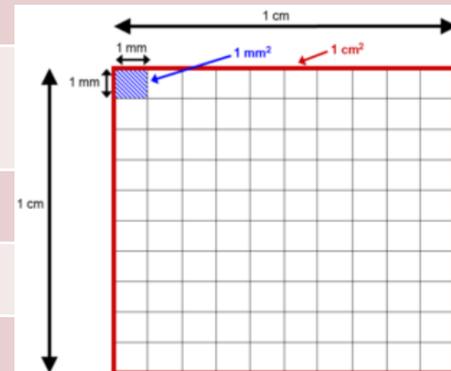
## Area

Hegarty: 700-701

Although there are 10mm in 1 cm, there are 100mm<sup>2</sup> in 1cm<sup>2</sup>

**1cm x 1cm = 1cm<sup>2</sup>**

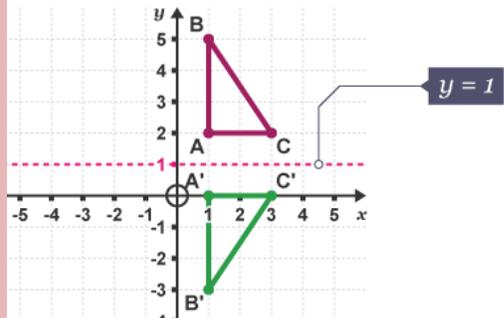
**10mm x 10mm = 100mm<sup>2</sup>**



Hegarty: 639-641

## Reflection

A reflection is when you create a mirror image across a line. The image should be the same distance away from the mirror line.



### Describing Reflections

If a shape has been reflected, you must state it has been reflected and give the equation of the line it has been reflected in (mirror line)

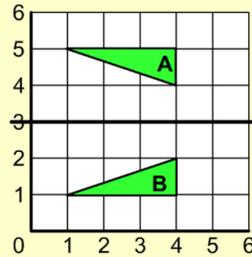
Example: Describe the transformation of the shape A to shape B

Step 1: Find the equation of the mirror line

Equation is:  $y = 3$

Answer is:

A reflection in the line  $y = 3$



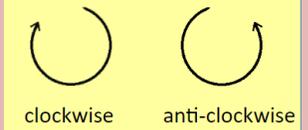
Shape  $A'B'C'$  is a reflection of the shape ABC in the line  $y=1$

## Rotation

Hegarty: 648-649,658

Rotating a shape means you are turning it around a point. You need 3 things:

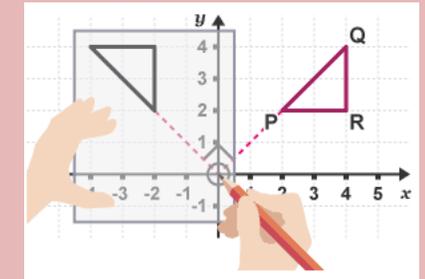
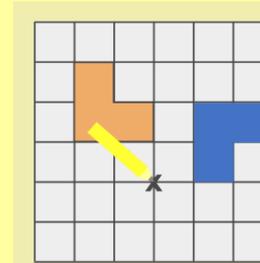
- 1) Angle of rotation
- 2) Centre of Rotation (usually a co-ordinate)
- 3) Direction – Clockwise or Anti-clockwise



$90^\circ$  means a quarter turn  
 $180^\circ$  means a half turn  
 $270^\circ$  means a 3 quarters turn

Example: Rotate the shape 90 degrees about point marked x

- Step 1: Place tracing paper over grid
- Step 2: Copy the shape on the tracing paper
- Step 3: Place your pencil on the marked point
- Step 4: Rotate the shape
- Step 5: Copy the shape onto the grid



## Translation

Hegarty: 637-638

A translation is when you move or slide a shape without changing it in any other way.

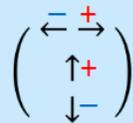
### Translations with Vectors

Vectors are used to describe translations

The top number tells you how far to move left or right

The bottom number tells you how far to up or down

A positive number corresponds to right/up and negative left/down



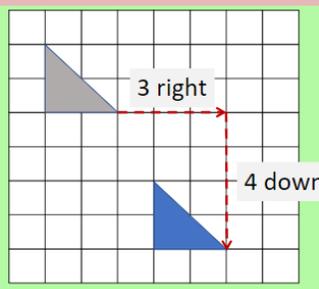
$\begin{pmatrix} 6 \\ 3 \end{pmatrix}$  means: right 6 and up 3

$\begin{pmatrix} -2 \\ 8 \end{pmatrix}$  means: left 2 and up 8

$\begin{pmatrix} 0 \\ -3 \end{pmatrix}$  means: left 0 and down 3

Translate Shape A by the vector  $\begin{pmatrix} 3 \\ -4 \end{pmatrix}$

This means 3 right and 4 down

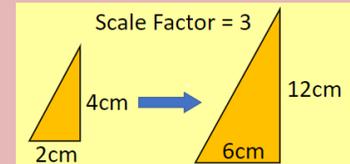


To describe a translation, you must state it has been translated and give the vector translation.

## Enlargement

Hegarty: 643-647

An enlargement is when you change the size of a shape using a scale factor. The scale factor tells you how many times bigger the shape is.



You can find the centre of enlargement by joining up the corresponding corners of the shapes. The point where the lines intersect is the centre of enlargement.

### Enlargements from a Point

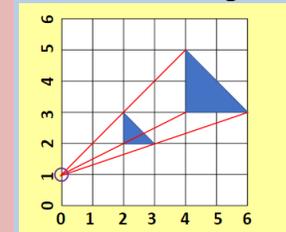
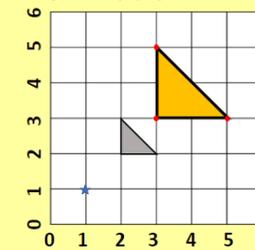
When a shape is enlarged from a point, the distance from the point is also enlarged

Example: Enlarge by a scale factor of 2 from the point (1,1)

Step 1: Pick up a point and see how far away it is from the centre of enlargement

Step 2: Multiply the distance of both horizontal and vertical by the scale factor, and mark the new point

Step 3: Repeat for all corners of the shape **Draw the shape !**



$=(0, 1)$

Remembering the details:

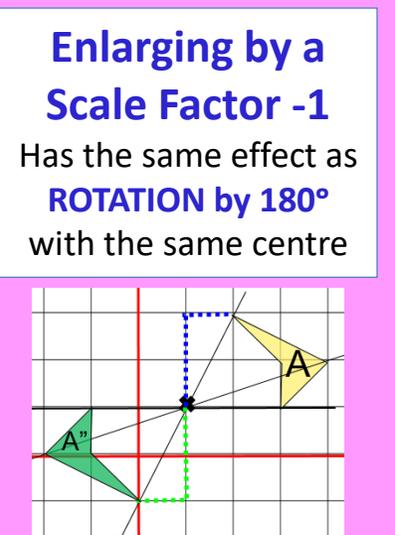
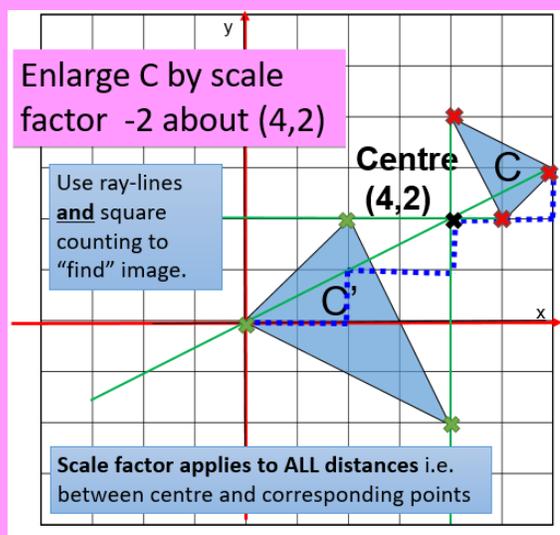
Transformation TERRACES: Translation; Enlargement; Rotation and Reflection  
 All produce CONGRUENT images EXCEPT Enlargement which is SIMILAR



# Transformation TERRACES

Transformation	Effect	Needs...	Remember...
TRANSLATION	Moves	1) Vector (horizontal movement vertical movement)	Congruent image in same orientation Count movement from single point and then draw in shape
ENLARGEMENT	Grows or shrinks	1) Centre 2) Scale factor (as multiplier)	Similar Image $SF = \frac{NEW}{OLD}$ >1 -> bigger 0-1 -> smaller <1 -> inverts
ROTATION	Turns	1) Centre 2) Angle 3) Direction	Congruent image turned clockwise/anticlockwise Use tracing for idea but check by counting squares
REFLECTION	Flips (Back to front)	1) Mirror line (perpendicular bisector)	Flipped congruent image Horizontal $y = \dots$ Vertical $x = \dots$ +ve diagonl $y = x$ -ve diagonl $y = -x$

Enlarging by a **Negative** Scale Factor  
 A **negative scale factor** means that the image is INVERTED and on the OTHER side of the centre.



**Effect of Scale Factor on Area and Volume**  
 A scale factor is applied only to LENGTH  
 Its effect on area and volume will be magnified by the number of **dimensions** the scale factor is being applied.

For **AREA**: scale factor applied to length in 2 dimensions  
 Effect is **SQUARED**

For **VOLUME**: scale factor applied to length in 3 dimensions.  
 Effect is **CUBED**

For any similar object and image :-  
 Object  $\rightarrow$  Image  
 Length  $\times$  Scale Factor  
 Area  $\times$  Scale Factor<sup>2</sup>  
 Volume  $\times$  Scale Factor<sup>3</sup>

So to find the scale factor from ...  
 Area:  $SF = \sqrt{\frac{Area\ Image}{Area\ Object}}$   
 Volume:  $SF = \sqrt[3]{\frac{Volume\ Image}{Volume\ Object}}$

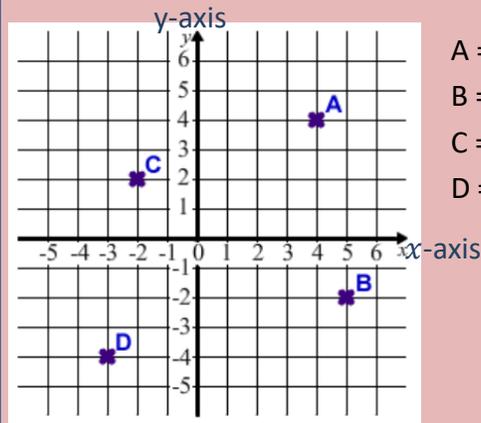
Combining Transformations:

<b>Translation</b>	<b>Rotation</b>	<b>Reflection + rotation</b>
T + T $\rightarrow$ T	R + R $\rightarrow$ R	Ref + rotation $\rightarrow$ Reflection
T + Rot <sup>n</sup> $\rightarrow$ Rot <sup>n</sup>	R + T $\rightarrow$ R	Ref + Ref In parallel lines $\rightarrow$ Translation
		Ref + Ref In perpendicular lines $\rightarrow$ Rotation

# Straight Line Graphs

What do I need to be able to do?

- Plot and read Cartesian Co-ordinates
- Identify and plot lines parallel to the axes
- Recognise the line  $y = x$
- Understand what a gradient and y-intercept is
- Recognise a positive and negative gradient
- Give an equation of a line that is parallel to a given line
- Plot lines in the form  $y = mx + c$
- Find the equation of a line



- A = (4, 4)
- B = (5, -2)
- C = (-2, 2)
- D = (-3, -4)

**Coordinates** are used to show a position on a graph. They are written with the notation  $(x, y)$ . The first coordinate is the horizontal position (x-axis), the second is the vertical position (y-axis).

Hegarty: 199

# Plotting a Straight Line Graph

Hegarty:  
Linear graphs 199-220

Every straight line has an equation in the form of:

$$y = mx + c$$

the steepness of the line

The **GRADIENT**

where the line cuts the y axis

The **y-INTERCEPT**

Suppose we want to plot the graph  $y = 2x + 1$

We complete a table of values by substituting (replacing) the  $x$  values from the table into the equation.

E.g. When  $x = 0$

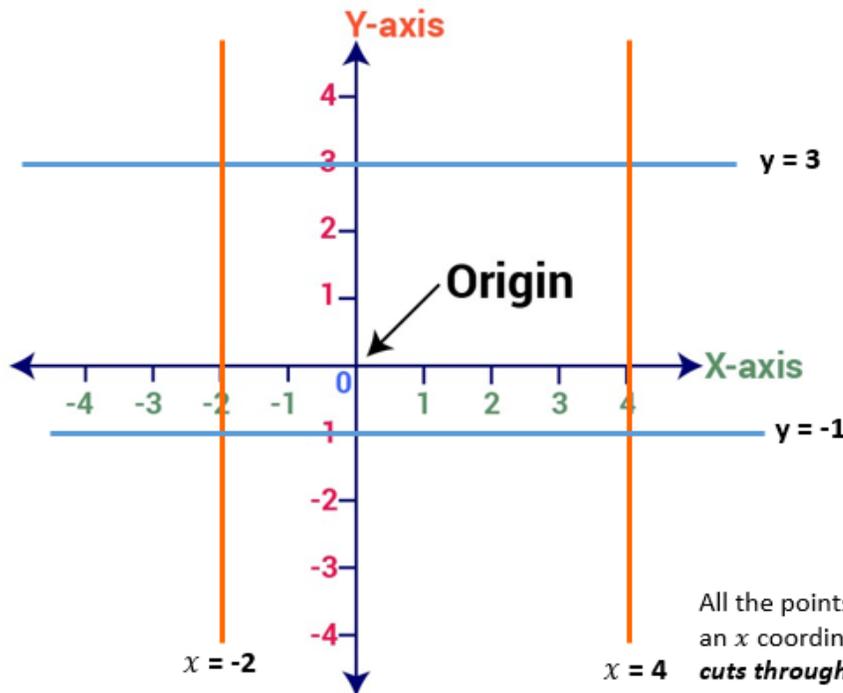
$$y = 2 \times 0 + 1 = 1$$

So the coordinate in the form  $(x, y)$  would be  $(0, 1)$

Hegarty: 205

$x$	0	1	2	3	4	5	6
$y = x + 3$	1	3	5	7	9	11	13

$(0, 1)$     $(1, 3)$     $(2, 5)$     $(3, 7)$     $(4, 9)$     $(5, 11)$     $(6, 13)$

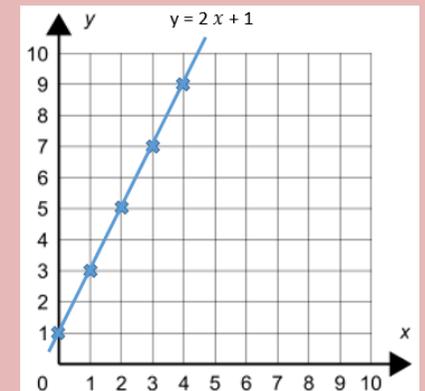


All the points on this line have a y coordinate of 3. *The line cuts through the y-axis at 3.*

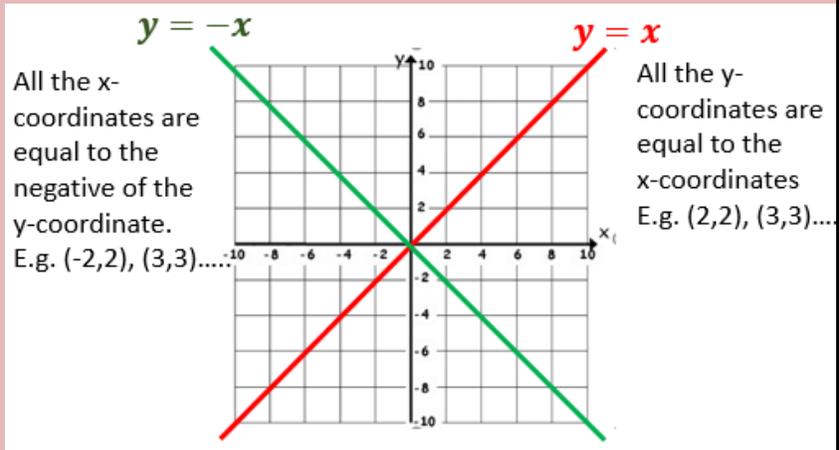
All the points on this line have an x coordinate of 4. *The line cuts through the x-axis at 4.*

We then plot these coordinates on the graph, join them with a straight line using a ruler and label the line with the equation.

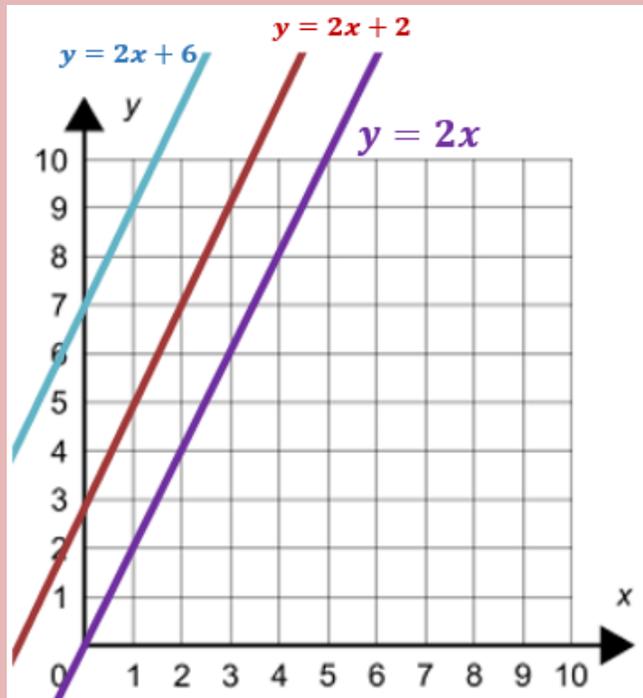
Notice the link between sequences: in this case you are finding the first 6 terms of the sequence  $2n + 1$



The gradient of the line  $y = -x$  is -1. When the gradient is **negative**, the line slopes **down**.  
 The gradient of  $y = x$  is 1. When the gradient is **positive**, the line slopes **up**.  
 A line that goes straight across horizontally, has a gradient of 0.



Hegarty: 214

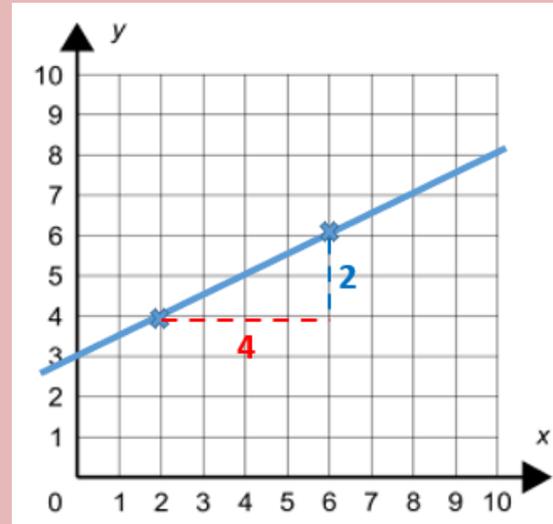
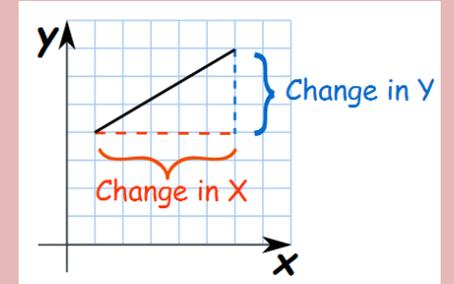


All these straight lines have the same gradient of 2.  
 This means that for every unit the line goes across, it goes 2 units up.  
**So if two lines have the same gradient, they are parallel.**  
 A line parallel to the line  $y = -5x + 7$  could be  $y = -5x + 2$

## Finding the equation of a line from a graph

$$\text{Gradient} = \frac{\text{Change in Y}}{\text{Change in X}}$$

Hegarty: 201-204



To find the  $m$  (the gradient), pick 2 coordinates and draw a triangle. Divide the change in  $y$  by the change in  $x$ .

$$\text{Gradient} = \frac{2}{4} = \frac{1}{2}$$

This means that for every unit the line goes across, it goes  $\frac{1}{2}$  a unit up.

The  $c$ , is where the line crosses the  $y$ -axis which is 3.

So the equation of this line is  $y = \frac{1}{2}x + 3$

### When plotting graphs remember to:

- Always label your axes 'x' and 'y'
- Make sure your scale is even on your axes
- Use a pencil and a ruler
- Label your straight line graph

### Key words

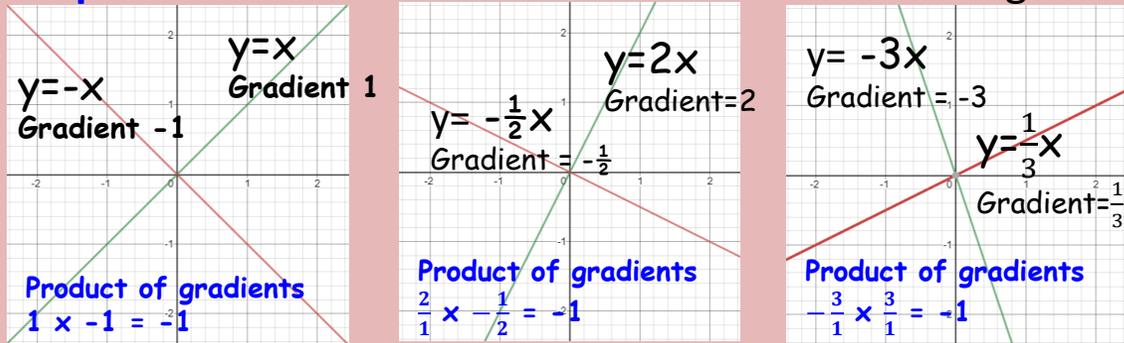
- Axis/Axes (plural)
- Origin – The point (0, 0)
- Coordinates
- Y-intercept
- Gradient
- Parallel
- Plot

## Parallel and Perpendicular Lines

Hegarty: 214-216

**Parallel** lines will have the **SAME** gradient

**Perpendicular** lines have **NEGATIVELY RECIPROCAL** gradients



If 2 lines are perpendicular, the product of their gradients will be  $-1$ .

For any gradient ( $m/1$ ), the perpendicular gradient will be ( $-1/m$ )

This means if you know a gradient, to find the gradient of its perpendicular, you need to (i) change the sign of the gradient and (ii) "flip the fraction"

## Finding the equation of a line through a point

Hegarty: 206-213

Find the equation of a line **parallel** to  $y=2x-1$  and passing through  $(3,4)$

Building from general equation of a straight line  $y=mx+c$

**Parallel lines have the same gradient**  $\rightarrow y = 2x + c$

From given coordinate  $(3,4)$  substitute known values  $x=3, y=4$

$$\rightarrow 4 = 2 \times 3 + c$$

$$\rightarrow \text{Solve: } 4 = 6 + c \quad (-6)$$

$$\rightarrow -2 = c$$

$$\text{Answer: } y = 2x - 2$$

Find the equation of a line **perpendicular** to  $y = 2 - 4x$  and passing through  $(8,3)$

General equation  $\rightarrow y=mx+c$   
**Perpendicular lines have negatively reciprocal gradients**

so if  $m = -4$ ; new gradient  $-1/m = +\frac{1}{4}$

$$\rightarrow y = \frac{1}{4}x + c$$

... substitute known values  $x=8, y=3$

$$\rightarrow 3 = \frac{1}{4} \times 8 + c$$

$$\rightarrow \text{Solve: } 3 = 2 + c \quad (-2)$$

$$\rightarrow 1 = c$$

$$\text{Answer: } y = \frac{1}{4}x + 1$$

## Finding the equation of a line through two points

Find the equation of a line passing through  $(3,4)$  and  $(10,-10)$

Building from general equation of a straight line  $y=mx+c$

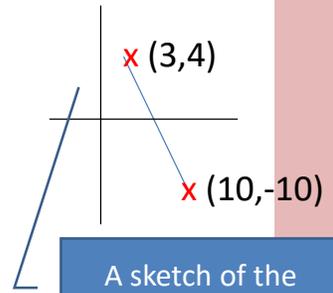
**Gradient** =  $\frac{\text{rise}}{\text{run}} = \frac{\text{difference in } y}{\text{difference in } x}$

Take care of SIGNS

Always a subtraction problem... but if you minus a minus the effect is add

$$\begin{aligned} &= \frac{(4 - (-10))}{(3 - 10)} \\ &= \frac{14}{-7} \\ &= -2 \end{aligned}$$

Keep the pattern of the coordinates the same in both calculations  $(3,4)$  and  $(10,-10)$



A sketch of the problem can help you visualise/check the of type gradient expected

**Substitute in known coordinate:  $(3,4)$**

$$\rightarrow 4 = -2 \times 3 + c$$

**Solve**  $\rightarrow 4 = -6 + c \quad (+6)$

$$\rightarrow 10 = c \quad (+6)$$

**Equation passing through points is  $y = -2x + 10$**

Find the equation of a line passing through  $(1,4)$  and **parallel** to the line between  $(3,4)$  and  $(5,2)$

$$\text{Gradient: } \frac{\text{rise}}{\text{run}} = \frac{(4 - 2)}{(3 - 5)} = \frac{2}{-2} = -1$$

Has same gradient  $\rightarrow y = -2x + c$

From given coordinate  $(1,4)$  substitute known values  $x=1, y=4$

$$\rightarrow 4 = -2 \times 1 + c$$

$$\rightarrow \text{Solve: } 4 = -2 + c \quad (-6)$$

$$\rightarrow -2 = c$$

$$\text{Answer: } y = -2x - 2$$

Find the equation of a line passing through  $(6,4)$  and **perpendicular** to the line between  $(-2,-3)$  and  $(2,5)$

$$\text{Gradient: } \frac{\text{rise}}{\text{run}} = \frac{(-3 - 5)}{(-2 - 2)} = \frac{-8}{-4} = 2$$

Has negatively reciprocal gradient so if  $m = 2$ ; new gradient  $-1/m = -\frac{1}{2}$

$$\rightarrow y = -\frac{1}{2}x + c$$

... substitute known values  $x=6, y=4$

$$\rightarrow 4 = -\frac{1}{2} \times 6 + c$$

$$\rightarrow \text{Solve: } 4 = 3 + c \quad (-3)$$

$$\rightarrow 1 = c$$

$$\text{Answer: } y = -\frac{1}{2}x + 1$$

## Representing Inequalities...

### (i) ...on a number line

Represent the following equations on a numberline

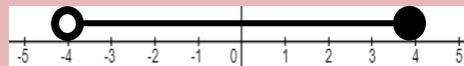
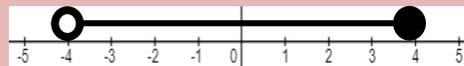
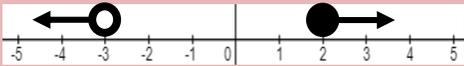
Hegarty: 265-266

Split double inequality into two:  $x > -4$  and  $x \leq 4$  ... the "arrows" from the two join to show the full range

a)  $x < -3$

b)  $x \geq 2$

c)  $-4 < x \leq 4$

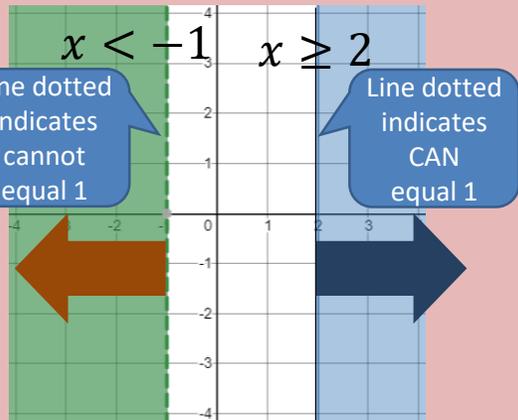


Solid dots indicate the unknown can be EQUAL to that value; an "open" dot shows that the unknown can be greater (or less than) that value but NOT equal to it.

### (ii) ...on a graph

Hegarty: 273-76

Inequality graphs are plotted in the same way as equations. What is different is that the area "satisfying" the inequality is shaded ... and the line joining points can be solid (greater/less than or equal to...) or dotted (greater than or less than but not equal to...)

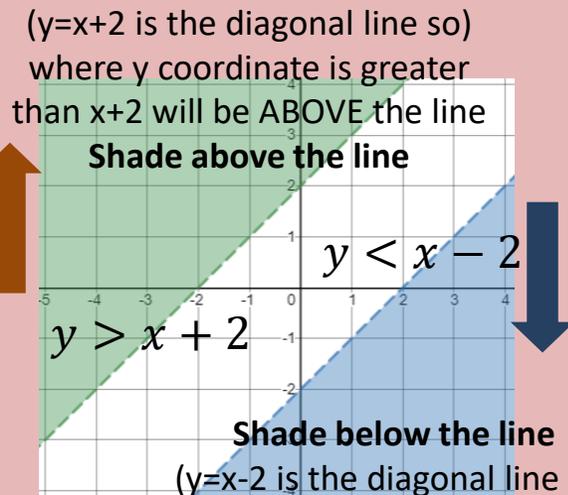


Line dotted indicates cannot equal 1

Line dotted indicates CAN equal 1

Area shaded where x coordinate is less than -1

Area shaded where x coordinate is greater than -1



( $y = x + 2$  is the diagonal line so) where y coordinate is greater than  $x + 2$  will be ABOVE the line  
**Shade above the line**

**Shade below the line** ( $y = x - 2$  is the diagonal line so) where y coordinate is greater than  $x + 2$  will be BELOW the line

## Problem Solving with Inequalities

A common exam problem is to identify areas or coordinates which are true for a number of inequalities e.g.

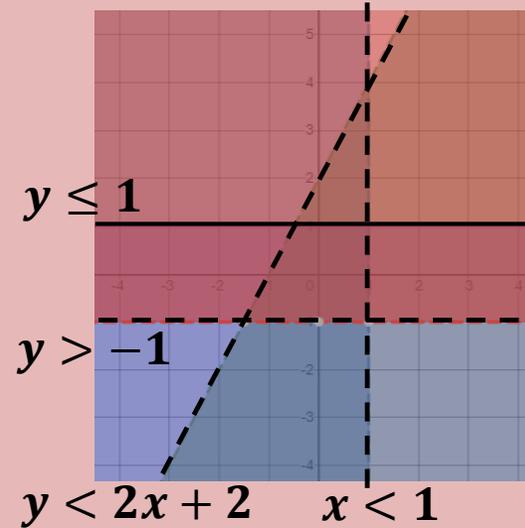
**"Find the region that satisfies these inequalities:**

$y < 2x + 2$

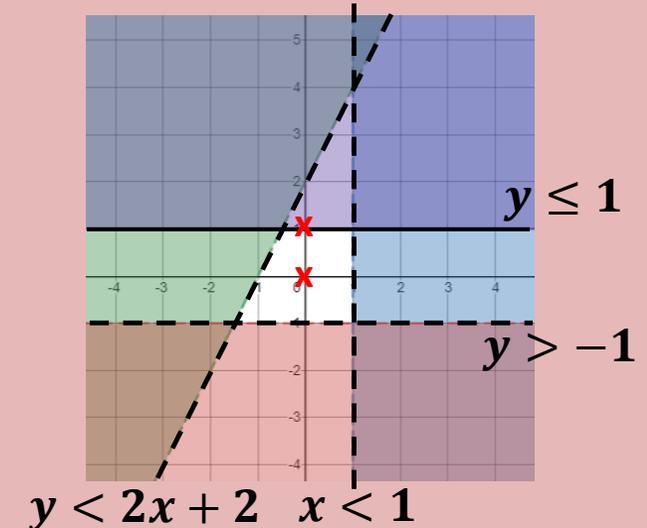
$x < 1$

$-1 < y \leq 1$

Split double inequality into two:  $y > -1$  and  $y \leq 1$



$y < 2x + 2$   $x < 1$



$y < 2x + 2$   $x < 1$

BOTH these graphs are representing the same inequalities... but it is much easier on the second to see the area that is true for ALL 4 inequalities... the clear unshaded trapezium in the middle. This is because if you SHADE THE AREAS NOT WANTED it leaves the wanted region clear!

Remember to pay attention to the notation of the lines with inequalities... if the question had been slightly different

"Find the **coordinates** that satisfy these inequalities..."

It would be important to know whether coordinates lying on one of the lines would be "allowed" in the inequality or not. **(0,0)** is a solution being in the clear region, but all the all the inequalities are less than or more than **EXCEPT  $y \leq 1$  ...so the only point on a line which satisfies all criteria is (0,1)**

# Solving Linear Equations

- What do I need to be able to do?
- Identify an equation as linear
  - Understand algebraic notation
  - Represent an equation as a function
  - Identify inverse operations
  - Solve single sided linear equations
  - Solve double sided linear equations
  - Solve equations involving brackets
  - Solve equations involving fractions
  - Solving inequalities
  - Solve linear simultaneous equations

**Algebraic notation**

Add and subtract? – depends on the sign IN FRONT of a term

Multiply? The  $\times$  sign is not used in algebra (because it looks like  $x$  often used as an unknown number. If letters and numbers are written together remember there is a “hidden” times sign between them.

Divide? Algebra uses FRACTIONS to show divide rather than the  $\div$  sign

**Recognising Linear Equations and Inequalities**

Methods to solve equations depend on what type of equation it is ... so recognising when an equation is linear is important

**LINEAR equations only contain simple  $x$  terms**

Examples: 2 step Linear  $2x + 5 = 11$   
 ...with brackets  $5(x - 3) = 8$   
 Double sided Linear  $5x - 1 = 11x + 2$   
 ...with fractions  $\frac{2x+5}{6} = \frac{x}{4} + 2$

If there is a term with  $x$  raised to any power the equation is not linear (a  $x^2$  means the equation is QUADRATIC and  $x^3$  means it is CUBIC)

**Inverse Operations**

Every operation has an opposite which will undo its effect...

**Add**  $\leftrightarrow$  **Subtract**      **Multiply**  $\leftrightarrow$  **Divide**      **Square**  $\leftrightarrow$  **Square root**  
 $+x \leftrightarrow -x$                        $\times \leftrightarrow \div$                        $x^2 \leftrightarrow \sqrt{x}$

Hegarty: 176-189

## Solving Linear Equations

An equation explains a relationship – it is a number sentence where one element is unknown but the relationships around it are. When you are asked to “**SOLVE**” a **LINEAR equation**, you are being asked to find the **one value of the unknown** that means the number sentence is correct. To do this we can “unpick” the relationships around the unknown until we are just left with....

$x = (the\ number)$

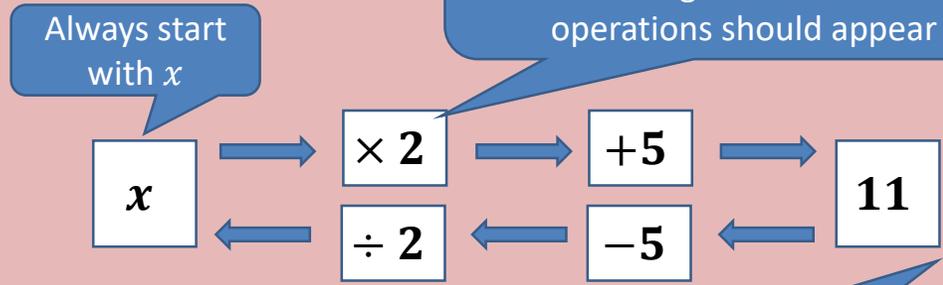
Always aiming to get to this whatever you start with!

## Understanding Linear Equations – Function Machines

If we need to “unpick” equations, to get to our final statement, we will need to understand how an expression is built up around  $x$ . A function machine is a good way to start....

**Solve:  $2x + 5 = 11$**

REMEMBER: Algebra follows number rules... so think BIDMAS when working out which order the operations should appear



“Unpick” the problem by applying the inverse operation in the opposite order (working backwards from the previous “answer”)

Workings:  $x = (11 - 5) \div 2$   
**Solution  $x = 3$**

# Solving Linear Equations

## Solving Linear Equations – Balance Method

Functions machines are good at understanding equations but cannot deal with all linear equation. The BALANCE METHOD can.  
 The principle that you want to “unpick” an equation from around  $x$  remains... you just need to remember whatever needs to be done to unpick one side of an equation, must be done to the other side also

### Solving simple 2 step equations:

**Solve:**  $2x + 5 = 11$   
 $2x = 6$   
 $x = 3$

Check by substituting:  
 $2 \times 3 + 5 = 11$  ✓

Show workings i.e. what you are going to do to get to the next line...  
 Notice that these are exactly the same operations and order as identified in the function machine!

As equations get more complex the principle remains the same... what do you need to do to unpick to get to “ $x=...$ ” or in other words ...

### what looks horrible?... what’s needs to be done to get rid of it?!

### Solving Double Sided equations:

**Solve:**  $5x - 1 = 11x + 2$   
 $5x - 1 = 11x + 2$   
 $-1 = 6x + 2$   
 $-3 = 6x$   
 Just switched  $6x = -3$   
 $x = \frac{-3}{6} = -\frac{1}{2}$

**What looks horrible?**  
 “ $x$ ” on both sides of equation  
**Fix?** Get rid of one of them!  
**RECOMMENDED: REMOVE THE SMALLER UNKNOWN** by adding or subtracting it (because removing the smaller will always leave a POSITIVE  $x$  term)

**Remember:** Any division problem can be written as a fraction!

## Solving Linear Equations – Brackets

Sometimes brackets can be dealt with using the function machine methods but if in doubt – **get rid of them by expanding!**

**Solve:**  $4(x - 3) = 8$   
 $4x - 12 = 8$  (+12)  
 $4x = 20$  (÷4)  
 $x = 5$

Check by substituting:  
 $4(5-3) = 4 \times 2 = 8$  ✓

$3(x + 8) = 4 - 2x$   
 $3x + 24 = 4 - 2x$  (+2x)  
 $5x + 24 = 4$  (-24)  
 $5x = -20$  (÷5)  
 $x = -4$

Check by substituting:  
 $3(-4+8) = 3 \times 4 = 12$   
 and  
 $4 - 2x(-4) = 4 + 8 = 12$  ✓

**SMALLER unknown is negative... so ADD to remove!**

## Solving Linear Equations – Fractions

Sometimes fractions can be dealt with using the function machine methods but if in doubt – **get rid of them by multiplying through by denominator!**

**Solve:**  $\frac{2x+5}{6} = 2$  (x6)  
 $2x + 5 = 12$  (-5)  
 $2x = 7$  (÷2)  
 $x = 3.5$

**Solve:**  $\frac{2}{x} = 5$  (xx)  
 $2 = 5x$  (÷5)  
 $x = \frac{2}{5}$

After multiplying by the denominator:  
 - original numerator STAYS THE SAME  
 - ALL OTHER TERMS ARE SCALED UP

$\frac{3x-5}{2} + 1 = x + 2$  (x2)  
 $3x - 5 + 2 = 2x + 4$   
 $3x - 3 = 2x + 4$  (-2x)  
 $x - 3 = 4$  (+3)  
 $x = 7$

# Solving Linear Equations

## Checklist for Solving Linear Equations

“What don't I like in the equation?”

How can I get rid of it?”

FRACTIONS

$$\frac{2x + 5}{6} = \frac{3x}{4} + 2$$

$$\frac{2(2x + 5)}{12} = \frac{9x}{12} + \frac{24}{12}$$

$$2(2x + 5) = 9x + 24$$

$$4x + 10 = 9x + 24$$

$$10 = 5x + 24$$

$$-14 = 5x$$

$$5x = -14$$

$$x = -\frac{14}{5}$$

BRACKETS

DOUBLE SIDED

REVERSE BIDMAS

NEED SOLUTION “1x=...”

Rewrite all terms with a **common denominator**

Multiply all terms by denominator  
- **numerators stay the same**

Expand and simplify

Remove the smaller **unknown first**

So you will always end up with a positive x-term

Unpick using **reverse operations in the reverse order**

Remember all fractions are division problems - **write final answer as a fraction if needed**

# Solving Linear Inequalities

Linear **EQUATIONS** have an equal sign:  
There will be **1 solution** to the equation

$$2x + 5 = 11$$
$$x = 3$$

Linear **INEQUALITIES** have an inequality sign

There will be a **RANGE of solutions** to the inequality depending on the sign:

e.g  $x < 1$  ... $x$  can be anything as long as it is **less than 1**

$x \leq 1$  ... $x$  can be anything as long as it is **less than or equal to 1**

$x > 1$  ... $x$  can be anything as long as it is **greater than 1**

$x \geq 1$  ... $x$  can be anything as long as it is **greater than or equal to 1**

## INEQUALITIES ARE SOLVED IN THE SAME WAY AS EQUATIONS

But you must remember

- 1) **Write the INEQUALITY** not an EQUAL sign
- 2) The inequality will be the **SAME** as originally **UNLESS**
- 3) You have **multiplied or divided** by a **negative number.... MUST SWAP** it round

**Solve:**  $2x + 5 < 11$   $(-5)$

$$2x < 6$$
  $(\div 2)$ 

$$\underline{x < 3}$$

**Solve:**  $3x + 24 \geq 4 - 2x$   $(+2x)$

$$5x + 24 \geq 4$$
  $(-24)$ 

$$5x \geq -20$$
  $(\div 5)$ 

$$x \geq -4$$

Inequality stays the same for all operations...

$$12 < 30$$

$$14 < 32 \quad (+2)$$

$$13 < 31 \quad (-1)$$

$$52 < 124 \quad (\times 4)$$

$$26 < 62 \quad (\div 2)$$

EXCEPT

$$12 < 30 \quad (\times -2)$$

$$-24 > -60$$

$$12 < 30 \quad (\div -2)$$

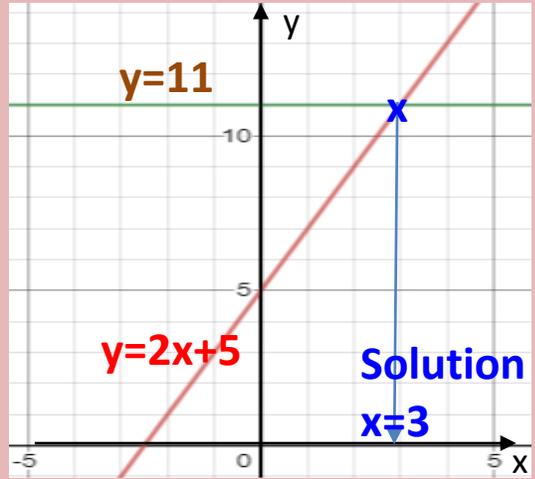
$$-6 > -15$$

Inequality needs to be reversed

# Solving Linear Equations

Hegarty: 217-219

## Solving Linear Equations – using graphs



Graphs can be used to solve equations

$$2x + 5 = 11$$

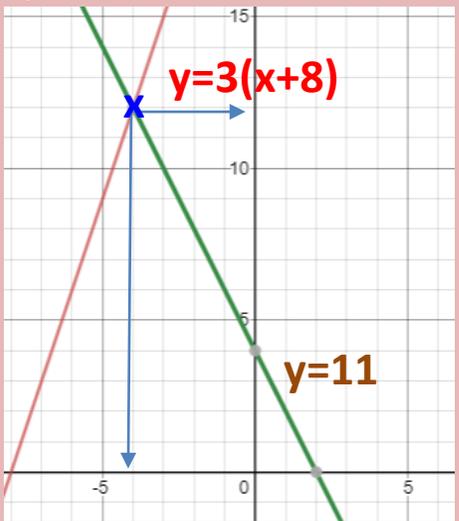
$$y = 2x + 5 \qquad y = 11$$

The intersection of the equation and where the y coordinate is 11 is the solution here

$x = 3$

## Solving Simultaneous Equations using graphs

Using graphs is one way that SIMULTANEOUS EQUATIONS can be solved. "Simultaneous" just means "happening at the same time" and the solution to a simultaneous equation is the coordinate values which are the same for two equations... in other words, **the solution is where the two lines meet.**



Solve these simultaneous equations:  
 $y = 3(x + 8) \qquad y = 4 - 2x$

Graphs cross at (-4, 12) so solution is  
 $x = -4$   
 $y = 12$

Note that this is the same solution for x as solving the linear equation:

$$3(x + 8) = 4 - 2x$$

$$y = 3(x + 8) \qquad y = 4 - 2x$$

$$x = -4$$

y-coordinate needed only if a **SIMULTANEOUS EQUATION** to solve

# Solving Linear Simultaneous Equations

Hegarty: 190-195

Simultaneous equations can be solved algebraically

Solve these simultaneous equations

$$3x + 2y = 11$$

$$x + y = 3$$

These equations cannot be solved individually as they have TWO unknowns but can be COMBINED and one unknown ELIMINATED ... the other unknown can then be found and its value substituted back to find the other.

Simultaneous equations often given in **IMPLICIT** form (where x and y are on the same side) rather than **EXPLICIT** form i.e.  $y = mx + c$ . If they are given in different forms, one will need to be changed to match the other.

KEY PRINCIPLES:

- 1) Add or subtract the two equations to **ELMINATE** 1 unknown
- 2) Unknowns will only be eliminated if they have the **SAME** coefficient
- 3) If there is not a common coefficient scale one or both equations up so that the number in front of one unknown is the same in both equation.

PROCESS:

**A) Get a common coefficient**  
 2nd equation needs multiplying by 2 (or by 3) to get the same number in front of one of the unknowns

$$3x + 2y = 11$$

$$x + y = 3 \quad (\times 2) \Rightarrow 2x + 2y = 6$$

$$\Rightarrow 3x + 2y = 11$$

$$\Rightarrow 2x + 2y = 6$$


---


$$x = 5$$

**B) Add or subtract to eliminate unknown**  
 Same Signs **SUBTRACT** ; Different signs **ADD** ( $2y - 2y = 0$ )  
**and solve any subsequent equation for the remaining unknown**

**C) Substitute value back into ORIGINAL equation**  
 to find an equation to solve for the second unknown

$$x = 5 \text{ then } 5 + y = 3$$

$$(-5) \qquad y = -2$$

**D) Check solutions by substituting BOTH values into OTHER original equation**

Solution:  $x = 5, y = -2$

**CHECK:** if  $x = 5$  and  $y = -2$  then for  $3x + 2y = 11$   
 $3 \times 5 + 2 \times (-2) = 15 - 4 = 11 \checkmark$

**Probability** uses numbers to calculate or predict the chance of something happening in the future.

**Vocabulary:** Probability, Probability Scale, Relative frequency, Theoretical Probability,, Dependent Events, Independent Events, Sample Space, Venn diagrams,

**Skills you will need:** Addition, Subtraction, Multiplication of Fractions

A **Probability Scale** is used to describe all probabilities, or how likely

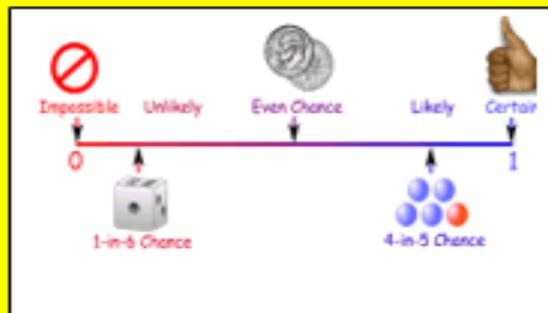
If an event is **Certain** its probability is 1  
Boxing Day will follow Christmas Day in December

If an event is **Impossible** its probability is 0  
You will grow to be 5m tall

An event has a probability **Evens** if the two outcomes are equally likely  
Flipping a coin and getting heads

**Likely** describes the probability of an event which is more than evens chance but not certain.  
You roll a die and get a number greater than 2

**Unlikely** describes the probability of an event which is less than evens chance but not impossible.  
I choose a letter from the word RAIN and pick the A



The probability of an event happening is always greater than or equal to 0 (Impossible) but less than or equal to 1 (Certain)

$$0 \leq \text{probability} \leq 1$$

**Relative Frequency (Experimental Probability)**

This is the estimated probability based on the results of an experiment.  
I surveyed 50 birds landing on my bird table. 18 of them were bullfinches.  
The experimental probability of the next bird landing on my bird table being a bullfinch is 18/50 or 36%

The more trials that are performed, the more reliable the results will be.

**Addition and Subtraction:**

1. Find the LCM of the denominators
2. Convert them to their equivalent fractions where the denominators are the same
3. Once the fractions have the same denominator you can add or subtract the numerators. The denominator stays the same.
4. Simplify if you can

**Multiplication:**

1. Cancel any of the numerators with any of the denominators by finding common factors.
2. Multiply the numerators together and the denominators together.

$$\frac{2}{9} + \frac{1}{5}$$

LCM of 9 & 5 is 45

$$\frac{10}{45} + \frac{9}{45} = \frac{19}{45}$$

$$\frac{2}{9} - \frac{1}{5} = \frac{1}{45}$$

Check why

$$\frac{2}{3} \times \frac{6}{8}$$

$$\frac{1}{3} \times \frac{2}{4} = \frac{2}{12} = \frac{1}{6}$$

**More Vocabulary:** Sample, Sample size, Probability notation, Expected outcomes, Mutually Exclusive Events, Exhaustive Events, Tree Diagrams

A **Sample** is a selection of items from a population.

Your sample could be a selection of 20 pupils from your year group.

The larger the **sample size** or the more times you repeated a trial, the closer your probability will be to the true probability.

A **Sample Space** is way of recording the outcomes of two events.

This **sample space** records all the possible outcomes of a game of rock, paper scissors

	ROCK	PAPER	SCISSORS
ROCK	RR	RP	RS
PAPER	PR	PP	PS
SCISSORS	SR	SP	SS

**Theoretical Probability** is a number between 0 and 1 representing the probability of something happening.

Number of favourable outcomes

-----  
Total number of outcomes

To find the **Expected outcomes** multiply the probability by the number of trials.

The probability of a team winning is 0.3. How many games can they expect to win in a season of 24 games?

$$0.3 \times 24 = 8 \quad 8 \text{ games}$$

Events are **Mutually Exclusive** if they cannot happen at the same time

Getting Heads or Tails on a coin

Turning Left or Right

Events are **Exhaustive** if they cover the entire range of possible outcomes

When you flip a coin the outcomes Heads and Tails are exhaustive because they cover all the possible outcomes

The probabilities of an exhaustive set of outcomes total 1.

Therefore, if the  $P(\text{success}) = 0.9$

The  $P(\text{Failure}) = 1 - 0.9 = 0.1$

An **Independent Event** is when the probability of one event does not depend on the outcome of another event.

If I flip a coin the probability of getting a Head is 0.5. The probability will not change for any subsequent flipping of the coin.

**Dependent Events.** This is when the probability of one event depends on the outcome of another.

If I wake up late the probability of being late for school increases.

**Tree Diagrams** can show all the possible outcomes of multiple events and can be used to calculate their probabilities.

### Probability Notation

$P(X)$  refers to the probability of X occurring

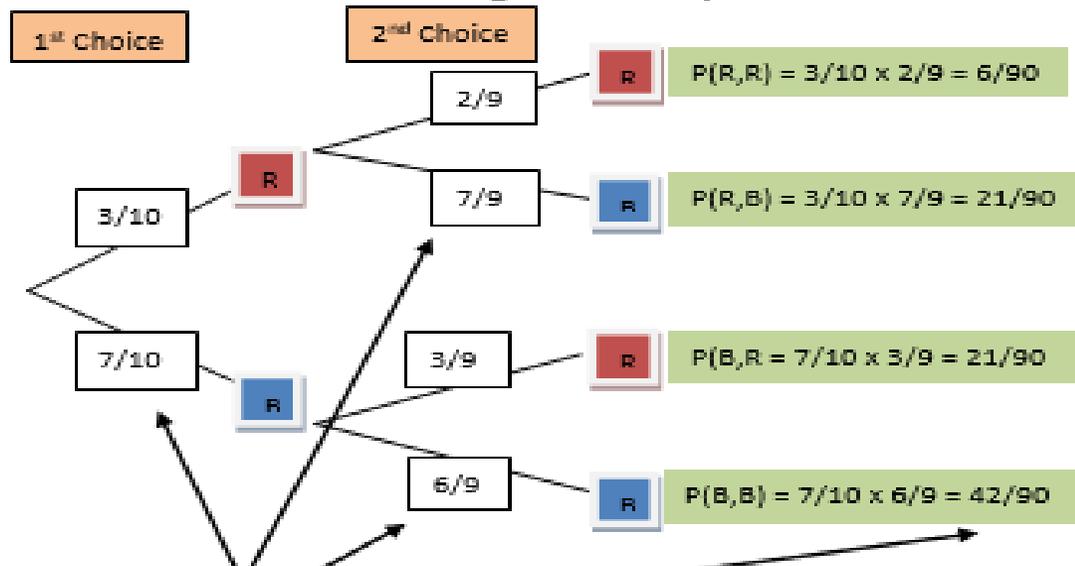
$P(\text{Red, two})$  refers to a red two picked from a pack of cards

**Venn Diagrams** can be used to show the relationship between multiple groups of things and how they overlap.

These diagrams can be used to calculate probabilities

**Combining Probabilities:** If you want to find the probability of more than one thing happening you will need to multiply the probabilities.

**Tree Diagrams** There are 3 Red Balls and 7 Blue Balls in a bag. Balls are taken from the bag and not replaced.



Branches total 1

$P(\text{Choosing at least one red}) = 6/90 + 21/90 + 21/90 = 48/90$

Corbett Maths Video 252

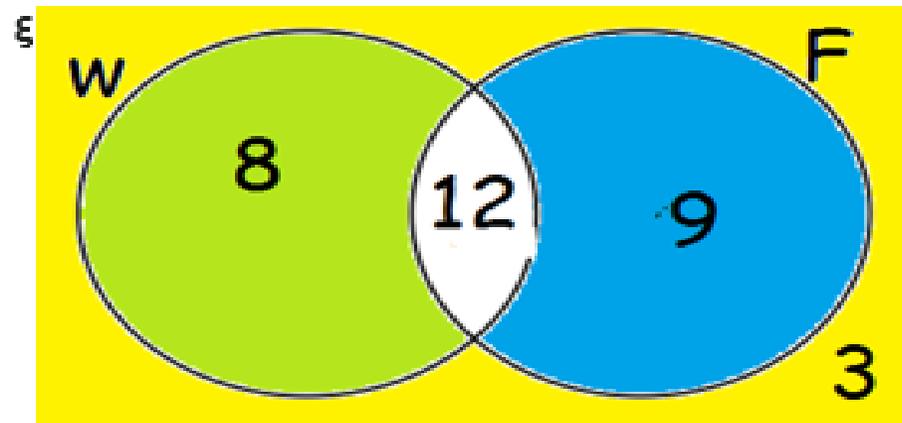
Hegarty: 361-363

**Venn Diagrams**

Corbett Maths Video 380  
Hegarty Clip 383

$\xi$  : 32 pupils in a class  
W: pupils who walk to school  
F : pupils who like football

Hegarty: 383-388



$P(W \cap F) = 12/32$        $P(W \cap F') = 8/32$   
 $P(W' \cap F) = 9/32$        $P(W' \cap F') = 3/32$

**Two way Tables - Holidays**

Hegarty Clip 423

	Spain	France	Other	Total
June	5	19	3	29
July	12	17	3	32
August	17	15	7	39
Total	34	51	15	100

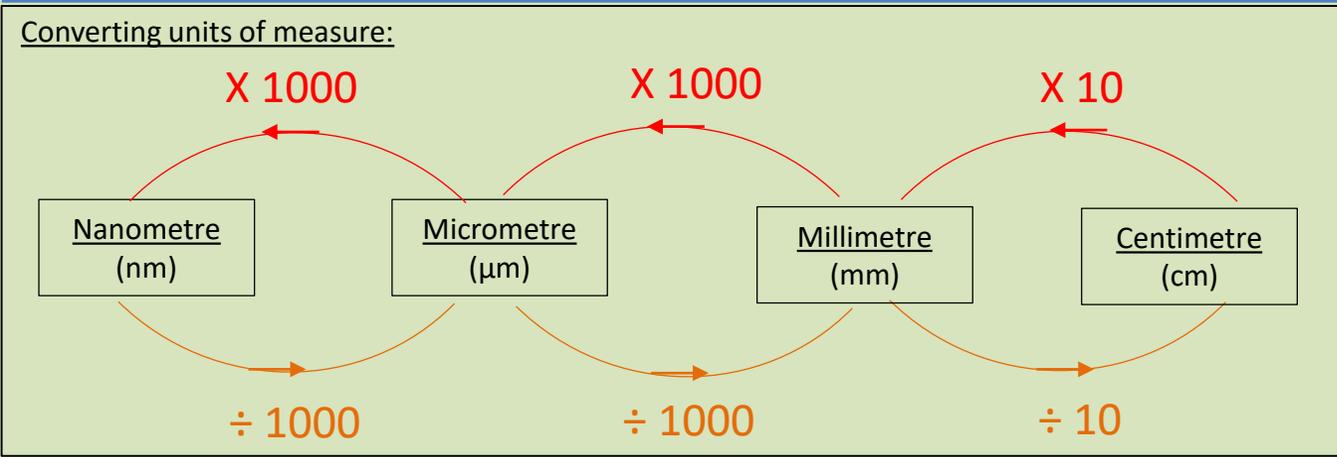
What is the probability that a person selected at random

Went to France on holiday?	51/100
Did not visit either Spain or France?	15/100
Went on holiday in July?	32/100
Went to Spain in June?	5/100

# Science: Useful Information

Key Word / Term	Definition
Accuracy	Results are close to the true value
Precision	Results are similar to each other but not necessarily close to the true value
Repeatable	Similar results are obtained if the investigation is done again by the same person
Reproducible	Similar results are obtained if it is repeated by a different person
Resolution	Is the smallest change a measuring instrument can detect
Validity	A measure of how correct the results of an experiment are

Prefix	Number	Standard Form	e.g. metres
Giga	1,000,000,000	$1 \times 10^9$	Gm
Mega	1,000,000	$1 \times 10^6$	Mm
kilo	1,000	$1 \times 10^3$	km
-----	1	1	m
milli	0.001	$1 \times 10^{-3}$	mm
micro	0.000001	$1 \times 10^{-6}$	$\mu\text{m}$
nano	0.000000001	$1 \times 10^{-9}$	nm



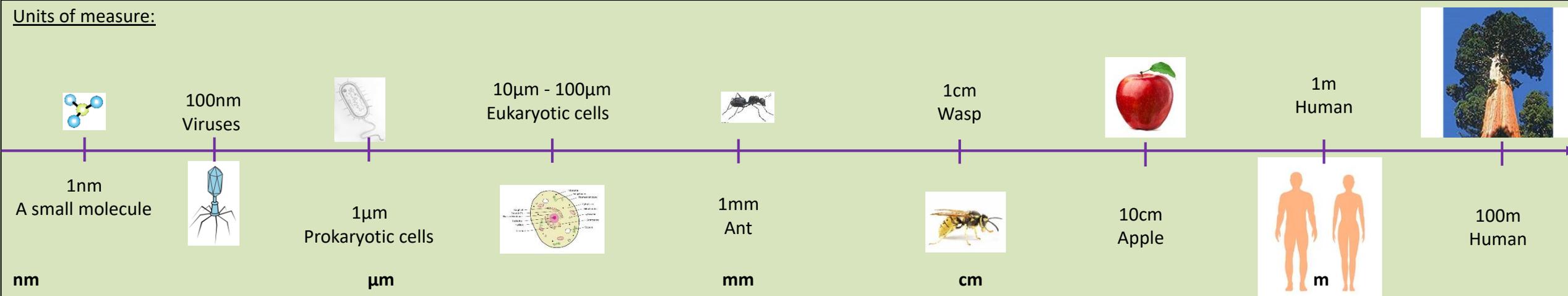
Variables:

**Independent:** the variable that is being **changed** during the experiment

**Dependent:** the variable **being tested** or **measured** during the experiment

The independent variable affects the dependent variable, the others must be controlled

**Control:** **Keep the same** (there can be more than one control variable) so that they do not affect the independent variable



KEY:

RELATIVE ATOMIC MASS

Atomic Symbol  
name  
ATOMIC (PROTON) NUMBER

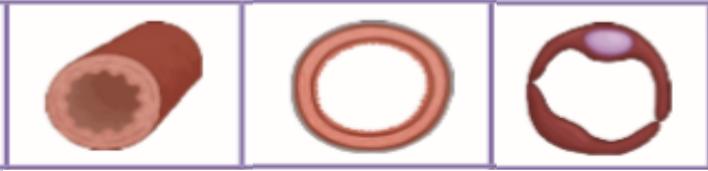
## The Periodic Table of Elements



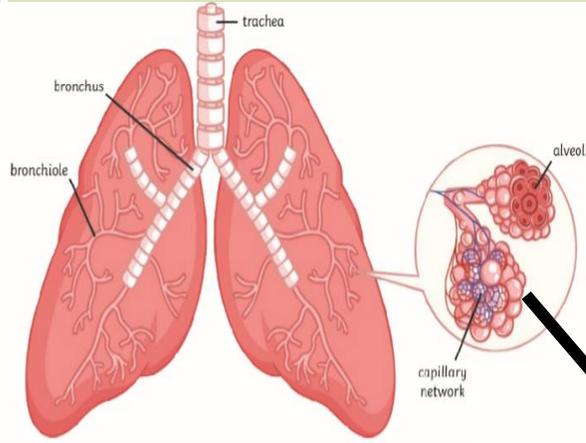
1	2											3	4	5	6	7	0	
																		4 He helium 2
7 Li lithium 3	9 Be beryllium 4											11 B boron 5	12 C carbon 6	14 N nitrogen 7	16 O oxygen 8	19 F fluorine 9	20 Ne neon 10	
23 Na sodium 11	24 Mg magnesium 12											27 Al aluminium 13	28 Si silicon 14	31 P phosphorus 15	32 S sulfur 16	35.5 Cl chlorine 17	40 Ar argon 18	
39 K potassium 19	40 Ca calcium 20	45 Sc scandium 21	48 Ti titanium 22	51 V vanadium 23	52 Cr chromium 24	55 Mn manganese 25	56 Fe iron 26	59 Co cobalt 27	59 Ni nickel 28	63.5 Cu copper 29	65 Zn zinc 30	70 Ga gallium 31	73 Ge germanium 32	75 As arsenic 33	79 Se selenium 34	80 Br bromine 35	84 Kr krypton 36	
85 Rb rubidium 37	88 Sr strontium 38	89 Y yttrium 39	91 Zr zirconium 40	93 Nb niobium 41	96 Mo molybdenum 42	[98] Tc technetium 43	101 Ru ruthenium 44	103 Rh rhodium 45	106 Pd palladium 46	108 Ag silver 47	112 Cd cadmium 48	115 In indium 49	119 Sn tin 50	122 Sb antimony 51	128 Te tellurium 52	127 I iodine 53	131 Xe xenon 54	
133 Cs caesium 55	137 Ba barium 56	139 La* lanthanum 57	178 Hf hafnium 72	181 Ta tantalum 73	184 W tungsten 74	186 Re rhenium 75	190 Os osmium 76	192 Ir iridium 77	195 Pt platinum 78	197 Au gold 79	201 Hg mercury 80	204 Tl thallium 81	207 Pb lead 82	209 Bi bismuth 83	[209] Po polonium 84	[210] At astatine 85	[222] Rn radon 86	
[223] Fr francium 87	[226] Ra radium 88	[227] Ac* actinium 89	[267] Rf rutherfordium 104	[270] Db dubnium 105	[269] Sg seaborgium 106	[270] Bh bohrium 107	[270] Hs hassium 108	[278] Mt meitnerium 109	[281] Ds darmstadtium 110	[281] Rg roentgenium 111	[285] Cn copernicium 112	[286] Nh nihonium 113	[289] Fl flerovium 114	[289] Mc moscovium 115	[293] Lv livermorium 116	[293] Ts tennessine 117	[294] Og oganesson 118	

\*the Lanthanides (atomic numbers 58-71) and the Actinides (atomic numbers 90-103) have been omitted. Relative atomic masses for Cu and Cl have not been rounded to the nearest whole number.

# KS4 Biology: B4 Organising animals and plants

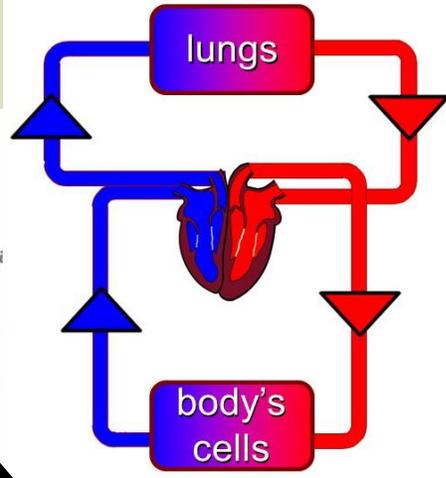


Arteries	Veins	Capillaries
From heart to rest of body	From rest of body to heart	Connects arteries and veins
Carries mostly oxygenated blood	Carries mostly deoxygenated blood	Carries both [de]oxygenated blood
High pressure with thicker walls	Low pressure with thinner walls	Walls only one-cell thick for diffusion
No valves	Has valves	No valves

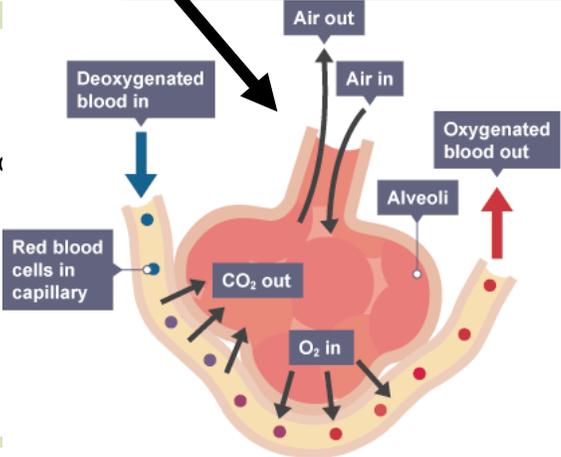


The lungs are adapted for efficient gas exchange

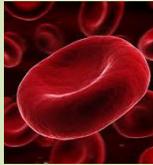
The alveoli have a large surface area, capillaries around the alveoli lead to a good blood supply, concentration gradient to allow a short diffusion pathway.



<b>Aorta</b>	The artery leaving the left ventricle.
<b>Artery</b>	Blood vessel that carries blood away from the heart.
<b>Atria</b>	Smaller top chambers of the heart.
<b>Blood vessel</b>	How blood is transported around the body.
<b>Capillary</b>	Blood vessel that connects arteries and veins.
<b>Coronary blood vessel</b>	The heart muscle needs its own blood supply. This comes from branches from the aorta as soon as it leaves the heart called <b>coronary</b> arteries.
<b>Pulmonary artery</b>	The blood vessel leaving the right ventricle, carrying blood to the lungs.
<b>Pulmonary vein</b>	Vein leading from the lungs back to the heart (to the left atrium).
<b>Valves</b>	Prevent back flow of blood. Allows blood to only flow the correct way.
<b>Vein</b>	Blood vessel that carries blood towards the heart.
<b>Vena cava</b>	The major vein transporting blood from the whole body back to the heart (to the right atrium)
<b>Ventricle</b>	The larger bottom chambers in the heart.

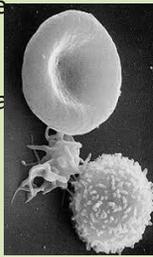


## Red Blood Cells



Disc shaped and biconcave. This increases the surface area so can absorb and more oxygen. Don't have a nucleus so more room for haemoglobin.

## White Blood Cells



Part of the immune system to fight communicable disease. They all have large nuclei, and can also change shape so they can engulf microorganisms

## Plasma

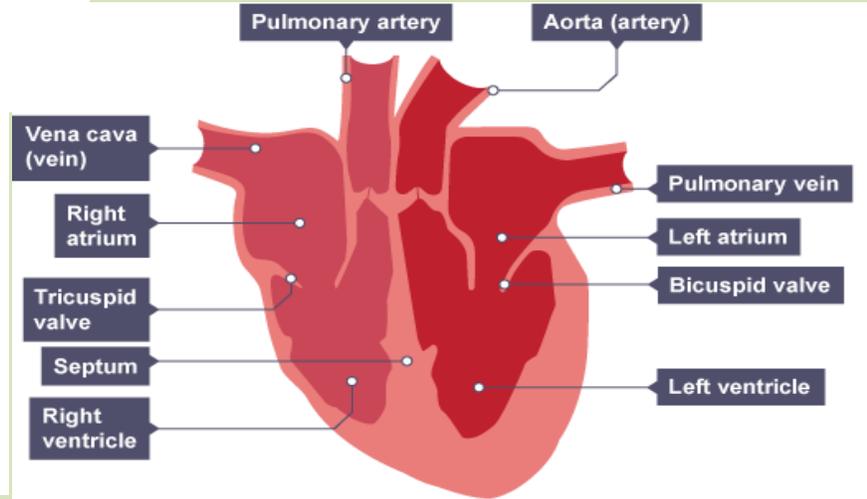
This makes up 55% of the blood. It is mostly made of water, but with substances like glucose, proteins, ions and carbon dioxide dissolved in it. The other blood components are suspended in the plasma.

## Platelets

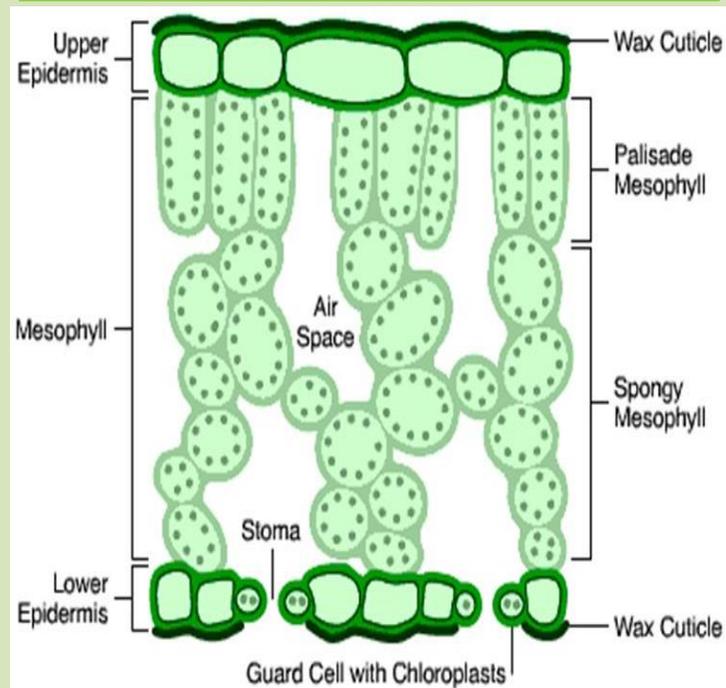


Fragments of cells. They start the process of clotting at a wound which blocks the injury until proper healing happens, preventing blood loss.

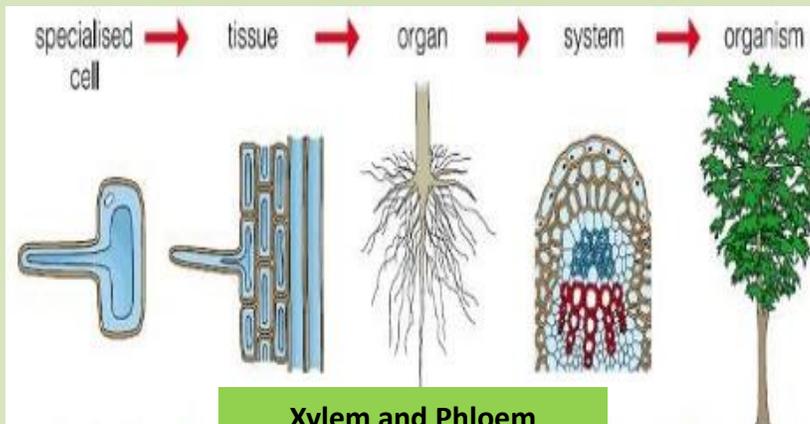
When the heart 'beats' the muscles contract to pump the blood. Heart rate is controlled by a group of cells in the right atrium that act as a **pacemaker**. These cells set off the impulses that make the heart muscle contract. Artificial pacemakers are electrical devices used to correct any irregularities in the heart rate.



## The Leaf



Plants, like humans, are made of cells, tissues, organs and organ systems.



## Xylem and Phloem



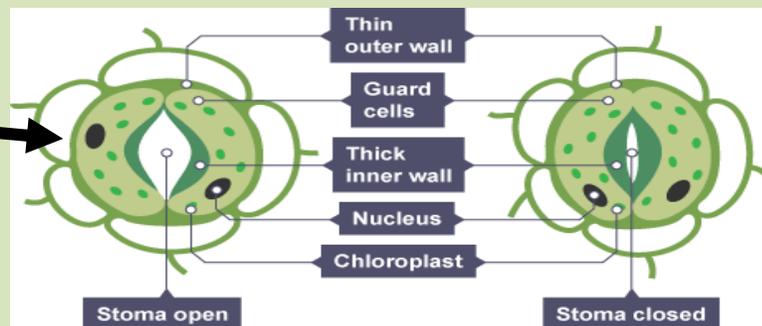
Xylem is made from hollow tubes made from cell walls of dead cells and strengthened by lignin.



Phloem is made of living cells elongated and stacked to form tubes.

## Translocation

Phloem transports dissolved sugars from the leaves to other parts of the plant in a process called translocation. Cell sap, containing the dissolved sugars, is able to flow from one phloem cell to the next through pores at the end of each wall.



<b>Active transport</b>	Movement of particles against a concentration gradient
<b>Diffusion</b>	Movement of particles from high concentration to low concentration
<b>Organ</b>	A group of different tissues working together to perform a specific function
<b>Organ system</b>	Group of organs working together to carry out specific functions and to form organisms
<b>Phloem</b>	Living tissue which transports dissolved sugars around plant
<b>Tissue</b>	Group of specialised cells with similar structure and function working together
<b>Translocation</b>	Movement of dissolved sugars from leaves to rest of plant through phloem
<b>Transpiration</b>	Movement of water through a plant
<b>Vascular bundle</b>	Strand containing the xylem and phloem
<b>Xylem</b>	Non-living tissue which transports water and minerals from the roots to the leaves and shoots

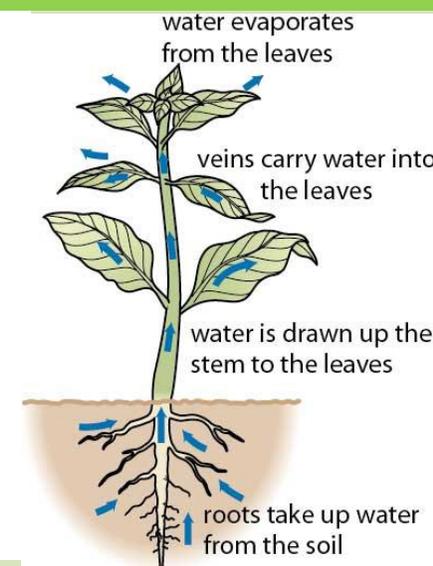
## Transpiration

Plants absorb water through the roots. It is transported against gravity from roots to leaves. Plants are constantly losing water as vapour through the leaves.

Transpiration can be increased by:

- Brighter light
- Increased temperature
- Increased air movement (wind)
- Decreased humidity (steeper concentration gradient)

Rate of transpiration measured using a potometer



Epidermis	Transparent to allow sunlight to pass through
Palisade layer	Packed with chloroplasts to allow photosynthesis
Mesophyll layer	Air spaces to allow the diffusion of gases
Stoma	Gaps on the underside of the leaf to allow gases in and out of the leaf
Guard cells	Allow stomata to open and close

Water vapour is lost through the stomata on underside of the leaf by evaporation but the stomata need to be open to allow carbon dioxide to diffuse into leaf and oxygen to diffuse out

## KS4 Biology: B5 Communicable diseases

Key term	Definition
Communicable disease	Disease caused <b>pathogens</b> that can be passed from <b>one organism to another</b> .
Pathogen	Microorganisms that cause disease may be <b>viruses, bacteria, fungi or protists</b> .
Bacteria	Prokaryotes that reproduce rapidly inside the body and may produce poisons ( <b>toxins</b> ) that damage tissues and make us feel ill, treated with <b>antibiotics</b> .
Virus	Live and reproduce <b>inside cells</b> , causing cell damage.
Protist	Eg malaria
Vaccine	Dead or inactive pathogenic material used in vaccination to develop immunity to a disease in a healthy person.
White blood cells	<b>Macrophages ingest</b> pathogens ( <b>phagocytosis</b> ), <b>lymphocytes</b> produce <b>antibodies</b> , other white blood cells produce <b>antitoxins</b> .
Antibody	Special proteins that target particular bacteria or viruses and destroy them. You need a <b>unique antibody for each type of pathogen</b> . When your white blood cells have produced antibodies once against a pathogen, they can be made <b>very quickly</b> if that pathogen enters your body again.
Antitoxin	Made by white blood cells, these counteract (cancel out) toxins made by pathogens.
Antigen	Proteins on the surface of cells that act like markers – your immune system can detect antigens that are not your own.
Cilia	Tiny hair-like projections on cells lining the trachea which beat out dirt/pathogens to the throat to be swallowed.

### How pathogens are spread:

- By **air (including droplet infection)**. When you are ill, you expel tiny droplets full of pathogens when you cough, sneeze or talk.
- By **direct contact**:
  - Eg when one plant touches another hence you have to **remove and burn/destroy** infected plants.
  - Eg in humans; sex, cuts, scratches, and needle punctures (drug users).
  - Animals can act as vectors transferring pathogens.
- By **water**:
  - Eg fungal spores carried by water to plants.
  - Eg Humans eating raw, undercooked or contaminated food or drinking water containing sewage. Pathogens enter via the digestive system.

### Preventing infection:

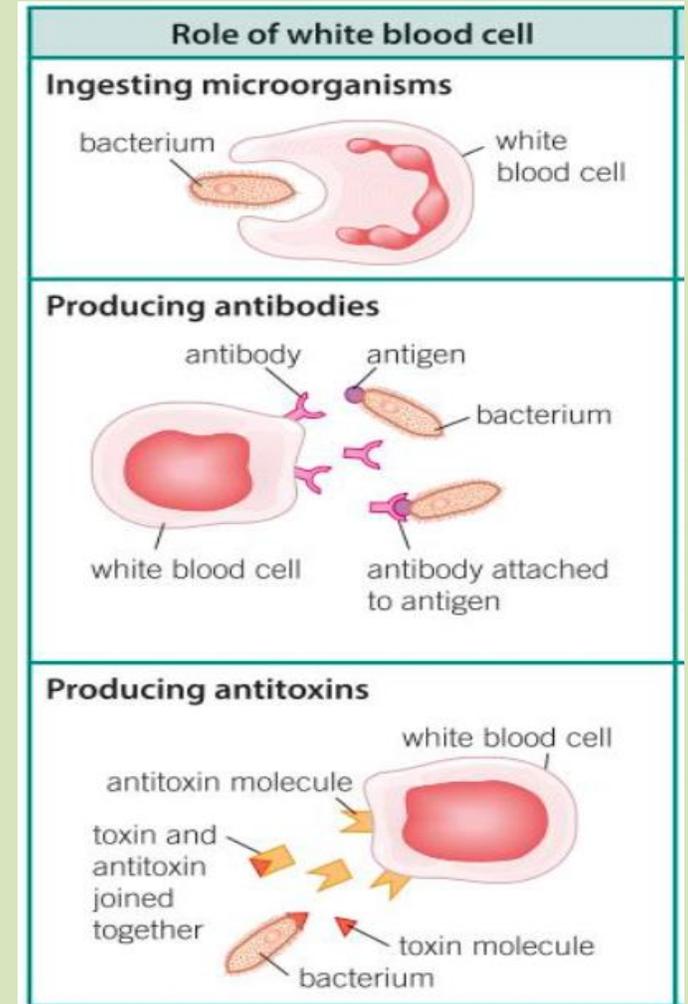
- **Wash hands** for 60s in warm water with soap.
- Use **disinfectants** on kitchen work surfaces, toilets etc.
- Keep raw meat away from food that is eaten uncooked.
- Cough/sneeze into a tissue – bin it – wash hands.
- **Vaccines (see B6 topic)**.
- Maintain hygiene of agricultural equipment.
- **Isolate** someone who has the disease.
- **Destroy or control the vector** eg use mosquito spray/nets.

### Human defence responses (stop the pathogens getting in!):

- Skin acts as a barrier and produces antimicrobial secretions and is covered in microorganisms that are not pathogenic.
- Respiratory system defences:
  - **Nose** full of **hairs** and produces **mucus** which trap pathogens to be blown out.
  - **Trachea and bronchi** secrete **mucus** and have **cilia** which **trap dirt** and **beat it** up to the throat to be **swallowed**.
  - **Stomach** produces **acid** which destroys the microorganisms in the **mucus** and in any **food/drink**.

Disease	Type of pathogen	How is it passed on?	Symptoms	Treatment	Prevention
<b>Measles</b>	Virus	Inhalation of droplets, coughs/sneezes	Red rash – can cause blindness, brain damage, death	None	Vaccination
<b>HIV/AIDS</b>	Virus	Sex, share needles.	Mild flu at start, then none, then damages immune system so much that you die from infection or cancer.	Antiretroviral drugs to control the disease	Condoms
<b>Tobacco mosaic virus</b>	Virus	Contact between plants, a vector – insects.	Mosaic pattern on leaves - less photosynthesis – less yield from crop.	None	Grow disease resistant crops.
<b>Salmonella food poisoning</b>	Bacteria	Undercooked food eg chicken/eggs.	Vomiting, diarrhoea	Doesn't last for long so they don't use antibiotics.	Cook food properly.
<b>Gonorrhoea</b>	Bacteria	Sex	Yellow/green discharge from penis or vagina but may be symptomless – can lead to infertility.	Antibiotics	Condoms
<b>Rose black spot</b>	Fungal	Spores in the air, rain droplets splashing between leaves.	Black spots, yellow leaves – less photosynthesis, doesn't flower well.	Cut off infected parts, burn them.	Disease resistant crops, wash gardening tools.
<b>Malaria</b>	Protist	Mosquito bites	Damaged liver and red blood cell leading to weakness and death.	If diagnosed quickly drugs can be used.	Nets, anti malarial drugs, insect repellent.
<b>Plant Galls</b>	Bacteria	Transfer of plasmid into the plant.	Growths of genetically modified cells.	None stated.	None stated.

## The immune system – internal defences



<https://www.youtube.com/watch?reload=9&v=wUm71FPuVCQ&safe=active>

<https://www.youtube.com/watch?v=QYWNXp36048&safe=active>

<https://www.youtube.com/watch?v=LXJy3T1McpM&safe=active>

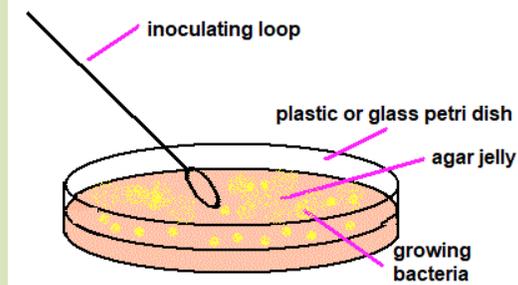
## Culturing microorganisms

Bacteria multiply by simple cell division (**binary fission**) as often as every **20min** if they have the correct **nutrients and temperature**.

Bacteria can be grown in **nutrient broth solution** or as **colonies** on an **agar gel plate**.

**WHY?** Uncontaminated cultures of microorganisms are required for investigating the action of disinfectants and antibiotics.

Petri dish setup for culturing microorganisms



### ASEPTIC TECHNIQUE

- **Sterilise Petri dishes and culture media** to prevent contamination.
- **Pass inoculating loops through a flame** to sterilise.
- **Secure lid of the Petri dish with tape** (to prevent transfer of pathogens) and store upside down to prevent condensation build up.
- In **school laboratories**, cultures should be **incubated at 25°C** to prevent growth of human pathogens which survive best at body temperature.

**REQUIRED PRACTICAL: Investigate the effect of antiseptics or antibiotics on bacterial growth using agar plates and measuring zones of inhibition.**

**IV:** this could one of a variety eg type of disinfectant, concentration of antibiotic, type of antibiotic. I have chosen one for this example.

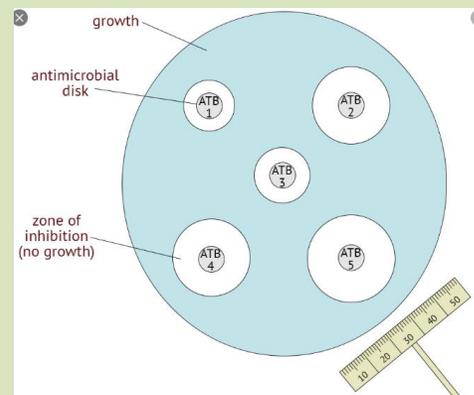
Eg IV: type of disinfectant

**DV:** zone of inhibition (area of bacteria killed around the disc of disinfectant) – **measure the radius (or half the diameter).**

**CV:** concentration of disinfectant, size of disc.

Method:

1. Set up a culture plate using aseptic technique (mention the steps in the box above).
2. Place a drop of bacteria on the growth media and spread it with a sterile lawn spreader.
3. Add discs of filter paper soaked in the different disinfectants.
4. Leave for 24h.
5. Measure the diameter of the circles of clear area around the discs.
6. Divide the diameter by 2 to find the radius.
7. Calculate the area of the clear circles using  $\pi r^2$ .
8. The larger the area the more effective the disinfectant.



[HT only]

**Plant diseases can be detected by:**

- Stunted growth
- Spots on leaves
- Areas of decay (rot)
- Growths
- Malformed stems of leaves
- Discolouration
- The presence of pests



**Identification can be made by:**

- Reference to a **gardening manual or website**
- Taking infected plants to a **laboratory** to identify the pathogen
- Using testing kits that contain **monoclonal antibodies** (see B6 topic)

You just need to know the plant diseases listed on the previous table + **aphids are insects that insert a feeding tube into the phloem of plants to feed on the glucose produced by photosynthesis.**

Plants can be damaged by a range of **ion deficiency conditions:**

**Stunted growth** caused by **nitrate deficiency** (nitrate needed to make protein)

**Chlorosis (yellow leaves)** caused by **magnesium deficiency** (magnesium needed to make chlorophyll to allow photosynthesis).

Physical defence responses to resist invasion of microorganisms:

Cellulose cell walls

Tough waxy cuticle on leaves

Layers of dead cells around stems (bark) which falls off.

Chemical plant defence responses:

Antibacterial chemicals

Poisons to deter herbivores

Mechanical adaptations:

Thorns, hairs to deter animals. Leaves which droop/curl when touched.

Mimicry to trick animals.

## KS4 Biology: B6 Preventing and treating disease

Key term	Definition
Vaccine	Dead or inactive pathogenic material used in vaccination to develop immunity to a disease in a healthy person.
White blood cells	<b>Macrophages ingest</b> pathogens ( <b>phagocytosis</b> ), <b>lymphocytes</b> produce <b>antibodies</b> , other white blood cells produce <b>antitoxins</b> .
Antibody	Special proteins that target particular bacteria or viruses and destroy them. You need a <b>unique antibody for each type of pathogen</b> . When your white blood cells have produced antibodies once against a pathogen, they can be made <b>very quickly</b> if that pathogen enters your body again.
Antitoxin	Made by white blood cells, these counteract (cancel out) toxins made by pathogens.
Antigen	Proteins on the surface of cells that act like markers – your immune system can detect antigens that are not your own.
Antibiotic	Cure bacterial diseases by killing the bacterial pathogens inside your body.
Placebo	A medicine that does not contain the active drug being tested, used in clinical trials of new medicines.
Double blind trial	Neither patient or prescribing doctor know if they are taking/giving the drug or the placebo so they cannot be <b>bias</b> .
Mutate	Change in DNA.
Pre-clinical testing	Carried out on a potential new medicine in a laboratory using cells, tissues, and live animals.
Clinical testing	Test potential new drugs on healthy and patient volunteers for safety, efficacy and dosage.

### Vaccination

Introduce a small quantities of **dead** or **inactive** forms of a **pathogen** into the body to stimulate the **white blood cells** to produce **antibodies**. If the same pathogen re-enters the body the WBC respond quickly to produce the correct **antibodies**, preventing **infection**.  
MMR = measles, mumps, rubella vaccine

### Herd immunity

If a large proportion of the population is immune to a pathogen, spread of the pathogen is reduced. Vaccination can speed up herd immunity e.g. measles.

### Antibiotics e.g. penicillin

Kill bacteria whilst they are inside the body without damaging body cells – either taken as a pill or put straight into the blood stream.

#### **Specific bacteria treated by specific antibiotic.**

Decreased deaths from bacterial infections but some bacteria are now becoming resistant to antibiotics eg MRSA.

**To prevent this:** don't prescribe for viral infections, limit use in agriculture, take the full course.

**ANTIBIOTICS DO NOT TREAT VIRAL INFECTIONS.**

### Treating symptoms:

**Viruses have no cure** (it is difficult to develop drugs that kill viruses without damaging the body's tissues).

You can treat the symptoms of both viral and bacterial infection though.

e.g. Aspirin and paracetamol are pain killers.

e.g. Ibuprofen targets inflammation.

<https://www.enhancetv.com.au/video/operation-ouch-what-is-a-vaccine-and-herd-immunity/63222>

## Discovery and development drugs

Traditionally drugs were extracted from plants and microorganisms.



- The **heart drug digitalis** originates from **foxgloves**.



- The painkiller **aspirin** originates from **willow**.



- Penicillin** was discovered by **Alexander Fleming** from the **Penicillium** mould.

- New drugs synthesised by chemists in the pharmaceutical industry. The starting point may still be a chemical extracted from a plant.

**New medical drugs** have to be tested for:

- Toxicity** – is it safe to use do the benefits outweigh the side effects?
- Efficacy** – does it prevent, cure a disease or make you feel better?
- Dosage** – how much to take to be effective but limit side effects?

**Preclinical testing** – done in a laboratory using cells, tissues and live animals.

**Clinical trials** – **healthy volunteers and patients.**

- Very low doses of the drug and given at the start of the clinical trial.
- If the drug is found to be safe, further clinical trials are carried out to find the **optimum dose** for the drug.
- In **double blind trials**, some patients are given a **placebo**.

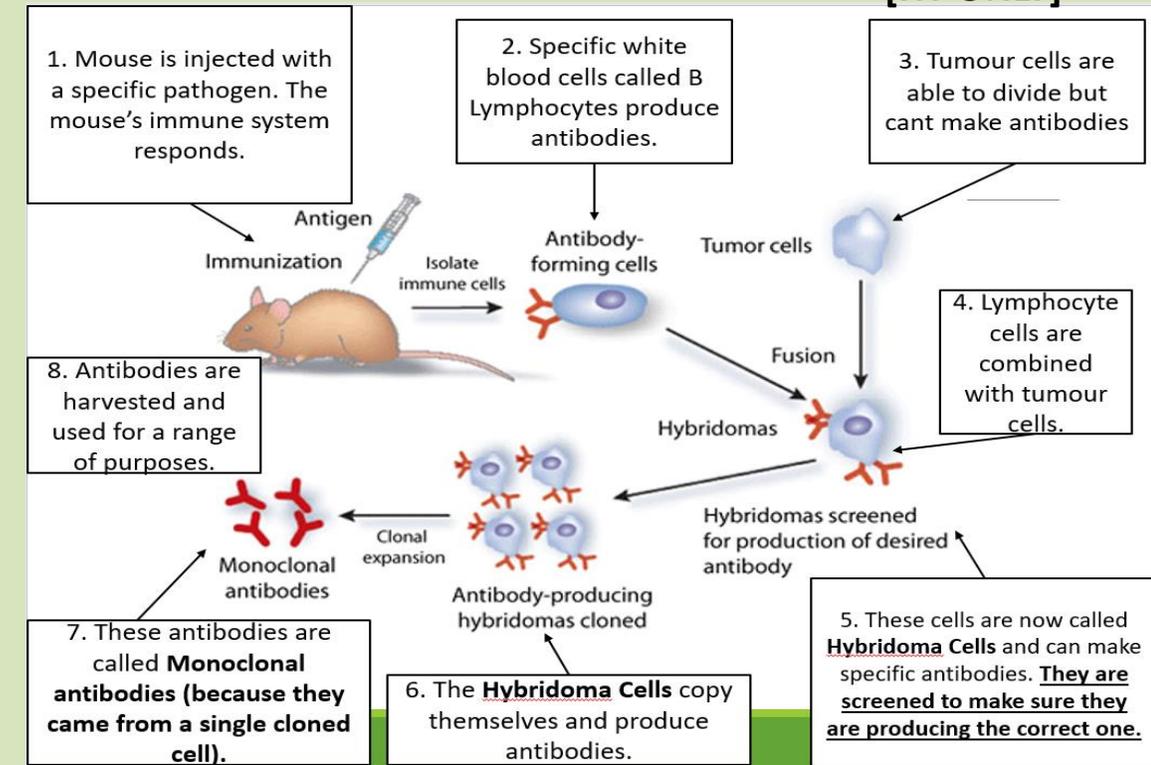
## Biology only - Uses of monoclonal antibodies

[HT ONLY]

- For diagnosis eg **pregnancy kits**
- In laboratories to **measure levels of hormones** and other chemicals in the blood or **detect pathogens**.
- In research to **locate** or **identify** specific molecules in a cell or tissue by **binding them to a fluorescent dye**.
- To **treat** some **diseases**: for **cancer**, the monoclonal antibody can be bound to a **radioactive substance, a toxic drug or a chemical which stops cells growing and dividing**. It delivers the substance to the cancer cells without harming other cells in the body.

## Biology only - Making monoclonal antibodies

[HT ONLY]



Key word	Definition	[HT ONLY]
Clone	Identical copy	
B Lymphocyte	White blood cells that produce antibodies	
Tumour cell	Cells able to divide repeatedly	
Hybridoma cell	Cells made in a lab by fusing antibody specific B-lymphocytes and tumour cells together. Once screened and cloned, they produce monoclonal antibodies.	

## KS4 Biology: B7 Non-communicable diseases

Key term	Definition
Non-communicable diseases	Are <b>not infectious</b> and <b>cannot be passed from one organism to another</b> .
Carcinogen	Agents that <b>cause cancer</b> or significantly increase the risk of developing cancer.
Ionising radiation	Has enough <b>energy</b> to cause <b>ionisation</b> in the material it passes through, which in turn can make them biologically active and may result in <b>mutation</b> and <b>cancer</b>
Correlation	An apparent <b>link</b> or relationship between <b>two factors</b> .
Causal mechanism	Something that explains how one factor influences another.
Mutation	A change in the genetic material of an organism.
Benign tumour	<b>Growths of abnormal cells</b> that are contained in <b>one area</b> , usually within a membrane, and <b>do not invade</b> other tissues.
Malignant tumour	<b>Invade neighbouring tissues</b> and <b>spread to different parts of the body</b> in the blood where they form <b>secondary tumours</b> . They are also known as <b>cancers</b> .



**Health** is the state of being free from **illness** or **disease**. It refers to **physical** and **mental** wellbeing.

Disease and lifestyle **risk factors** such as diet, smoking, alcohol consumption and the use of illegal drugs, can all impact the health of a person.

Some conditions are linked with certain lifestyle choices and **causal mechanisms have been proven**:

- **Liver conditions** associated with poor **diet and prolonged excessive alcohol consumption**.
- **Lung cancer** is linked to **smoking**.
- Memory loss, poor physical health and hygiene are associated with the use of illegal or recreational drugs.
- **Obesity and diabetes** are associated with poor diet.

Impact of disease:

- On families: financial cost if a wage-earner cannot work.
- On Local communities: cost of supporting people wither through taxes or by taking care of affected families.
- On the Nation: expense of treating ill people, loss of money earned when large amount of people are ill.
- Globally: economy suffers especially if young people are ill.
- **Non-communicable diseases affect far more people that communicable diseases so have more impact on human and economic levels.**

To study these risk factors, **samples of the population** have been selected to study the correlations. To select the groups, scientists try to find:

- LARGE SAMPLE GROUPS – the more people the more reliable the data.
- Controls:
  - Age
  - Gender
  - Lifestyle (diet, exercise)

## Cancer

The result of changes in cells that lead to **uncontrolled growth and division**.

### Benign tumour

Usually grow slowly.

Usually grow within a membrane and can be easily removed.

Can cause damage to organs and be life-threatening e.g. brain tumours have no space to grow and can put pressure on the brain.

Does not spread around the body

Does not normally grow back.

### Malignant tumour

Usually grow rapidly.

Cancerous

Cells can break away and cause secondary tumours to grow in other areas of the body.

Can spread around the body, via the bloodstream.

**Causes:** Some **genetic** risk factors e.g. early breast cancer, **mutations from carcinogens** e.g. tar in tobacco or asbestos, **ionising radiation** too much UV light from sunlight and X-rays.

**Treatments:** Radiotherapy which stops mitosis or Chemotherapy which causes cells to self-destruct.

## Smoking

Cigarettes produce around 4000 different chemicals that are inhaled into the throat, trachea and lungs. **150 of these are linked to disease**.

**Nicotine:** addictive.

**Carbon monoxide:** reduces the ability of red blood cells to carry oxygen for respiration.

**Smoking in pregnancy:** reduces the oxygen available for the foetus can lead to:

- Premature birth
- Low birthweight
- Still birth, when the baby is born dead.

**Cilia damage:** cilia become anaesthetised by some of the cigarette chemicals so dirt and mucus not removed from trachea and bronchi leading to increased risk of infection.

**Carcinogens:** tar can cause cancer of throat, larynx, trachea and lungs.

**Tar:** thick sticky black chemical can increase risk of bronchitis and COPD (chronic obstructive pulmonary disease). Can lead to breathlessness and death.

**Heart:** smokers are more likely to have cardiovascular problems, narrowing of blood vessels also causes you to look older.

## Diet, exercise, obesity

If you eat too much, the excess is stored as **fat**.

Being obese can lead to: **type 2 diabetes, high blood pressure and heart disease**.

**Exercise** increases heart fitness and lung capacity. You also get more muscle which does more respiration using more energy from food.

**Type 2 diabetes** cells stop responding to insulin so blood glucose levels rise too high.

**Causes problems in:**

- Circulation
- Kidney function
- Eyesight

**Type 2 diabetes can often be controlled by low carbohydrate diet and exercise.**

## Alcohol

Alcohol is addictive.

After drinking, ethanol is absorbed into the blood and can pass easily into other tissues e.g. the brain.

In small amounts:

- Relaxed, cheerful, reduced inhibitions.

In larger amounts:

- Lack of self-control, lack of judgement.
- Possibly unconsciousness, coma, death.

Longer term addiction:

- Cirrhosis of the liver (scarring of the liver tissue).
- Cancer of the liver.
- Brain damage.

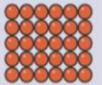
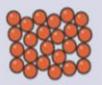
In pregnancy:

- Alcohol can pass through the placenta.
- Can cause miscarriage, stillbirth, premature birth, low birthweight, foetal alcohol syndrome (facial deformities and learning difficulties).

## KS4 Chemistry: C3 Structure and Bonding

### States of matter

The three states of matter are represented by simple models, where particles are shown as solid spheres and no forces are shown

State	Solid	Liquid	Gas
Closeness of particles	Very close	Close	Far apart
Arrangement of particles	Regular pattern	Randomly arranged	Randomly arranged
Movement of particles	Vibrate around a fixed position	Move around each other	Move quickly in all directions
Energy of particles	Low energy	Greater energy	Highest energy
2D diagram			

between these particles (limitations of this model). The amount of energy required to change state depends on the strength of the force between the particles of the substance.

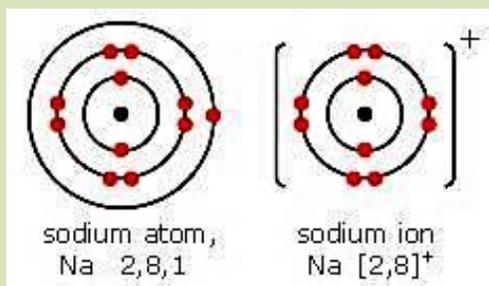
### Ions

All atoms are more stable with a full outer shell of electrons. Some atoms will lose electrons to get a full outer shell: these are metals. Some atoms will gain electrons to get a full outer shell: these are **non metals**.

An ion is an atom with a positive or negative charge, these are formed by an atom gaining or losing electrons.

For example, sodium has one electron in its outer shell, it therefore loses one electron to form a  $\text{Na}^{+1}$  ion.

We represent ions with square brackets around the ion and the charge in the top right corner.

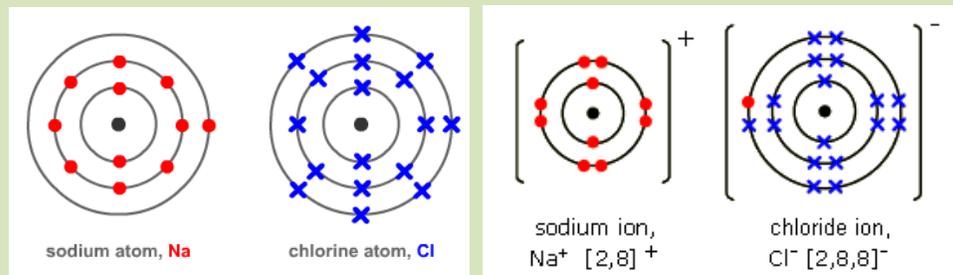


The group number indicates how many electrons an atom would lose or gain to form an ion. e.g. group two elements lose two electrons, forming  $2^{+}$  ions

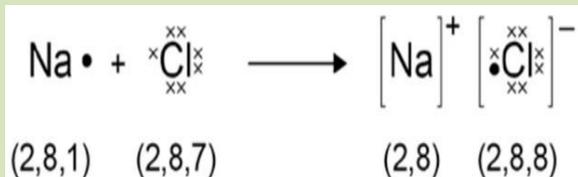
Keyword	Definition
<b>Alloy</b>	a mixture of two or more elements, at least one of which is a metal
<b>Covalent bond</b>	the bond between two atoms that share one or more pairs of electrons
<b>Covalent bonding</b>	the attraction between two atoms that share one or more pairs of electrons
<b>Delocalised electron</b>	bonding electron that is no longer associated with any one particular atom
<b>Dot and cross diagram</b>	a drawing to show only the arrangement of outer shell electrons of the atoms or ions in a substance
<b>Fullerene</b>	form of the element carbon that can exist as large cage-like structures, based on hexagonal rings of carbon atoms
<b>Giant covalent structure</b>	a huge 3D network of covalently bonded atoms, such as the bonding in silicone dioxide
<b>Giant lattice</b>	a huge 3D network of atoms or ions
<b>Intermolecular forces</b>	the relatively weak attraction between the individual molecules in a covalently bonded substance
<b>Ionic bond</b>	the electrostatic force of attraction between positively and negatively charged ions
<b>Metallic bonding</b>	The bonding that occurs in metals, due to the electrostatic force between positive metal ions and negative electrons
<b>Nanoscience</b>	the study of very tiny particles or structures between 1 and 100 nanometres in size, where 1 nanometre = $10^{-9}$ metres
<b>Polymer</b>	a substance made from very large molecules made up of many repeating units

## Ionic Bonding

When a metal atom reacts with a non-metal atom electrons in the outer shell of the **metal atom are transferred to the non metal atom**. This means the metal has a positive charge and the non metal has a negative charge. This means there is an **electrostatic attraction** between the two ions, this is what forms an ionic bond. Both atoms will have a **full outer shell** (this is the same as the structure of a noble gas) see example below of sodium chloride.



**Ion formation:** When a metal atom reacts with a non-metal atom electrons in the outer shell of the metal atom are transferred. Metal atoms lose electrons to become positively charged ions. Non-metal atoms gain electrons to become negatively charged ions.



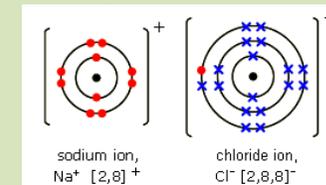
## Formula of Ionic Compounds

In sodium chloride, 1 sodium atom gives an electron to a chlorine atom, therefore the empirical formula is NaCl. However there are some examples where the ratio of atoms is not 1:1. For example when sodium bonds with oxygen, sodium only wants to lose one electron but oxygen needs to gain two. So you need two sodium atoms for every oxygen so the **empirical formula is Na<sub>2</sub>O**.

## Ionic Bonding- Models

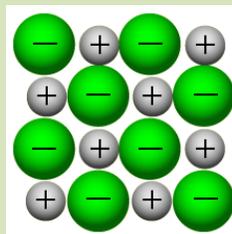
There are a number of ways we can represent ionic bonding all; of these have **advantages and limitations**. For example all the diagrams below show ways we can represent **sodium chloride**

**1. Dot and cross diagrams-** These show clearly how the electrons are transferred. It does not, however, show the 3D lattice structure of an ionic compound or that this is a giant compound.



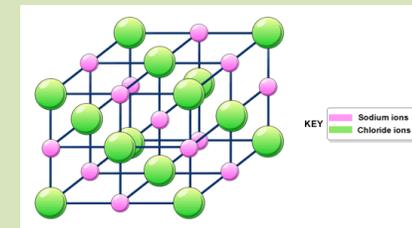
## 2. 2D ball and stick model of ionic bonding

This has the advantage of showing that electrostatic forces happen between oppositely charged ions in an ionic compound. However, does not show the 3D structure of an ionic compound.



## 3. 3D Ball and Stick model of ionic bonding

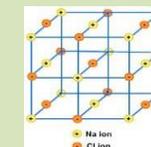
This clearly shows the 3D structure of the **ionic lattice** and how different ions interact with other ions **in all directions** to create an ionic lattice.



## Properties of Ionic compounds

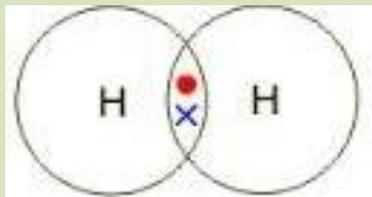
Ionic compounds have **high melting points, due to strong electrostatic forces between the oppositely charged ions**. This means a lot of energy is required to break these bonds. For example the melting point of sodium chloride is 801 °C. Ionic compounds **do not conduct electricity** as a solid. They **do conduct electricity** if they are dissolved in water (aqueous) or in the liquid state. This is because the ions are free to move, carrying the electric charge.

**Ionic Lattice** ionic compounds have **regular structures (giant ionic lattices)** in which there are strong **electrostatic forces** of attraction in all directions between oppositely charged ions.



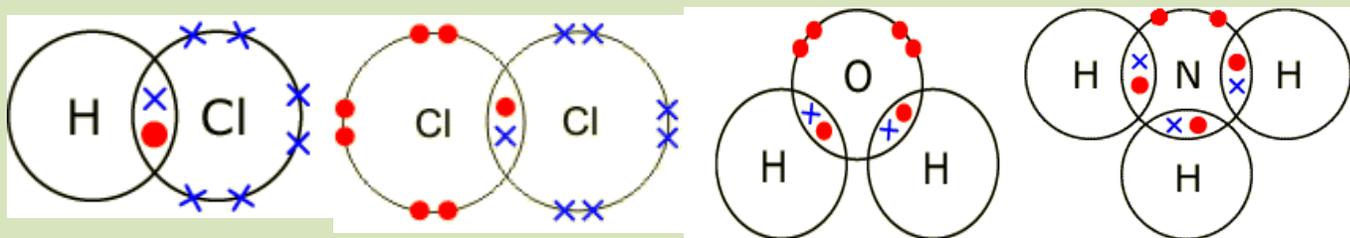
## Covalent Bonding

Covalent bonding occurs between non metals. Electrons are shared between the atoms, so that they have a full outer shell. Covalent bonds are strong and require a lot of energy to break. The simplest example is hydrogen: both hydrogen atoms have one electron in their outer shell. Therefore both hydrogen atoms share one electron each, to give them both a full outer shell, we can show this bond on a dot and cross diagram.

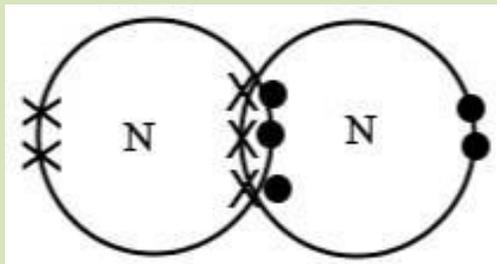
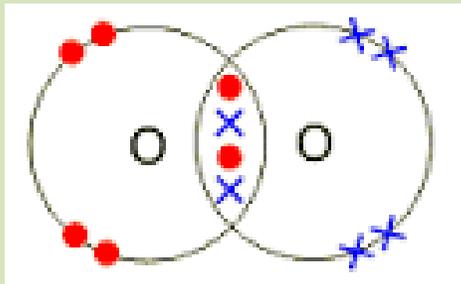


When drawing covalent molecules we use “dot cross diagrams” as we do with ionic compounds. It is important to represent the electrons on one atom with a dot and on the other atom with an X.

The first five examples, **hydrogen, chlorine, water, hydrogen chloride and ammonia (NH<sub>3</sub>)** all share one electron per atom in a to make a full outer shell of electrons on each atom.



Some atoms need more than one electron to give them a full outer shell, for example oxygen needs 2 electrons to complete its outer shell. Oxygen therefore shares two electrons per atom to make a double bond. Nitrogen needs three electrons to complete its outer shell, this forms a triple bond between the two nitrogen atoms, to make a nitrogen molecule.



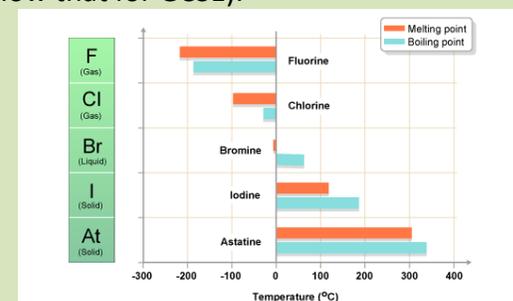
Covalent bonds are strong because there is a attraction between the electrons in the covalent bond and the positively charged nucleus. This means a lot of energy is required to break a covalent bond.

## Properties of Simple Covalent Compounds

Simple covalent compounds have low melting points and are often gases at room temperature, for **example oxygen and carbon dioxide**. Although the covalent bonds between the atoms are strong, the **intermolecular forces between the molecules are weak**. It is **very important to remember that covalent bonds are strong but the intermolecular forces are weak**. This means that only a small amount of energy is required to overcome these weak forces.

The size of the intermolecular force between molecules increases as the molecules get larger. This is because a force called the van der Waals force increases (you do not need to know that for GCSE).

For example as you go down group 7, the boiling points increase because **the molecules get larger**.



As well as having low melting points, covalent compounds **do not conduct electricity**. This is because they have no free electrons or ions and therefore there is nothing to carry the electric charge. Remember pure water does not conduct electricity, only when it has ions dissolved in it will it conduct.

## Additional information

<https://www.bbc.co.uk/bitesize/topics/zq6h2nb>

<https://www.youtube.com/watch?v=YpEQ-NWxKBc>

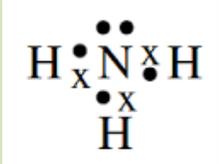
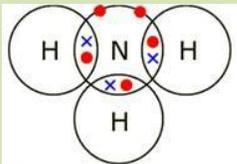
[https://www.youtube.com/watch?v=o\\_jDaUe9p5o](https://www.youtube.com/watch?v=o_jDaUe9p5o)

<https://www.youtube.com/watch?v=9bbCFUyluWg>

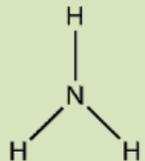
## Representing Covalent Compounds

Like ionic compounds, there are variety of ways that scientists use to represent covalent compounds.

### 1. Dot cross diagram



### 2. Ball and stick model



## Giant Covalent Compounds

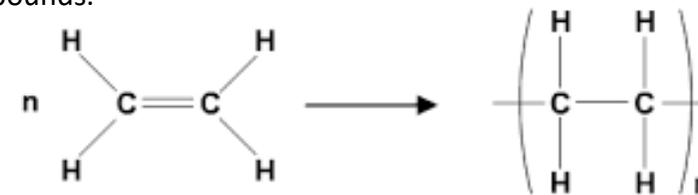
In a giant covalent structure all atoms are bonded to each other by strong covalent bonds. Giant covalent compounds have a **high melting point** because many strong covalent bonds need to be broken and this requires a lot of energy.

There are three examples you need to know, diamond, graphite and silicone dioxide - often called silica (see table)

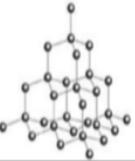
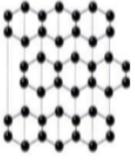
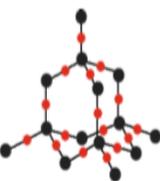
## Polymers

Polymers are large covalent compounds which can be many thousands of atoms in length. They are made from small molecules known as **monomers**.

Rather than drawing out all the atoms in a polymer we draw a **repeating unit** which is the structure of the monomer in square brackets, with a n representing a very large number of atoms. Polymers have higher melting points than smaller covalent compounds like carbon dioxide as the intermolecular bonds are stronger. However the bonds are not as strong as they are in ionic or giant covalent compounds so the melting points are lower than those compounds.

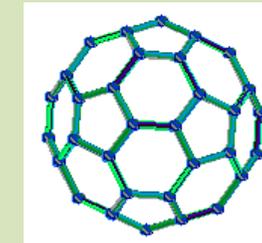
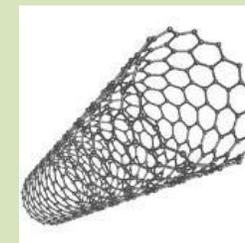


**n = a big number of monomers**

Substance	Diagram	Description	Properties
Diamond		Each carbon is covalently bonded to four other carbons	Very hard, very high melting point, due to strong covalent bonds. Does not conduct electricity – no free electrons/ions.
Graphite		Each carbon is covalently bonded to 3 other carbons, there are weak (non covalent) bonds between the layers.	High melting point, conductor of electricity due to <b>delocalised electrons which can carry a charge</b> . Slippery as layers can slide over each other
Silica		Every silicon atom is bonded to 2 oxygen atoms and vice versa	High melting point

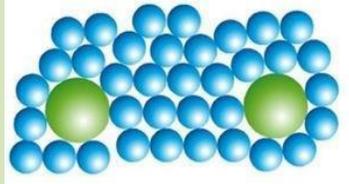
## Graphene and Fullerenes

There are other forms of carbon which have been discovered recently: **graphene is a single layer of graphite** so it is 1 atom thick. Fullerenes are molecules of carbon with hollow shapes. The most famous example is Buckminsterfullerene (C60). Fullerenes have use in drug delivery and as catalysts. Carbon nanotubes are cylinder shaped fullerenes, these are strong and are excellent conductors of both **heat and electricity**.



## Alloys

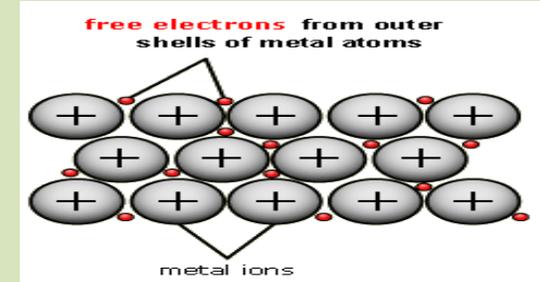
Alloys are mixtures of **2 or more elements, one of which is a metal**. Examples of alloys include brass and steel. Metals are alloyed so that the regular structure of metals is changed and the layers of ions can no longer slide over one another; therefore making it much stronger.



## Metallic Bonding

Metals form giant structures. The metal atoms form a regular pattern and they donate their outer electron to the **“sea of delocalised electrons”**. These electrons are free to move. The 2D structure of metallic bonding looks like this:

This would be the structure of a group 1 metal like sodium, if it were a group 2 metal like magnesium then the charge on the ions would be  $Mg^{2+}$ .



## Nanoparticles

Nanoparticles have a diameter **between 1 nm and 100 nm**, this means they are only a few hundred atoms in size. Nanoparticles have an **extremely large surface area to volume ratio**, this gives them a variety of useful properties.

- The targeted delivery of drugs- they are more easily absorbed into the body and therefore could be used to deliver drugs to specific tissues.
- Making synthetic skin
- Silver nanoparticles have antibacterial properties. These can be used in things like clothing, deodorants and surgical masks.
- Some nanoparticles are electrical conductors, these can be used to make components in very small circuit boards.
- cosmetics, to make them less oily
- sun creams, they provide better protection from UV than conventional sun creams. They also provide better skin coverage.

## Properties of Metals

Metals are **good conductors of electricity**, due to the delocalised electrons, which can carry the electric charge. Metals are also **good conductors of heat** as the free electrons can transfer the heat energy through the metal.

Metals are also **malleable** (bendy) as the layers of ions can easily slide over one another. This means that many pure metals are too soft for uses such as building.

## Reactivity of metals

When a metal reacts it **forms a positive ion**. The easier it is for a metal to form a positive ion, the more reactive it is. This is shown in the reactivity series; you should memorise the position of different elements:

## Dangers on Nanomaterials

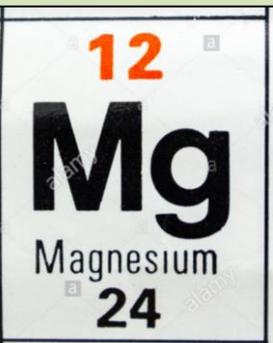
The long term effects of nanomaterials on the body have not been well researched. For example when using sun cream, nanoparticles are absorbed through the skin. The effects of long term exposure to these has not been well researched. Some people believe anything containing nanoparticles should be clearly labelled.

potassium	most reactive	K
sodium		Na
calcium		Ca
magnesium		Mg
aluminium		Al
carbon		C
zinc		Zn
iron		Fe
tin		Sn
lead		Pb
hydrogen		H
copper		Cu
silver		Ag
gold		Au
platinum	least reactive	Pt

# KS4 Chemistry C4 Chemical Calculations (Separate Higher)



Relative atomic mass, Ar.  
This is the large number on the Periodic Table.



Relative formula mass is all the atomic masses in a compound added up.  
E.g.  $\text{CO}_2$  is  $12+16+16 = 44$

$$\text{percentage atom economy} = \frac{\text{relative formula mass of the desired product from equation}}{\text{sum of the relative formula masses of the reactants from equation}} \times 100\%$$

Further Reading:

<https://www.youtube.com/watch?v=q49NwlrjaFw&safe=active>  
<https://www.youtube.com/watch?v=eAibVvhmsK0&safe=active>  
<https://www.youtube.com/watch?v=jGnG0l3w63g&safe=active>

$$\begin{aligned} \text{\% atom economy} &= \frac{\text{relative formula mass of the desired product from equation}}{\text{sum of the relative formula masses of the reactants from equation}} \times 100\% \\ &= \frac{M_r(2\text{PbO})}{[M_r(2\text{PbS}) + M_r(3\text{O}_2)]} \times 100\% \\ &= \frac{2 \times (207 + 16)}{[2 \times (207 + 32)] + [3 \times (16 \times 2)]} \times 100\% \\ &= \frac{446}{(478 + 96)} \times 100\% \\ &= 77.7\% \end{aligned}$$

Concentration is a measure of how many particles there are.  
High concentration means lots of particles, low concentration means less.

The yield of a chemical reaction describes how much of the desired product was made.  
The percentage yield compares that amount to the total amount of product that was calculated to be the maximum possible, and expresses it as a %.

The yield is affected by ...  
How much product is left in the beaker,  
Reactions not fully completing,  
Impurities making other products,  
Product left in other equipment and on filter papers.

$$\text{Concentration} = \frac{\text{mass (in g)}}{\text{volume (in dm}^3\text{)}}$$

$$\text{Concentration} = \frac{\text{mass (in g)}}{\text{volume (in cm}^3\text{)}} \times 1000$$

$$\text{Mass} = \text{concentration} \times \text{volume}$$

$$\begin{aligned} \text{Percentage yield} &= \frac{\text{actual mass of product made}}{\text{calculated theoretical maximum amount possible}} \times 100 \\ \text{This can be simplified to } \text{Percentage yield} &= \frac{\text{actual mass}}{\text{theoretical mass}} \times 100 \end{aligned}$$

E.g. If it was calculated that 56 tonnes of calcium oxide was to be made and only 45 tonnes were made  
Percentage yield =  $(45/56) \times 100 = 80\%$



**Diluted** ←————→ **Concentrated**

Few drink particles.  
Lots of water particles.  
Low drink concentration.  
High water concentration

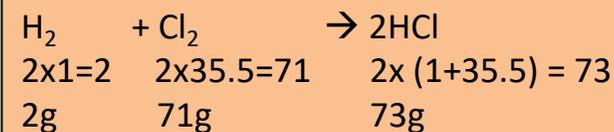
Concentration is measured in  $\text{g/dm}^3$

Lots of drink particles.  
Few water particles.  
High drink concentration.  
Low water concentration

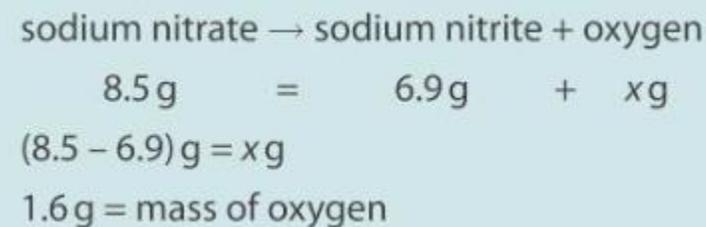
Chemical equations need to be balanced so we can compare the amounts (number of moles) of each substance used or created.

Balanced symbol equations are used to calculate the mass of reactants and the mass of products in reactions.

You can also work out the balanced symbol equation from the masses used in the reaction.



You can also work of the balanced symbol equation from the masses used in the reaction. E.g. ...



Calculate RFM and divide the mass by it to get number of moles. E.g. ...

$$\begin{array}{l} \text{moles of NaNO}_3 = \frac{8.5}{85} = 0.1 \text{ mol} \\ \text{moles of NaNO}_2 = \frac{6.9}{69} = 0.1 \text{ mol} \\ \text{moles of O}_2 = \frac{1.6}{32} = 0.05 \text{ mol} \end{array}$$

8.5g = 6.9g + 1.6g If we divide all of them by 8.5 ...  
 1g = 0.8g + 0.2g If we multiplied all by 5 ...  
 5g = 4.1g + 0.9g

### Balancing Chemical Equations

hydrogen + oxygen → water

Word equations only show: reactants → products

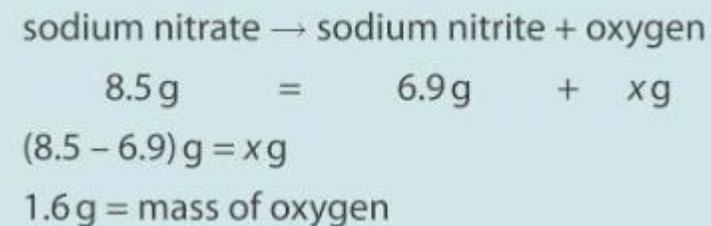
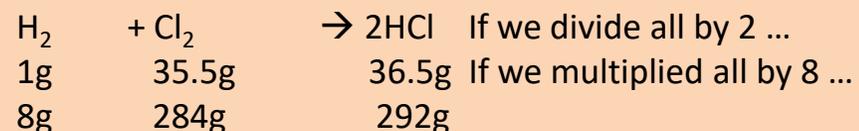
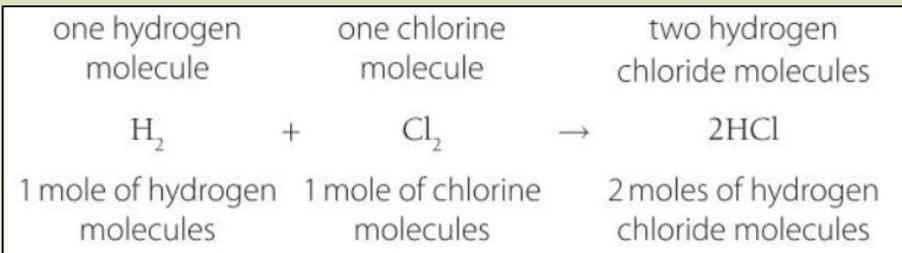
A balanced symbol equation shows the number of molecules of reactants and products

$$2\text{H}_2 + \text{O}_2 \rightarrow 2\text{H}_2\text{O}$$

Formula of reactants and products cannot change - which is why we balance the equation!

2 molecules of hydrogen, 1 molecule of oxygen, 2 molecules of water

There are 4 H atoms and 2 O atoms on each side of the balanced equation



Balanced equations are used to compare the formula mass of the desired product, and compare it to the formula mass of all the products made, including waste products.

Titration required practical

### Balancing Chemical Equations

hydrogen + oxygen → water

Word equations only show: reactants → products

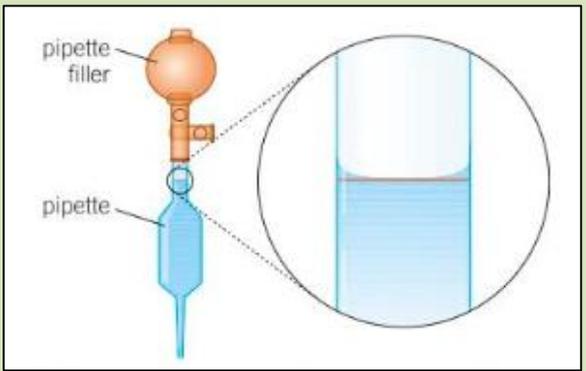
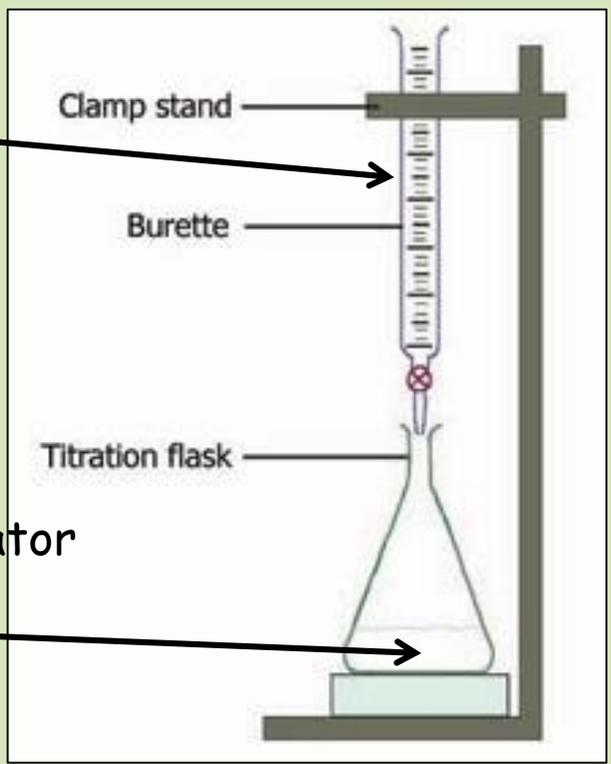
A balanced symbol equation shows the number of molecules of reactants and products

$$2\text{H}_2 + \text{O}_2 \rightarrow 2\text{H}_2\text{O}$$

Formula of reactants and products cannot change - which is why we balance the equation!

2 molecules of hydrogen + 1 molecule of oxygen = 2 molecules of water

There are 4 H atoms and 2 O atoms on each side of the balanced equation



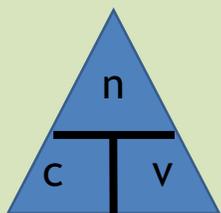
You can measure the exact amount of acid needed to neutralise an alkali using titration. The end point is the neutral colour shown by the indicator e.g. universal indicator goes green.

The exact amount of alkali can be measured with a pipette (fixed volume) and the exact amount of acid can be measured with a burette.

- To calculate the concentration of a solution in mol/dm<sup>3</sup>, given the mass of solute in a certain volume:
- Calculate the mass (in grams) of solute in 1 cm<sup>3</sup> of solution.
  - Calculate the mass (in grams) of solute in 1000 cm<sup>3</sup> of solution.
  - Convert the mass (in grams) to moles.

Firstly do a rough run to get an idea of how much acid is needed. Then repeat until 3 concordant results have been obtained. Each result is called a titre. Concordant results are within 0.1cm<sup>3</sup>.

# Titration calculations SS only



Number of moles = n, volume = v, concentration c

Number of moles = volume(dm<sup>3</sup>) × concentration (mol/dm<sup>3</sup>)

concentration (mol/dm<sup>3</sup>) =  $\frac{\text{Number of moles}}{\text{volume(dm}^3\text{)}}$



A certain volume of gas always contains the same number of molecules of gas.  
1 mole of ANY gas is 24 dm<sup>3</sup> (24 000 cm<sup>3</sup>).  
This fact and a balanced symbol equation are used to calculate volumes of gases.

This applies at room temperature and pressure (also written as rtp), 20degC and 1atm.

STEP 1: You will need to write a balanced symbol equation.  
STEP 2: Determine the 'mole ratio' between acid and alkali using the balanced equation e.g. "The balanced equation tells us that 1 mole of acid reacts with 1 moles of alkali".  
STEP 3: Split the page into 2 sections and write in all the values you know:

<u>Acid</u>	<u>Alkali</u>
n = C x V = Calculate	n = ? Step 4
C = Given	C = ? Step 5
V = Average titre in dm <sup>3</sup>	V = Given in dm <sup>3</sup>

STEP 4: Use the 'mole ratio' to find the value for n of the unknown solution.  
STEP 5: Calculate alkali concentration and Fill in the results for the alkali.

If an air bag is inflated by 70.0g of nitrogen, N<sub>2</sub>, what volume is that?  
Number of moles = mass/formula mass = 70.0/28 = 2.5  
Volume = number of moles x 24 = 2.5 x 24 = 60 dm<sup>3</sup>

Na =23, N=14  
Formula mass of NaN<sub>3</sub> = 23 + (14 x 3) = 65

If only 48 dm<sup>3</sup> were needed and the following reaction made the nitrogen...

Number of moles nitrogen = volume/24 = 48/24 = 2 moles.

But the equation uses 3 moles, so ..  
Divide all by 3 ...  
 $\frac{2}{3}\text{NaN}_3 \rightarrow \frac{2}{3}\text{Na} + \text{N}_2$   
and multiply all by 2 ...  
 $\frac{4}{3}\text{NaN}_3 \rightarrow \frac{4}{3}\text{Na} + 2\text{N}_2$

This means that mass of NaN<sub>3</sub> needed is ...  
Mass = moles x formula mass = 4/3 x 65 = 86.7g

STEP 1: 2NaOH(aq) + H<sub>2</sub>SO<sub>4</sub>(aq) → Na<sub>2</sub>SO<sub>4</sub>(aq) + 2H<sub>2</sub>O(l)  
STEP 2: "The balanced equation tells us that 1 mole of acid reacts with 2 moles of alkali".  
STEP 3: Split the page into 2 sections and write in all the values you know:

<u>Acid</u>	<u>Alkali</u>
n = C x V = (2x0.0123) = 0.0246	n = ? = 0.0492
C = 2M	C = ? = 0.0492/0.0250=1.968
V = (12.3cm <sup>3</sup> /1000)= 0.0123	V = (25.0cm <sup>3</sup> /1000)= 0.0250

STEP 4: Use the 'mole ratio' to find the value for n of the unknown solution, in this case 0.0246 moles of acid reacts with 2x 0.246 moles of alkali  
STEP 5: Calculate alkali concentration and fill in the results for the alkali.

Lots of neutralisation reactions will be a 1:1 ratio so number of moles and acid and alkali will be the same. In this case the number of moles of sulphuric acid is half that of sodium hydroxide.

$$\text{number of moles of gas} = \frac{\text{volume of gas (dm}^3\text{)}}{24 \text{ dm}^3}$$

## KS4 Chemistry – C5 Chemical Changes

### Reactivity Series

A list of metals in order of how reactive they are:

Some metals are *very reactive* (at the top) and react easily in chemical reactions. E.g.

Sodium

Some metals are *unreactive* (at the bottom) and do not react easily or at all in reaction

e.g. gold

Further reading:

[https://www.youtube.com/watch?v=KTmXEiiU\\_Go&safe=active](https://www.youtube.com/watch?v=KTmXEiiU_Go&safe=active)

<https://www.bbc.co.uk/bitesize/topic/s/zcdj97h>

<https://www.bbc.co.uk/bitesize/topic/s/zcdj97h>

### How to remember the Reactivity Series?

<b>P</b> lease	<b>P</b> otassium	
<b>S</b> top	<b>S</b> odium	
<b>C</b> alling	<b>C</b> alcium	
<b>M</b> e	<b>M</b> agnesium	
<b>A</b>	<b>A</b> luminium	
<b>C</b> areless	<b>(C)</b> arbon	
<b>Z</b> ebra	<b>Z</b> inc	
<b>I</b> nstead	<b>I</b> ron	
<b>T</b> ry	<b>T</b> in	
<b>L</b> earning	<b>L</b> ead	
<b>H</b> ow	<b>(H)</b> ydrogen	
<b>C</b> opper	<b>C</b> opper	Most reactive
<b>S</b> aves	<b>S</b> ilver	
<b>G</b> old	<b>G</b> old	Least reactive

### Displacement Reactions

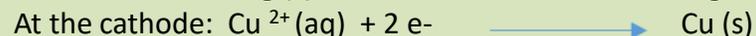
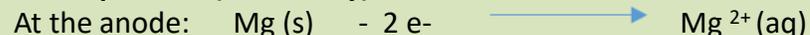
Displacement reactions involve a metal and a compound of a different metal; the more reactive metal *displaces* (pushes out) the less reactive metal from its compound:



### Ionic Equations (H tier only)



### Half Equations (H tier only)



Keyword	Definition
Acid	An acid has a pH value of less than 7
Alkali	Its solution has a pH value more than 7
Base	A soluble alkali that forms a salt when it reacts with an acid
Displacement reaction	When a more reactive metal replaces a less reactive metal in a compound
Electrolysis	The breakdown of a substance containing ions by electricity
Indicator	A substance that changes colour when added to acids or alkalis
Insoluble	Does not dissolve in water
Neutralisation	The reaction of an acid with a base producing salt and water
Ore	Rock which contains enough metal to make it economically worth extracting
Oxidation	The reaction when oxygen is added to a substance or electrons are lost
pH Scale	A number which shows how strongly acid or alkaline and solution is
Reduction	A reaction in which oxygen is removed or electrons are gained
Salts	A compound formed when some of the H in an acid is replaced by a metal
Soluble	Dissolves in water
Reactivity Series	A list of metals showing how reactive they are
Half Equation	An equation that describes the gain or loss of electrons
Ionic Equation	An equations that shows only those ions or atoms that change in a chemical reaction
Strong Acid	An acid that completely dissociated into ions in solution e.g. nitric acid
Weak Acid	An acid that is only partly ionized e.g. ethanoic acid

### Reduction of metals by carbon and hydrogen

The oxides of metals below carbon in the series can be reduced by carbon

Metal oxide + carbon  $\longrightarrow$  metal + carbon dioxide

e.g. lead oxide + carbon  $\longrightarrow$  lead + carbon dioxide



### Making Salts

There are various ways salts can be made. You need to know the products.

Acid + metal  $\longrightarrow$  salt + Hydrogen

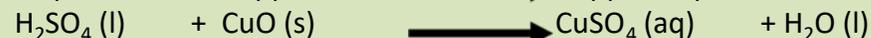
Acid + Base  $\longrightarrow$  salt + Water

Acid + Alkali  $\longrightarrow$  salt + Water

Acid + metal carbonate  $\longrightarrow$  salt + water + Carbon dioxide

### Making a copper salt – this is a required practical

Sulphuric acid + copper oxide  $\longrightarrow$  copper sulphate + water



Method:

Add EXCESS insoluble copper oxide to sulphuric acid and stir

Warm gently on a tripod – the solution will turn blue

Filter off excess copper oxide

Evaporate the water so that crystals of copper sulphate start to form

Stop heating when you have evaporated about half the water and allow the rest of the water to evaporate off naturally

### Names of Salts

The acid used provides the negative ions present in all salts.

Hydrochloric acids make salts called *chlorides*

containing  $\text{Cl}^-$  ions

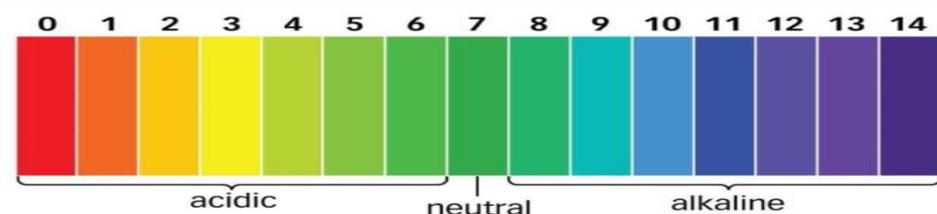
Sulphuric acid  $\text{H}_2\text{SO}_4$  makes *sulphates* containing  $\text{SO}_4^{2-}$  ions

Nitric acid  $\text{HNO}_3$  makes *nitrates* called  $\text{NO}_3^-$  ions

**OILRIG** is a useful way of remembering:

Oxidation Is Losing

Reduction Is Gaining (electrons)



### pH Scale

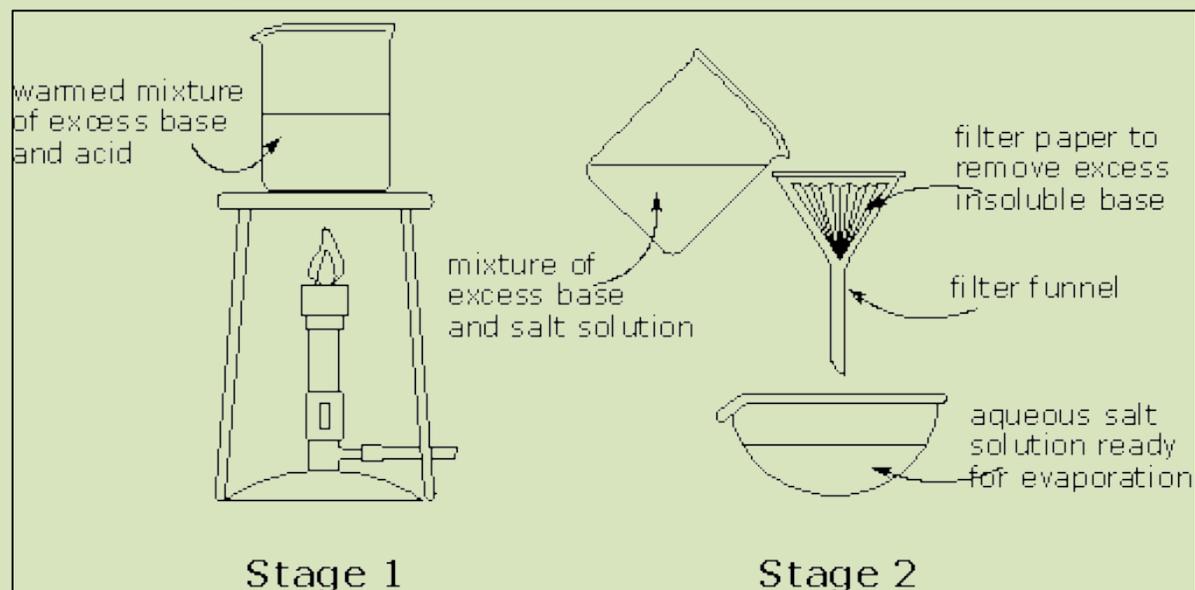
Universal Indicator changes colour depending on the pH of a solution.

Acids can be dilute (lots of water) or concentrated (less water)

Weak Acids e.g. citric acid are not harmful even when in concentrated solutions

Strong acids e.g. hydrochloric acid can be harmful even when diluted

### Making a salt from a metal carbonate is also a required practical



## Electrolysis

When an ionic compound is melted or dissolved in water, the ions are free to move about within the liquid or solution (electrolyte). Electrolytes can conduct electricity.

If an electric current is passed through this solution the ions will move to the electrodes.

**Opposites attract.**

Positive ions (cations) will go to the negative electrode (cathode)

Negative ions (anions) go to the positive electrode (anode).

For example in the electrolysis of lead bromide, Lead ( $\text{Pb}^{2+}$ ) goes to the negative electrode and bromine ( $\text{Br}^-$ ) goes to the positive electrode.

### Links to Further Reading:

<https://www.youtube.com/watch?v=AhTRiL6xjBA&safe=active>

<https://www.bbc.co.uk/bitesize/guides/zpxn82p/revision/1>

### Electrolysis of Copper Sulphate

Which elements form at which electrode depends on the **reactivity** of the elements involved. For example, in the electrolysis of aqueous copper sulphate is the electrolysis of copper sulphate, however there are also  $\text{H}^+$  and  $\text{OH}^-$  ions from the water which is used as the solvent. This means there is more than one possible ion that can go to each electrode.

**Positive ions:** sodium ( $\text{Cu}^{2+}$ ) and hydrogen ( $\text{H}^+$ )

**Negative ions:** sulphate ( $\text{SO}_4^{2-}$ ) and hydroxide ( $\text{OH}^-$ )

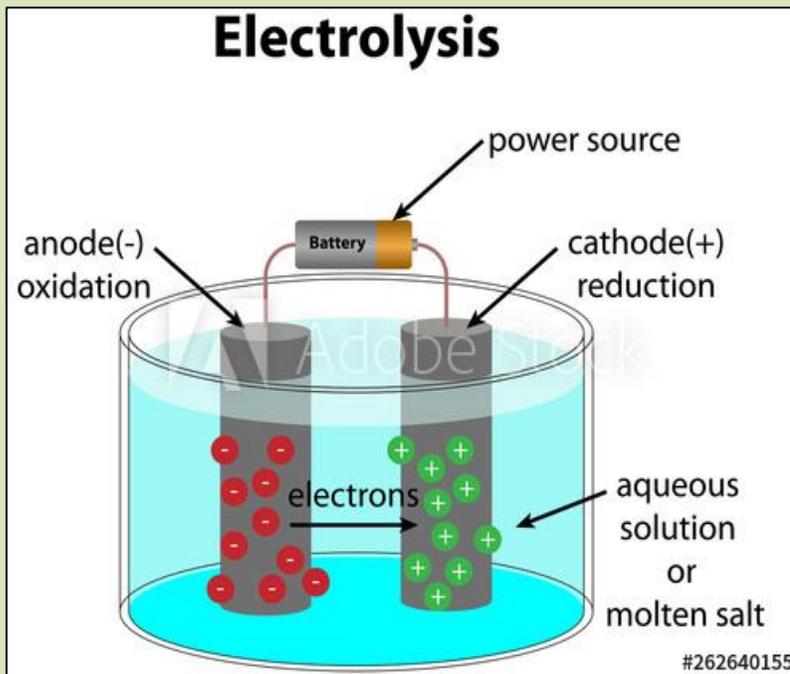
Copper is **less reactive** than hydrogen, so copper (Cu) is produced at the negative electrode.

The half equation is:  $\text{Cu}^{2+} + 2\text{e}^- \rightarrow \text{Cu}$

The hydroxide ion is more reactive than the sulphate ion, therefore this **forms water ( $\text{H}_2\text{O}$ ) and oxygen** at the positive electrode.

The half equation is:  $4\text{OH}^- \rightarrow \text{O}_2 + 2\text{H}_2\text{O} + 4\text{e}^-$

Key Term	Definition
Electrolysis	The breaking down of a substance using electricity
Electrolyte	The solution which is being broken down during electrolysis
Oxidation	The loss of electrons
Reduction	The gain of electrons
Anode	The positive electrode
Cathode	The negative electrode
Half Equation	An equation that shows the reaction at each electrode



### Remember OILRIG – Oxidation is Losing, Reduction Is Gaining (electrons)

When a positive ion reaches the negative electrode, it gains electrons. This is a reduction reaction.

When the negative ion reaches the positive electrode, it loses electrons, this is an oxidation reaction.

**We can represent these using half equations** A half equation can represent the reaction at each electrode.

Half equations show how electrons are transferred and an electron is represented in an equation by an  $\text{e}^-$  symbol

Half equations show electrons ( $\text{e}^-$ ) and how ions become atoms. For example  $\text{Cu}^{2+} + 2\text{e}^- \rightarrow \text{Cu}$ .

1. Write down the ion and atom:  $\text{Cl}^- \rightarrow \text{Cl}_2$
2. Adjust the number of ions (if needed) and add electrons to balance the charges if required  $2\text{Cl}^- \rightarrow \text{Cl}_2 + 2\text{e}^-$

**Remember that non-metal ions will typically form diatomic molecules.**

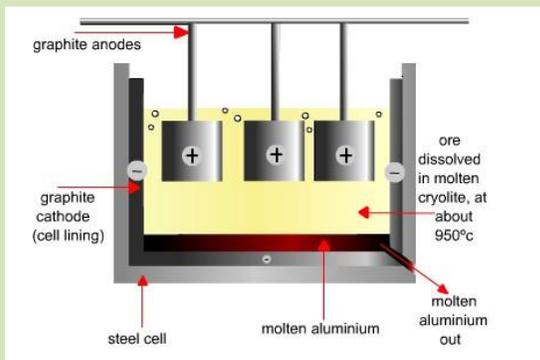
### Extracting Aluminium from bauxite

Aluminium oxide is dissolved in molten cryolite .  
 Cryolite reduces the melting point of aluminium oxide so the process requires less energy.  
 Aluminium ions ( $\text{Al}^{3+}$ ) are attracted to the negative electrode.  
 Aluminium atoms are formed at the negative electrode (gain 1 electron)  
 Oxide ions are attracted to the positive electrode  
 Oxygen is formed at the positive electrode (each ion loses 2 electrons)  
 Oxygen reacts with carbon to make carbon dioxide. This electrode needs to be replaced constantly.

#### At the negative electrode:



#### At the positive electrode



### Electrolysis of Brine – required practical

Which elements form at which electrode depends on the **reactivity** of the elements involved.

The electrolysis of brine is the electrolysis of a solution of sodium chloride so there are also  $\text{H}^+$  and  $\text{OH}^-$  ions from the water which is used as the solvent. This means there is more than one possible ion that can go to each electrode.

- **Positive ions:** sodium ( $\text{Na}^+$ ) and hydrogen ( $\text{H}^+$ )
- **Negative ions:** chlorine ( $\text{Cl}^-$ ) and hydroxide ( $\text{OH}^-$ )

When there is a mixture of ions, the products formed depend on the reactivity of the elements involved.

Hydrogen is less reactive than sodium, so hydrogen gas ( $\text{H}_2$ ) is produced at the negative electrode.

Chlorine gas ( $\text{Cl}_2$ ) is produced at the positive electrode.

Sodium hydroxide is produced from the ions that remain in solution.

### Rules if there is more than one positive or negative ion present

If there are 2 positive ions present, the least reactive element gets discharged

If there are 2 negative ions present the halogen (if present) will be discharged first.

### Types of ions

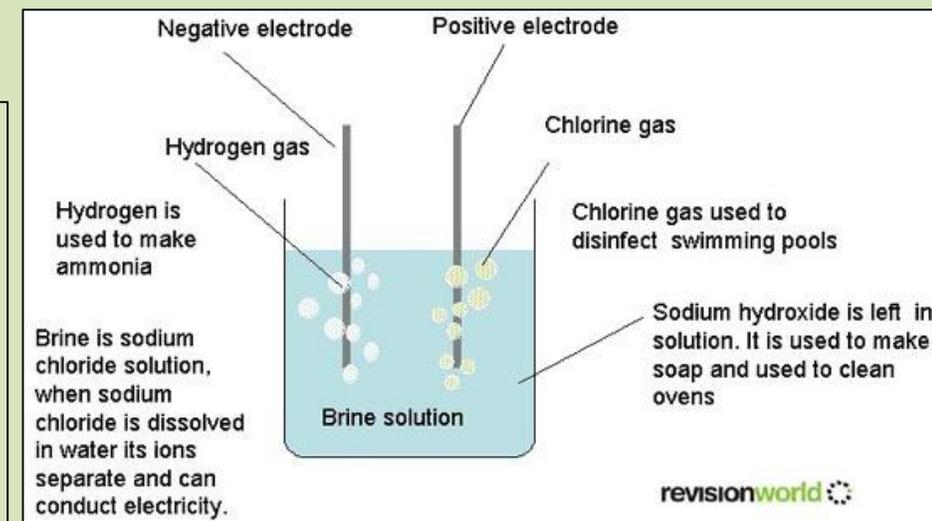
Metals and hydrogen form positive ions e.g.  $\text{H}^+$ ,  $\text{Na}^+$ ,  $\text{Mg}^{2+}$ ,  $\text{Al}^{3+}$   
 Non-metals from negative ions e.g.  $\text{O}^{2-}$ ,  $\text{Cl}^-$ ,  $\text{OH}^-$

The formula of the compound formed depends on the charges on the ions and the number of positive and negative ions needed to form a neutral compound.

### Gas Tests

During electrolysis the products made are often gases. Below are the tests for three common gases you need to know

Gas	Test	Result
Hydrogen	Place a lit splint into the gas	If a squeaky pop is heard hydrogen is present
Oxygen	Place glowing splint into gas	If splint is relighted then oxygen is present
Chlorine	Damp litmus paper placed in gas	If paper bleaches chlorine is present
Carbon Dioxide	Bubble the gas through limewater	If the limewater goes cloudy carbon dioxide is present



# KS4 Physics: Energy transfer

## Types of energy store

-  **Kinetic energy store** ➤ Energy stored by moving objects
-  **Sound energy store** 
- Light energy store**
-  **Elastic potential energy store** ➤ Energy stored in compressed springs or stretched elastic bands
-  **Thermal energy store**
-  **Gravitational potential energy store** ➤ Energy stored by lifting something against the force of gravity
-  **Electrical energy store**
-  **Chemical energy store** ➤ Energy stored in chemical bonds examples include batteries, coal, gas, and food. Released by chemical reactions.
-  **Nuclear energy store**
-  **Magnetic energy store**

Energy is measured in Joules (J)

Energy can be transferred:

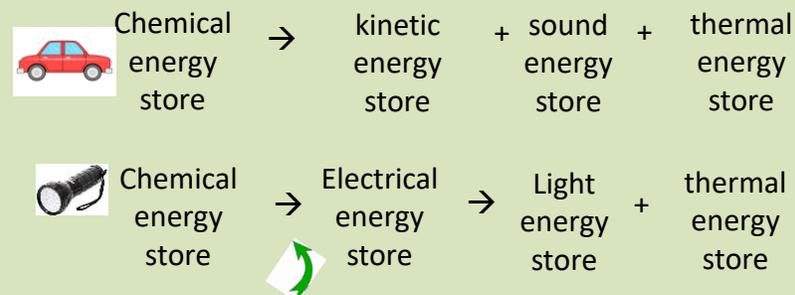
**Mechanically** when work is done by a force

**Electrically** when a moving charge does work

By **Heating** when energy is transferred from a hot object to a cooler one

## Energy transformations

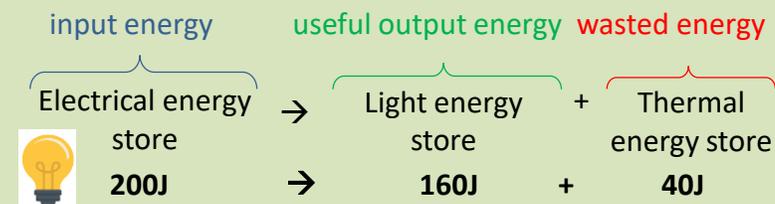
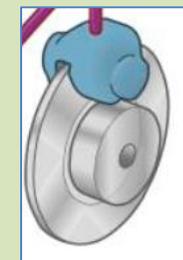
Energy transformations describe how energy transforms from one form to another.



The arrow means transforms into

Key words	
<b>Power</b>	The amount of energy transferred per second measured in Watts (W).
<b>Work (work done)</b>	The energy transferred by a force. <b>Work done</b> means <b>Energy transferred</b>
<b>Conservation of energy</b>	Energy can not be created or destroyed, only transformed from one form to another.
<b>Energy dissipation</b>	Energy transferred to the surroundings, usually as thermal energy or sound.
<b>Friction</b>	A force the opposes the motion of an object.
<b>Efficiency</b>	The proportion energy transferred in a useful way. Given as a percentage, decimal of fraction.
<b>A system</b>	An object or group of objects – In a closed system the energy before and after energy transformations always remain the same.

**Friction:** When you apply the brakes in a car, the brake pads do work on the brake disks causing the wheel's kinetic energy store to transfer to the thermal energy store of the brake disks, resulting in the car slowing down.



# Orders of Magnitude:

1W	1W	Watt	1
1KW	1,000W	Kilo Watt	1x10 <sup>3</sup>
1MW	1,000,000W	Mega Watt	1x10 <sup>6</sup>
1GW	1,000,000,000W	Giga Watt	1x10 <sup>9</sup>



**Example Calculation:** Calculate the work done if a person lifts a 10N weight 1.5m off the ground?

Work done = Force x distance

$$W = F \times d$$

$$W = 10 \times 1.5$$

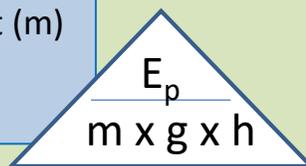
$$W = \underline{15J}$$



Always write out the equation you will use, substitute in the numbers, calculate the answer and give the unit

Gravitational potential energy (J) = mass (Kg) x gravitational field strength (N/Kg) x height (m)

$$E_p = m g h$$



Energy stored in a spring (J) = ½ x Spring constant (N/m) x extension<sup>2</sup> (m)

$$E_e = \frac{1}{2} k x^2$$

Kinetic energy (J) = ½ x mass (Kg) x velocity<sup>2</sup> (m/s)

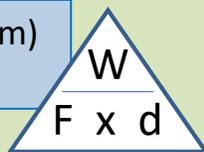
$$E_k = \frac{1}{2} m v^2$$

$$\text{Efficiency} = \left( \frac{\text{Useful power output}}{\text{Total power input}} \right) \times 100$$

$$\text{Efficiency} = \left( \frac{\text{Useful energy output}}{\text{Total energy input}} \right) \times 100$$

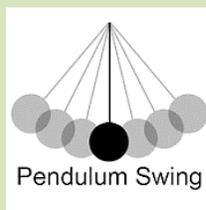
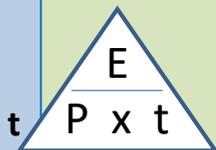
Work done (J) = Force (N) x distance (m)

$$W = F \times d$$



Power (W) = Energy (J) / Time (s)

$$P = \frac{E}{t}$$



**Energy dissipation:** A pendulum eventually comes to rest as energy is transferred to the surrounding. Energy is dissipated as heat caused by friction and air resistance.

**Energy dissipation:** When a ball falls, its gravitational potential energy store decreases and its kinetic energy store increases. When it bounces some energy is transferred to the thermal energy store of the ball and ground. Eventually the original energy is transferred to the thermal energy store of the surroundings



E Energy

P Power

g gravitational field strength

E<sub>k</sub> Kinetic energy

E<sub>p</sub> Gravitational potential energy

E<sub>e</sub> Elastic potential energy

F Force

d distance

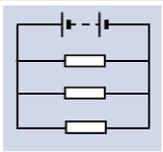
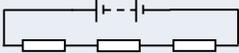
t time

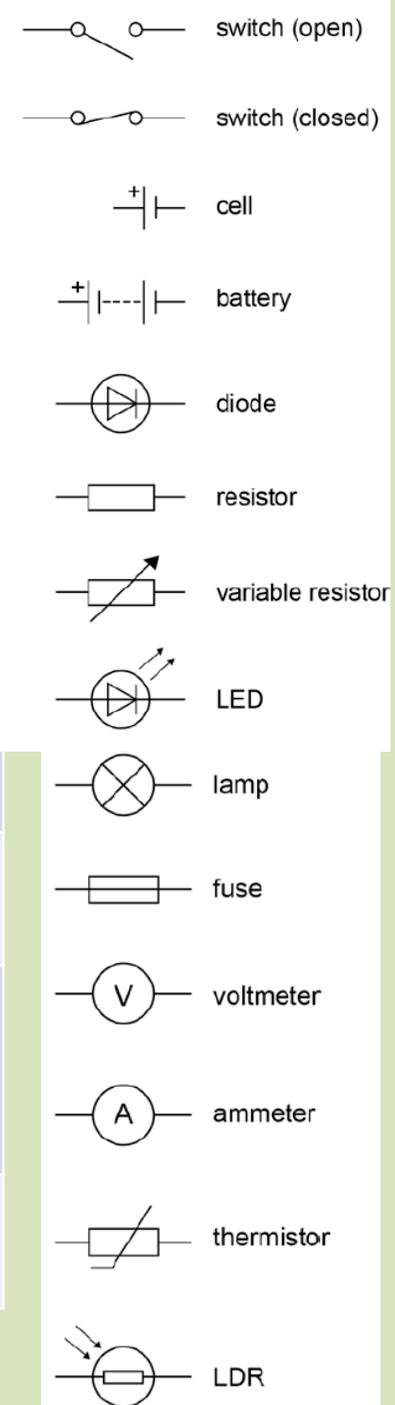
v velocity

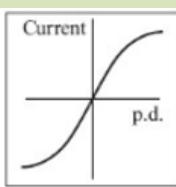
x extension

h height

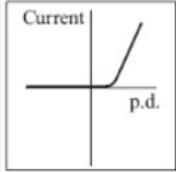
## KS4 Physics: Electrical circuits

Key words	
<b>Current</b>	<p>The flow of charge. Negatively charged electrons flow in the wire.</p> <p>The current (I) through a component depends on both the resistance (R) of the component and the potential difference (V) across the component. The greater the resistance of the component the smaller the current for a given potential difference (pd) across the component.</p>
<b>Charge</b>	<p>Charge is a property of a body which experiences a force in an electric field. Charge is measured in coulombs (C).</p>
<b>Potential difference (Voltage)</b>	<p>A measure of the difference in electrical energy between two parts of a circuit. Measured in Volts. It tells us how many joules of energy is transferred by each coulomb of charge.</p> <p><i>You will only ever be asked about <b>potential difference</b> in exam questions however most equations refer to voltage. So for your GCSEs remember <b>voltage</b> is the <u>same</u> as <b>potential difference</b></i></p>
<b>Resistance</b>	<p>The wires and the other components in a circuit reduces the flow of charge through them. This is called resistance. Resistance is measured in Ohms.</p>
<b>Parallel circuits</b> 	<p>In parallel circuits, electrical components are connected alongside one another, forming extra loops. When two components are connected in parallel, an individual charge will flow through one of the components only, not both.</p>
<b>Series circuits</b> 	<p>When components are connected in series a charge will flow through all the components in the circuit</p>

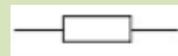
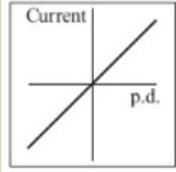




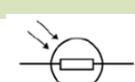
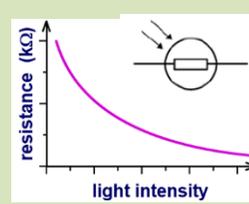
**Filament bulb:** As you pass a voltage across a filament lamp, the filament wire gets hotter. This causes the ions in the wire to vibrate faster making it harder for electrons to flow, increasing the resistance. As you increase the voltage the current increases but at a decreasing rate.



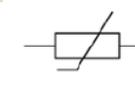
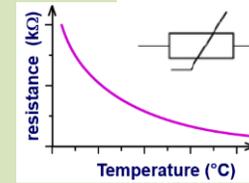
**Diode:** Diodes only allow current to flow in one direction. In the other direction they have an extremely high resistance



**Resistor:** For a resistor at a constant temperature current is directly proportional to voltage. The resistance remains constant.

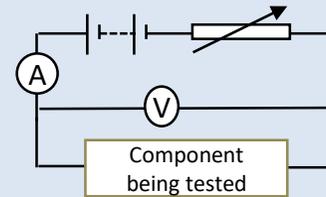


**Light dependent resistor (LDR):** As the light intensity increases the resistance of an LDR decreases. They are often used as light sensors.

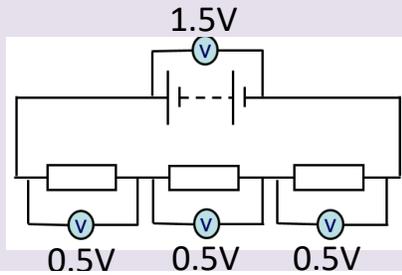
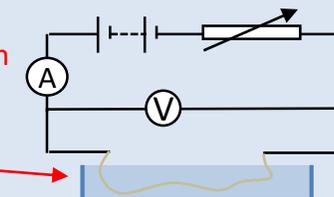


**Thermistor:** As the temperature of a thermistor increases the resistance decreases. They are often used in thermostats and temperature sensors.

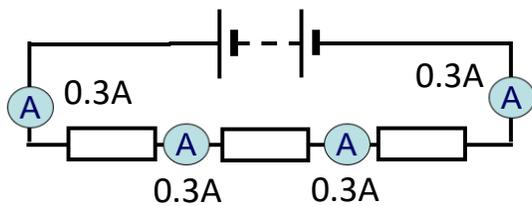
**Required practical 4** – investigate the how potential difference affects current for a diode, filament lamp and resistor at constant temperature.



Through of water with wire submerged to maintain a constant temperature



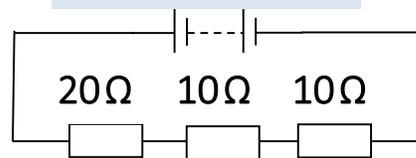
**In Series**  
Potential difference is shared across each component depending on the resistance of each component



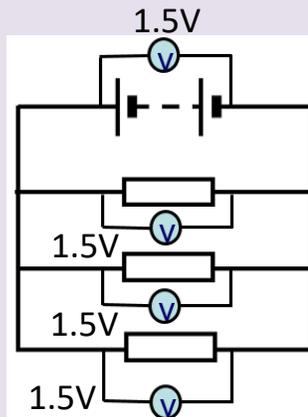
Current is the same every where in the circuit

When **resistors** are connected in **series** the total resistance of the circuit is the sum of their resistances.

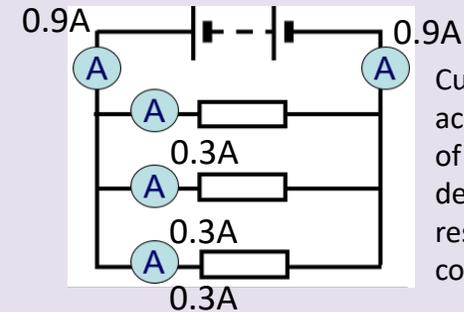
$$R_T = R_1 + R_2 + R_3$$



$$\text{total resistance} = 20 + 10 + 10 = 40 \Omega$$



**In Parallel**  
Potential difference the same across each branch of the circuit



Current is shared across each branch of the circuit depending on the resistance of each component

When **resistors** are connected in **parallel**, then the total resistance of the circuit decreases. Even though you have added another resistor, you have given more pathways for current to flow, thus reducing the overall resistance.

$$Q = I t$$

Charge = current x time

$\frac{Q}{I \times t}$

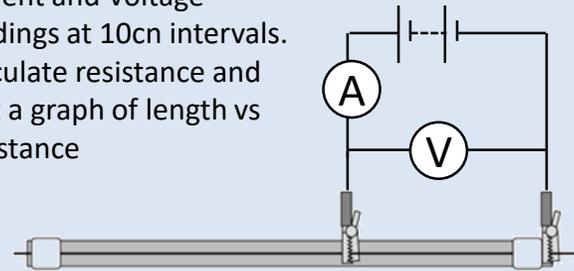
$I = \frac{Q}{t}$

This equation helps us understand current, current is the amount of charge passing a point in a given time (1 Amp = 1 coulomb per second)

**Required practical 3**  
 How does length of a wire affect its resistance

IV – length of wire  
 DV – current and voltage (to calculate resistance)  
 CVs – cross sectional area of wire, temperature of wire, input voltage

Attach a piece of resistance wire to a meter rule. Take current and Voltage readings at 10cm intervals. Calculate resistance and plot a graph of length vs resistance



$$V = I R$$

Voltage = current x Resistance

Potential difference (V, Volts)      (A, Amps)      (Ω, Ohms)

$\frac{V}{I \times R}$

$$V = \frac{E}{Q}$$

Potential difference Voltage = Energy Charge

(V, Volts)      (J, Joules)      (C, Coulombs)

$\frac{E}{V \times Q}$

This equation helps us understand voltage, it tells us that voltage is the amount of energy per coulomb of charge

**Symbols to remember:**  
**V** Voltage or Potential difference  
**I** Current  
**P** Power  
**R** Resistance  
**t** Time  
**E** Energy

Power, Current, Voltage

$$P = I \times V$$

Power = current x Voltage

(W, Watts)      (A, Amps)      (V, Volts)

$\frac{P}{I \times V}$

Power, Current, Resistance

$$P = I^2 R$$

Power = current x Resistance

(W, Watts)      (A, Amps)      (Ω, Ohms)

$\frac{P}{I^2 \times R}$

# Computer Science – CPU – Term 1

## Purpose of the CPU

The **central processing unit (CPU)** is the most important **hardware** component in a computer. It has two main functions:

- to process **data** and **instructions**
- to control the rest of the computer system

All programs and data processing are run in the CPU and all hardware components are, to some extent, controlled by it.

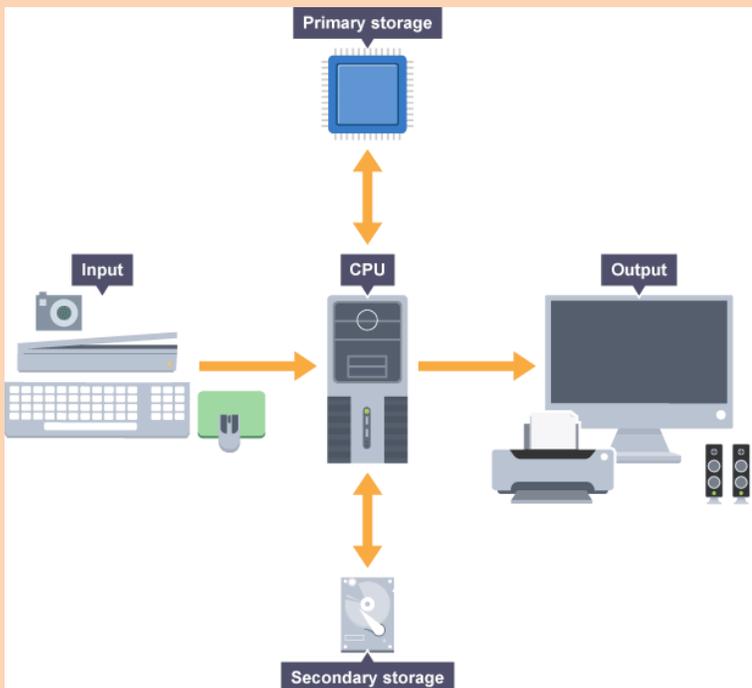
All **general purpose computers** follow the same basic model. This diagram illustrates the flow of data within a computer.

## Common CPU Components

The central processing unit (CPU) consists of six main components:

- **Control unit (CU)**
- **Arithmetic logic unit (ALU)**
- **Registers**
- **Cache**
- **Buses**
- **Clock**

All the components work together to allow processing and system control.



CPU Components	Functionality
Control Unit	It fetches, decodes and executes instructions, it issues control signals that control hardware components within the CPU and it transfers data and instructions around the system.
Arithmetic Logic Unit	It performs arithmetic and logical operations (decisions) and it acts as a gateway between primary storage and secondary storage - data transferred between them passes through the ALU.
Registers	Small amount of high speed memory which store small amounts of data that are needed during processing such as address of next instruction, current instruction and the result of the instruction.
Cache	Cache is a small amount of high-speed random access memory (RAM) built directly within the processor. It is used to temporarily hold data and instructions that the processor is likely to reuse.
Buses	The CPU contains a clock which, along with the CU, is used to coordinate all of the computer's components. The clock sends out a regular electrical pulse which synchronises (keeps in time) all the components.
Clock	A bus is a high-speed internal connection. Buses are used to send control signals and data between the processor and other components.

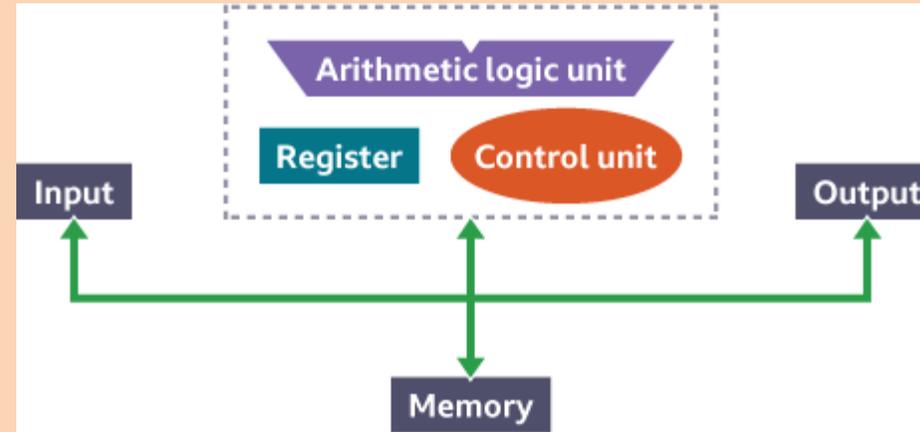
# Computer Science – CPU – Term 1

## Von Neumann Architecture

The Von Neumann architecture is a design of CPU which many **general purpose computers (GPC)** are based on.

The key elements of this architecture are:

- **data** and **instructions** are both stored as **binary** digits
- **data** and **instructions** are both stored in **primary storage**
- instructions are  **fetched**  from  **memory**  one at a time and in order (serially)
- the **processor decodes** and **executes** an instruction, before cycling around to fetch the next instruction
- the cycle continues until no more instructions are available



## Von Neumann Registers

A processor based on von Neumann architecture has five special registers which it uses for processing:

- **The program counter (PC)** holds the memory address of the next instruction to be fetched from primary storage
- **The memory address register (MAR)** holds the address of the current instruction that is to be fetched from memory, or the address in memory to which data is to be transferred
- **The memory data register (MDR)** holds the contents found at the address held in the MAR, or data which is to be transferred to primary storage
- **The current instruction register (CIR)** holds the instruction that is currently being decoded and executed
- **The accumulator (ACC)** is a special purpose register and is used by the arithmetic logic unit (ALU) to hold the data being processed and the results of calculations

## The Fetch – Decode – Execute Cycle

The fetch-decode-execute cycle is a key feature of the von Neumann architecture and consists of seven stages:

1. The memory address held in the **program counter (PC)** is copied into the **memory address register (MAR)**.
2. The address in the **program counter** is incremented (increased) by one. The program counter now holds the address of the next instruction to be fetched.
3. The processor sends a signal along the address bus to the memory address held in the **MAR**.
4. The **instruction** or **data** held in that memory address is sent along the data bus to the **memory data register (MDR)**.
5. The instruction or data held in the **MDR** is copied into the **current instruction register (CIR)**.
6. The **instruction** or **data** held in the **CIR** is decoded and then executed. Results of processing are stored in the **accumulator (ACC)**.
7. The cycle returns to step one.

# Computer Science – CPU – Term 1

## CPU Performance

Even though today's processors are tremendously fast, their performance can be affected by several factors, such as:

- **Clock speed**
- **Cache size**
- **Number of Cores**

## Clock Speed

Clock speed is the number of pulses the central processing unit's (CPU) clock generates per second. It is measured in hertz (Hz).

The faster the clock speed, the faster the computer is able to run fetch-decode-execute cycles. This means that it can process more instructions in the same amount of time.

## Cache

Cache is a small amount of high-speed random access memory (RAM) built directly within the processor. It is used to temporarily hold data and instructions that the processor is likely to reuse. This allows for faster processing as the processor does not have to wait for the data and instructions to be fetched from RAM.

## Number of Cores

Number of cores

A processing unit within a CPU is known as a core. Each core is capable of fetching, decoding and executing its own instructions. A CPU with more cores can process more instructions in a given time.

## RISC – Reduced Instruction Set Computer

RISC processors can process a limited number of relatively simple instructions by breaking each one down into even simpler instructions that can be carried out quickly. Processing simpler instructions requires less circuitry, which consumes less power, so less heat is generated. This makes them ideal for use in smartphones.

RISC processors may be used in an embedded system where it is not necessary to process complex instructions and where the instructions are relatively simple and repetitive. They use less power so do not have a need for dedicated cooling systems..

## Complex Instruction Set Computer (CISC)

CISC processors are physically larger and can process more complex instructions. They can understand and carry out complex tasks with only a few instructions.

Processing complex instructions requires more complex circuitry which needs more power and therefore more heat is generated. Most modern computers use CISC processors.

## Embedded Systems

As well as general purpose computers, there are other types of computer system. The most common of these are known as embedded systems.

An embedded system is a small computer that forms part of a larger system, device or machine. Its purpose is to control the device and to allow a user to interact with it. They tend to have one or a limited number of tasks that they can perform. Examples of these are:

- **Central heating systems**
- **Engine management systems in vehicles**
- **Domestic appliances, such as dishwashers, TVs and digital phones**
- **Digital watches**
- **Electronic calculators**
- **GPS systems**
- **Fitness trackers**

# Computer Science – Memory – Term 1

## Primary Memory

Memory is the component of the computer that holds data, programs and instructions that are currently in use.

Primary memory is built inside the computer. As a result, data can be read from and written to primary memory extremely quickly. This gives the **processor** fast access to the data and instructions that the primary memory holds.

There are two types of primary memory:

- **read only memory (ROM)**
- **random access memory (RAM)**

## Read Only Memory (ROM)

**Read only memory (ROM)** is **non-volatile** primary memory. Its contents are not lost when the computer is turned off.

ROM can be read from, but not written to, hence the term 'read only'. This makes ROM ideal for storing **instructions** and **data** that are needed for the computer to run. These instructions and data are usually programmed by the computer's manufacturer and cannot be overwritten.

The **BIOS (Basic Input Output System)** is an example of a program that is stored in ROM. The BIOS runs as soon as the computer is switched on. It checks that the **hardware** is functioning correctly, then runs a second program known as the bootup or bootstrap program that loads the computer's **operating system** from the hard drive into the RAM. The BIOS is always needed so it is stored in ROM.

## Random Access Memory

**Random access memory (RAM)** is **volatile primary memory**. Once the computer is switched off, the **data** and **instructions** held in RAM are lost. RAM is given the term 'random access' because data can be stored and accessed from any location within the memory.

RAM is used to hold data and instructions that are currently in use. In a modern PC, RAM is used to hold the **operating system** and any open documents and **programs** that are running.

The contents of RAM can be changed at any time, simply by overwriting them with other data and/or instructions. For example, a user might close one document and open a second, or run a different program.

The more RAM a computer has, the more data and programs it can hold simultaneously. RAM can also be upgraded easily, unlike other types of primary memory.

## Cache Memory

**Cache memory** is a type of high-speed **random access memory (RAM)** which is built into the **processor**.

**Data** can be transferred to and from cache memory more quickly than from RAM. As a result, cache memory is used to temporarily hold data and **instructions** that the processor is likely to reuse. This allows for faster processing as the processor does not have to wait for the data and instructions to be fetched from RAM.

## Flash Memory

**Flash memory** is a special type of memory. It can be written to and overwritten just like **random access memory (RAM)**. However, unlike RAM, it is **non-volatile**, which means that when the computer's power is switched off, flash memory will retain its contents.

# Computer Science – Memory – Term 1

## Secondary Storage

Secondary storage is **non-volatile, long-term storage**. It is used to keep programs and data indefinitely. Without secondary storage all programs and data would be lost the moment the computer is switched off.

There are many forms of secondary storage and each type of secondary storage device has its own characteristics. Because all devices are different, some are more suited to certain applications than others.

## Common types of secondary storage

Secondary storage devices are generally separated into three types:

- **magnetic** storage devices, such as hard disk drives
- **optical** storage devices, such as CD, DVD and Blu-ray discs
- **solid state** storage devices, such as solid state drives and USB memory sticks

## Magnetic devices

Magnetic devices such as **hard disk drives** use magnetic fields to magnetise tiny individual sections of a metal spinning disk. Each tiny section represents one **bit**. A magnetised section represents a binary '1' and a demagnetised section represents a binary '0'. These sections are so tiny that disks can contain **terabytes (TB) of data**.

## Optical devices

Optical devices use a **laser** to scan the surface of a spinning disc made from metal and plastic. The disc surface is divided into tracks, with each track containing many flat areas and hollows. The flat areas are known as lands and the hollows as pits.

When the laser shines on the disc surface, lands reflect the light back, whereas pits scatter the laser beam. A sensor looks for the reflected light. Reflected light (lands) represents a binary '1', and no reflection (pits) represents a binary '0'.

## Solid State devices

Solid state devices use **non-volatile** random access memory (**RAM**) to store data indefinitely. They tend to have much faster access times than other types of device and, because they have no moving parts, are more durable.

Since this type of memory is expensive, solid state devices tend to be smaller in capacity than other types. For example, a solid-state drive that holds 256 **GB** might be of a similar cost to a hard disk with several terabytes capacity.

Solid state devices require little power, making them ideal for portable devices where battery life is a big consideration. They are also portable due to their small size and durability.

## Aspects of choosing a Secondary Storage device

The choice of secondary storage medium depends on the use it is required for. When deciding on the type of device needed, a user should consider:

- **Cost** - what is the cost per gigabyte (GB)?
- **Capacity** - how much data can the medium hold?
- **Speed of access** - how quickly can data be transferred to and from the medium?
- **Portability** - how portable is the medium? Does it need to be portable?
- **Durability** - how robust is the medium, and how robust will it need to be?
- **Reliability** - how resilient and long-lasting is the medium?

Once these factors are taken into consideration, an appropriate choice can be made.

## Data Capacity

Calculating the number of documents that can be stored on a storage medium can be a straightforward process.

Suppose there are 150 music files, each of which is approximately 6 megabytes in size, and a 1 gigabyte USB memory stick on which these files are to be stored. In order to work out how much storage space is required to store all these files on the USB memory stick, the following calculation can be used:

**E.G. 150 x 6 megabytes = 900 megabytes**

# Computer Science – Data Representation – Term 2

## Units

In a computer, all **data** is stored in **binary** form. A binary digit has two possible states, 1 and 0.

A binary digit is known as a **bit**. A bit is the smallest unit of data a computer can use. The binary unit system is used to describe bigger numbers too.

Eight bits are known as a **byte**.

Size	Unit
8 bits	1 byte (B)
1,000 bytes (1,000 B)	1 kilobyte (KB)
1,000 kilobytes (1,000 KB)	1 megabyte (MB)
1,000 megabytes (1,000 MB)	1 gigabyte (GB)
1,000 gigabytes (1,000 GB)	1 terabyte (TB)
1,000 terabytes (1,000 TB)	1 petabyte (PB)

## Denary

Humans tend to use the denary number system. However, computers work in binary. Denary numbers must be converted into their binary equivalent before a computer can use them.

The denary system has ten digits (0, 1, 2, 3, 4, 5, 6, 7, 8 and 9). Each denary place value is calculated by multiplying the previous place value by ten. For example:

10,000	1,000	100	10	1
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## Binary

Binary has just two units, 0 and 1. The value of each binary place value is calculated by multiplying the previous place value by two. The first eight binary place values are:

128	64	32	16	8	4	2	1
-----	----	----	----	---	---	---	---

In binary, each place value can only be represented by 1 or a 0.

To convert binary to denary, simply take each place value that has a 1, and add them together.

**Example - binary number 1111100**

	128	64	32	16	8	4	2	1
0		1	1	1	1	1	0	0

**Result:**  $(0 \times 128) + (1 \times 64) + (1 \times 32) + (1 \times 16) + (1 \times 8) + (1 \times 4) + (0 \times 2) + (0 \times 1) = 124$

## Denary to Binary

To convert from denary to binary, start by subtracting the biggest place value you can from the denary number, then place a 1 in that place value column. Next, subtract the second biggest place value you can, and place a 1 in the column. Repeat this process until you reach zero. Finally, place a 0 in any empty place value columns.

## Binary Addition

When two numbers are added together in denary, we take the first number, add the second number to it, and get an answer. For example,  $1 + 2 = 3$ .

When we add two binary numbers together the process is different.

There are four rules that need to be followed when adding two binary numbers. These are:

- $0 + 0 = 0$
- $1 + 0 = 1$
- $1 + 1 = 10$  (binary for denary 2)
- $1 + 1 + 1 = 11$  (binary for denary 3)

Example – Adding 01 + 10

$1 + 0 = 1$

$0 + 1 = 1$

**Result in binary:** 11 (which in denary is 3)

# Computer Science – Data Representation – Term 2

## Binary shifts

Binary numbers are multiplied and divided through a process called shifting.

## Multiplication

To multiply a number, a binary shift moves all the digits in the binary number along to the left and fills the gaps after the shift with 0:

- To multiply by *two*, all digits shift one place to the left
- To multiply by *four*, all digits shift two places to the left
- To multiply by *eight*, all digits shift three places to the left
- and so on

## Division

To divide a number, a binary shift moves all the digits in the binary number along to the right:

- To divide by *two*, all digits shift one place to the right
- To divide by *four*, all digits shift two places to the right
- To divide by *eight*, all digits shift three places to the right
- and so on

## Hexadecimal

In computer science, different number bases are used:

- **denary** is base 10, which has ten units (0-9)
- **binary** is base 2, which has two units (0-1)

**Hexadecimal**, also known as **Hex**, is the third commonly used number system. It has 16 units (0-9) and the letters A, B, C, D, E and F.

Hex is useful because large numbers can be represented using fewer digits. For example, colour values and **MAC addresses** are often represented in hex.

Additionally, Hex is easier to understand than binary. Programmers often use hex to represent binary values as they are simpler to write and check than when using binary.

## Hexadecimal to Denary

Whereas denary place values are powers of 10, and binary place values are powers of 2, hex place values are powers of 16.

65,536	4,096	256	16	1
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Each place value can be represented by the units 0 through to F.

To convert hex to denary, simply take each place value that has a unit in it, and add them together.

Example - **hex number 7C**

65,536	4,096	256	16	1
			7	C

**Result:**  $(7 \times 16) + (C \times 1) = (7 \times 16) + (12 \times 1) = (112) + (12) = 124$

## Denary to Hexadecimal

If the denary number is bigger than 16, divide it by 16. Take the hex equivalent of this result - this represents the first digit. Take the hex equivalent of the remainder - this represents the second digit.

If the denary number is smaller than 16, take the hex equivalent of the denary number.

Example - convert denary 22 to hex

16 goes into 22 once with 6 left over, so  $22 \div 16 = 1$  remainder 6

1 = **hex 1**

6 = **hex 6**

**Result: 16**

# Computer Science – Data Representation – Term 2

## Characters

Computers work in binary. As a result, all characters, whether they are letters, punctuation or digits are stored as binary numbers. All of the characters that a computer can use are called a character set.

Two standard character sets in common use are:

- **American Standard Code for Information Interchange (ASCII)**
- **Unicode**

## ASCII

ASCII uses seven bits, giving a character set of 128 characters. The characters are represented in a table, called the ASCII table. The 128 characters include:

- **32 control codes (mainly to do with printing)**
- **32 punctuation codes, symbols, and space**
- **26 upper case letters**
- **26 lower case letters**
- **numeric digits 0-9**

We tend to say that the letter 'A' is the first letter of the alphabet, 'B' is the second and so on, all the way up to 'Z', which is the 26th letter. In ASCII, each character has its own assigned number.

## Extended ASCII

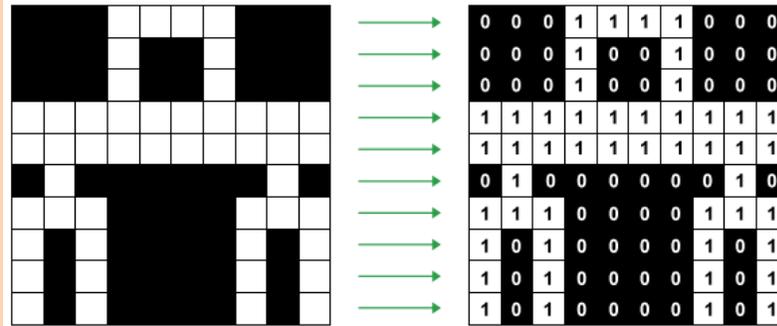
Extended ASCII uses eight bits, giving a character set of 256 characters. This allows for special characters such as those with accents in languages such as **French** and **Spanish**.

## Images

Computers work in binary. All data must be converted into binary in order for a computer to process it. Images are no exception.

Consider a simple black and white image. If 1 is black (or on) and 0 is white (or off), then a simple black and white picture can be created using binary.

To create the picture, a grid can be set out and the squares, known as pixels, coloured (0 - black and 1 - white):

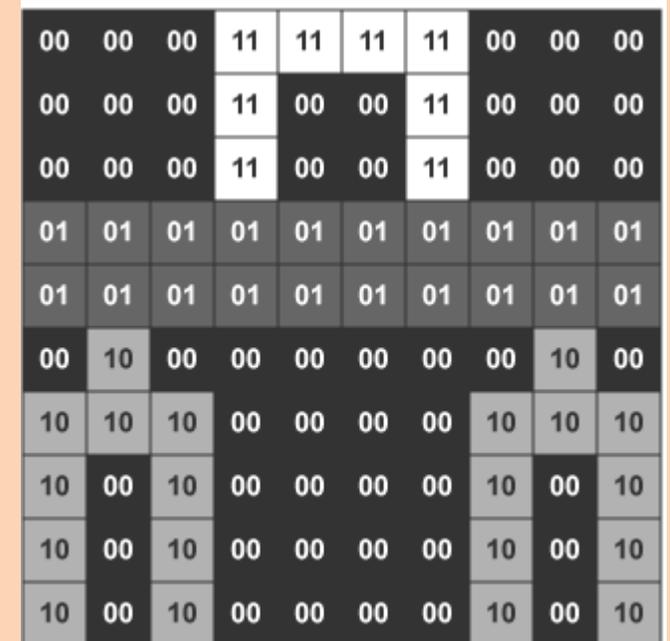


## Colour depth

Many images need to use colours. To add colour, more bits are required for each **pixel**. The number of bits determines the range of colours. This is known as an image's **colour depth**.

For example, using a colour depth of two, i.e. two bits per pixel, would allow four possible colours, such as:

- 00 - black
- 01 - dark grey
- 10 - light grey
- 11 - white



# Computer Science – Data Representation – Term 2

## Image size

Image size is simply the number of pixels that an image contains. It is expressed as height and width. For example:

- 256 × 256
- 640 × 480
- 1024 × 764

## Image file size

The size of an image file can be estimated using:

- **The image height in pixels**
- **The image width in pixels**
- **The colour depth per pixel**

Example - an image of height 200, width 400, colour depth 16 bits

$$200 \times 400 = 80,000$$

$$80,000 \times 16 = 1,280,000 \text{ bits}$$

$$1,280,000 \text{ bits} \div 8 = 160,000 \text{ bytes}$$

$$160,000 \div 1000 = 160 \text{ kilobytes}$$

**Result:** 160KB

## Resolution

Image quality is affected by the **resolution** of the image. The resolution of an image is a way of describing how tightly packed the pixels are.

In a low-resolution image, the pixels are larger and therefore, fewer are needed to fill the space. This results in images that look blocky or pixelated. An image with a high resolution has more pixels, so it looks a lot better when it is enlarged or stretched. The higher the resolution of an image, the larger its file size will be



## Sound

Computers work in binary. All data must be converted into binary in order for a computer to process it. Sound is no exception. To do this, sound is captured - usually by a microphone - and then converted into a digital signal.

An analogue-to-digital converter will capture a sound wave at regular time intervals. This recording is known as a sample.

For example, a sound wave like this can be sampled at each time sample point:

## Meta Data

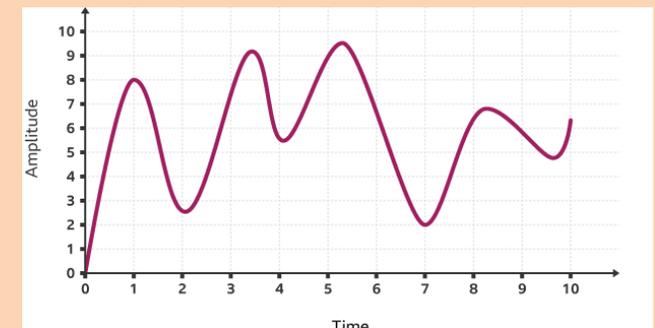
Files contain extra data called metadata. Metadata includes data about the file itself, such as:

- **File type**
- **Date created**
- **Author**

An image file also includes metadata about the image data itself, such as:

- **The height and width of the image - this defines how many rows and columns the pixels are to be arranged in**
- **The resolution**
- **The colour depth**

Without this metadata, the image data would not be correctly interpreted, meaning the image could not be correctly displayed.



# Computer Science – Data Representation – Term 2

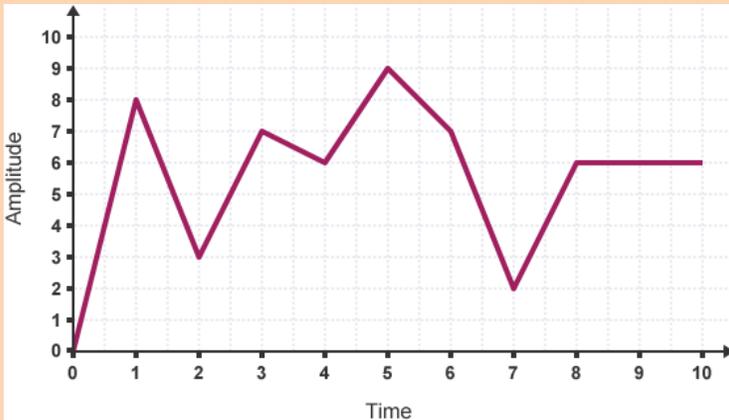
The sound recorded at each sample point is converted to its nearest numeric equivalent:

Sample	1	2	3	4	5	6	7	8	9	10
Denary	8	3	7	6	9	7	2	6	6	6
Binary	1000	0011	0111	0110	1001	0111	0010	0110	0110	0110

## Sample rate

**Sample rate** is the number of samples recorded in any given period of time. The higher the sample rate, the closer the recorded signal is to the original. Sample rate is measured in **hertz**.

If the samples recorded above were plotted on a graph, the resulting representation of the sound wave would not be too accurate:



## Bit Depth

**Bit depth** refers to the number of **bits** used to record each sample. Just as with images, the higher the bit depth, the more accurately a sound can be recorded, but the larger the file size. Typical bit depths are 16 bit and 24 bit.

## Bit Rate

**Bit rate** is simply a measure of how much data is processed for each second of sound. Bit rate is calculated by:

Sample rate × bit depth

As with sample rate, the higher the bit rate, the better quality of the recorded sound.

## Compression

Modern computers often generate files of very large sizes. For example, audio files often run to megabytes, while high definition video can be gigabytes in size. Such files require lots of storage space, and, because of their size, are difficult to transmit. These problems can be overcome by using **compression**.

There are two types of compression that can be applied to files:

- **lossy** compression
- **lossless** compression

## Lossy Compression

**With lossy compression, some data is removed and discarded, thereby reducing the overall amount of data and the size of the file.**

An image can be compressed by reducing its colour depth. This reduces the range of colours that the image contains. In practice this results in an averaging of shades of colours. For example, a very light shade of green could be averaged with a not so light shade - the very light shade might be discarded, and the pixels affected by it re-coloured with the darker shade.

## Lossless Compression

There are some files that we would not want to lose data from. For example:

- **text files**
- **spreadsheets**
- **financial records**
- **Emails**

With lossless compression, files are reduced in size without the loss of data. However, lossless compression does not usually achieve the same file size reduction as lossy compression.

Various lossless standards exist:

- **PDF allows lossless compression of text documents**
- **GIF is a lossless image file format**

One method of lossless compression is run length encoding (RLE). RLE looks at the data in a file for consecutive runs of the same data. These runs are stored as one item of data, instead of many.

## What is a Mood Board

A Mood Board is a visual tool that communicates our concepts and visual ideas. It is a well thought out and planned arrangement of images, materials, pieces of text, etc. that is intended to evoke or project a particular style or concept.

Purpose:

- To generate visual ideas about how the campaign or product could look.
- To develop a feel for the Campaign/Product style.
- To show the client the fonts, images, colours to be used in the campaign.
- Can be Digital or Physical. We will be focusing Primarily on Digital Mood Boards.



Please scan this QR code to find the iMedia website section on this. **(Mood Boards)**

## What is a Mind Map

A Mind Map is an easy way to brainstorm thoughts organically without worrying about order and structure. It allows you to visually structure your ideas to help with analysis and recall for your project moving forward.

Purpose:

- To quickly generate outline ideas and to Link or connect aspects of ideas. Based on Central Idea (Hub) and has Branches off for different aspect using Sub-Nodes.



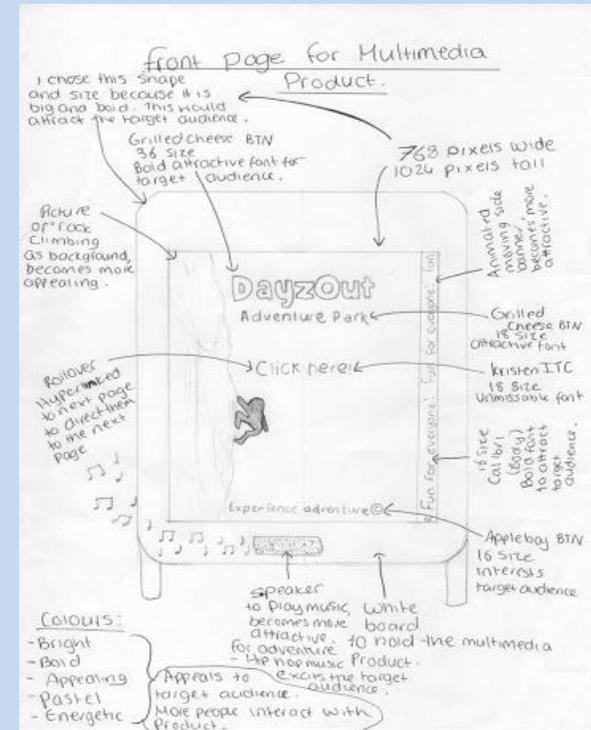
Please scan this QR code to find the iMedia website section on this. **(Mind Maps)**

## What is a Visualisation Diagrams

Visualisation diagrams are a rough drawing or sketch of what the final static image product is intended to look like. They will have annotations to describe the design ideas. Typically, a visualisation diagram is hand drawn, but it does not need any artistic skills to communicate ideas.

Purpose:

- To plan the layout of a product to see what the design will look like. Shows how the finished item may look and make changes where needed.



Please scan this QR code to find the iMedia website section on this. **(Visualisation Diagrams)**

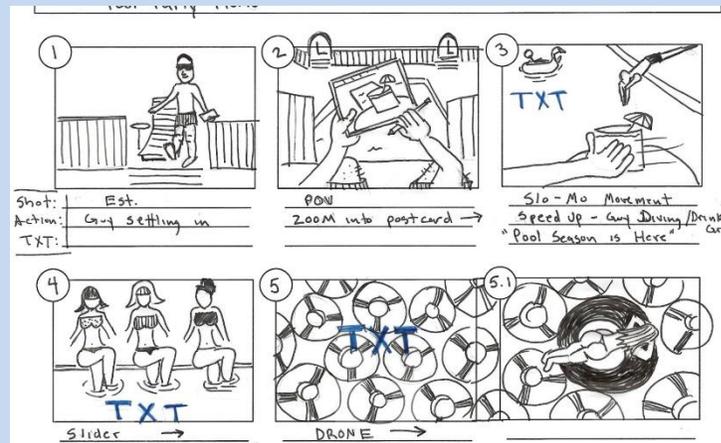
# iMedia – Pre – Production Term 1

## What is a Storyboard

A storyboard is a graphic organizer that plans a narrative. Storyboards are a powerful way to visually present information; the linear direction of the cells is perfect for storytelling, explaining a process, and showing the passage of time. A cell is another word for a panel. See below!

Purpose:

- Breaks down a film/animation into separate scene. It will have a flow of scenes that follow a timeline. Allows the Editor to piece together the different scenes in to the correct order.

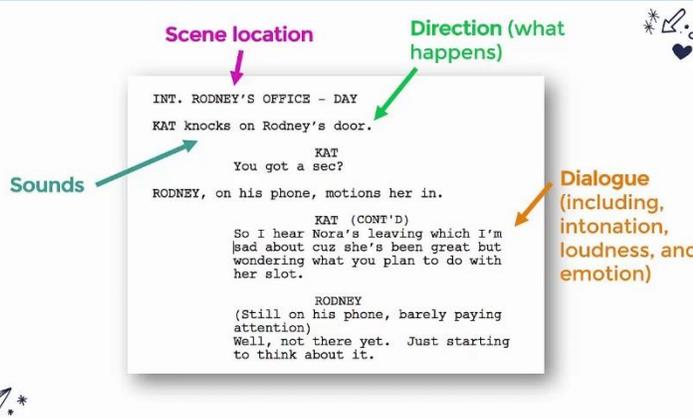


## What is a Script

A written document used to plan TV, films or games. It shows the what is said, who speaks and directions for a scene.

Purpose:

- Provide lines for characters so they know what to say
- Provide details about expressions or actions
- Provide stage directions for actors and production crew If the scene is set inside (Interior/ INT) or outside (Exterior/EXT) the specific location, and the time of day.



## Examples of uses of Pre-Production documents

**Mood boards** are used by newspapers and magazines to create their image; they will choose their colour scheme, fonts, examples of items to be included, etc. This all creates an overall picture of the finished project and is useful to keep everyone focused on the brand.

**Mind maps** could be used by radio stations to highlight the different topics that the presenters will talk about on their show. It will highlight current affairs in the music industry and go into more depth, possibly about how it affects others in the industry or what it means for parties involved. It will about the presenter to have a brief understanding of each topic before they talk about it live on air.

**Story boards** will be used by television production companies to plan out exact scenes, before shooting. For example, if they are filming a new advert, to save time, and essentially money, they will know exactly what will happen in each scene before they arrive as they would have already drawn up a story board, however a storyboard is not always 100% accurate and small changes are usually made when filming the final production.

**Scripts** will be used by television production companies and are written by the writers to ensure the actors understand not only what they need to say in a given scene but also understand if and where they have to move to ensure the flow of the scene is captured.

**Visualisation Diagrams:** used in almost all sections of the media industry. Visualisation Diagrams are used to design what your final product will be, this could take the form of a prop to be used in a movie or TV show or a front cover of a fantasy novel. These diagrams will always change during production as new ideas and tweaks will be made to ensure the product is created at its best.



Please scan this QR code to find the iMedia website section on both of these sections. (**Storyboards and Scripts**)

# iMedia – Pre – Production Term 2

## Client and Client Requirements

Your client is the person you will be working for. They will tell you what they want you to plan, design or create for them.

The client will set out **requirements** that they want you to follow when you plan the project on thing like:

- Purpose of the project
- The projects theme
- The projects style
- The genre of the project
- What content needs to be in the project

Requirements can be defined in four key ways:

- Discussion: Talking to your client, asking them questions to find out what they want you to do.
- Written Brief: Reading information from your client on the things they want you to plan or create for them. (**Key Term**)
- Script: Reading the script to help you understand the storyline and characters in the project.
- Specification: A precise definition, often a list of things that must be done for the project to meet requirements.

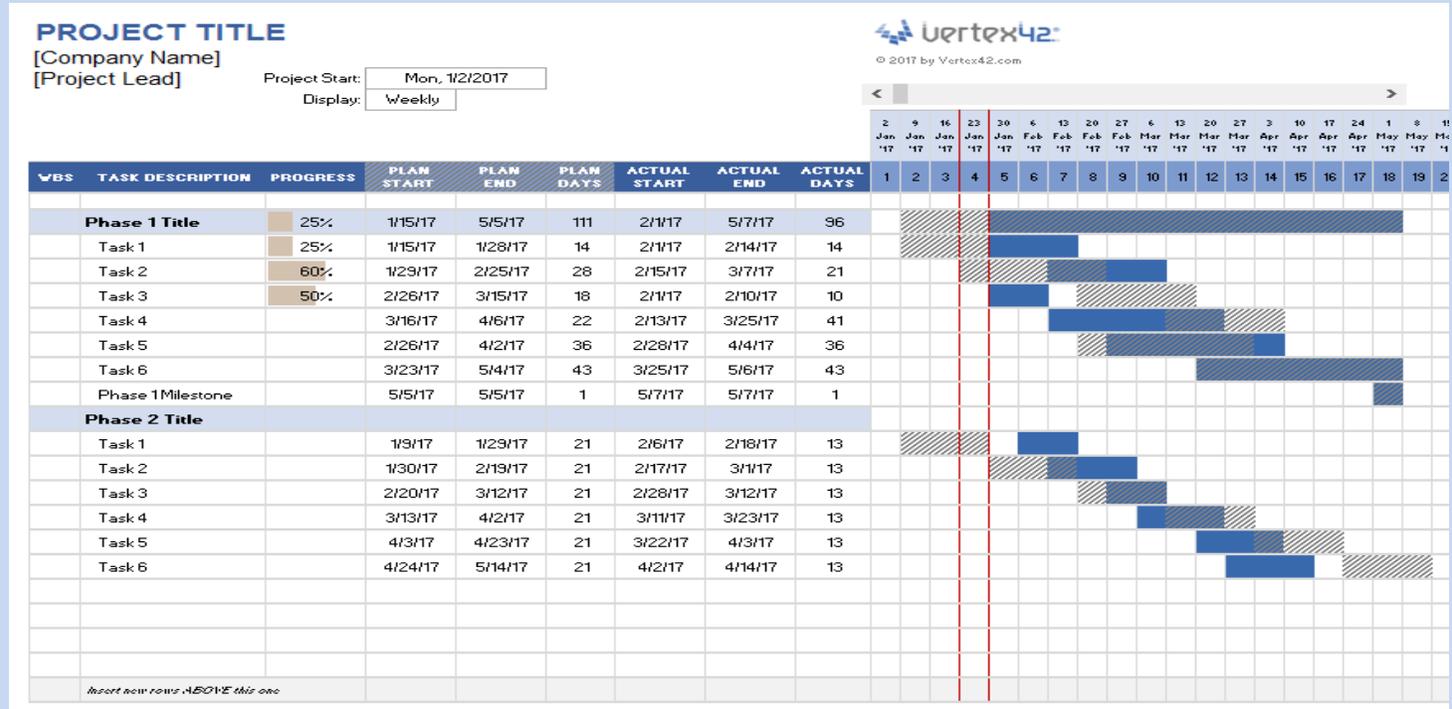


Please scan this QR code to find the iMedia website section on this (**Client Brief**)

## Work Plans

Provide timescales so you don't spend too long on one thing. Allow projects to meet deadlines using checkpoints to stay on track with the project

This is a very important document as it helps you understand how to track and deal with the work you have to do for you project.



## Target Audience

The target audience of a product is who the product is aimed at.

Note: This is not always the same as who it is being produced for!

You will need to consider the following when creating a product for your target audience:

- Age group
- Gender
- Location
- Ethnicity / culture
- Income

## Digitising

Digitising is where a pre-production document is created by hand and then convert into a digital format, usually by a scanner. These are then saved as an appropriate file format and size.

A good way of keeping all your documents secure is making sure you don't have lots of loose paper!

# iMedia – Pre – Production Term 2

## Hardware and Software

In order to create or digitise pre-production documents, different types of computer hardware are needed which are split into different categories. These are the computer systems, peripherals, imaging devices and other equipment

- Computer Peripherals – attachments to increase functionality of the system. e.g. keyboard, mouse, trackpad, graphics tablet, monitor, speakers, microphone etc.
- Imaging device – devices used to capture or create images e.g. digital cameras, camcorders, scanners
- Other equipment – these are pieces of equipment not connected to a computer system.

They are often materials that are used, such as pens, pencils, paper. They are still classed as Hardware because they are needed especially when pre-production documents can also be created by hand.

## Hardware and Software

All components of a computer system can be categorised into Hardware and Software.

- Hardware – the parts of the computer system you can physically touch: e.g. Monitor, Printer, Camera, Microphone, Scanner
- Software – Programs that are installed and run on a computer to perform a specific task: e.g. Web browser, Desktop Publishing, Film Editing, Image Editing, Word Processing & Web Authoring.

## Health and Safety

It is important that you understand this potential risks of working on computers and graphic tablets.

Risks:

- Glare or bright reflections from the screen should be avoided. This can be accomplished by making sure that it is not facing windows or bright lights.
- Curtains or blinds should be used to block out intrusive light.
- There should be space under the desk for employees to move their legs.
- Space should be left in front of the keyboard for the hands and wrists to rest when not typing.

## Key Words/Terms

Hardware Software Web Browser  
Digitising Peripheral Computer system  
Plan Mind Map Storyboard  
Pre-Production Visualisation

## Design and layout of graphics

This refers to the use of colour, composition, white space and styles in the digital graphic in the context of a given target audience. For example, choices of colour can be very different depending on the age group of the target audience. The colours should also contrast and complement each other. Composition refers to the layout of the different elements on the overall graphic, using suitable sizes and positions of different images and assets. White space is not necessarily a white colour – it is any blank space and can be used effectively to emphasise key parts of the graphic. The styles are associated with different genres of graphic products. Examples would include themed magazine covers, gaming covers, film posters, advertisements. These concepts of design and layout can be applied in the development of the visualisation diagram.

## Primary Research

When planning a product for a client is it important that some research is undertaken in order to ensure your product is appropriate for both the client and it's intended target audience.

Primary research is where fresh or new data is collected for the first time. Examples of primary research methods are: questionnaires, surveys, interviews, focus groups or monitoring of particular behaviours or interactions. Others include photos, videos or recordings.

## Secondary Research

Secondary research involves the gathering of pre-existing data that has already been produced.

Secondary research is where information or data is collected from reports or previous studies by agencies such as the government or business within a particular area of business or industry that has previously collected primary research, Others include biographies, articles or news broadcasts

Please scan this QR code to find the iMedia website section on this **(Research)**



# iMedia – Legislation – Important to Know!

## Legislation

Legislation are laws passed by government to control, restrict, protect and prevent various aspects of media production.

There are three main pieces of legislation that affect media production:

- Data Protection Act 1998
- Health and Safety Act 1990
- Copyright, Designs and Patents Act 1988

## Health and Safety Act 1990

The Health and Safety Act is the main law that deals with the health and safety of employees.

The law ensures that employers look after the rights of their workers by keeping the conditions to an acceptable and legal standard.

Two areas covered by H&S are:

1. General Working Conditions
2. Employer Regulations

## Data protection Act 1998

The Data Protection Act 1998 (DPA) is a law designed to protect personal and sensitive data that has been collected about people from being misused. There are 8 Principles:

1. Data is processed fairly and lawfully.
2. Data is used for specified legal purposes.
3. Data stored is adequate, relevant and not excessive.
4. Data is accurate and up to date.
5. Data is not kept longer than necessary.
6. Data is processed in accordance with data subjects' rights.
7. Data is kept safe from accidental damage and secure from unauthorised access.
8. Data is not transferred to another country outside the EU.

## Copyright

Copy right is a law designed to help protect peoples work and ideas.

If you:

- **Take peoples work (download films /music)**
- **Use people's work ( copy text/ images from the internet**
- **Steal people's ideas ( create a new product using someone else's technology)**

Without permission and without acknowledging them, then you are breaking copyright law. Typical punishments range from 6 months to 10 years imprisonment and also £5000 fine.



## Location Recce

Location Recce is a production term used in the UK, Europe, India, Australia, New Zealand, South Africa, and Malaysia which refers to a pre-filming visit to a location to determine its suitability for shooting (commonly carried out by the Director of Photography), including access to necessary facilities and assessment of any potential lighting or sound issues, and is closely related to location scouting. In the US, the term "site survey" or "tech scout" is commonly used with the same meaning.

## Trademark

A Trademark is a type of intellectual property consisting of a recognizable sign, design, or expression which identifies products or services of a particular source from those of others, although trademarks used to identify services are usually called service marks. The trademark owner can be an individual, business organization, or any legal entity. A trademark may be located on a package, a label, a voucher, or on the product itself. For the sake of corporate identity, trademarks are often displayed on company buildings. It is legally recognized as a type of intellectual property.

## Key Words

Legislation Data Protection Health & Safety  
Copyright Location Recce Trademark  
Intellectual Property Royalty Free

## Intellectual Property

This is a piece of work, idea or an invention which may then be protected by copyright, patent or trademark. The concept of copyrighting an idea is increasingly becoming a bigger issue with the development of the internet and the ease of access to people's intellectual property.

## Royalty Free

Normally, copyrighted material is protected and cannot be used without permission and payment of royalties. Royalties are usually a percentage of earnings or recurring payment made to a creator or intellectual property owner.

Royalty free is a term that is used to describe certain types of intellectual property that you're allowed to use without having to pay royalties. The intellectual property owner must specifically put this label on their content in order for anyone to use it in this way.

## Weimar and Nazi Germany 1918-39 Key Topic 1: The Weimar Republic, 1918-29

### The Weimar Republic

This was the name given to Germany after the Kaiser had abdicated in November 1918. This was a time of despair and hope for Germany. At first, the country faced lots of chaos but under Gustav Stresemann, there was some stability.

### Key events

1918 World War One ended. The Kaiser abdicated and Germany became a country without a monarch (a Republic).

1919 January Spartacist Uprising

1919 June Signing of the Treaty of Versailles

1919 August Weimar Constitution finalised

1920 Kapp Putsch

1923 French occupation of the Ruhr and hyperinflation

1924 Dawes Plan

1925 Locarno Pact

1926 Germany joins League of Nations

1928 Kellogg Briand Pact

1929 Young Plan

### Key Concepts

The Weimar Republic faced much opposition, It was disliked by the left wing who wanted Germany to be like Communist Russia and it was disliked by the right wing who wanted the monarchy back.

The Treaty of Versailles caused many problems for Germany. The German people disliked the politicians for signing it and it caused political problems and economic problems.

Gustav Stresemann helped to bring about recovery in Germany after 1924. He solved economic problems by making friends with other countries. However, historians have very different views about the extent of this recovery.

The Golden Age was the period from 1924-29 and it saw significant changes in culture, the standard of living and the position of women.



Problems facing the Weimar Republic



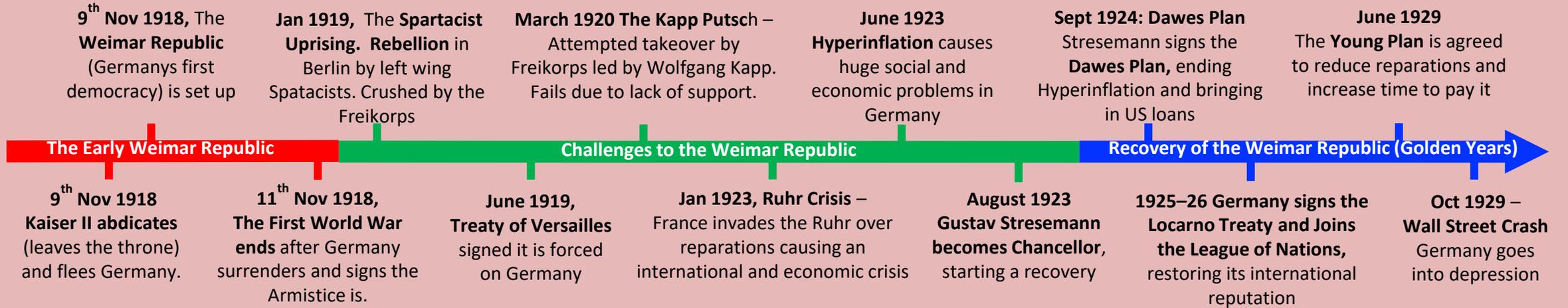
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### Key Words

<b>Abdication</b>	When a monarch leaves the throne
<b>Republic</b>	A country without a King or a Queen
<b>Ebert</b>	The first President of the Republic
<b>Stresemann</b>	The Chancellor of Germany from the Summer of 1923
<b>Article 48</b>	The President could use this to ignore the Reichstag and rule as he saw fit
<b>Kaiser</b>	King
<b>Armistice</b>	An agreement to end war
<b>Weimar</b>	The new government could not meet in Berlin as it was so dangerous, so they met here instead
<b>Constitution</b>	This is an agreement about how the country would be ruled
<b>Reichstag</b>	German parliament
<b>Dictat</b>	Dictated (forced) peace agreement
<b>Freikorps</b>	Ex military soldiers who wanted to overthrow the Republic
<b>Rentenmark</b>	The currency of Germany after November 1923
<b>Hyperinflation</b>	When money loses its value
<b>Dawes Plan</b>	An agreement where the USA would lend Germany money
<b>Young Plan</b>	This lowered the reparations payment and gave Germany longer to pay
<b>Treaty of Versailles</b>	This decided how Germany was going to be treated after WW1
<b>Locarno Pact</b>	An agreement on borders signed by Britain, France, Italy and Belgium
<b>Kellogg Briand Pact</b>	65 countries including Germany agreed to resolve conflict peacefully
<b>Coalition</b>	A government of two or more political parties

# Weimar Germany 1919-29

## Timeline



## Key People

Kaiser Wilhem II	Emperor of Germany, who fled in November 1918
Friedrich Ebert	First Chancellor of Germany, leader of Social Democrats (SPD)
Rosa Luxemburg	Leader of the left wing Spartacists, executed after the uprising
Wolfgang Kapp	Politician who led the Freikorps in the Kapp Putsch
Gustav Stresemann	Chancellor from 1923–29, solved Hyperinflation, Ruhr Crisis and brought about a period of stability and success to Germany

## Key Terms

Armistice	Agreement to stop fighting, Germany asked for it in 1918
November Criminals	Weimar politicians blamed for the 'Stab in the Back' of Germany by surrendering at the end of World War One.
Constitution	The system of laws and rules of a country
Reichstag	The German Parliament, also name of the government building
Article 48	Gave the President 'emergency powers' in times of crisis, this means he can pass any law without permission
Proportional Representation	A system where parties gain seats in proportion to the number of votes they receive. E.g. 33% of votes = 33% of seats in the Reichstag. Meant to be fair but led to coalitions
Chancellor	Head of Government, chosen by the President
President	Head of state (Weimar Republic and Army), voted by people, could use Article 48 and had power to dismiss government.

<u>Strengths</u>	<u>Weaknesses</u>
<ul style="list-style-type: none"> <li>• Equal voting rights for men/women over 21, Freedom of Speech, Press, Religion</li> <li>• Germany is a democracy, voted for parties and President</li> <li>• <b>Proportional representation</b> where political parties have fair share of seats in government compared to vote</li> <li>• Not one party or person can become too powerful</li> </ul>	<p><b>Proportional representation</b> causes lack of strong government as too many parties (29) means there are coalitions they do not get along!</p> <p><b>Article 48</b> gave President too much power, could pass laws in crisis, this wasn't democratic</p> <p>Army, nationalists and rich wanted return of Kaiser</p>

**What threats faced the Weimar Republic 1919-23**

Political	<b>Hatred of Weimar</b>	Government called November Criminals for loss of WW1 ( <i>Stab in the Back/Dolchschtoss</i> ), dislike of new democracy. There is fear of revolution and violence, with 376 assassinations between 1919–21
	<b>Spartacist Uprising, 1919</b>	Left wing Spartacists, led by Rosa Luxembourg aim to takeover and turn Germany into a communist country. Freikorps puts down, Spartacists fail and Luxembourg killed
	<b>Kapp Putsch 1919</b>	The Freikorps (ex army nationalists) led by Wolfgang Kapp capture government buildings in Berlin announcing a right wing takeover (putsch). The army refuses to help the Weimar but workers go on strike which causes chaos & putsch fails.
Economic	<b>ToV 1919</b>	Reparations, loss of Saar Coalfields and territory/empire causes bankruptcy, government can't pay France, causes Ruhr Crisis and Hyperinflation, 1923
	<b>Ruhr Crisis 1923</b>	France invades Ruhr industrial region to take payments, 60,000 workers go on strike and production stops. There are protests & violence. Weimar prints more money to pay strikers & but with no money this causes Hyperinflation, a greater financial crisis.
	<b>Hyper – inflation 1923</b>	Hyperinflation = prices rise rapidly whilst value of mark drops. Over the space of months the money value drops Prices rise: Bread rises from 1 mark to 200,000 billion, 1923. Mass poverty and starvation, bankruptcy & loss of savings

**How did Society change in the Weimar Republic?**

**Women**  
 Equal rights in voting, marriage & work. Enjoyed social freedom (fashion, smoking and drinking) but opposition by old German. Jobs: Only 36% worked and wages still below men but 3000 doctors by 1930 and 112 elected to Reichstag by 1932.



**Standards of Living**  
 Wages increase by 10%, working hours dropped BUT unemployment still remained 10% and middle class struggled. New housing (2 million built), 60% less homeless. Benefits for unemployed (60 marks weekly) war veterans & single mothers



**Culture**  
 Germany becomes culture capital, no censorship under Weimar Republic, freedom of speech encourage new architecture (Bauhaus) Art (Modernism) Golden Age of German cinema famous film Metropolis, 3800 cinemas 1932

**How did the Treaty of Versailles affect Germany?**

Weimar forced to accept Treaty of Versailles 1919, called it the 'Diktat' a dictated peace: they hated it



- **Military** – 100,000 men, no conscription, 6 battleships, no submarines, no airforce, Rhineland demilitarised. **Result:** Germany felt weak/vulnerable and this helped cause violence 1919–21 (Freikorps)
- **Article 231, War Guilt Clause:** Germany had to accept full blame for World War War. **Result:** They felt humiliated and blamed Weimar
- **Economic** – Reparations of £6.6 billion to pay for WW1 and Saar Coalfields given to France for 15 years. Loss of Navy/Empire. **Result:** Bankruptcy which helps caused Ruhr Crisis & Hyperinflation in 1923
- **Territory** – Lost 10% of land and 13% population. Alsace-Lorraine to France, loses empire, West Prussia and Polish Corridor given to Poland. **Result:** Splits up Germany; loss of economy, population & power.

**How did Stresemann help German recovery 1924-29**

	<b>Political stability</b>	Stresemann gets coalitions to work together so decisions can be made and things can get done. As a result, people have more faith in government
Economics	<b>Dawes Plan, 1924</b>	1924, Germany gets loans (\$800m at first, \$3 billion in total ) from US. Stresemann burns mark and introduces temporary currency, the Rentenmark, to end hyperinflation and resets prices, as a result Industry grows by 40%.
	<b>Young Plan</b>	Another US deal (1928) which reduces reparations from £6 to £1.85 billion, also extends payments by 60 years. Meaning Germany has more money!
	<b>Ruhr Crisis</b>	Ends the Ruhr strike and France to leave which means that German industry can start again, allowing Germany to make payments & recover from hyperinflation.
Internationally	<b>Locarno Treaty</b>	Stresemann signs Treaty (1925) with France and Belgium, Great Britain and Italy. Agrees ToV borders which improved friendship with countries in Europe.
	<b>League of Nations</b>	Germany joins League in 1926 (after being banned in ToV). This increased Germanys international respect and made them a 'Great Power' again.
	<b>Kellogg Briand</b>	Stresemann signs Kellogg Briand Pact in 1928 with 64 countries who agree to peace and solving future problems peacefully rather than through force.

**Had Germany fully recovered by 1929?**

- **No:** Germany VERY reliant on US loans/money and If US economy collapsed it would bring down Germany (It did in 1929, Wall Street Crash!) Unemployed remained about% 10, Farmers/Middle Class still struggled
- **Yes:** Weimar Republic was stable, extreme parties like Nazis got few votes, wages increased/working hours decreased, Industry rose 40% and internationally Germanys reputation was stronger.

**Weimar and Nazi Germany 1918-39**  
**Key Topic 2: Hitler's Rise to Power, 1919-33**

**Hitler's Rise to Power**

Hitler sets up the Nazi Party in 1920 and becomes Chancellor in January 1933. This happens for a variety of reasons – Hitler's strengths, inbuilt problems of the Weimar Republic, and the weaknesses of others.

**Key events**

1919 Hitler joins the German Worker's Party

1920 Hitler sets up the Nazi Party

1921 Hitler introduces the SA

1923 The Munich Putsch

1925 Mein Kampf published

1926 Bamberg Conference

1928 Nazis win 12 seats in Reichstag

1929 Death of Stresemann and Wall Street Crash

1930 Nazis win 107 seats in Reichstag

1932 July Nazis win 230 seats in Reichstag

1932 November Nazis win 196 seats in Reichstag

1933 January Hitler becomes Chancellor

**Key Concepts**

The Munich Putsch is a significant event. Although a failure, Hitler gained publicity, he wrote Mein Kampf and he realised that if he was to win power, he needed to do this by votes and not by force.

Stable Stresemann caused problems for the popularity of the Nazi Party. When times were good, voters were not attracted to the Nazi policies.

The Wall Street Crash was a major turning point in the fortunes of the Nazi Party. The Nazi message did not change but people were now prepared to hear it.

The Backstairs Intrigue - At a time when Nazi popularity at the polls was decreasing, Hitler was handed power by political elites who feared a Communist take over and Civil War.

YouTube



Hitler's Rise to Power



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**Key Words**

<b>NSDAP</b>	The Nazis
<b>Iron Cross Award</b>	Given for bravery in war
<b>Volk</b>	The notion of pure German people
<b>25 Point Programme</b>	The political manifesto of the Nazi Party
<b>Volkischer Beobachter</b>	People's Observer, a Nazi newspaper
<b>Fuhrerprinzip</b>	Belief that one person should run a Party
<b>Swastika</b>	Emblem of the Nazi Party
<b>SA or Sturmabteilung</b>	Private army of the Nazi Party headed by Himmler
<b>Aryan</b>	Pure German people
<b>Anti-Semitism</b>	Hatred of the Jewish people
<b>Mein Kampf</b>	Hitler's autobiography
<b>Putsch</b>	An attempt to get power illegally
<b>Blood Martyrs</b>	16 Nazis who died at the Munich Putsch
<b>Gaue</b>	Local party branches
<b>SS or Schutzstaffel</b>	Hitler's bodyguards
<b>KPD</b>	German Communist Party
<b>Propaganda</b>	Goebbels attempted to make people think in a certain way
<b>Hindenburg</b>	The President of the Republic from 1925 to 1934
<b>Roter Frontkampferbund</b>	The Communist's own private army

**Weimar and Nazi Germany 1918-39**  
**Key Topic 3: Nazi Control and Dictatorship**



**Creation of the Dictatorship**



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**Nazi Control and Dictatorship**

This was a time when Hitler formed a legal dictatorship and put in place methods of propaganda and censorship to persuade and encourage all Germany people to support Nazi ideals.

**Key events**

1933 January Hitler becomes Chancellor

1933 February Reichstag Fire

1933 March Nazis win 288 seats

1933 March Enabling Act passed

1933 July Nazis become the only legal party in Germany

1934 June Night of the Long Knives

1934 August President Hindenburg dies

1934 August Hitler combines the post of Chancellor and President and becomes Fuhrer

1934 August German army swears allegiance to Hitler

1938 Over the course of the year, Hitler removes 16 army generals from their positions

**Key Concepts**

Removal – From 1933 to 1934, Hitler removed all opposition and established himself as Fuhrer.

Control – There was an attempt to control and influence attitudes. This was done by propaganda and terror.

Opposition – The youth and the churches opposed the regime.

**Key Words**

<b>Marinus van der Lubbe</b>	The Reichstag Fire was blamed on this Communist
<b>Enabling Act</b>	Gave the Nazis full power for the next 4 years
<b>Gleichschaltung</b>	Hitler’s attempt to bring German society into line with Nazi philosophy
<b>German Labour Front (DAF)</b>	Set up to replace Trade Unions
<b>Dachau</b>	First concentration camp
<b>Centralisation</b>	Germany had been divided into districts called Lander. Now Germany was run from Berlin alone
<b>Purge</b>	To get rid of opposition
<b>Gestapo</b>	Secret police headed by Goering.
<b>Night of the Long Knives</b>	Removal on internal and external opposition
<b>Sicherheitsdienst (SD)</b>	The intelligence body of the Nazi Party
<b>Concordat</b>	In July 1933 the Pope agreed to stay out of political matters if the Nazis did not interfere with Catholic affairs
<b>Eideweiss Pirates and Swing Youth</b>	Groups who apposed the Hitler Youth
<b>Confessional Church</b>	Followed traditional German Protestantism and refused to allow the Nazification of religion. Led by Pastor Martin Niemoller
<b>Mit Brennender Sorge (With Burning Concern)</b>	The Pope wrote to priests in Germany about his concerns over the Nazi attempts to control religion

**Weimar and Nazi Germany 1918-39**  
**Key Topic 4: Life in Nazi Germany, 1933-39**

YouTube



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**Life in Nazi Germany**

The lives of German citizens were changed after Hitler's appointment as Chancellor. For some, life was better under the Nazis but for others, it was much worse.

**Key events**

1933 Boycott of Jewish shops and businesses. Law for the Encouragement of Marriage. Sterilisation Law passed.

1935 The Nuremberg Laws were passed.

1935 Conscription introduced.

1936 Membership of the Hitler Youth made compulsory.

1938 Jewish children were not allowed to attend German schools. Lebensborn programme introduced. Kristallnacht.

1939 The euthanasia campaign began. Designated Jewish ghettos established.

**Key Concepts**

Anti-Semitism – Persecution of the Jews grew continuously after 1933.

Young– The Nazis placed much emphasis on controlling the young as only then could they secure a 'thousand year Reich'. Youth organisations and education indoctrinated the German youth.

Women – The Nazis had traditional family values but even these were tested by the needs of war and the desire to ensure a growing Aryan population.

Living Standards – The Nazis did reduce unemployment but they did this by banning Jews and women from the workplace and by putting Germany on a war footing. Workers had limited rights.

**Key Words**

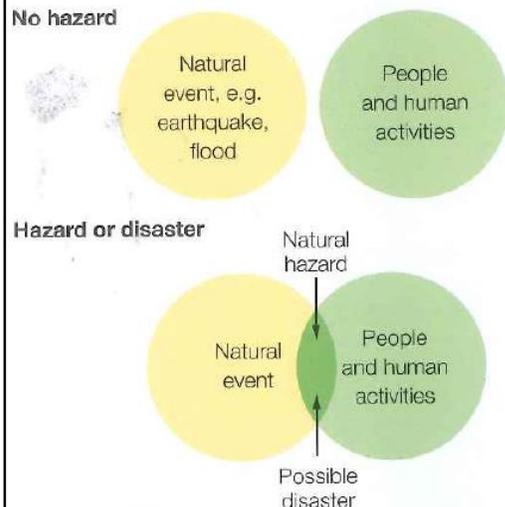
<b>Kinder, Küche, Kirche</b>	Children, Kitchen, Church. This summed up the Nazi ideal of womanhood
<b>The Motherhood Cross Award</b>	Given to women for large families
<b>Lebensborn</b>	Where unmarried women were impregnated by SS men.
<b>Napola</b>	Schools intended to train the future leaders of Germany
<b>Nazi Teachers League</b>	All teachers had to swear an oath of loyalty to the Nazis
<b>Reich Labour Service</b>	A scheme to provide young men with manual labour jobs
<b>Invisible unemployment</b>	The Nazi unemployment figures did not include women, Jews, opponent and unmarried men under 25
<b>Autobahn</b>	Motorway
<b>Rearmament</b>	Building up the armed forces   readiness for war
<b>Volksgemeinschaft</b>	The Nazi community
<b>Strength Through Joy</b>	An attempt to improve the leisure time of German workers
<b>Beauty of Labour</b>	Tried to improve working conditions of German workers.
<b>Volkswagon</b>	People's car
<b>Eintopf</b>	A one pot dish
<b>Herrenvolk</b>	The master race or the Aryans
<b>Nuremberg Laws</b>	Jews were stripped of their citizenship rights and marriage between Jews and no Jews was forbidden
<b>Kristallnacht (Night of the Broken Glass)</b>	A Nazi sponsored event against the Jewish community

**What is a natural hazard?**

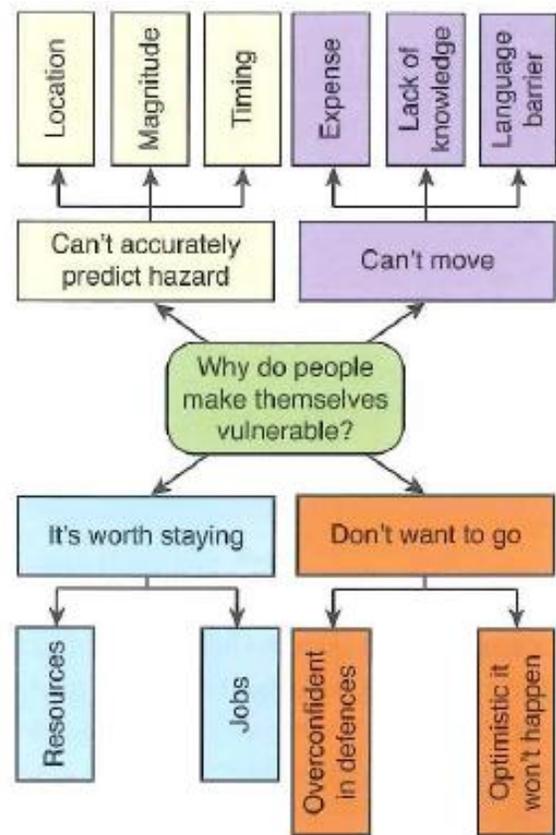
A natural hazard is a naturally occurring event which can cause harm to humans.

**Types of natural hazard include:**

- Atmospheric (including climatic and meteorological) hazards such as tropical storms
- Geophysical hazards such as earthquakes
- Hydrological hazards such as flooding

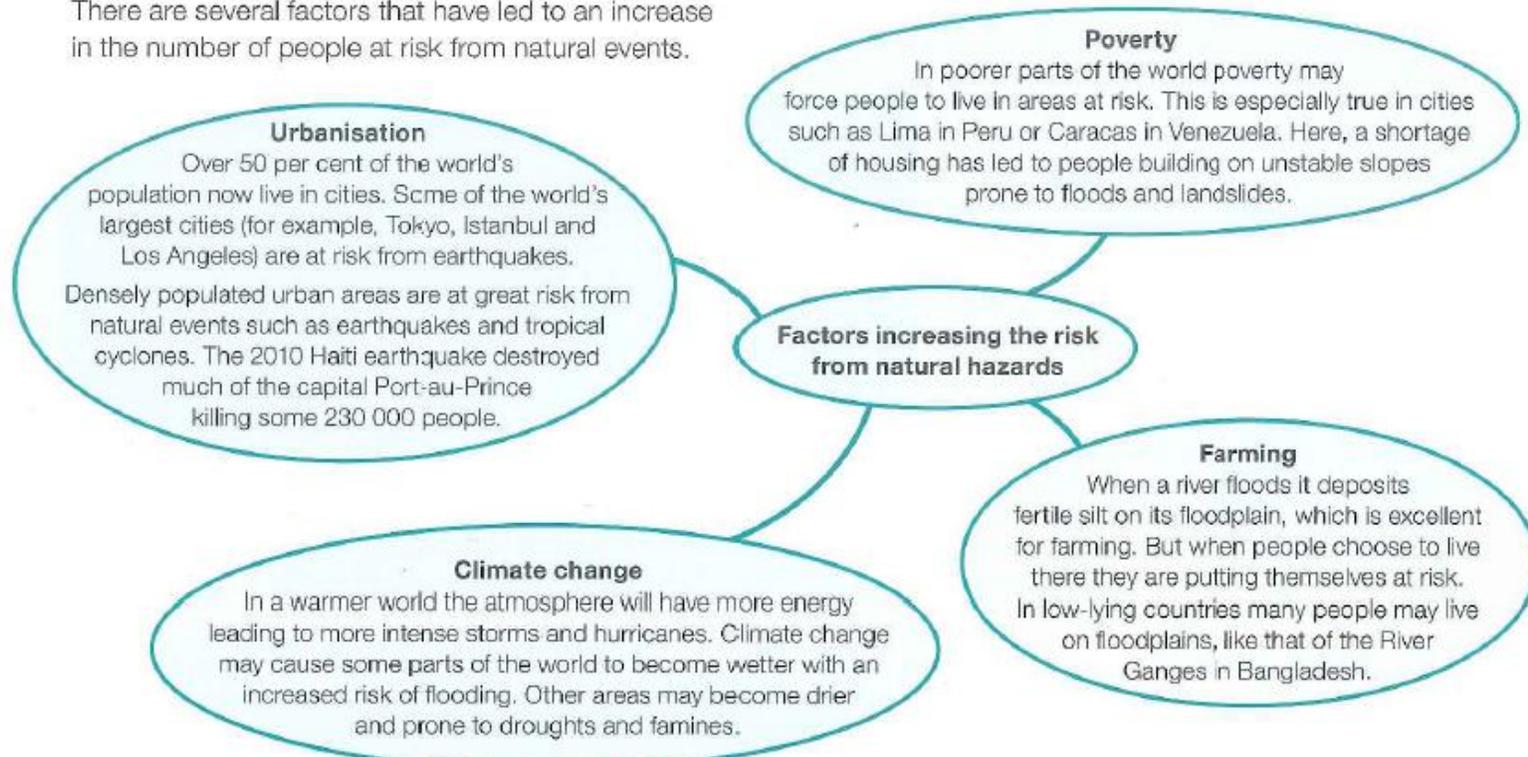


Hazard mitigation is the process of trying to mitigate – reduce – the effects of natural hazards. This can take many forms (left) but will need to be tailored for each specific hazard. For example, mitigation strategies for a volcanic eruption are unlikely to be successful in the event of an avalanche. Mitigating the risk of natural disasters is also very expensive – So while HICs may be able to put effective strategies in place that limit the impact of such disasters – less deaths, quicker recover, etc – LICs are likely to be unable to do so, and therefore are more dependent on international assistance in the event of a disaster. These general ideas are trends and patterns you will observe in both the tectonic hazards and weather hazards section.



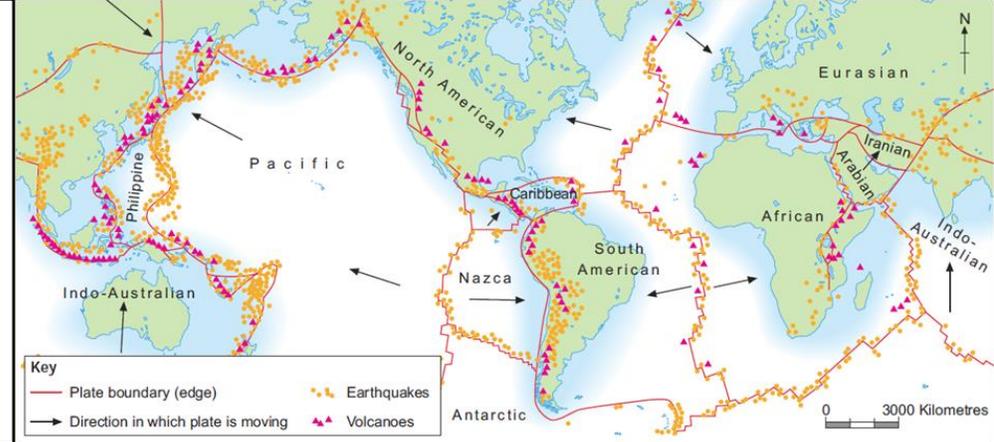
**What factors affect risk?**

There are several factors that have led to an increase in the number of people at risk from natural events.



### Tectonic theory

Tectonic plates move because the core of the earth is very hot and having heated the magma in the mantle, this then rises as it is less dense, before reaching the crust, travelling in each direction underneath it, cooling again which makes it denser, and sinking back towards the core. As this process happens, friction moves the plates with it. Evidence for this includes matching geology and fossils on different continents, from when they were joined.



### Global distribution

Earthquakes are commonly found in thin narrow belts associated with a plate boundary. Most volcanoes are distributed along the plate boundaries, too, but only constructive and destructive boundaries/margins. Occasionally, volcanoes are found in the middle of plates (e.g. Hawaii). These are called hot spots.

### Key terms and definitions for this topic

**Inner core**- solid centre of Earth; 5500°C; extremely dense, mostly made of iron and nickel.

**Outer core**-liquid around inner core due to lower pressures+ temperatures

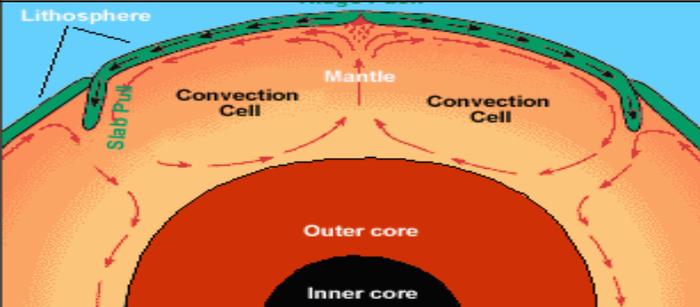
**Mantle**- made mostly of iron, magnesium and silicon, it is dense, hot and semi-solid.

**Crust**- outer layer, solid but fractured like a broken egg shell

**Richter Scale**- a numerical, logarithmic scale for expressing the magnitude of an earthquake on the basis of seismograph oscillations

**Magnitude**- the size of an earthquake measured on the Richter Scale

**Subduction**- the process of one plate being taken under, and destroyed under, another plate as they move towards each other



### Types of plates

There are two types of tectonic plate: oceanic and continental. Continental plates are less dense and cannot be destroyed or renewed. The Eurasian, African and North American plates are all examples of continental plates.

Oceanic plates are denser and can be destroyed and renewed at plate boundaries. An example of an oceanic plate is the Pacific plate; found beneath the Pacific Ocean.

### Collision plate boundary

Two plates of equal density collide and buckle to form Fold Mountains. Found in the Himalayas.

### Constructive plate boundary

As 2 plates pull apart, eruptions occur and new crust is formed. Found in the mid-Atlantic ridge.

### Conservative plate boundary

Two plates scrape past each other, causing violent earthquakes. Found in the San Andreas fault.

### Destructive plate boundaries

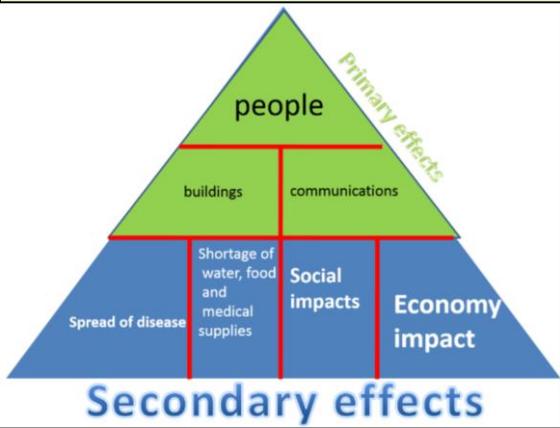
Two plates of different densities move towards each other. The denser oceanic plate is subducted causing earthquakes, volcanoes and tsunamis. Found in the ring of fire.

**Primary and Secondary effects of tectonic hazards**  
Primary effects happen immediately as a direct result of the ground shaking

People – dead, injured, trapped  
 Buildings – collapse  
 Communications – eg bridge, airport, port, roads – damaged or destroyed.

Secondary effects are driven by the severity of the primary effects

Shortage of food, water and shelter  
 Spread of disease from dirty water or dead bodies left unattended  
 Social impacts of trauma and grief – young children not able to go to school  
 Economic – impacts often higher in richer HIC



Chile = High Income Country (38<sup>th</sup> Richest country in the world)  
 Nepal = Low Income Country (109<sup>th</sup> Richest country out of 193)

**CHILE HIC – PRIMARY EFFECTS**

Primary effects—about 500 people died, 12,000 injured and 800,000 people in total affected

220,000 homes , 4500 schools and 53 ports and 56 hospitals destroyed.

Santiago airport badly damaged – total cost of earthquake US\$30 billion

**SECONDARY EFFECTS**

1500Km of roads damaged by landslides, remote communities cut off for many days.

Several coastal towns hit by tsunami and several Pacific countries but no loss of life due to early warning.

Santiago chemical plant fire—people evacuated from the area.

**NEPAL LIC – PRIMARY EFFECTS**

9000 people died, 20,000 injured and over 8 million people affected (1/3 pop)

3 million people left homeless when homes destroyed.

Electricity and water supplies and sanitation and communications affected. — 1.4 million people needed food, shelter and water in the days and weeks after the quake. 7000 schools destroyed and cost of damage US\$5 billion.

**SECONDARY EFFECTS**

Ground shaking triggered avalanches—on Mt Everest 19 people died.

Langtang avalanche 250 people missing. Landslide on Kali Gandaka River—people evacuated in case of flooding.

**IMMEDIATE RESPONSES—CHILE**

Swift response from all emergency services— international help needed to supply field hospitals, satellite phones and floating bridges.

Swift temporary repairs to Route 5 north— south highway to help trade distribution from Santiago capital.

Power and water restored to 90% of homes within 10 days. National appeal raised US\$60 million—enough to pay for 30,000 emergency shelters.

**IMMEDIATE RESPONSES NEPAL**

Search and rescue teams arrived **quickly** from UK, India and China. Helicopters rescued many people caught in avalanches and delivered supplies to villages cut off by landslides.

Half a million tents needed to provide shelter for the homeless. Field hospitals set up to cope with demand and overcrowded hospitals. 50,000 simple tents delivered in 4 days to shelter people in minus temps.

300,000 people migrated to Kathmandu to seek shelter with family and friends. Nepal couldn't cope—they asked for \$415 million in aid Within 24 hours 100 international search and recue teams arrived to help . Over 100 search dogs help rescue 16 people. Waived visa regulations for rescue workers. India sent 8 helicopters and 1000 people from it's disaster response team.

**LONG TERM RESPONSE— CHILE**

Month later Chile launched a housing reconstruction for 200,000 households for people affected by the earthquake.

President said complete rebuild and recovery may take 4 years including ports and damaged buildings

**LONG TERM RESPONSE NEPAL**

7000 schools to be rebuilt—with improved building regulations.

Very poor country not prepared— Water restored to Kathmandu but it was contaminated

Geohazards international with Kathmandu Valley risk programme to better prepare Nepal in the future.

**You need to be able to confidently compare the effects and responses of the two earthquakes (Chile 2010 and Nepal 2015), both in terms of similarities and differences, but also considering their relative wealth – this has a massive impact upon both effects and response.**

## Protection

Many areas prone to earthquake hazards now use building codes. Any new building or adjustment to existing buildings must be built to strict guidelines that would protect people from future earthquake hazards. Protection involves constructing buildings so that they are safe to live in and will not collapse. Some examples of building improvements are:

Rubber shock absorbers in the foundations to absorb the earth tremors.

Steel frames that can sway during earth movements.

Open areas outside of the buildings where people can assemble during an evacuation.

Low cost methods, such as wire mesh retrofitting, are used in rural areas and developing countries. These are affordable and appropriate to the resources and people living there.

Lightweight roofs and safety glass designed to reduce damage and injury.

Example of an earthquake-proof building.

An earthquake-proof tower block has steel frames that can sway, has rubber shock absorbers in the foundations, and has open areas outside for people to assemble

## Reducing vulnerability in earthquake active regions

### Preparation

Hospitals, emergency services and residents practise for an earthquake in earthquake-prone countries. They have drills in all public buildings so that people know what to do in the event of an earthquake. This helps to reduce the impact and increases people's chance of survival.

### Prediction

Prediction involves using seismometers to monitor earth tremors. Experts know where earthquakes are likely to happen, however it's very difficult to predict when they will happen. Even looking at the time between earthquakes doesn't seem to work. Along the San Andreas fault in California, USA, scientists have some of the most advanced technical equipment and education in predicting earthquakes – but they too cannot be exactly sure of when or where an earthquake may strike.

## Reducing vulnerability in volcanically active regions

Volcanic eruptions are unpredictable, however scientists can monitor volcanoes to try and estimate when they are likely to erupt. Scientists can use a variety of techniques to do this, such as:

- seismometers – used to measure earthquakes occurring near an eruption
- tiltmeters and global positioning systems (GPS) satellites – these devices monitor any changes in landscape, e.g. volcanoes tend to swell near an eruption
- thermal imaging – this allows a camera to monitor heat sources within the crust or volcano, it may help predict the onset of an eruption
- infrared camera imagery – these images can potentially show the magma chamber and any build-up of hot gases, steam or lava
- monitoring gases escaping from a volcano using robots called spiders – often there is an increased release of sulphur dioxide near an eruption as the magma gets closer to the surface
- measuring temperature – volcanoes become hotter when magma starts to rise through the **main vent**
- looking at previous eruptions – scientists can identify patterns of activity

Key questions for this topic. Use the command word to help answer them appropriately when instructed to do so.

This could also be used as a revision activity, getting someone else to ask you the question and confirm the answer against your 'master' answer.

What is a natural hazard? (**Definition -1**)

*A natural hazard is...*

What types of natural hazard are there? (**List - 2**)

*Examples of natural hazards include...*

How do factors affect hazard risk? (**Compare - 4**)

*There are a number of factors that can increase the risk of a hazard, such as...  
...which means that...*

*...but on the other hand...*

What is the theory of plate tectonics? (**Describe - 4**)

*The Earth's crust is made up of a series of solid plates, but in the mantle...*

How are earthquakes and volcanoes distributed? (**Describe – TEA**)

*Most volcanoes and earthquakes are...*

*...for example...*

*...however...*

Why do volcanoes and earthquakes occur at a destructive plate margin? (**Explain**)

*As an oceanic and a \_\_\_\_\_ plate move towards each other...*

Key questions for this topic. Use the command word to help answer them appropriately when instructed to do so.

This could also be used as a revision activity, getting someone else to ask you the question and confirm the answer against your 'master' answer.

What are the effects of a tectonic hazard? (**Describe**)

*Primary effects of an earthquake include...*

*Secondary effects of an earthquake include...*

Why do people in richer and poorer areas respond in different ways to tectonic hazards? (**Explain/contrast**)

*In countries like Chile, which are wealthier, ...*

*However, in Nepal, one of the world's poorest countries...*

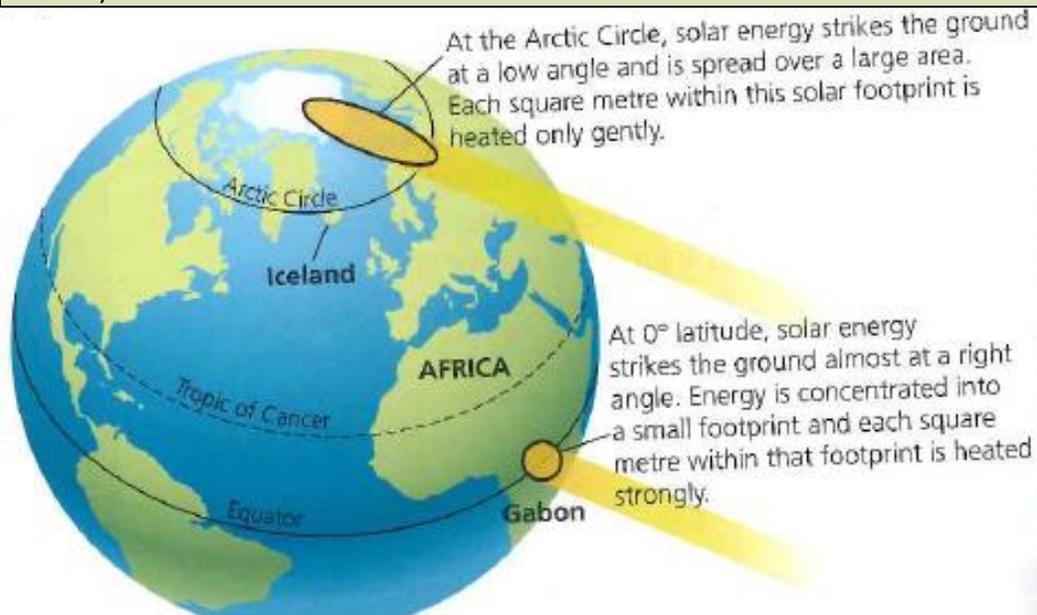
Why do people continue to live in areas at risk from tectonic hazards? (**Explain**)

How can we reduce the risks of a tectonic hazard? (**Describe**)

*Planning, protection and monitoring of earthquakes can help, for example by...*

### What causes global patterns of weather and climate?

It is all to do with the circulation of air and convection currents! But how? The most important influence on variations in climate is **LATITUDE**. This is because of the Earth's curved surface. The Equator receives much higher **INSOLATION (solar heating)** than the Polar latitudes. It is, therefore, warmer. (see diagram below)

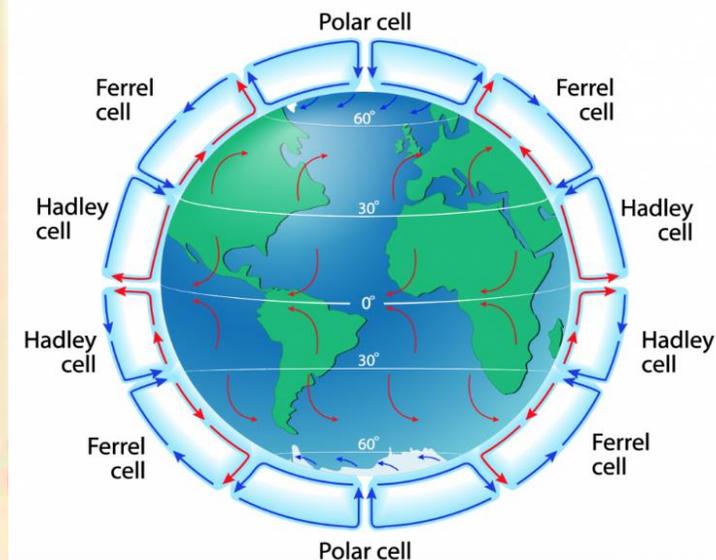


### How does global atmospheric circulation work?

Diagram B shows global atmospheric circulation. This involves a number of circular air movements called cells. These cells all join together to form the overall circulation of the Earth's atmosphere.

- Air that is sinking towards the ground surface forms areas of *high pressure* (for example, at the North Pole). Winds on the ground move outwards from these areas.
- Air that is rising from the ground surface forms areas of *low pressure* on the ground, for example at the Equator. Winds on the ground move towards these areas of low pressure.
- Winds on the ground are distorted by the Earth's rotation. They curve as they move from areas of high pressure to areas of low pressure.
- Surface winds are very important in transferring heat and moisture from one place to another.
- The patterns of pressure belts and winds are affected by seasonal changes. The tilt and rotation of the Earth causes relative changes in the position of the overhead Sun. These seasonal changes cause pressure belts and winds to move north during our summer and then south during our winter.

## GLOBAL ATMOSPHERIC CIRCULATION



### Global Atmospheric Circulation – further detail

- Air sinks towards the ground surface because it is cool and more dense, forming areas of high pressure (for example, the North Pole); wind on the ground move outward from these areas.
- Air that is rising from the ground surface because it is warm and less dense forms areas of low pressure (for example, the Equator); wind on the ground move towards these areas of low pressure.
- These winds are distorted by Earth's rotation, and curve as they move from areas of high to low pressure. (Red/Blue arrows on diagram)
- Surface winds are important in transferring heat and moisture from place to another.
- Pressure belts and winds are affected by seasonal changes. The tilt and rotation of the Earth causes changes in the position of the overhead sun, which means the pressure belts and winds move North during the summer and South during the winter.

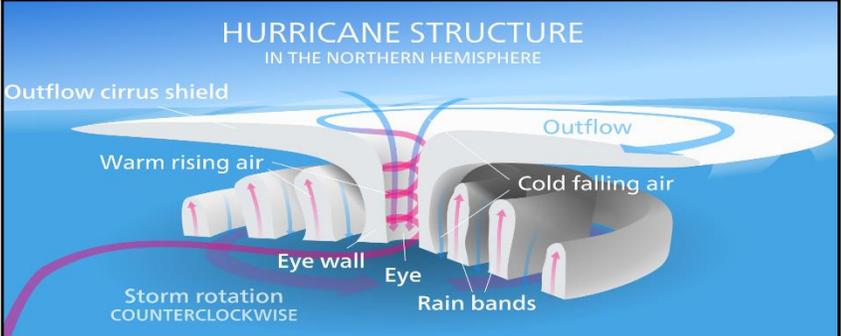
**Typhoon Haiyan**, a category 5 typhoon, struck the Philippines on 8th November 2013 at 4.40am. The tropical storm originated in the northwest Pacific Ocean. It is one of the most powerful typhoons to affect the Philippines. Wind speeds of 314 kilometres per hour (195 miles per hour) were recorded.

# Tropical storms (hurricanes, cyclones, typhoons)

**Definition**  
 A tropical storm is a natural hazard that occurs when warm tropical air rises over a body of water which is at least 27°C, to create an area of intense low pressure. As this warm, moist air reaches high altitudes powerful winds spiral around the calm central point (the eye of the storm). The moisture condenses leading to heavy rainfall.

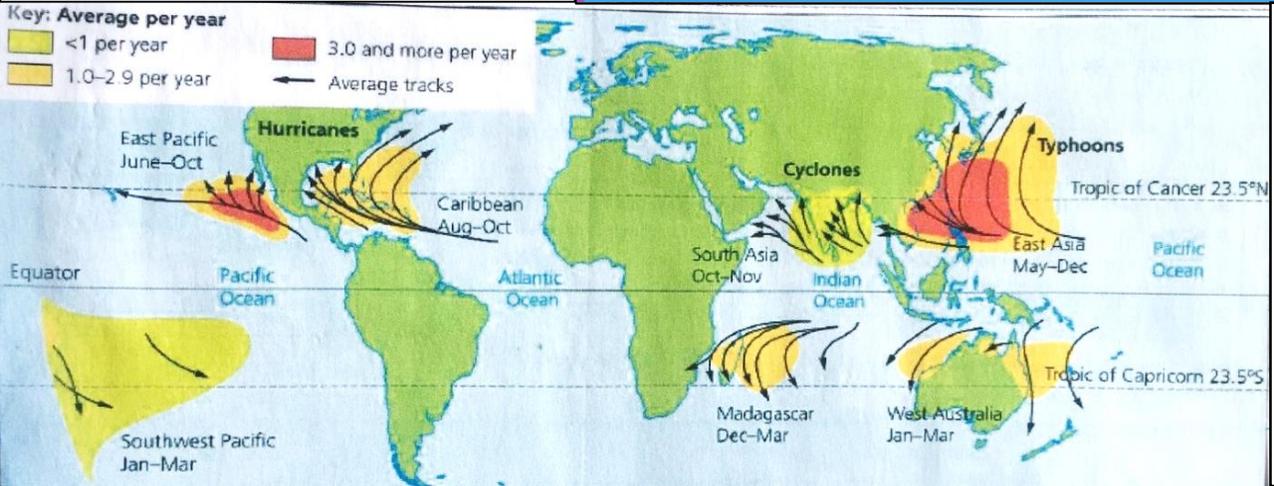
- Statistics/Key Facts**
- 80-100 tropical storms occur every year
  - Can't be on the equator
  - Sea temperature must be over 27 degrees Celsius
  - Must be between 5 and 30 degrees North or South of the equator
  - Sea depth must be roughly 60-70 metres
  - When 75mph is reached it officially becomes a tropical storm
  - The Coriolis affect is what causes things to veer clockwise or anticlockwise

- Lifecycle of a tropical storm**
- A strong upward movement of air draws water vapour up from the warm ocean surface
  - Evaporated air cools as it rises and condenses to form thunder clouds
  - As the air condenses it releases heat which powers the storm
  - Smaller thunderstorms join to a giant spinning storm
  - The eye of the storm is now formed
  - The storm is carried across the ocean by prevailing winds, gathering strength
  - Once the land is reached the storms energy supply is cut off
  - Friction with the land will cause the storm to weaken



- Typhoon Haiyan- Primary Effects:**
- Building and possessions destroyed/damaged
  - 6300 people killed and 6000000 homeless
  - 40 000 homes damaged/destroyed
  - 90% of Tacloban City destroyed
  - Tacloban airport terminal badly damaged
  - 30 000 fishing boats destroyed
  - Damaged buildings, power lines and crops
  - Over 400mm of rain causing flooding
- Secondary Effects-**
- Looting and violence broke out in Tacloban City
  - Jobs lost, hospitals and schools damaged affecting livelihood and education
  - Water, food and shelter shortages- disease
  - Ferry and airline flights disrupted, hindering aid
  - Power supplies cut off for around a month
  - 6 million have lost their source of income
  - Flooding caused landslides, in turn blocking roads and cutting off aid to remote locations

- Typhoon Haiyan – November 2013**
- Short-term Responses:**
- International government and aid responded with water, food and shelter
  - The US helped with search and rescue
  - The UK sent shelter kits
  - The French, Belgian and Israeli set up field hospitals
  - The Philippines' Red Cross delivered food
  - 1200 evacuation centres set up
- Long-term Responses:**
- Other countries/organisations (such as the UN) donated aid
  - Roads and bridges were rebuilt
  - "cash for work" projects set up
  - Oxfam helped rebuild boats
  - More cyclone shelters were built
  - Thousands of homes were built in better places



- Storm Shelters – protection method**
- Constructed out of concrete (durable)
  - Stilts (in case of flooding)
  - Stairs (to reach ground)
  - Built on raised ground (flooding)
  - Shutters on windows (wind/debris)
  - Can be used as a medical centre or school at other times

- Affects of climate change on tropical storms**
- Distribution-**  
 Climate change will cause tropical storms to be distributed more evenly all over the world. This is because there will be warmer oceans able to support storms where they used to be cold.
- Frequency-**  
 Climate change will not affect the frequency.
- Intensity-**  
 Climate change will cause tropical storms to become more intense. This is because the sea is warmer and will be able to provide more energy for stronger storms.

# UK Weather Hazards

There are various types of extreme weather that affect the UK.

### Drought

A prolonged period of abnormally low rainfall, leading to a shortage of water

**Potential Impacts:**

- Crop failure can lead to higher food prices, lower incomes for farmers and reliance on food imports.
- Water conservation regulations, such as hosepipe bans, may be introduced, which can affect businesses and householders.

### Gales

A period of strong, sustained surface winds (common in the west and in upland and coastal regions)

**Potential Impacts:**

- Buildings, transport links and electricity lines may be damaged.
- Fallen trees and large branches block roads and cause injury.

### Heavy Rain

A period of abnormally heavy rain

**Potential Impacts:**

- Short periods of intense rain can cause flash floods. Prolonged rain saturates the ground, which can lead to river flooding.
- Damage may occur to buildings, transport links, communication links and energy supplies.
- Flooded farmland kills crops and animals.
- Repairs often cost millions and can take years to complete.
- Businesses and homeowners in high-risk areas may be denied insurance.

### Extreme Cold Weather

A period of abnormally cold weather leading to snow and ice

**Potential Impacts:**

- Travel disruptions and safety concerns force businesses and schools to close.
- Food shortages may occur.
- People may become hypothermic and die.
- Slippery conditions cause an increase in fall-related injuries.
- Councils have to spend money on salting, gritting and snow ploughing.
- Crops may be damaged and livestock killed.

### Heatwaves

A prolonged period of abnormally hot weather

**Potential Impacts:**

- Fatalities and health issues, such as heat exhaustion and breathing difficulties, can occur.
- Road surfaces can melt and rail lines can deform, disrupting transport.
- Crops wither and scorch, which may lead to higher food prices, lower incomes for farmers and reliance on food imports.

### Thunderstorms

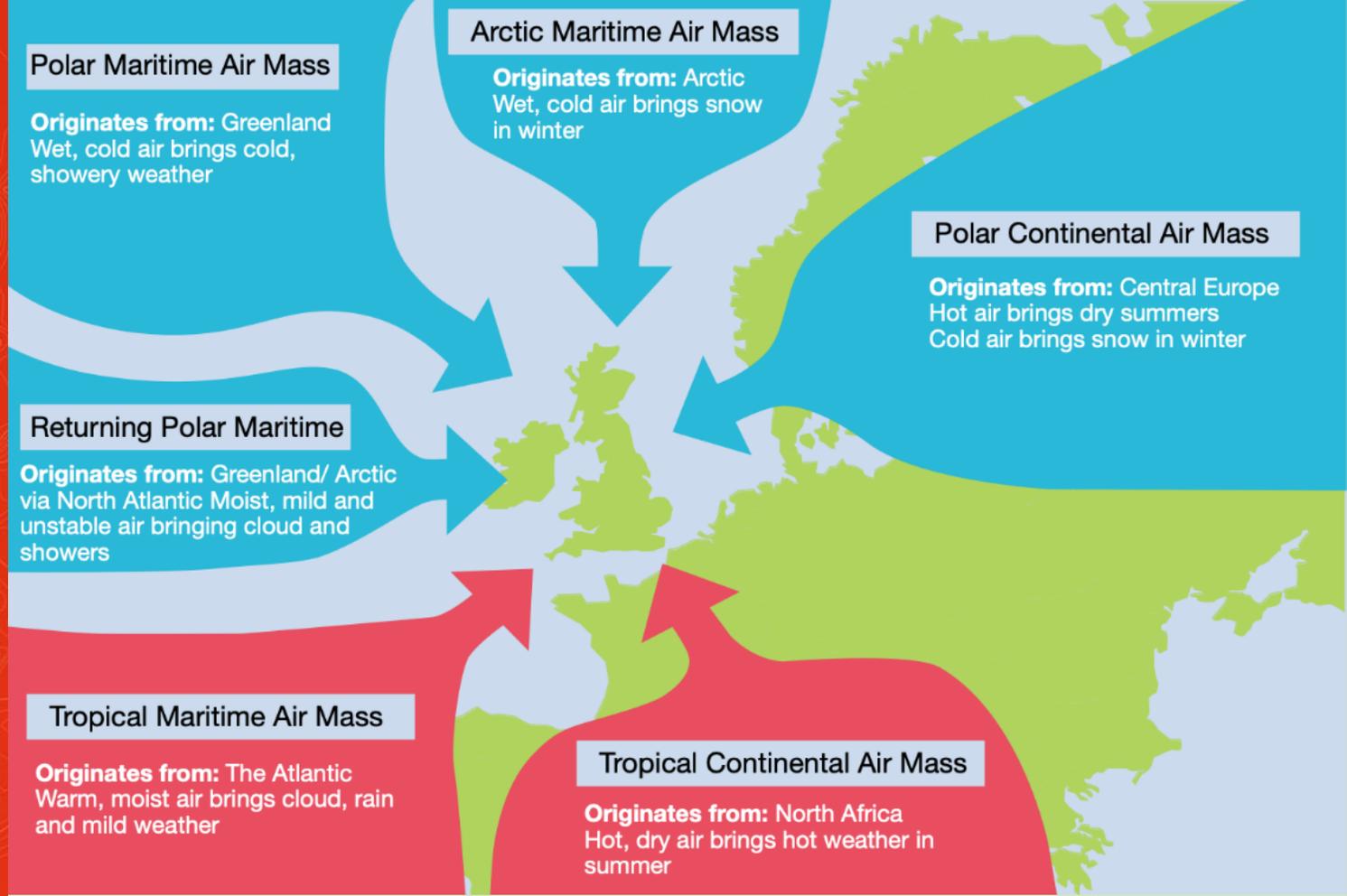
A heavy rain storm accompanied by thunder and lightning, caused by hot and humid conditions (common in the south-east)

**Potential Impacts:**

- Lightning can cause fires, electricity surges, fatalities and damage to buildings.
- Flash flooding due to heavy rainfall can damage buildings and transport links.
- Associated winds and hail may damage crops and buildings.

Evidence shows that the weather in the UK is becoming more extreme.

- Temperatures are becoming more extreme: 2014 was the warmest year since 1910, and December 2014 was the coldest month for over 100 years.
- Rainfall is heavier, and storms are more intense and frequent. December 2015 was the wettest UK month on record.



## **The Somerset Levels Flood Case Study – an example of extreme weather in the UK**

The Somerset Levels are a coastal plain and wetland area of Somerset, England. Thousands of years ago the area was covered by the sea, but today it's a landscape of rivers and wetlands – artificially drained, irrigated and modified to allow productive farming. The Somerset Levels are one of the lowest areas in the UK. Much of the area lies below the high-water mark of spring tides. The area is very flat and has a maximum altitude of 8m above sea level. In January 2014 the Somerset Levels experienced floods greater than any other in living memory. Estimates suggest that 10% of the area was underwater when the flooding was greatest.

### **Causes**

A quick succession of prolonged Atlantic storms, with persistent rainfall and gale-force winds were the major cause of flooding. The rivers could not cope with the significant amount of rainfall that fell. Additionally, high tides in the Bristol Channel and its narrowing estuary created tidal surges. These blocked the floodwater trying to escape the Somerset Levels. Coastal defences coped with the tidal surges.

Leading up to 2014 there had been less dredging of the river channels on the Somerset Levels. As a result of this, the channels had raised due to the accumulation of sediment. This reduced the capacity of rivers to transport water, leading to flooding. Change in farming practices has also contributed to flooding. Much of the land has been converted from grassland to grow maize. This more intensive use of the land means it is less able to retain water, causing it to run over the surface rather than being absorbed.

### **Impacts**

Over 600 homes and 6880 hectares of agricultural land were flooded. A number of villages were cut off after roads were flooded. There were several incidents of crime during the floods. 900 litres of fuel was stolen from a pumping station in Westonzoyland. There were also reports of heating oil and quad bikes being stolen from homes affected by flooding. Many main roads were closed, including the A361 linking Taunton and Street. Flooding also disrupted train services on the main Bristol line between Taunton and Bridgwater. There were considerable economic costs associated with the floods. Fuel used to power emergency pumps cost £200 000 per week. An estimated £1 million was lost by local businesses. The Somerset floods cost the county's tourism industry an estimated £200 million. Soil was damaged after being underwater for nearly three months. In some areas, it took over two years to restore the soil before crops could be grown. Insurance costs increased in flood-hit areas of Somerset.

### **Immediate Response**

As expected for a high-income country (HIC), the response to the flood was well organised and rapid. Local people in South West England were warned of heavy rain when the Met Office issued an amber warning. The public was advised to prepare for significant flooding by the Environmental Agency. Many people used sandbags to protect their property and moved valuable items upstairs. In Moorland, a man constructed a large wall out of clay and mud to protect his house from flooding. Rescue boats were used to help stranded people by the fire brigade who also visited hundreds of properties. Rescue crews supported residents of Moorland in evacuating. The owners of some 80 homes agreed to evacuate, however, around 30 residents stayed at home. Additional police patrols were introduced as the result of increased crime. The army was sent into the area with specialist equipment towards the end of January. They issued sandbags and distributed food. They were later joined by 40 Royal Marines to provide additional support. Sixty-five pumps were used to drain 65 million m<sup>3</sup> of floodwater. Local people, led by the Flooding on the Levels Action Group (FLAG) provided local support to people affected by the floods. This included fundraising and the collection and distribution of food. They also used social media, such as Facebook and Twitter, to share news. An estimated £15m was made available by the government to meet the immediate costs associated with protecting lives and properties.

### **Long Term Response**

The long-term response to the Somerset Levels flood focussed on management techniques to reduce the risk of future floods on this scale. The Somerset Levels and Moors Action Plan was developed and included measures such as reintroducing dredging to increase capacity in the rivers, the construction of a tidal barrage and additional permanent pumping stations. The scheme is part of a 20-year plan for the Somerset Levels and will cost of £100 million.

## Orbital changes

The distribution of the Sun's energy on the Earth changes due to the Earth's orbit:

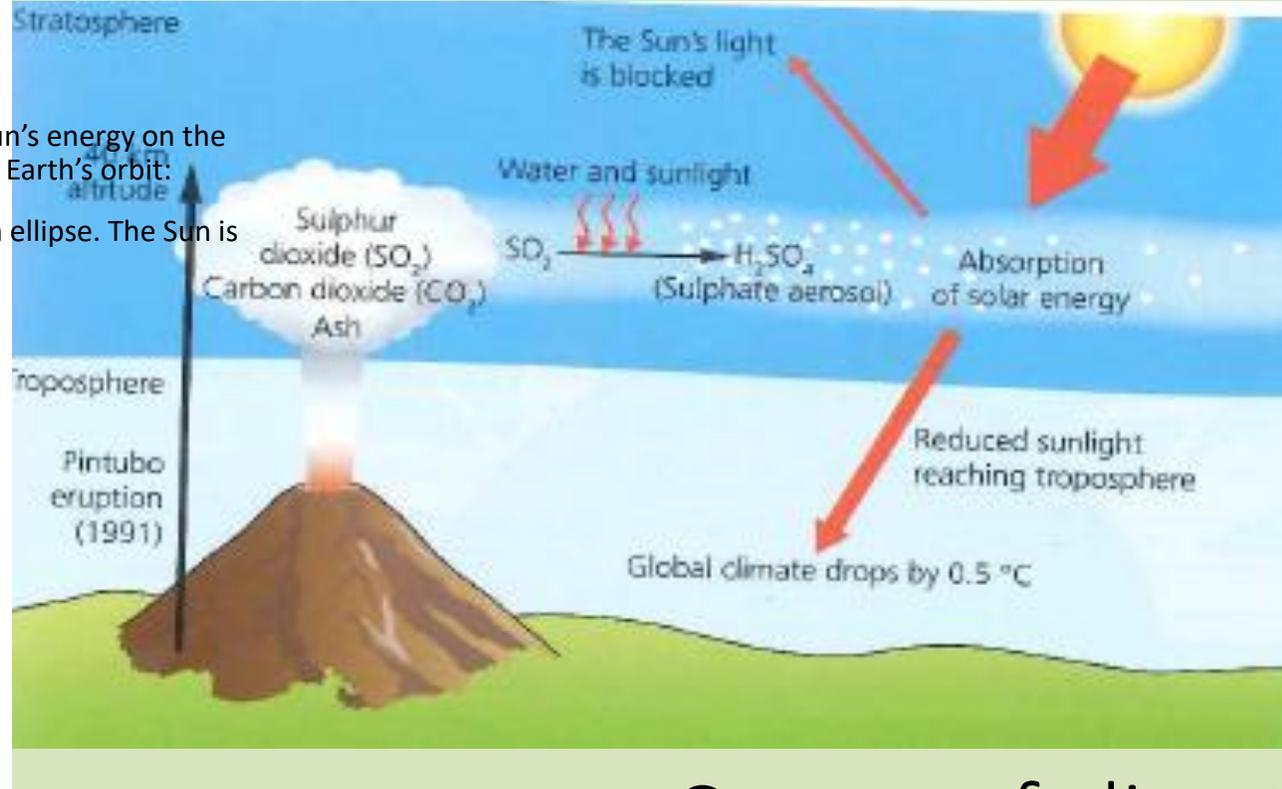
- The Earth's orbit is an ellipse. The sun is not perfectly in the centre of the ellipse and the ellipse changes shape every 100,000 years. This means the distance between the Earth and the sun changes as the Earth orbits. As the Earth orbits closer to the sun, the climate becomes warmer, and the opposite happens as it orbits away.
- The Earth's axis is tilted on an angle. The angle of the tilt changes due to the gravitational pull of the Moon. When the angle of the tilt increases, this can exaggerate the climate, so summers get warmer and winters get colder. The angle of the tilt moves back and forth every 41,000 years.
- The Earth is not a perfect sphere, so as the Earth spins, it wobbles on its axis in a 20,000-year cycle.

Together, these three **orbital changes** vary the distribution of the Sun's energy on the Earth. This can mean a significant impact on climate change. However, scientists suggest that orbital changes would not cause an ice age for at least 30,000 years.

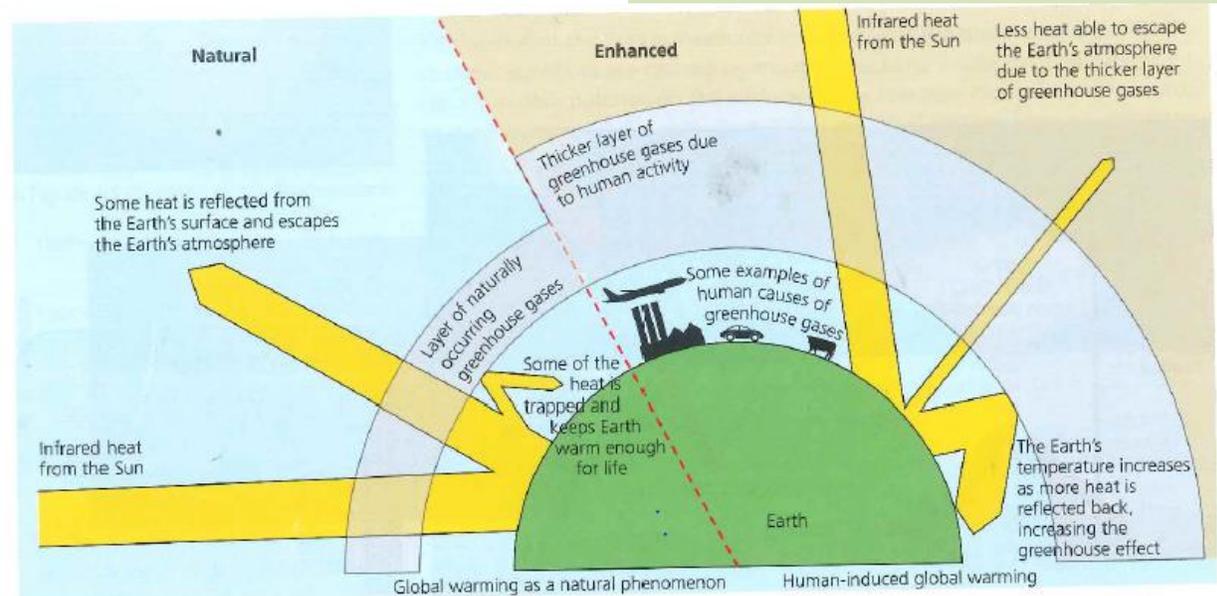
### Orbital changes

The distribution of the Sun's energy on the Earth changes due to the Earth's orbit:

- The Earth's orbit is an ellipse. The Sun is not perfectly



- Fossil Fuels** release greenhouse gases as they are burnt, for transport, energy generation, etc. More people on the planet need more energy, so this problem is getting worse...
- Agriculture** – As the world's population continues to increase, so we need more food. Livestock produces huge amounts of methane, as does decaying organic matter used to fertilise crops.
- Deforestation** – cutting down trees for building roads, farms etc is in itself bad but also trees take in CO2 during photosynthesis, so by reducing the number of trees, we are also reducing the capacity for greenhouse gases to be absorbed in this way.



▲ Figure 4.9 The greenhouse effect: natural and enhanced

## Causes of climate change

### What is the evidence for climate change?

Temperature is measured directly using an instrument called a thermometer. Reliable measurements using thermometers go back only about a hundred years. In the UK, for example, reliable weather records began in 1910. So, how do we know what temperatures were in the distant past?

Without the use of thermometers, scientists use indirect data stored as a fossil record. These are found in deep ocean sediments and frozen ice cores.

When layers of sediment or fresh falls of snow become buried they trap and preserve evidence of the global temperature at that time. Scientists can study the oxygen in ocean sediments or water molecules in ice to calculate temperature. They can be accurately dated and this information used to plot graphs such as graph A. Ice cores have been used to reconstruct temperature patterns from as long as 400,000 years ago (photo C).

## Positive and negative impacts of climate change

### Impact on the world

The possible impacts of climate change will vary widely across the globe.

People who live in the least developed countries will be the hardest hit.

Negative impacts could include:

- rising sea levels due to melting ice and thermal expansion (a billion people live in coastal areas)
- changing patterns of rainfall, causing desertification in some areas and increased flooding in others
- more frequent extreme weather events including heatwaves, droughts and heavy rainfall; tropical storms would also increase in strength and frequency
- extinction of certain species due to shifting temperature regimes
- spreading of diseases such as malaria (an additional 280 million people could be affected)
- desertification or coastal flooding leading to human migration which could become a source of political and even military conflict
- ski resorts, in places such as the Alps, could close due to a lack of snow

Positive impacts of a warmer global climate could include:

- warmer temperatures and increased CO<sub>2</sub> levels, leading to more vigorous plant growth
- longer growing season leading to a higher yields in current farming areas
- frozen regions, such as Canada and Siberia, could be able to grow crops

### Impact on the UK

Negative impacts of climate change in the UK include:

- rising sea levels flooding low-lying areas, particularly in southeast England - valuable farmland such as the Fens would be lost
- increased cost of building sea defences
- droughts and floods would become more likely as extreme weather increases
- increased demand for water in hotter summers putting pressure on water supplies

Positive impacts of climate change in the UK include:

- higher year-round temperatures and longer growing seasons could mean that new crops such as oranges flourish in the UK
- higher yields of many outdoor crops such as cereals due to a longer growing season and higher temperatures
- warmer temperatures would reduce winter heating costs
- warmer temperatures could lead to healthier outdoor lifestyles
- growth in the UK tourist industry, particularly seaside resorts, with warmer, drier summers

## How can we adapt to climate change?

Scientists believe that climate change will have a huge impact on agricultural systems across the world.

- Patterns of rainfall and temperature will change.
- Extreme weather events such as heatwaves, droughts and floods will become more common.
- The distribution of pests and diseases will change.

Farmers will need to adapt to these changes.

### Agricultural adaptation in low latitudes

Scientists think that the greatest changes to agriculture will occur in low latitudes. Southern Africa's maize crop could fall by 30 per cent by 2030 and the production of rice in South Asia could fall by 10 per cent.

There are several adaptations that can be made (photo A).

### Agricultural adaptation in middle latitudes

A warmer climate in Europe and North America could lead to an increase in production of certain crops such as wheat. In the UK, Mediterranean crops such as vines (photo B) and olives may thrive.

Introducing drought-resistant strains of crops



New irrigation systems

Educating farmers in water harvesting techniques

Shade trees can be planted to protect seedlings from strong sunshine

New cropping patterns can be introduced, e.g. changing planting/sowing dates

### Solar energy

In 2013, 14.9 per cent of the UK's electricity was generated by renewable energy sources. Photovoltaic solar energy generated 3.8 per cent of renewable energy sources. When light shines on solar panels it creates an electrical field. The stronger the sunshine on solar panels, the more electricity that is produced. A typical home saves over a tonne of CO<sub>2</sub> per year as there are no greenhouse gas emissions to contribute to climate change (Energy Saving Trust, 2014). However, at times when there is no sunshine, such as night, solar energy cannot be relied on to generate electricity.

### International agreements

The UN negotiated a new international climate change agreement for all countries at the 2015 Paris climate conference. It will be implemented from 2020. The European Commission has set the EU's vision for a new agreement that will reduce global emissions by at least 40 per cent below 2010 levels by 2030, and by 60 per cent by 2050. It was a challenge for countries to agree on targets that will go far enough to manage climate change. Some countries can afford to mitigate climate change more than others, and some are considered more responsible for causing climate change than others.

### Planting trees

Deforestation is a global problem as it is a major driver of climate change (see Chapter 6). According to the United Nations Environment Programme, deforestation and forest degradation occurs at a rate of 13 million hectares per year. A US\$40 billion investment in **reforestation**, and payments to landholders for conservation each year from 2010 to 2050, could increase forest carbon storage by 28 per cent.

Key questions for this topic. Use the command word to help answer them appropriately when instructed to do so.

This could also be used as a revision activity, getting someone else to ask you the question and confirm the answer against your 'master' answer.

What is global atmospheric circulation? (**Definition**) *Global atmospheric circulation relates to a series of c\_\_\_\_\_ a\_\_\_\_\_ movements working in lat\_\_\_\_\_ bands around the world.*

How does global atmospheric circulation work? (**Describe**)

*The air cells cause air to sink or rise away from the Earth's surface. Air that is sinking causes areas of \_\_\_\_\_ pressure and winds that \_\_\_\_\_ from these \_\_\_\_\_. Air that is rising creates low \_\_\_\_\_ and surface winds move \_\_\_\_\_ these areas. Surface winds are important for transferring heat and moisture from one place to another. \_\_\_\_\_ changes also affect pressure belts and surface winds, because of position of the Earth relative to the \_\_\_\_\_.*

How does global circulation affect the world's weather? (**Explain with examples**)

*Global atmospheric circulation drives the world's weather as pressure belts and winds move around. For example...*

What causes tropical storms and how do they develop? (**Describe**)

*Tropical storms form over warm oceans, where the temperature is at least \_\_\_\_\_ and where the intense \_\_\_\_\_ causes unstable air to rise \_\_\_\_\_. As the air rises, \_\_\_\_\_ is drawn upwards, which cools and forms towering thunderstorms as it \_\_\_\_\_. Due to the \_\_\_\_\_ effect, winds begin to spin as air rises, causing an eye to develop at the \_\_\_\_\_.*

Key questions for this topic. Use the command word to help answer them appropriately when instructed to do so.

This could also be used as a revision activity, getting someone else to ask you the question and confirm the answer against your 'master' answer.

Draw the structure and features of a tropical storm. (**Annotated diagram describing**)

How might climate change affect the distribution, frequency and intensity of tropical storms? (**Explain**)

*As sea temperatures change, some areas of the sub-\_\_\_\_\_ may be affected. While the \_\_\_\_\_ of storms may not \_\_\_\_\_, it is likely that their \_\_\_\_\_ will increase as sea \_\_\_\_\_ rise.*

What were the effects of a tropical storm you have studied and how did people respond to this? (**Describe**)

*Typhoon Haiyan, a category 5 storm, caused....*

*The immediate responses to this included...*

*...while in the long term...*

How can we reduce the effects of tropical storms? (**Explain**)

*We can reduce the effects storms have on people by planning, protecting and monitoring. For example...*

Key questions for this topic. Use the command word to help answer them appropriately when instructed to do so.

This could also be used as a revision activity, getting someone else to ask you the question and confirm the answer against your 'master' answer.

What types of weather hazard do we experience in the UK? (**List**) *In the UK...*

What were the causes of an extreme weather event in the UK that you have studied? (**Describe**)  
*In 2014, the Somerset Levels experienced widespread flooding. Factors leading to this included...*

What evidence is there that weather in the UK is becoming more extreme? (**Describe**)

Is climate change only the result of human activity? (**To what extent**)

On one hand...

On the other hand....

Overall, I think....

## The Nature of God (his qualities)



### All powerful or Omnipotent:

Examples of this include

- God creating the world in 6 days *“In the beginning was the Word and the Word was God”*
- God working through Moses and Jesus to perform miracles e.g. calming of the storm / 10 plagues
- Resurrection of Christ

**Impacts:** Feel protected / safe, in awe of God’s power and wonder, nothing can defeat God.

### All-Loving or Omnibenevolent:

Examples of God being all loving include

- The incarnation of Jesus. This is where God lives through Jesus on earth – showing that God sent down his son to earth to guide us. The quote *“The Word became flesh and lived among us for a while”* shows this
- The parable of the **Prodigal Son**.
- Jesus said that people should *“Pray for your enemies and those that persecute you”*
- Gods sacrifice to let Jesus die also shows he is all loving to us: *“for God loved the world so much He gave His only Son”*

**Impacts:** Personal relationship with God. God is immanent and can intervene if they need help. They can pray to speak to God or ask him for forgiveness. This will influence them to be loving and forgiving.

## BVT Christian Beliefs

### Key vocabulary

Omnipotent  
Incarnation  
Parable  
Trinity  
Baptism  
Immanent



### God is immanent

This means God is **active in our lives** – he is involved in our lives.

Examples of this would be incarnation, miracles, resurrection of Christ, Judgement and punishment for sin.

This would develop a **personal relationship** with God



### Parable of the Prodigal Son

A farmer leaves his inheritance for his 2 sons. One son saves his inheritance and stays to work on the farm, the other son leaves and spends all his inheritance. He returns home with no money and no place to go. The farmer welcomes his son back and forgives him.

This parable story teaches to be loving to one another and forgiving of mistakes

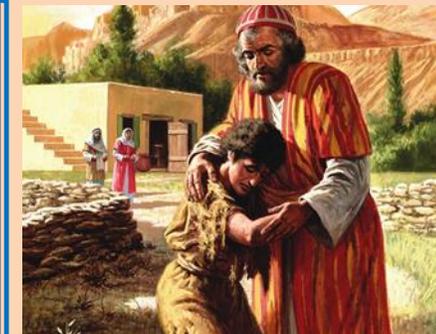
### Trinity

This means the 3 parts that make up God – The Father, the Son and the Holy Spirit. The Father is God, the Son is Jesus and the Holy Spirit is the power that binds the 3 together.

Examples that illustrate the Trinity are

- Incarnation of Jesus. This is where God lives through Jesus on earth – showing that God sent down his son to earth to guide us. The quote *“The Word became flesh and lived among us for a while”* shows this
- On Jesus return after death he told the disciples to *“Go make disciples of all nations and baptise them in the name of the Father, Son and Holy Spirit”*.

**Impacts:** Follow Jesus’ teachings to become baptised and embrace the Holy Spirit within them. Teaches God is all powerful and can intervene through Jesus Christ (incarnation).



# The Nature of God - continued (his qualities)

## Just

This is the belief that God is fair and brings justice: He can reward those that serve him and punish those that commit sin.

Examples of God being just include:

- God is **Omniscient** – all knowing
- Judgement day: When religious believers die they believe if they are good their souls will go to Heaven, if not they will go to Hell.
- The parable of **Lazarus and the Rich man**.
- The **Original Sin** (the Story of Adam and Eve)

**Impacts:** Understand actions have consequences. Understanding of **Salvation through law**. Christians will care and show respect for others, pray and connect to God, follow God and Jesus' teachings. They will understand that sin and evil will be punished.



## Parable of Lazarus and the Rich man

A beggar called Lazarus is begging on the street. Each day a rich man walks past and does not give him any money or food. When the rich man dies God sends him to hell.

This teaches God is almighty and can punish those that sin

## God is Transcendent

This means God is **beyond our world, understanding and intelligence**.

Examples of this would be his omnipotence, creation, Judgement and punishment for sin. This would develop an **impersonal relationship** with God

# Christian Beliefs

## Key vocabulary

Omnipotent

Parable

Original Sin

Transcendent



## Original Sin

God told Adam and Eve, not to eat from the forbidden Tree. Eve was convinced by the serpent to eat the fruit. Eve then tempted Adam to also eat the fruit.

God became angry and punished their actions:

Eve damned women to a lifetime of painful childbirth and your husband will rule over you.

Adam damned man to a life long of hard labour in farming.

Both were banished from the Garden of Eden.

***The story is called Original Sin as it is the first Sin of man and also some believe that mankind was then born with sin.***

# Is God is all loving?

## - Suffering

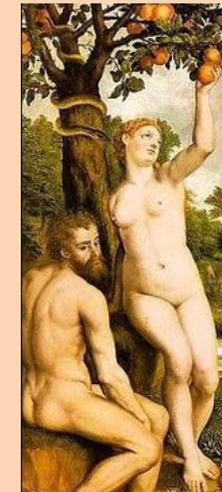
**One of the Key arguments is if God is All Loving – why is there suffering?**

These are arguments that Christians would make to explain suffering:

- God gave mankind free will, he will make mistakes and therefore need to be punished by God, as God is just.
- Suffering is a test from God to strengthen your faith and make you become stronger and more resilient.

## (Story of Job)

- Suffering is God balancing out the world, it can't always be all good!
- God is too powerful and divine to understand what he does (transcendent)
- Suffering is caused by evil in the world, Satan has made individuals to act in evil ways



## Story of Job

**JOB's faith was tested as he suffered** the death of his children, his cattle and farm was destroyed and he became very ill.

He remained faithful through this suffering and God rewarded and saved him.

# The birth and death of Jesus

## Incarnation of Jesus

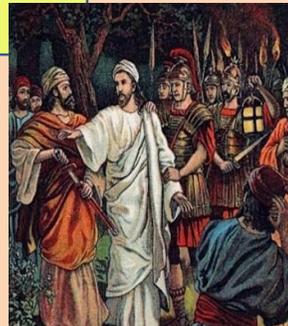
This means God lives through Jesus on Earth. He came to earth to guide and teach us **“The Word became flesh and lived among us for a while”** – *The Word is God*

The incarnation is also proof that God is **Omnipotent** and of the **Trinity**. The idea for Christians that God would humble us to come to earth fills Christians with the idea that God is **all loving**.

It **impacts** Christians and inspires them to be loving to others too. It shows them that God is **immanent** and this will give them comfort.

## How and why did Jesus die?

- Jesus came to Jerusalem causing a scene stating that he was the Son of God – this was Blasphemy.
- This threatened the influence and power of the Jewish high priests.
- Judas took a bribe and told the Jewish Priests where to find Jesus.
- Guards arrested Jesus in the Garden of Gethsamane.
- They took him to Roman governor **Pontius Pilate** who was able to give the death sentence, which he did.
- On Good Friday Jesus’ was crucified. He told the guards who tied him up that **he forgave them**.
- Just before his death he called out “My God , My God, why have you forsaken me”. Jesus took **6 hours** to die in a very painful way. When he died it is said that the curtain **temple** tore in two.



# Christian Beliefs

## Key vocabulary

- Incarnation
- Omnipotent
- Trinity
- Immanent
- Atonement
- Reconciliation
- Salvation
- Resurrection
- Ascension



## KEY QUOTE

**“God loved the world so much he gave his only son”**

## Resurrection and Ascension

- Jesus’ body was put into a tomb and a stone bolder rolled across its entrance.
- On the Sunday morning 3 women returned to tend to the body of Jesus. When they reached the tomb the stone in front had been rolled to the side. They went inside and the body had disappeared.
- A young man had told them that Jesus had risen and he would be in Galilee. **Mary Magdalene** was one of the women, she went to tell the disciples that Jesus had risen (called the resurrection.)
- When the disciples meet with Jesus, they preached with him for 40 days about God. Jesus told the disciples to **“make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit”**.
- After 40 days Jesus died and ascended to Heaven, this is called his ascension.

## Why did Jesus die?

God saw how the mankind behaving badly, sinning, turning away from God... God is JUST so mankind needed punishing. However God is also ALL LOVING he cannot punish all people God decides that Jesus will take the punishment for mankind; This was a sacrifice for God as well as Jesus.

**This is called Jesus’ atonement – Jesus make up for the sins of mankind**

When Jesus atoned mankind's sin it **reconciled the relationship between God and mankind**. God forgave man and man saw what Jesus had done.

Many believed in Jesus and God and stopped sinning, they had gained **salvation – God’s love and acceptance into Heaven**.

Salvation comes from the word save – it is often said that Jesus saved us. This means Jesus’ death saved us from sin and therefore acceptance into Heaven by God.

# Why is the Resurrection and ascension of Jesus important

The **impact** of the resurrection is when Jesus resurrected and came back to life for 40 days, is that it shows Jesus ready **IS** the Son of God.

*“The word became flesh and lived among us for a while”*

This goes to show God’s **POWER** – that he is **omnipotent**. This gives Jesus’ teaching **authority** and meaning. Christians today will follow Jesus’ teachings to follow God.

The **impact** of Jesus’ ascension when he went to Heaven – shows Christians that there is an after life. This gives them **hope** and **comfort** knowing there is eternal love and life with God.

## Summary of Key concepts



Concept	Evidence	Impact
<b>Crucifixion</b>	6 hours Jesus died on the cross. Jesus forgave the guards the placed him on the cross	Empathy for suffering. Determination to get through difficult times. Shows that all acts can be forgiven, forgiveness is important.
<b>Atonement</b>	<i>“God loved the world so much he gave his only Son”</i>	God and Jesus are all loving to mankind. Sacrifice: willing to give. This will inspire Christians to be loving and self sacrificing.
<b>Reconciliation</b>	Jesus died for our sins to repair our relationship with God	God and man have reconciled (repaired) their relationship. Brought Salvation. Mankind's’ sins have been forgiven. It will encourage Christians to forgive others.
<b>Salvation</b>	The reconciliation of man and God. Jesus said <i>“Go make disciples of all nations”</i>	God and Jesus are all loving to mankind. Christians should be baptised to accept the Holy Trinity then they are accepted to heaven.
<b>Resurrection</b>	<i>“The word became flesh and lived among us for a while”</i>	Jesus is really the Son of God. Jesus’ teachings have authority
<b>Ascension</b>	Jesus died after 40 days	Proof of the after life. Gives Christians hope and comfort for eternal life with God

## Christian Beliefs

### Key vocabulary

- Resurrection
- Omnipotence
- Ascension
- Crucifixion
- Atonement
- Reconciliation
- Salvation
- Salvation through law
- Salvation through Grace
- God’s Grace



## Salvation

Key term	Definition
<b>Salvation</b>	Acceptance by God into Heaven
<b>Salvation through Law</b>	Following Gods laws (e.g. 10 Commandments) will earn you a place into Heaven
<b>God’s Grace</b>	God loves you
<b>Salvation through Grace</b>	God loves you and therefore you are allowed into Heaven
<b>Universalism of Heaven</b>	God is by nature all loving (his love is universal – meaning for everyone) and therefore you will go to heaven, no matter what, because God is all loving.



# Judgement

## Judgement day:

This is when Christians die they will face judgement by God on the actions of their life. This follows with the idea that **God is just** and will reward those with the after life of Heaven and condemn those who have sinned to Hell. Some Christians believe in **purgatory**. This is a waiting state before Heaven. It is similar to Hell – like a state of punishment for their sins before being accepted into Heaven.

Jesus taught about Judgement through **parables; Lazarus and the Rich Man and the Sheep and the Goats.**

## Final Judgement:

This is something different. Final Judgement is when Judgement will come to the whole world. This is believed by **Catholics**. The belief is that Jesus will return to earth, bringing the age of time and space to an end (end of the world). There will be a final judgement on all living and dead souls for a place in Heaven or Hell.

### Parable of the Sheep and Goats.

This parable makes reference to God being like a shepherd. The shepherd separates the sheep from the goats (the sheep being the ones to stay with the shepherd). The reference is liking God separating the good from the bad, in teaching the idea of judgement.



### Parable of Lazarus and the Rich man

A beggar called Lazarus is begging on the street. Each day a rich man walks past and does not give him any money or food. When the rich man dies God sends him to hell.

This teaches God is almighty and can punish those that sin

# Christian Beliefs

## Key vocabulary

Judgement Day  
Final judgement  
Parable  
Heaven  
Hell  
Purgatory

The **Impacts** of this will be significant on how a Christians lives:  
Following laws e.g. 10 commandment  
Behaviour to others  
Following teachings of Jesus  
..e.g.'s...

# The afterlife

## HEAVEN

Christians do **NOT believe** that Heaven is a place in the clouds with a big pearly gate. Images we have of Heaven have come from illustrations in History, many of which were from the renaissance period of art and culture within religion.

Christians believe that **Heaven is a STATE OF BEING (not a physical place) ETERNALLY WITH GOD.**



↑ WITH HIM

GOD

↓ WITH OUT HIM



## HELL

Much like Heaven, the notion that Hell is a place of fire and punishment is **NOT believed** by Christians. This image had been created by the Medieval church to scare people into following the Churches rules – maintaining the power of the church in History.

Christians believe that **Hell is ETERNAL SEPARATION FROM GOD.**

Many Christians see that though God is JUST **Hell has not been decided by God, but by themselves because God gave mankind FREE WILL.** Therefore you are responsible for your actions and consequences.

## Where do we come from?

This unit looks at different theories on how we were created and how we have evolved.  
Below shows the different theories.

It is important think about the problems with these theories, but also the impacts for people holding these beliefs.

It will show that science and religion can go hand in hand!

# Religion and Life

## Key vocabulary

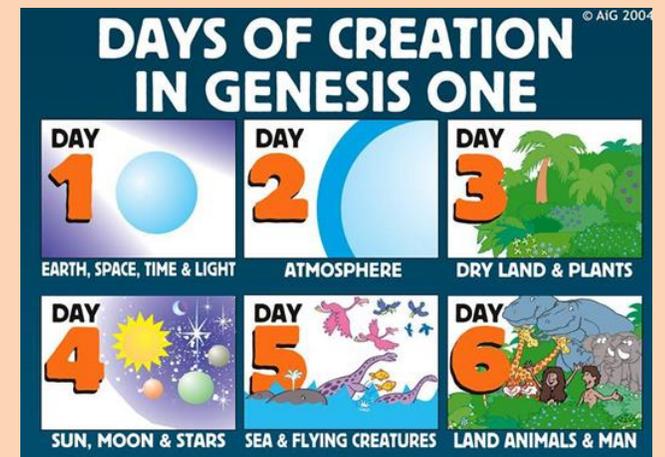
Literalist

Non-Literalist

Big bang theory

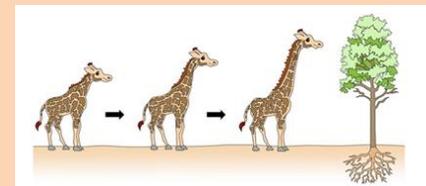
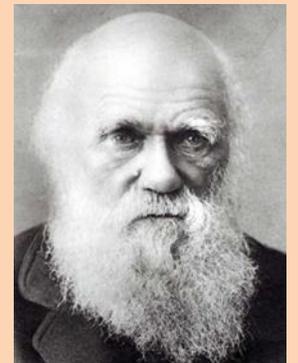
Theory of Evolution

Theory of Intellectual Design



## Different Theories of Creation and Evolution

Literalist Christians	Non-Literalist Christians	Big Bang Theory	Charles Darwin
<p>These are Christians that believe the bible literally – word for word, of the creation story in the book of Genesis.</p> <p><b>“In the beginning was the Word... and the Word was God”</b> (Bible) – therefore God created the world.</p> <p><b>St Thomas Aquinas</b> philosophised that since nothing happens on its own; everything needs a cause, including creation; therefore God must have created the world.</p>	<p>These are Christians that believe God created the world – but in 6 stages or periods of time. This comes from when the bible was translated into English – the word used in Hebrew meant period of time, however the English bible used the word day. They believe that it was the power of God that started the universe ... maybe they believe that God created the explosion at the start??</p> <p>Also non-litertalists are not so concerned with how God created the world – but that he created it for them, with love.</p>	<p>About <b>14 billion years ago</b>, an incredibly powerful explosion occurred, called a Big Bang. Scientists theorise that energy created this explosion, however where did the energy come from? There is always the unknown question – what came before this? Within a millionth of a second after the explosion, <b>neutrons and electrons</b> were created. In the explosion, enormous heat was generated, but as the universe cooler down a little, <b>elements like helium and hydrogen</b> were created. From these elements, stars, galaxies, planets and solar systems were formed. As the universe continued to cool, on at least one planet (which we call earth) about <b>3 billion years ago, life</b> began to develop.</p> <p>Today scientists have found <b>background radiation</b>. Scientists believe that this radiation has existed since the big bang.</p> <p>The <b>Pulsating Theory</b> adds to this about the Theory, taking the ideas that the universe expanded to evolve.</p>	<p>Darwin believed that as environments changed, some species died and some survived – this was called “Natural selection”. Those that survived adapted due to their changing environment e.g. giraffe grew long neck to reach tall trees. <b>Theory of evolution.</b></p> <p>Darwin was a Christian and believed God played a part in this; he came up with the <b>“Theory of intelligent design”</b> – that God gave some animals ability to adapt and survive.</p>





Lifestyle and technology



Reliance on Fossil Fuels rather than renewable



Population demands - consumption



Plastics: More usage of plastics in modern life e.g. food packaging. 8 million tons in the oceans in 2019

## Religion and Life

### Key vocabulary

- Natural Resources
- Sustainability
- Stewardship
- Dominion
- Conservation

## Environmental problems

### CAUSES

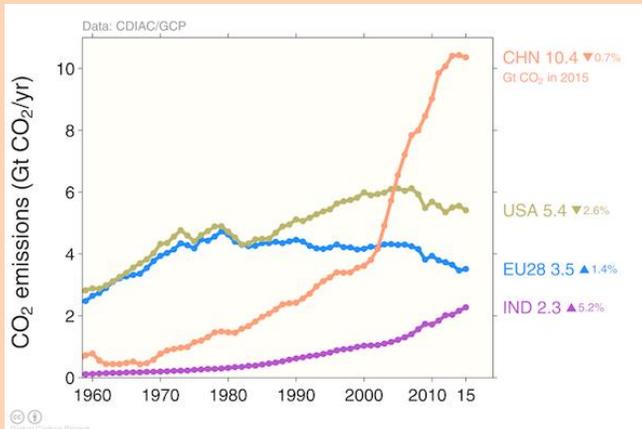
**Global Warming:** Build-up of greenhouse gases in the atmosphere e.g. CO2 due to development of industrialisation and burning of fossil fuels. Some countries are not decreasing their levels e.g. China largest producer

### IMPACTS

- Impacts: Floods, drought, rising temperatures.
- + **Greta Thunberg**, climate change protests
- + **Pope Francis Encyclical** (speech) about environment concerns in 2020
- + **COP26** Global environment conference in 2021 that made international agreements on methane emissions, deforestation and net zero targets.
- + **Green Wall** – horizontal wall of trees across Sahara in Africa. Trees are drought resistant and replace CO2
- killing coral reefs, being ingested by animals e.g. birds
- + **Plastic Pact in UK** retailers have committed to using recyclable or compostable plastic by 2025.

**WHY** do we have environmental issues?

Governments / counties unwilling to make a change



# Environment and Animals

## Religious Groups that support Stewardship:

### Green Christian

- Are concerned that the earth's resources are limited and we are using them too fast.
- Publicise stewardship through leaflets, write blogs, pray and fast for the environment. Speak out against **Fast Fashion**.

### Ifee (Islamic Foundation for Ecology and Environment)

- Concerned with destruction of ecosystem / climate change
- Project: **Green mosques** – making them eco-friendly e.g. saving water systems.

# Religion and Life

## Key vocabulary

Stewardship  
 Dominion  
 Ummah  
 Sewa



## Animal Testing

There are many appalling things about animal testing:

- Animals will endure pain when tested on
- Some testing is for worthless gain e.g. cosmetic testing
- Some testing for cosmetics could be done of human tissue samples rather than animals.

However some people believe that animals testing has benefits too:

- Terminal disease drugs like cancer, can be tested on animals to preserve life for humans with life threatening diseases.
- Procedures for transplants, e.g. heart, can be done by trainee doctors on animals in preparation for humans.

## **Eat meat?**

- Jesus ate meat.
- God gave humans dominion – this means we have dominance over animals, as long as this is done responsibly.
- Muslims must eat Halal meat.
- Religious believers may eat free range meat, so animals are not unnecessarily harmed

## **Don't eat meat?**

- In the Qur'an eating of pork is haram (forbidden).
- There are plenty of land to use for agriculture based foods and a vegetarian diet can provide enough nutrients
- Buddhist don't eat meat – 5 precepts, do not harm anything living



## **Religious Beliefs about Environment / Animals**

- **“The earth is the Lord's and everything in it”** Bible
- **“The world is green and beautiful and Allah appointed us stewards over it”** Qur'an
- Muslims believe in **Ummah** – which means community.
- God appointed humans with **dominion** (responsibility) to look after the world
- Religious believers believe in **Stewardship** – they should protect the environment and animals.
- Animal testing is cruel and does not show stewardship
- Pope John Paul wrote “We must abandon these factories of death” talking about animal testing labs
- Many religions are vegetarian
- God gave humans **dominion** (power) over animals.
- God created animals for humans to eat
- Animal experimentation can be used to help humans such as advances in medical procedure or cures for diseases.
- Sikhs believing **Sewa** – meaning service to other humans. For this reason they are pro animal testing for medical reasons to help other humans
- Humans life is sacred and should be preserved at whatever cost – therefore testing to preserve human life is acceptable.

# Medical Ethics

**Medical Ethics** means doing what is ethical and right in Medicine and healthcare.

In order for doctors to comply with this they take the **Hippocratic oath**. The key messages of this are:

- To preserve all life.
- That the patient is most important, not the science, or medicine or family.
- That the need to be careful not to play God but to use their knowledge and experience with each individual patient.

## Abortion

Abortion is legally available in the UK up to **24 weeks** since 1967. However it must be agreed that either the **baby or mother's life will be impacted in a negative way**. E.g. for the mother/child this could be socio-economic factors as well as health.

Most abortions are done before 8 weeks. Early abortions are done by taking a pill that induces miscarriage. Later abortions are more invasive.

### Abortion rights in Europe



Ireland recently changed law to allow abortions. Poland changed their law in 2020 to ban abortions.



My body  
My choice  
My freedom  
My voice



## Religion and Life

**Key vocabulary**  
Hippocratic oath  
Sanctity of Life  
Quality of Life  
Abortion  
Pro Life  
Pro Choice  
Euthanasia  
Hospices

### Sanctity of Life

All life is special and should be preserved at all costs.  
Abortion and Euthanasia go **AGAINST** the sanctity of life  
It is not our right to take away life



### Quality of Life

How good our lives are: this could be in terms of health, living conditions, mental state...  
Sometimes quality of life becomes so awful that some people feel it is acceptable to end life.

The topic of Abortion has divided many of their viewpoint. What is important to remember is that there are many different situations when people have abortions. You may be against abortion totally, or you may think there are circumstances when abortion is acceptable.

### Catholics

Are against abortion as they believe that life begins at conception. The only exception for Catholics is if the mother's life is in danger. Catholics believe in the Sanctity of life, that all life is sacred  
The bible teaches:  
10 Commandments – Thou shall not kill.  
**"I your God, give life, and I take it away"** Only God has the right to take away life

### Anglicans

Abortion is seen as an evil necessity sometimes. Like Catholics if there is danger to the mother – her life is sacred.  
BUT also in cases of rape or if the if child maybe mentally or physically disabled, abortion is allowed.

### Muslims

Abortion is frowned upon - however can happen before ensoulment. Ensoulment is when it is believed that a foetus has a soul. Ensoulment is usually at 120 days (so abortion before then is acceptable if necessary).

# Medical Ethics

## Euthanasia

Euthanasia ending someone's life. It is illegal under the UK Suicide Act of 1961. However in some countries such as Switzerland and Belgium Euthanasia is legal.

There are 4 kinds:

1. **Voluntary Euthanasia** – person asks to be helped to die
2. **Involuntary Euthanasia** – person has no say
3. **Active Euthanasia** – a specific action takes place to end a persons life, such as an overdose of tablets
4. **Passive Euthanasia** – stopping doing something e.g. life support treatment is removed

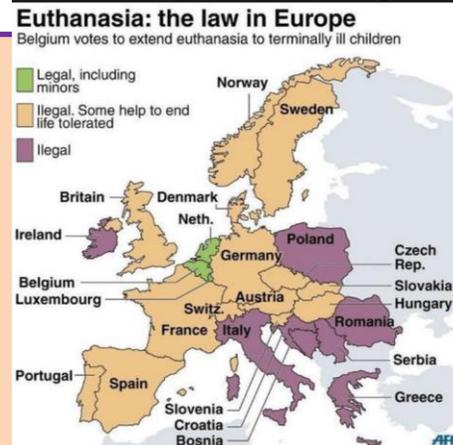
The topic of Euthanasia has divided many of their viewpoint.

There are 2 main situations when Euthanasia occurs:

Involuntary - ending someone's life in **critical care / life support**

Voluntary – when someone wants to end their life due to health problems – these could be a **terminal illness, a degenerate illness or prolonged mental health issues.**

You may be against Euthanasia totally, or you may think there are circumstances when Euthanasia is acceptable.



## Religion and Life

### Key vocabulary

Sanctity of Life

Quality of Life

Euthanasia

4 Noble truths

Hospices



## Catholics

Are against Euthanasia as they believe in the Sanctity of life, that all life is sacred.

The bible teaches:

10 Commandments – Thou shall not kill.

**“I your God, give life, and I take it away”** Only God has the right to take away life

## Buddhists

A primary principle of Buddhists is to reduce suffering – this is part of the belief the **4 Noble Truths**

Dalai Lama “Where a person is going to die and keeping them alive leads to more suffering, then termination of their life is permitted”

Buddhists must show compassion (understanding and love) to other humans.

However – every situation needs to be judged separately.

## Hospices

Originally they were set up by Christians. Hospices are an **alternative to euthanasia, specialising in end of life care.** They are voluntary funded and each patient is given an individual care plan, suited to their personal needs.

Hospices help by:

1. Relieve physical pain of an illness through medicine, but also massage / meditation
2. Care for the emotional and spiritual side for patients reaching the end of their life.
3. To support families. They offer services to help families come to terms with losing someone
4. Educate others about hospices as a way of helping those terminally dying.

**Hablame de tu mismo** (*Tell me about yourself*)

**me llamo** (*my name is / I'm called*)

**tengo ... años** (*I'm ... years old*)

**tengo el pelo rubio / moreno, castaño / corto / largo** (*I've got blonde / brown / short / long hair*)

**tengo los ojos azules / verdes** (*I've got blue / green eyes*)

**soy tímido / tranquilo / inteligente, listo** (*I'm shy / quiet / clever*)

**¿Cómo es tu familia?** (*What's your family like*) + **¿Tienes un mejor amigo?** (*Do you have a best friend?*) + **¿Tienes un novio / una novia?** (*Do you have a boyfriend / girlfriend?*)

**tengo un hermano / una hermana / una hermanastra que se llama...** (*I have a brother / sister / step-brother who is called...*)

**soy hijo único / hija única** (*I'm an only child*)

**mi padre / mi madre / mis padres** (*my dad / mum / parents*)

**son** (*they are*)

**tiene** (*he / she has*)

**tienen** (*they have*)

**se llaman** (*they are called*)



**cuando estoy con mis amigos** (*when I'm with my friends*)

**cuando estoy en mi insti** (*when I'm at school*)

**cuando estoy en mi casa / con mi familia** (*when I'm at home*)

**según mis padres** (*according to my parents*)

**según mis profesores** (*according to my teachers*)

**puedo ser** (*I can be*)

**(él) puede ser** (*he can be*)

**a veces** (*sometimes*)

**siempre** (*always*)

**de vez en cuando** (*occasionally*)

**nunca** (*never*)

**si hace calor** (*if it's hot*)

**si tengo muchos deberes** (*if I have lots of homework*)



**¿Te llevas bien con tu familia y tus amigos?** (*Do you / do people argue [in your house]*)

**nos peleamos cuando / si...** (*we argue when / if...*)

**nos llevamos bien** (*we get on well*)

**no nos llevamos bien** (*we don't get on well*)

**me llevo bien con** (*I get on well with...*)

**no me peleo ...** (*I don't argue*)

**me peleo nunca...** (*I never argue*)



**¿Quieres casarte en el futuro?** (*Do you want to marry in the future?*)

**voy a / quiero / me gustaría casarme con...** (*I'm going / I want / I would like to get married to, with...*)

**no voy a casarme** (*I'm not going to get married*)

**¡me casaré nunca!** (*I will never get married*)

**pienso que el matrimonio es...** (*I think that marriage is...*)

**si / cuando** (*if / when*)

**la pareja / el hombre / la mujer de mis sueños** (*the partner / man / woman of my dreams*)

**sería / tendría** (*would be / would have*)

**¿Tienes una fiesta favorita?**

**¿Prefieres las fiestas inglesas o españolas?**

(*Do you have a favourite festival? Do you prefer English or Spanish festivals?*)

**me gusta / me encanta / prefiero** (*I like / love / I prefer*)

**mi fiesta favorita es ...** (*my favourite festival is...*)

**Navidad / Pascua** (*Christmas / Easter*)

**prefiero** (*I prefer*)

**porque / ya que / como** (*as / because / since*)

**se come / se bebe / se va** (*people eat / people drink / people go*)

**recibo regalos de...** (*I get presents from...*)



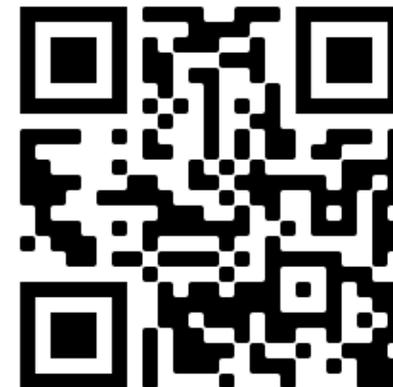
## Using adjectives

Adjectives describe things or people. They need to show agreement with the thing they are describing. To do this accurately, you need to consider whether the word is MASCULINE (a 'el' or 'un' word), FEMININE (a 'la' or 'una' word) or PLURAL (more than one).

These go AFTER the noun

Adjective	masculine	feminine
white	blanco(s)	blanca(s)
black	negro(s)	negra(s)
green	verde (s)	verde(s)
red	rojo(s)	roja(s)
blue	azul(es)	azul(es)
fun	divertido (s)	divertida (s)
clever	inteligente(s)	inteligente(s)
funny	gracioso (s)	graciosa(s)
naughty	travieso (s)	traviesa (s)

Adjective	masculine	feminine
big	grande(s)	grande(s)
small	pequeño (s)	pequeña(s)
good	bueno (s)	buen(a) (s)
bad	malo (s)	mala (s)
beautiful	hermoso (s)	hermosa (s)
young	jóven (es)	jóven (es)
old	viejo (s)	vieja (s)
fat	gordo (s)	gorda (s)
pretty	bonito (s)	bonita (s)



## Examples:

tengo el pelo **negro** = I have **black** hair

mi hermano **mayor** tiene los ojos azules = my **big** (age) brother has **blue** eyes

tenemos un perro **jóven**, **inteligente** y **gracioso** = we have a **young**, **clever** and **funny** dog

**OR** we could say

tenemos un perro **jóven** **que** es inteligente y gracioso = we have a young dog **who** is clever and funny

## Key Grammar

Describing yourself – using key basic verbs



*In Spanish, you normally don't bother using the words for 'I', 'you', 'he' etc*

Pronoun	<b>ser</b> (to be)	<b>tener</b> (to have)	<b>llamarse</b> (to be called)
<b>yo</b> (I)	<b>soy</b> (am)	<b>tengo</b> (have)	<b>me llamo</b> (am called)
<b>tú</b> (you)	<b>eres</b> (are)	<b>tienes</b> (have)	<b>te llamas</b> (are called)
<b>él / ella / Usted</b> (he/she /you)	<b>es</b> (is)	<b>tiene</b> (has)	<b>se llama</b> (is called)
<b>nosotros</b> (we)	<b>somos</b> (are)	<b>tenemos</b> (have)	<b>nos llamamos</b> (are called)
<b>vosotros</b> (you)	<b>soís</b> (are)	<b>tenéis</b> (have)	<b>os llamáis</b> (are called)
<b>ellos / ellas</b> (they)	<b>son</b> (are)	<b>tienen</b> (have)	<b>se llaman</b> (are called)

### FIRST, SECOND, AND THIRD PERSON



NB:

**tú** (you) = you (informal; talking to younger people, people you know)

**Usted** = you (formal; talking to older people, adults, people you don't know)

## Using reflexive verbs

This is a group of verbs which have an extra **pronoun**. You have met one already when you give your name.

**me llamo** = I am called **LITERALLY** I call myself. *This is what the 'me' stands for.*



Pronoun	<b>llevarse</b> (to get on with)	<b>pelearse</b> (to argue)
<b>yo</b> (I)	<b>me llevo</b>	<b>me peleo</b>
<b>tú</b> (you)	<b>te llevas</b>	<b>te peleas</b>
<b>él / ella / Usted</b> (he/she /you)	<b>se lleva</b>	<b>se pelea</b>
<b>nosotros</b> (we)	<b>nos llevamos</b>	<b>nos peleamos</b>
<b>vosotros</b> (you)	<b>os lleváis</b>	<b>os peleáis</b>
<b>ellos / ellas</b> (they)	<b>se llevan</b>	<b>se pelean</b>

### Examples:

**me llevo bien con mis hermanas** = I get on well with my sisters

**mi tío se pelea a menudo con la policía** = my uncle often argues with the police

**mis primos se llevan bien con sus padres** = my cousins get on well with their parents

**nos peleamos siempre** = we always argue

## Talking about the future

There are a number of ways you can talk about future plans. These all use the **INFINITIVE** form of the verb.

Examples:



<b>quiero</b> = <i>I want</i>	<b>+</b>	<b>ir</b> ( <i>to go</i> )
<b>quisiera</b> = <i>I would like</i>		<b>tener</b> ( <i>to have</i> )
<b>me gustaría</b> = <i>I would like</i>		<b>ser</b> ( <i>to be</i> )
<b>voy a</b> = <i>I am going</i>		<b>vivir</b> ( <i>to live</i> )
<b>espero</b> = <i>I hope</i>		<b>encontrar</b> ( <i>to find</i> )
<b>tengo la intención de</b> = <i>I intend</i>		<b>casarme con</b> ( <i>to get myself married to / with</i> )
<b>pienso</b> = <i>I'm thinking about / I'm considering</i>		<b>trabajar</b> ( <i>to work</i> )
		<b>ganar</b> ( <i>to earn</i> )
		<b>estudar</b> ( <i>to study</i> )
		<b>viajar</b> ( <i>to travel</i> )

**OR – you could follow this link and find out about the simple future...! Go on. Dare you...!**



Examples:

**Tengo la intención de casarme con el hombre de mis sueños** = *I intend to marry the man of my dreams!*

**Me gustaría tener una familia grande** = *I would like to have a big family*

**¿Tienes un móvil ? Que haces con él?** *(Do you have a mobile? What do you do with it?)*

**Tengo / no tengo un móvil / es un...** *(I have / don't have a phone / it's a...)*

**Mis padres me han dado mi móvil** *(my parents gave me my phone)*

**Mis padres me pagan mi contrato / mi factura** *(my parents pay for my contract)*

**Uso mi móvil para ....** *(I use my phone to...)*

**Mandar mensajes** *(sending texts)*

**Hacer mis deberes** *(doing my homework)*

**Jugar a videojuegos** *(playing games)*

**Ver videos / películas** *(watching videos)*



**¿Es el Internet necesario hoy en día?** *(Is the Internet necessary these days?)*

**Pienso que** *(I think that)*

**Opino que** *(in my opinion)*

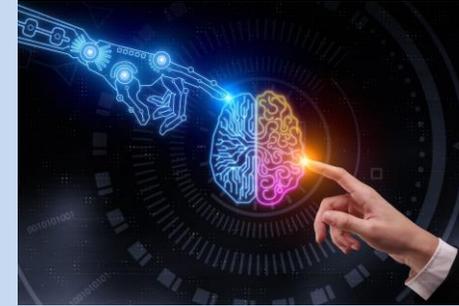
**Creo que** *(I believe that)*

**Hoy** *(today)*

**Hoy en día** *(these days)*

**Es importante / indispensable** *(it's important / indispensable)*

**Sobre todo / especialmente** *(above all / especially)*



**Watch the clip. If you want, put on 'CC' and follow the text too! Don't worry if you only get a tiny fraction of it. It's good to get your ear 'tuned'!**



**¿Cuáles son las ventajas y desventajas de la tecnología moderna?** *(What are the advantages and disadvantages of modern technology?)*

**Nos ayuda mucho** *(it helps us a lot)*

**Es muy importante para los estudiantes** *(it's very important for students)*

**No es posible / no se podría sobrevivir sin el Internet** *(you couldn't survive without the Internet)*

**Util** *(useful)*

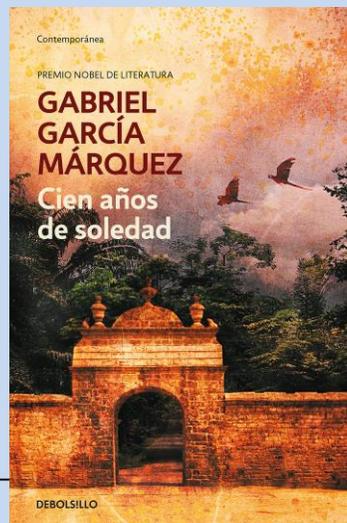
**Peligroso** *(dangerous)*

**Hay personas desconocidas** *(there are unknown people / strangers)*

**Hay un problema con ...** *(there is a problem with...)*

**El delito cibernético** *(cyber crime)*

**el ciberacoso** *(cyber bullying)*



**¿Qué piensas de 'Facebook' y otras redes sociales ?** *(What do you think of Facebook and other social media?)*

**Es muy útil** *(it's very useful)*

**Es mi vida** *(it's my life)*

**No me gusta mucho** *(I don't really like it)*

**Se puede estar en contacto con ...** *(you can stay in contact with...)*

**Se puede mandar / cambiar fotos** *(you can send / exchange photos)*

**Prefiero Instagram porque...** *(I prefer Instagram because...)*

**¿Te gusta leer** *Qué tipo de libros te gustan?* *(Do you like to read? What type of books do you like?)* + **Te gusta ver la tele?** *(Do you like to watch TV?)* + **Hablame un poco de las películas que te gustan...** *¿Has visto una película española?* *(Tell me about films you like... / Have you ever seen Spanish film?)*

**Me gusta / no me gusta** *(I like / don't like)*

**Ver / mirar / leer / escuchar** *(to watch / to see / to read / to listen)*

**Soy un fan de ...** *(I'm a fan of)*

**No soporto** *I can't stand)*

**El tipo** *(type)*

**El género** *(genre)*

**Una novela** *(novel)*

**La película** *(film)*

**Un programa** *(TV programme)*

**Ayer / la semana pasada / hace un mes** *(yesterday / last week / a month ago)*

**Veí / miré** *(I saw / I watched)*

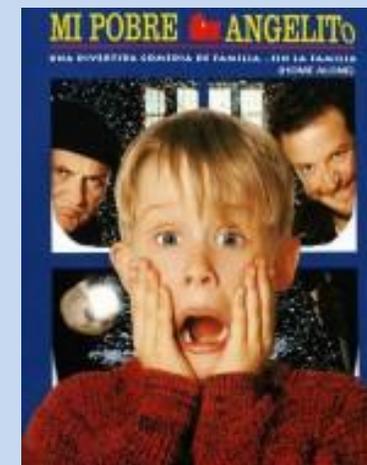
**Leí / escuché** *(I read / I listened to)*

**Fue** *(it was)*

**Me gustó mucho** *(I really liked)*

**No me gustó mucho** *(I didn't like)*

**Lo / la encontré** *(I found it)*



# Key grammar



## Using infinitives

The ***infinitive*** form of the verb can be used to help give opinions.

me gusta **ver** / odio **ver** / me encanta **leer** (*I like **to watch** / I hate **to see** / I love **to read***). *Most infinitives end in -ar, but a large group end in either -ir or -er too!*

If you want to say 'in order to do something' use **para + infinitive**

uso mi móvil **para mandar** mensajes – I use my phone to send photos

## Using adverbs of time

*Develop your sentences by making references to when / how often you do something.*

*Notice that a lot of the time, words ending in -lly in English will end with -mente in Spanish*

**normalmente** – normally

**generalmente** – generally

**tipicamente** - typically

**a veces** – sometimes

**a menudo** – often

**una vez por la semana** – once a week

## Using negatives

Making negative sentences will help give your responses contrast.

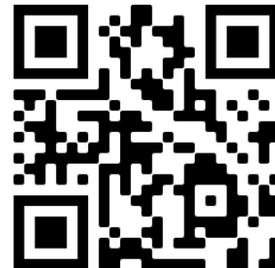
**no** – not / don't

**nunca** – never

Examples:

**no** veo la tele – I don't watch TV

**nunca** veo los programas de deporte – I never watch sports programmes



## Using past tenses

When talking about something you've done, you will be using either the **preterite** or **imperfect** tense.

Reminder – it's all in the endings!

**Preterite** – states something you **did**, a **one-off** event.

**escuché** – *I listened*

**compré** – *I bought*

**fui** – *I went / I was*

**veí** – *I saw*

**tuve** – *I had*

**Imperfect** tense will describe what something **was like** or what you **were doing**; it can also mean what you **used to do**

**escuchaba** – *I was listening / I used to listen*

**compraba** – *it was*

**iba** – *I was going / I used to go*

**era** – *I was / I used to be*

**veía** – *I was watching / I used to watch*

**tenía** – *I used to have / I had*



Useful guide if you're confused by past tenses!



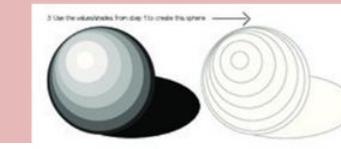
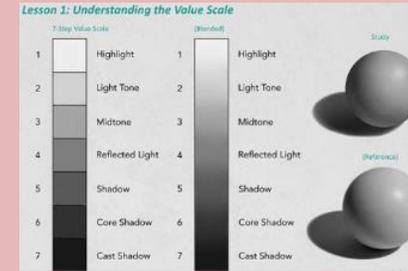
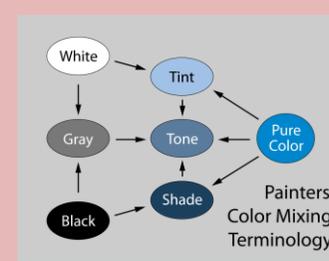
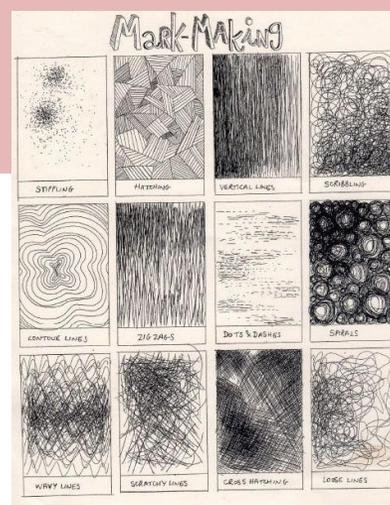
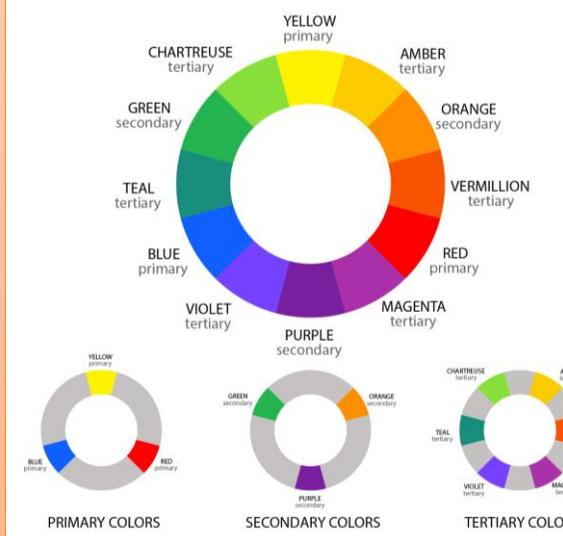
# The Fundamentals of Art

## ESSENTIAL EQUIPMENT:

- PENCIL PACK (2B, 4B, 6B ETC)
- ERASER
- SHARPENER
- SKETCHBOOK

## OPTIONAL EQUIPMENT:

- DRAWING PENS
- WATERCOLOUR SET
- WATERCOLOUR PENCILS
- PAINTBRUSHES



## Positive/Negative Shapes

Positive shapes – subject or dominant shapes on the picture plane  
 Negative shapes – background areas



## ATTITUDE

Be positive and try your best!

## RESPECT

Respect others, work and the room

## THINK

Understand and demonstrate.

## IMAGINE

Be creative, use you imagination!

## SPOTLESS

Tidy up after yourself.

## TARGET

Follow directions.

## COLOUR

- BRIGHT
- BOLD
- VIBRANT
- PRIMARY
- SECONDARY
- TERTIARY
- RADIANT
- VIVID
- DULL
- CONTRASTING
- COMPLIMENTARY
- HARMONIOUS
- MONOCHROME
- NATUARL
- SATURATED
- PASTEL
- COOL
- WARM

## LINE

- FLUENT
- CONTINUOUS
- CONTROLLED
- LOOSE
- POWERFUL
- STRONG
- ANGULAR
- FLOWING
- LIGHT
- DELICATE
- SIMPLE
- THICK
- THIN
- BROKEN
- OVERLAPPING
- LAYERED
- MARK MAKING

## SHAPE/Form/SPACE

- CLOSED
- OPEN
- DISTORTED
- FLAT
- ORGANIC
- POSITIVE
- NEGATIVE
- FOREGROUND
- BACKGROUND
- COMPOSITION
- ELONGATED
- LARGE
- SMALL
- 2D
- 3D
- TWISTED
- JAGGED

## PATTERN AND TEXTURE

- REPEATED
- UNIFORM
- GEOMETRIC
- RANDOM
- SYMMETRICAL
- SOFT
- IRREGULAR
- UNEVEN
- ROUGH
- BROKEN
- GRID
- FLAT
- WOVEN
- ORGANIC
- SMOOTH
- ABSTRACTED

## tone

- BRIGHT
- DARK
- FADED
- SMOOTH
- HARSH
- CONTRASTING
- INTENSE
- SOMBRE
- STRONG
- POWERFUL
- LIGHT
- MEDIUM
- DARK
- LAYERED
- DEPTH
- DEVELOPED
- SOFT

## A01 EXPLORE

**DEVELOP**  
**DEVELOP IDEAS**  
 INVESTIGATE & RESEARCH  
 OTHER ARTISTS WORK  
**ANALYSE**

ANNOTATE

## A02 REVIEW

**REFINE**  
**EXPERIMENT**  
 EXPLORE DIFFERENT IDEAS  
 AND MEDIA  
 A RANGE OF TECHNIQUES  
 & PROCESSSES  
**SELECT**

IMPROVE

## A03 EVIDENCE

**RECORD**  
**PRESENT IDEAS**  
 PRIMARY OBSERVATION  
 DRAWING, PAINTING,  
 PRINTING, PHOTOGRAPHY,  
 WRITING, PHOTOGRAPY...  
**ANNOTATE**

DIFFERENT MEDIA

## A04 OUTCOME

**PRESENT**  
**FINAL IDEAS**  
 DEVELOPED AS PLANNED  
 CLEARLY RESPONDS TO  
 ARTISTS EXPLORED  
**CONNECTION**

CONCLUSION

# ART ANALYSIS GUIDE

## CONTENT/DESCRIPTION OF AN IMAGE

- What is it? (portrait/landscape/painting/mixed media etc)
- What is it about? What is happening? (describe the contents)
- Type of image? (black and white/colour/pencil etc)
- What is the theme of the image? Is there a greater meaning to the image?
- What message does the image communicate?
- Do you the year of the piece? What was happening in the world at the time? Does that have an influence on the piece?

## PROCESS

- What type and direction of light was used/created? (harsh, soft, artificial lamp/natural lighting)
- How was this image 'built'?
- What kind of patterns and/or textures are in the image? How would you describe them?
- Describe the use of tone/texture/detail/scale/perspective/composition/colour within the image.

## FORM/VISUAL ANALYSIS

- What do you look at first?
- How is your eye move around the frame?
- How is the image composed: lines, shapes, areas of tone?
- What was the artist's viewpoint? (worms eye view/birds eye view)
- Tone – is the image high or low contrast? How and why?
- Line – describe the lines in the image? How have they been positioned in relation to the rest of the composition? What effect does his have?

## PERSONAL OPINION

- What was your first reaction?
- What is the mood of the image?
- What is the message of the image?
- What do you like or dislike and why? Use art specific language and justify your opinions.
- How does the image make you feel? Why do you think you feel like this?
- Does the colour, texture, form, detail, tone or theme of the image affect your mood? How and why?



# NATURAL FORMS

## TERM 1 and 2



Artists to research:

- Billy Kidd
- Rocio Montoya
- Georgia O'Keeffe
- Karl Blossfeldt
- Ellsworth Kelly
- Ernst Haeckel
- Christian La Croix
- Helen Ahpornsiri
- Kate Malone
- Micheal Brennand-Wood
- Angie Lewin
- Henry Moore
- Polly Morgan

### LINE

A **LINE** is the path left by a moving point, eg. A pencil or a brush dipped in paint. A **LINE** can take many forms, eg. Horizontal, diagonal or curved. A **LINE** can be used to show contours, movements, feelings and expressions.

### -tone

**tone** means the lightness or darkness of something. This could be a shade or how dark or light a colour appears.

### COLOUR

There are 3 primary **COLOURS**: **RED**, **YELLOW**, **BLUE**

By mixing any 2 **PRIMARY COLOURS** together you create **SECONDARY COLOURS**: **ORANGE**, **GREEN**, **PURPLE**

### TEXTURE

**TEXTURE** is the surface quality of something, the way something feels or looks like it feels. There are two types of texture: **ACTUAL TEXTURE** and **VISUAL TEXTURE**. **ACTUAL TEXTURE**: really exists so you can feel it and touch it **VISUAL TEXTURE**: created using different marks that represent actual **TEXTURE**

### PATTERN

**PATTERN** is a design that is created by repeating **LINES, SHAPES, TONES** or **COLOURS**. Patterns can be manmade or natural.

### SHAPE/FORM

A **SHAPE** is an area enclosed by a **LINE**. It could be just an outline or it could be shaded in. **FORM** is a three dimensional shape such as a sphere, cube or a cone. Sculpture and 3D design are about creating **FORMS**



Natural forms are organic objects found in nature. This includes;

- Shells, seaweed, fish, sea life
- Plants, flowers, seedpods, leaves, trees
- Skulls, bones, DNA
- People, portraits, figures
- Patterns found in nature
- Fruit, vegetables, roots
- Animals, insects, birds, wings, feathers



## An Introduction to GCSE and a focus on the **Component one** examination requirements

### Basic & essential information.

There are three examinations in drama. They are called components one, two and three. Together they assess all four objectives of this course of study that you have chosen.

### 4 Drama Assessment Objectives (A/Os)

- AO1)** Create & develop ideas to communicate meaning for theatrical performance.
- AO2)** Apply theatrical skills to realise artistic intentions in live performance.
- AO3)** Demonstrate knowledge & understanding of how drama & theatre is developed & performed.
- AO4)** Analyse & evaluate your own work and the work of others.

## Component 1 *Devised Theatre*

You will sit this paper, 'for real' in November of Year 11. Here, we will practise. It is in 3 parts:

- 1) **Devising** – researching ideas around your chosen stimulus and documenting them in a written portfolio of 900 words responding to 3 set questions.
- 2) **Realising** – Making the play and performing to a live audience in the studio on a set evening.
- 3) **Evaluating** – evaluating your performance & contribution to the performance on the night. 90 minute written examination in the hall.

### A 'picture' of the first two terms in lesson.

To begin we will to gain a basic understanding and familiarity with the main aspects of the **three components**. Tasks will refresh your knowledge of key skills and theory from KS3. They will develop your confidence and identify one or two areas for you to work on.

You will learn to be part of this new group through the work itself rather than any specific, 'get to know you exercises'. We will use ideas of **youth** and **childhood** as a **theme**. We will explore these ideas through whole class improvisation on a first day at school. We will develop this by experimenting in pairs within the genre of **Children's Early Learning Television**. We will look to perform these short theatre pieces to an invited audience one lunch or after school.

Midway through the term we will focus our studies on the requirements for **Component One**. Our chosen Practitioner/genre will be **Theatre In Education (TIE)**. You will work in a small group as a small scale TIE touring company to devise a performance around a given stimulus in the Theatre In Education genre. You will complete a **portfolio** in approximately 900 words. This portfolio will document the collaborative creative process you went through in devising your performance piece. The week after performance you will sit a written examination where you will **evaluate** your performance and contribution to your final TIE performance.

## Theatre In Education (TIE)

### Background

After the Second World War, people with an interest in education realised the huge potential that drama and theatre techniques might have in harnessing effective learning in schools. This became known as **Theatre in Education** or '**TIE**' for short. Brian Way, who founded the Theatre Centre in 1953, was an early practitioner, and influenced the team, including Gordon Vallins, who established TIE at the Belgrade Theatre, Coventry in 1965. Their work was so influential that it spread nationwide. Originally, TIE companies received funding from various Arts Councils to research and develop and tour their plays in schools in their regional base and across the country. Now, TIE companies rely on fees from schools to fund their projects. As schools have had little spare money in recent years there has been a decline in TIE companies bringing plays into school and where they have appeared it is with subjects specifically requested by schools.

We are lucky to have Forest Forge on our doorstep. Hopefully we will be able to meet with them and maybe see a production.

When asked how to create a play for children, Stanislavski replied: The same as for adults, only better.

<https://www.bbc.co.uk/bitesize/guides/zsbn39/revision/1>

# Key features of TIE

It's important for you to remember the following characteristics that typify TIE:

- There is a **clear aim** and **educational objective** running throughout.
- A **small cast** so actors must be **versatile and often multi-role**. (you will be a small group)
- A **low budget** so actors often **play instruments** too. (we will review this)
- The **production must be portable** so the **design is simple and representational**.
- They **explore issues from various viewpoints**, so we can see the effect of an action upon a **range of people**.
- There is some level of **audience involvement**. (We will have to review this)
- They are **rarely wholly naturalistic** because **direct audience address (breaking the 4<sup>th</sup> wall) or narration is used to engage the audience**.
- The **costumes are simple and representational**, especially if actors have to multi-role.
- They may include **facts and figures** to educate the audience.
- They may have a strong **message** or **moral** running throughout.

## Component I (CI): Devising 40% of total grade

You devise a piece of theatre **in response** to the stimulus which demonstrates the techniques of a **theatre practitioner** or **genre**.

You create and develop ideas to communicate meaning to an audience by:

- Researching** and developing ideas using the techniques or characteristics of the practitioner or genre (TIE in your case).
- Rehearsing, amending** and **refining** the work in progress.

**You should consider** the following when devising your piece of theatre:

- Structure**
- Theme/plot**
- Form and style**
- Language/dialogue.**

**You should consider** how meaning is communicated through the following, as appropriate to the piece of theatre:

- Performance conventions**
- Use of space** and **spatial relationships** on stage, including the choice of stage (e.g., proscenium arch, theatre in round, traverse or thrust)
- Relationships between** performers and audience
- Design elements** including lighting, sound, set and costume
- The **physical and vocal** interpretation of character.

## Part I 20%

### Devising – assessed through written portfolio

**1** How I have **researched, created & developed ideas** in response to my chosen stimulus.

In this part it is important that you **show how** you got from your stimulus to your final idea. You should show this creative journey- including the chopping & changing and abandoning ideas. It is important to say why you abandoned your idea; maybe the subject was too close to home, maybe the idea was too difficult to do in an epic style and kept leading you to naturalistic situations. It is really important to note the research you did, the discussions you had that led you from one thing to another and another. Say **how your research** suggested (specific, named) **improvisations/ scenes, hot seating, setting ideas, dialogue ideas, character ideas** – in the pursuit of your **artistic intentions. (300 words)**

**2** How I have **incorporated TIE ideas to communicate meaning.**

Name each of the TIE ideas and techniques you used. Give an example of where you used it, what it was, why you used it at this particular moment in your play- what its function was and how it helped communicate your key message aim and your chosen style. (300 words)

**3** How I have **developed amended & refined** my ideas during the **development** of my play.

Choose one – maximum two key moments where you had a breakthrough. Go into real depth and detail about how did things/ changed things/ turned things around that led you (back) onto a good creative path and that led you to your final vision /version of your play and assisted you in realising your artistic/ political aims.

## Part 2 Realising- performing 10%

This part of the examination is where you share your devised play, made in the style of a practitioner or particular theatre genre eg - TIE

### CI: Part 3 - Evaluation

You will evaluate the final performance under supervised conditions. You indicate your chosen stimulus and chosen practitioner (TIE this occasion). You evaluate in **3 sections**:

#### Evaluation exam questions.

**1) Analyse and evaluate your** interpretation of character/role in the final performance.

**2. Analyse and evaluate** how **your own** performance skills contributed to the effectiveness of the final performance

**3. Analyse and evaluate your individual contribution** to the final performance, including how effectively you fulfilled your initial aims and objectives (referring back to stimulus and practitioner).

In your final CI Evaluation exam you will have **1 hour 30 minutes** to complete the evaluation. In this trial run, you will have **1 hour**. You may have access to two sides of A4 in bullet point notes when writing the evaluation. The notes must be handed in with the evaluation.

**Remember that this a drama essay and use drama, acting and theatre vocabulary. You may submit supporting material which enhances your presentation.**

## Evaluating your work and other people's work

Your ability to analyse and evaluate drama work is a major assessment skill in GCSE. To be clear, 70 % of your GCSE grade in drama will count on your ability to analyse how drama skills and techniques are used to create and communicate meaning and evaluate how effectively you and others have used these skills and techniques. This KO contains a reminder of the skills that you have already learned that are required as well as some new ones you will need.

Remember to use **Evaluative Vocabulary (EV)** when you are evaluating in class and when you are doing written evaluations at home. Here's the list again with a few additions now that you are more experienced.

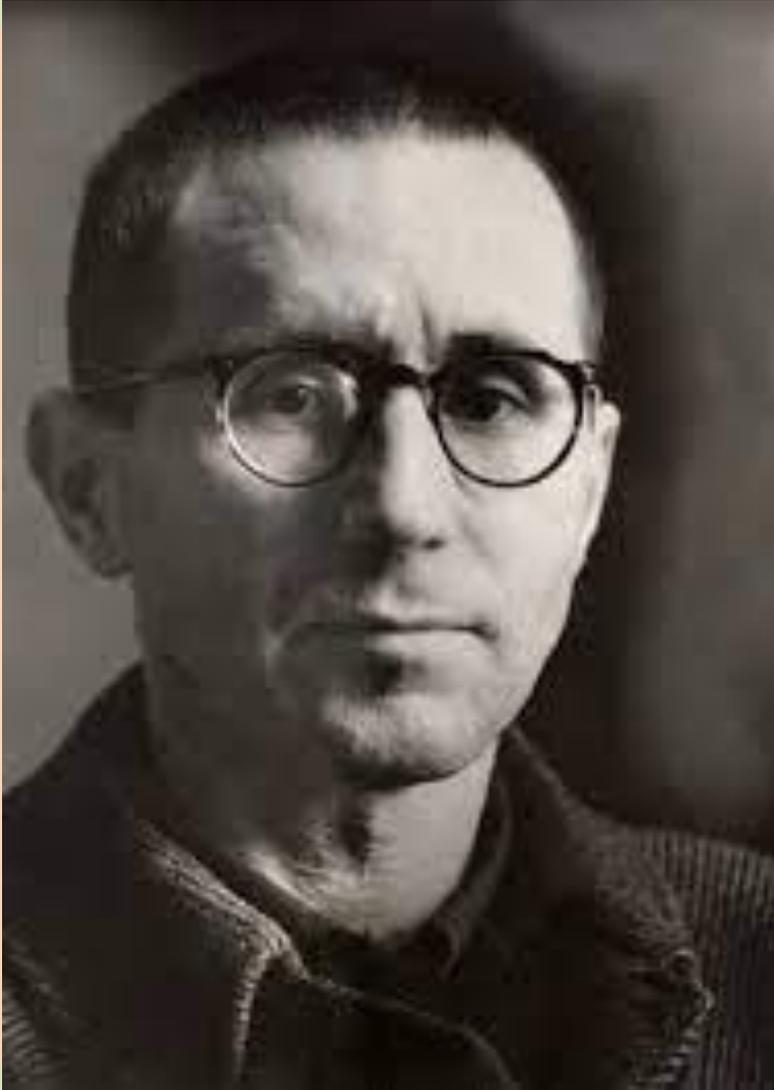
These are a collection of words that enable you to evaluate drama work specifically instead of saying something is, 'good' or 'bad' which doesn't mean very much in drama.

Intelligent	Imaginative	Creative	Skilful
Exciting	Informative	Dull	Inspiring
Clear	Unclear	Muddled	Confused
Misguided	Shallow	Compelling	Moving
Heart – Wrenching	Pedestrian	Emotionally - Draining	
Spirited	Believable	Credible	Convincing
Powerful	Entertaining	Riveting	Gripping
Captivating	Engaging	vapid	vacuous
			Harrowing

## Key Practitioners and theatre genres

### **Bertolt Brecht**

Brecht's ideas are a huge influence on modern theatre including TIE. We will study his ideas in depth and detail in the coming months. He wrote our set text, *The Caucasian Chalk Circle*.



### **Assessment in Terms 1 & 2**

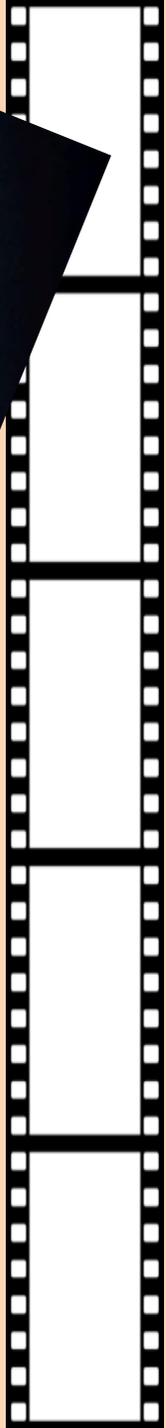
- The Component 1 examination assesses you in a wide range of skills. You will be assessed formatively to guide you in how to improve and a summative one so you get a clear and straightforward idea of where you are at in terms of expected grade.
- **Assessment Tasks include**
- The group performance of a play
- A portfolio documenting your research and artistic journey to performance.
- An extended written examination where you analyse and evaluate your contribution in the performance.
- 

### **Homework Tasks**

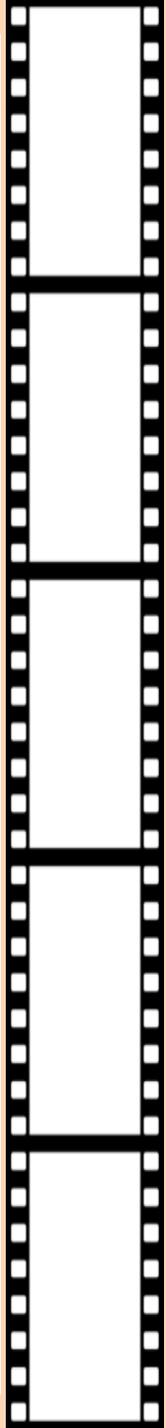
- **These may include;**
- An evaluation of a class performance using EV.
- Keeping a record of all research and learning in each lesson & rehearsal
- Lunch time and after school rehearsals as guidance permits
- Preparation of A4 notes to take into PPE Evaluation Examination
- Collation of detailed research notes into a 900 word portfolio as per guidance

# FILM STUDIES TERM 1 - INTRODUCTION TO TECHNICAL CODES

TECHNICAL CODE	TERMINOLOGY	DEFINITION
<b>EDITING</b>  	<b>STRAIGHT CUT</b>	Smooth cut between one shot and the next
	<b>FADE</b>	Where a shot gradually turns black or white
	<b>DISSOLVE</b>	A technique that creates gradual fade from one image to another. Often used to connect images in some way.
	<b>WIPE</b>	Where one shot replaces another by travelling from one side of the frame to another
<b>LIGHTING</b>  	<b>HIGH KEY</b>	When bright colour is created through the use of lots of filler lights – few/no shadows
	<b>LOW KEY</b>	When fewer filler lights are used to help create pools of shadows
	<b>CHIAROSCURO</b>	An Italian term usually used in art to refer to the high contrast light and dark in paintings. Used in cinema to describe the use of high and low key lighting in film noir films (lots of dark shadows, city scapes, shadowy characters)
<b>SOUND</b>  	<b>DIEGETIC</b>	Sound that is part of the film's world e.g. birds singing, traffic passing
	<b>NON-DIEGETIC</b>	Sound that is not part of the film's world e.g. musical score or voice over narration
	<b>PARALLEL</b>	Music that matches the action on screen
	<b>CONTRAPUNTAL</b>	Sound that does not seem to 'fit' with the image on screen. It often works to add another layer of meaning or irony to what we see.
	<b>INCIDENTAL MUSIC</b>	Music used as a background to create /emphasise an atmosphere.
	<b>PLEONASTIC</b>	Emphasized sound to appeal to emotions or draw attention to significant action or prop eg. taking safety off a gun
	<b>DIALOGUE</b>	A conversation between two or more people



# FILM STUDIES TERM 1 - INTRODUCTION TO TECHNICAL CODES



KEY TERM	DEFINITION
GENRE	A style or category of art, film, music or literature
CINEMATOGRAPHY	the art and technology of motion-picture photography. Involves such techniques as the general composition of a scene; the lighting of the set or location; the choice of cameras, lenses, filters, and film stock; the camera angle and movements; and the integration of any special effects.
BUDGET	A financial plan that is followed (mostly) when creating something. The money you are able to spend when making something.
MARKETING	How something is promoted to its target audience
SYNERGY	Where different media platforms work together to promote something. Can include duvet sets, toys, fancy dress...
MISE-EN-SCENE	The arrangement of scenery, props, costume etc on the set of a film
SPECIAL EFFECTS and CGI	These are illusions or visual tricks to portray imagined events in a story or virtual world. Can be divided in to mechanical effects and optical effects. Often use CGI (Computer Generated Imagery)
SYMBOLISM	The use of something to represent a particular idea or quality. The Houses of Parliament behind Bond in 'Skyfall' film poster suggests that Bond is there to protect the British Institutions.
ENIGMA	A puzzle or something that is difficult to understand/mysterious. Films present enigmas – questions that are then answered for the audience (keeps them watching)
COLOUR PALETTE	The choice of colours used when creating something visual. Bright colours appeal to young audience, muted appeal to a more sophisticated audience. Colours can also reflect the mood of a film (linked to aesthetics)
PATHETIC FALLACY	The reflection of the mood of a character (usually the protagonist) in the weather eg. In film when something terrible is about to happen, the weather usually turns stormy with lightening etc
POLYCHROMATIC	Two or more varying colours
FILM AESTHETICS	Refers to the philosophy of film, the way that the subject of the film is shown in order to have an impact on its audience. Can also mean the mood/tone of a film and how this is created in terms of lighting/colour etc.
FRANCHISE	A collection of related films in succession that share the same fictional universe or are marketed as a series eg. Fast and the Furious, Ice Age, Shrek, Bond, Star Wars...



<b>BLOCKBUSTER</b>	Any film that takes a huge production budget
<b>INDEPENDENT</b>	An independent film made by small studios. Typically they do what they want.

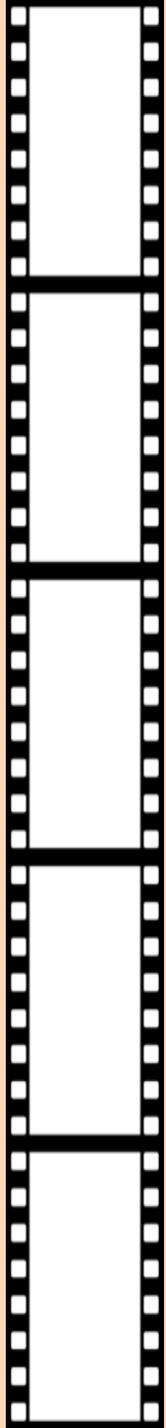


These are usually created with both a large budget and one of the 'big six' major film studios. They tell the story they want in the way they want.

**CAMERA MOVEMENTS**

	EXPLANATION
<b>DUTCH ANGLE</b>	A tilted camera angle to express a character's mental state.
<b>HAND HELD</b>	When the camera is shaky, like in the famous example is probably "Blair Witch Project"
<b>PANNING</b>	The camera moves slowly from one area of the setting to another. If done quickly, known as a whip pan.
<b>SHOT REVERSE SHOT</b>	A good way to show dialogue between characters that gives the audience the feeling they are watching the conversation in a 'real life' way
<b>TRACKING SHOT</b>	The camera moves alongside the subject it is filming
<b>ZOOM IN OR OUT</b>	The camera shot moves closer to or further away from the subject

# 2020



## FILM STUDIES TERM 1 - INTRODUCTION TO TECHNICAL CODES

**VERBAL CODE** – everything to do with language (either written or spoken).

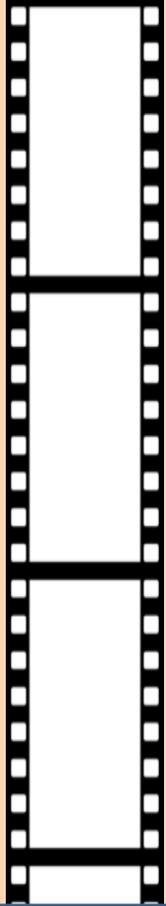
**NON-VERBAL CODE** – this is how something is communicated through body language, gestures and actions (how an actor moves, their makeup, their costume)

**Levi Strauss** identified that society is built upon oppositional perspectives. Films tend to use this theory called '**binary opposition**'

Examples of 'opposites' that can be seen regularly in film texts include:

- GOOD V EVIL
- HERO V VILLAIN
- MAN V NATURE
- MAN V WOMAN
- CIVIL V SAVAGERY
- EAST V WEST
- RICH V POOR
- LOVE V HATE

YOU COULD PROBABLY NAME SOME EXAMPLES ALREADY!



TERM	DEFINITION
LINEAR NARRATIVE	Is a story that takes place in a sequential manner. Generally, starts with the beginning, moves to the middle and concludes everything at the end (with all loose ends tied up nicely).
NON-LINEAR NARRATIVE	Where events are portrayed out of chronological order or the logical order presented in a story. The pattern of events jumps around. Also known as disjointed narrative or disrupted narrative. Flashbacks a common theme.
OPEN NARRATIVE	Has no sense of ending and they can go on forever (eg a soap opera such as Eastenders or Hollyoaks. Have lots of characters)
CLOSED NARRATIVE	Where a story is when story is fully told and completed by the end of the film. Generally consists of clear beginning, middle and end.
MULTI STRAND NARRATIVE	Where a story is told from the points of view of several different characters.
DENOUEMENT	The final part of a play, film or narrative in which the strands of the plot are drawn together and everything is explained or resolved. Example would be at the end of every 'Death in Paradise' episode when all suspects are gathered together, the murderer is exposed and how they committed the crime is explained.
ENIGMA CODES	Not the WW2 film. This is simply the idea that a film text (does not have to be a film) portrays a mystery to draw the audience in and keeps them interested.
NARRATIVE FUNCTION	The importance of a particular type of character to the ways the story is told and understood (we can make predictions once we have identified their character type)

NARRATIVE THEORY

### TODOROV'S NARRATIVE STAGES

- **Equilibrium:** everything in the film world is normal (not necessarily good, but it is normal).
- **Disruption:** something happens (usually caused by the film's main antagonist) to disrupt normal life.
- **Recognition of disruption:** the protagonist/s realise that something is wrong in their world or discover the disruption.
- **Attempt to solve:** the main protagonist goes on a journey to solve the disruption.
- **New equilibrium:** the disruption is solved and a new normality occurs (things can never be the same as they were before the disruption, but a new 'normal life' is created).

CHARACTER THEORY

### Propp's Character Theory

<http://foxhugh.com/literary-elements/character-theories-and-types/>

Vladimir Propp developed a character theory for studying media texts and productions, which indicates that there were 7 broad character types in the 100 tales he analysed, which could be applied to other media.

- 1) The (magical) helper (helps the hero in the quest)
- 2) The dispatcher (character who makes the lack known and sends the hero off)
- 3) The donor (prepares the hero or gives the hero some magical object)
- 4) The false hero (perceived as good character in beginning but emerges as evil)
- 5) The hero [AKA victim/seeker/paladin/winner, reacts to the donor, weds the princess]
- 6) The princess (person the hero marries, often sought for during the narrative)
- 7) The villain (struggles against the hero)



## CHARACTERS

NAME	CONTRIBUTION TO AESTHETIC/CONTEXT
James Bond	Postmodern icon created. Bond is the Hero of Britain and the rest of the world. Deeper, humane and darker Bond. We see Bond in an unfinished developing state.
Silva	Mirror image of Bond. Both created by M.
Eve Money-penny	Stronger woman and larger part in the narrative
M	The 'creator' of Bond. Stable, dependable presence. Relationship between controller and controlled
Q	Represents the new 'digital age'
Severine	Traditional 'Bond girl' trope. Vulnerable.
Patrice	An expendable villain



### Aesthetics

Beautiful and glamorous. 'Dancing silhouettes, cold blues, the warmth of fiery reds, oranges and yellows. It is beautiful' and 'a mix of real world dirtiness and beauty'.

Virtual world vs the dirty realistic world -Blue/Orange colour scheme

Mirrors/doubles and reflections/symmetry – Connection between Silva and Bond. Mirror images of each other. How the virtual world reflects the actual world

Britishness – 'Keep Calm and Carry On'/'Cool Britannia'. Makes Britishness cool and slick

Influenced by the Nolan, the director of the Dark Knight. Made a recognisable character darker and grittier. Mendes has also taken elements of 'old' Bond and turned him into something new and darker. More realism to the aesthetic of the film. Colours are less saturated.

Influence of Film Noir style – lighting uses deep shadows and silhouettes. Film Noir are dark and downbeat American crime and detective films. Literally means 'black film of cinema'

Roger Deakin, the cinematographer, uses symmetry. Framing of Bond and M in the centre suggesting stable and dependable in the face of a changing chaotic world

Beautiful film with lots of establishing shots to take in the environments around the character

More complex character of Bond. He is darker and more emotion and we should take him seriously

Nostalgic – Almost back to basics and references to older James Bond Films.

### Context

Social: Society is ensuring that the representation and treatment of women is improving. Two strong female characters in Eve and M with larger influence on plot. However, there is still a reflection of the Bond tradition of having women in the film for the 'male gaze'. Old Vs New, traditional Vs modern.

Historical: Explores the contemporary threat of cyber terrorism. Fit with the celebration of Britishness of the Olympic Games. Iconography that is familiar to fans. Make Britishness cool.

Cultural: Not linked to any Fleming Novel but Casino Royale and Skyfall wanted to get Bond's character 'back to Fleming'. Darker, dangerous and more emotional.

Political: Is MI6 relevant in today's world of globalization. Everyone is operating internationally so do we need an agency, just for the UK. MI6 and Bond are both destroyed but then rebuilt.

Technological: Filmed in high definition and then converted to IMAX. Film asks if technology is the cause of the problem or does it help to fix the problem. Old vs New. Gadgets are back to basics and are more realistic

Institutional: 50<sup>th</sup> Anniversary of the Bond Film. Shows Bond being resurrected. The Bond film is an institution in its own right. Reflected in the nostalgia of the film with the old Aston Martin and the simple Walter PPK gun. Still high production values with big stars and sophisticated expensive cinematography – still making it a Bond Film (which is an institution in itself)

DIRECTOR:  
SAM MENDES

WRITERS:  
PURVIS & WADE

CINEMATOGRAPHER: ROGER DEAKINS

MUSIC: TOM  
NEWMAN

	Techniques	Effect
Cinematography	Establishing/Long Shots	Reveal glamorous and beautiful locations or create a sense of spectacle. Shows the characters to be isolated sometimes within their surroundings. Used to introduce the characters of Bond and Silva.
	POV/CU/MS/HA	Emotionally engages them and immerses the audience into the action.
	Low angle 'straight at the viewer' shots	Add to the sense of danger and the audience are placed within the action sequences. The opening action sequence.
	Hand Held Shots	Sense of action and allows the audience to feel it during the crash at the market. Unstable nature of the shot creates tension between M and Bond in the living room scene.
	Symmetrical/central framing	Forces us to compare characters such as Q and Bond and Silva and Bond. Central framing shows that M and Bond are stable and have a sense of control even though they may be overwhelmed by their surroundings.
	Lighting – dark, silhouettes	MI6 are working in the shadows. Eerie atmosphere. Forces us to take the character of Bond seriously. Opening sequence and the skyscraper fight with Patrice. Also used in the montage sequence when Bond is removing the bullet from his shoulder.
Sound	Old Bond theme but in a new way	The version of Bond is unfamiliar. Newman uses old and new reflecting the theme of 'old vs new'. We hear a slight hint of the theme tune but then it turns into something else. The Motorbike chase over the rooftops in Istanbul
	Dialogue – Jokes and sarcasm	Bond is still in control and is calm enough to make jokes in difficult situations. 'We weren't using that' and 'what makes you think it is my first time' when being interrogated by Silva.
	Ticking Rhythm	Time is running out
	Use of brass instruments	Similar to 'A Dark Knight' Brass instruments give the feeling that Bond, like Batman is rising up from the ashes. He is being rebuilt as a hero.
	Diegetic Sound	Use of diegetic sounds to link scenes together and draw us away from one place to another. We often hear the sounds first before we go there. London Rain into the river than Bond falls in. Plane noise before we go to the airport.
Mise-en-Scene	Blues and Orange tones	Blue indicates the 'virtual world' of cyber-crime in Shanghai and Greys in London. The technological ages. Oranges are gritty, dirty reality of espionage. Dusty Istanbul chase sequence and the fire at the mansion.
	Bond's changing costume and makeup	Shows how in control he is and how comfortable he is in his environment during different stages of the film. Smart grey suit shows control and professionalism. Washed out look at the beginning to hint that he has lost his edge. Slowly gets it back through the film. Contrast his costume to Q's in the art gallery.
	Actors Facial Expressions	Look for Daniel Craig playing Bond with a darker emotional range than other versions of Bond. Silva's macabre and menacing performance establishes him as sinister and malevolent. Severine's trembling tension of her nervous smile as she describes Silva.
	Props to enhance themes and messages	Use of the 'Old Warship' Painting in drive home the message that the old way of espionage is being 'towed away for scrap' and the new technological age of espionage is upon us. This is a clever metaphor and the audience will then hopefully see this as a deeper, clever film aesthetically.
	Nostalgic use of Props	Old Aston Martin and the Walter PPK gun to create the cool iconography of Bond. Old fans will relive and be excited by the use of props they have seen before.
Editing	Cross-Cutting	Between Istanbul, London and Eve in the Jeep. Forces us to compare gritty way of spying being assisted by the new technological way of spying
	Cuts between LS/ELS and MS/CU/POV	Uses shots that create spectacle and then shots that immerse the audience in the action. Doing this creates a sense of tension and excitement for the audience.
	Cuts to CU	Emotional, character driven film. The facial expressions are characters reaction to situations are important.
	Continuity Editing	Editing is used to ensure the narrative is moved forward.
	Montage	Montage is used a couple of times to move the story on and show a passing of time. Bond recovering from his injury, Setting up the mansion for the final battle etc.

# Welcome to the GCSE Music Journey

## AOS1 Musical Forms and Devices

MUSIC  
GCSE

### Topic 1 – The Development of Music

#### **The Baroque Era: 1600-1750**

Main composers: Bach, Handel, Vivaldi, Purcell

Main features of the music:

- Use of ornaments and terraced dynamics.
- Energetic rhythmic movement.
- Major/Minor key system (diatonic).
- Orchestras are mainly strings.
- Use of harpsichord, recorders, flute and horns.
- Use of basso continuo (see AOS 2).

#### **The Classical Era: 1750-1810**

Main composers: Mozart, Beethoven, Haydn

Main features of the music:

- Four sections to the orchestra.
- Melodies less complex than Baroque.
- More variety and contrast in the music.
- Frequent changes in mood, timbre and dynamics.
- Harpsichord replaced by piano.

#### **The Romantic Era: 1810-1910**

Main composers: Chopin, Liszt, Wagner,

Tchaikovsky

Main features of the music:

- Thematic ideas and use of the leitmotif (see AOS 3).
- Increased variation in dynamics.
- Use of chromatic notes and extended chords.
- Further expansion of the orchestra.
- Development of the brass section.
- Descriptive music and links to other art forms

### Topic 2 – Musical Form and Structure

In GCSE music, you must be able to identify the following forms:

**Binary form** – A B

**Ternary form** – A B A

**Rondo form** – A B A C A

**Minuet and Trio** – Minuet Trio  
Minuet

**Variation form** – Theme Variation 1,  
2, 3 etc

**Strophic form** – A A A A

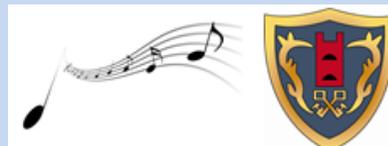
### Other key terms

- **Monophonic** – One unaccompanied part or voice.
- **Homophonic** – Many parts that move together. Melody and accompaniment is a type of homophonic texture.
- **Polyphonic** – 2 or more different parts that are of equal importance.
- **Unison** – All together. Could be considered monophonic if played at the same pitch.
- **Parallel motion** – Parts move in the same direction.
- **Contrary motion** – Parts move in different directions.
- **Interval** – The gap/space between 2 different notes.

### Topic 3 – Devices

- **Repetition** – The exact repeat of a musical idea.
- **Contrast** – A change in the musical content.
- **Anacrusis** – A lead in. A note or beat before the first full bar of a piece.
- **Imitation** – When a musical idea is copied in another part.
- **Sequence** – The repetition of a motif (short melody) in the same part but at a different pitch.
- **Ostinato** – A musical pattern repeated many times. This is known as a riff in modern music.
- **Syncopation** – Off beat or where the weaker beats of a rhythm are emphasised.
- **Dotted rhythms** – A dot placed after a note. This increases the note by half its own value, giving a jagged effect to the rhythm.
- **Drone** – A repeated or sustained note or notes held throughout a passage of music. The drone will be diatonic and use either the Tonic or the Tonic and Dominant notes.
- **Pedal** – A held or repeated note, against which changing harmonies are heard.
- **Canon** – A device in which a melody is repeated exactly in an other part while the initial melody continues and develops.
- **Conjunct movement** – When the melody mainly moves in step.
- **Disjunct movement** – When the melody 'leaps' from one note to another.
- **Broken chord/Arpeggio** – A chord played as separate notes.
- **Alberti bass** – A type of broken chord accompaniment.
- **Regular Phrasing** – The balanced parts of melody.
- **Motif** – A short melodic or rhythmic idea that has a distinctive character.
- **Chord progressions** – A sequence or series of chords related to each other and in a particular key.
- **Modulation** – The process of changing key.

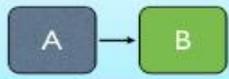
## Essential Listening





# STRUCTURE

BINARY FORM



Section A (repeated)	Section B (repeated)
Bars 0 <sup>2</sup> – 16 <sup>1</sup> (16 bars)	Bars 16 <sup>2</sup> – 40 <sup>1</sup> (24 bars)

# TEXTURE

Homophonic



melody and accompaniment

# SONORITY

Flute, String orchestra (violins, violas, cellos, double basses) and harpsichord (basso continuo)

# BADINERIE

Knowledge Organizer



7<sup>th</sup> movement of orchestral suite No. 2 by J.S BACH  
Composed in 1738-1739

# DYNAMICS

Mostly forte, including terraced dynamics



# TEMPO

Allegro

# RHYTHM & METRE



2/4

Anacrusis

Ostinato rhythms

mainly

Quavers / semiquavers

# MELODY

Flute range (2 octaves pitch range):



2 main musical ideas. Use of ornaments and melodic devices (motifs, sequences).  
Triadic, disjunct and conjunct in places



# HARMONY & TONALITY

Diatonic with modulation to dominant minor B minor to dominant minor: F# minor



# AOS2 Music for Ensembles

MUSIC  
GCSE

## Topic 1 – Timbre, Sonority and Texture

**Timbre** - The tone colour or tone quality associated with a particular instrument. Refer to your instrument recognition sheet for more detail.

**Sonority** – The relative loudness and ‘feel’ of a sound when compared with other sounds.

**Texture** – The number of layers/parts in a piece and how they relate to each other:

- **Monophonic** – A single melodic line with no accompaniment
- **Homophonic** – Many parts that move together (same rhythm)
- **Polyphonic** – A number of different melodic lines heard independently of each other.

**Unison** – When 2 or more musical parts that are the same, are played together (monophonic).

**Chordal** – A type of texture where the parts move together producing a series of chords (homophonic).

**Layered** - when more parts are added on top of each other to produce a richer texture.

**Melody and accompaniment** – A type of homophonic texture, where the tune is the main focus and is accompanied by other parts that move together.

**Counter melody** – When a new melody is heard at the same time as a previous melody.

**Round** – A type of **canon** in which voices sing the same melody but beginning at different times. The music repeats (goes round & round).

## Topic 2 – Musical Ensembles

The word ensemble applies to the number of performers in a group. If there are lots of performers in an ensemble it becomes a choir or an orchestra.

An ensemble may group together any combination of instruments from the same family or different families.

- **Duet** – 2 performers
- **Trio** – 3 performers
- **Quartet** – 4 performers
- **Quintet** – 5 performers
- **Sextet** – 6 performers
- **Septet** – 7 performers
- **Octet** – 8 performers

## Topic 3 – Chamber Music

**Basso Continuo** – A type of accompaniment used in the Baroque era. The term means ‘continuous bass’ and consisted of a bass instrument and a chordal instrument.

**Baroque Sonata** – A piece of music that is played rather than sung.

**Trio Sonata** – A piece of instrumental music for 3 parts.

**String quartet** – One of the most popular types of ensemble with in the Classical era. It consisted of 2 violins, a viola and a cello.

## Topic 4 – Musical Theatre

In musical theatre, the music helps tell and support the storyline and characterisation. The audience will see the storyline or plot unfolding through the music, the acting and the dance, supported by the accompanying orchestra/band.

**Different types of musical. Can you research an example of a musical for each type?**

- Musical drama
- Disney musical
- Classic musical
- Romantic musical
- Musical comedy
- Sung-through musical
- Juke box musical
- Film-to-stage musical

## Topic 5 – Jazz and Blues

Jazz and Blues are styles of music that emerged at the start of the 20<sup>th</sup> century in America.

- **Pentatonic scale** – A scale consisting of 5 notes.
- **Blues scale** – A minor pentatonic scale with an extra note (flattened 5<sup>th</sup>).
- **Improvisation** – When music is spontaneously created during a performance.
- **12 Bar Blues** – A type of structure used in Jazz and Blues that consists of 12 bars.
- **Swing style** – Characteristic of Jazz, in which notes are played with a relaxed dotted feel.
- **Riff** – A short motif or pattern that is repeated.
- **Rhythm section** – Typically consists of a bass player, a drummer and someone playing chords (pianist or guitarist).
- **Standard** – A Jazz or Blues song that is really popular.

## Essential Viewing



**Texture**

Monophonic – single melodic line for an instrument or voice or when instruments/voices are unison

Homophonic – One main melody plus harmonic accompaniment of chords (inc. broken chords)

Polyphonic Texture – Number of melodic lines heard independently of each other.

**Textural Devices**

**Unison** (2 or more musical parts sound at the same pitches at the same time - can be in octaves) (monophonic)

**Chordal** - parts move together producing a series or progression of chords (homophonic)

**Melody and accompaniment** – the tune is the main focus of interest and importance, and it is ‘accompanied’ by another part/parts which support the tune (homophonic)

**Canon** or imitation - the melody is repeated exactly in another part while the initial melody is still being played (polyphonic)

**Counter melody** – a new melody played at the same time as a previous melody

**Layered** – when more parts are added on top of each other

**Musical Theatre** Instrumentation (timbre)  
Texture Dynamics

**Sforzando (sfz)** – a sudden, forced accent on a note or chord

**Colla voce** – When the accompaniment has to follow the vocal part, without strictly sticking to the tempo

**Recitative** – a vocal style that imitates the rhythms and accents of the spoken language

**Declamatory writing** – a type of vocal writing, similar to recitative in that it has speech-like quality

**Sforzando (sfz)** – a sudden forces accent on a note or chord

**Basso Continuo** – continuous bass line

**Rhythm Section** – underlying rhythm, harmony and pulse of the accompaniment

**Pentatonic** – a 5 note scale

**Improvisation** – music is made up on the spot

**Stanza** – another word for a verse

**Swing style** – dotted rhythm feel to the beat

**Call and Response** – Music sung or played by the leader and responded to by the rest of the group

**Blues scale** – minor pentatonic scale + flattened 5<sup>th</sup>

**Blues notes** – flattened 3rds, 5<sup>th</sup>, 7<sup>th</sup> notes

**Riffs** – short repeated musical pattern

Duet – 2 performers

Trio – 3 performers

Quartet – 4 performers

Quintet – 5 performers

Sextet – 6 performers

Septet – 7 performers

Octet – 8 performers

Jazz and Blues Trios

Vocal Ensembles: duets, trios, backing vocals

**Trio Sonata**

A work in several movements for 1 or 2 soloists + basso continuo

**String Quartet**

Mvt 1 (sonata form)

Mvt 2 – slow (ABA or T&V)

Mvt 3 – moderate dance (minuet and trio)

Mvt 4 – fast sonata or rondo form

**12-bar structure**

I, I, I, I,

IV, IV, I, I,

V, IV, I, I/V



### 3.1 Health and Fitness

#### Health and fitness:

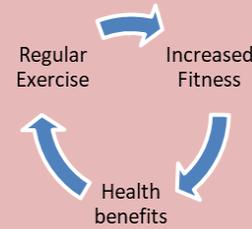
**Fitness definition:** 'The ability to meet the demands of the environment'

**Health:** 'A state of complete emotional, physical and social wellbeing and not merely the absence of disease or infirmity'

### 3.2 Components of Fitness

## AQA GCSE PE Paper 1 Chapter 3: Physical Training

#### The relationship between health and fitness:



Exercise improves fitness, an increase in fitness will improve performance

Exercise improves all aspects of health (physical, social, emotional)

If you are not healthy enough to take part in regular exercise your fitness will deteriorate causing your performance to drop. Health benefits will not be gained

Cardiovascular fitness	Muscular Endurance	Flexibility	Reaction Time	Power	Speed	Agility	Balance	Coordination	Strength
'The ability of the heart and lungs to supply oxygen to the working muscles'	'The ability of a muscle group to undergo repeated contractions, avoiding fatigue'	'The range of movement possible at a joint'	'The time taken to respond to a stimulus'	'Is the ability to do strength performances quickly' Power = Strength x Speed	'The amount of time it takes to perform a particular action or cover a particular distance'	'Is the ability to change position of the body quickly while maintaining control of the movement'	'Is the ability to retain the body's centre of mass above the base of support' static or dynamic	'Is the ability to use two or more body parts together smoothly and efficiently'	'The ability to overcome a resistance. It requires a force to be applied to a muscle or muscle group'
Explanation	Explanation	Explanation	Explanation	Explanation	Explanation	Explanation	Explanation	Explanation	Explanation
They need good cardiovascular fitness to be able to maintain a high standard of performance throughout the race/match.	They need a prolonged additional oxygen delivery to the working muscles to repeat muscle contractions over a long period of time without tiring	Performers need good flexibility to be able to get into position without getting injured and to perform complex movements	Performers need to react to a stimulus. A stimulus can include: a ball, whistle, starters gun, or an opponent	Performers need power to improve performance. Speed and strength are needed in sports where you throw jump kick and sprint	Performers need speed to get from one position to another. This may be leg speed to run or arm speed when throwing or hitting	Performers need agility to change direction quickly. This can be used to evade opponents or move around the court or pitch quickly	Performers need balance so they don't fall over. E.g. in gymnastics when performing a balance (static) or travelling across the beam (dynamic)	Performers need coordination when they are using two body parts at the same time. It can be used when aiming, or striking/hitting a ball	Performers need Strength to support weight (static) lifting a weight (maximal) punch (dynamic) throw (explosive)
Sports	Sports	Sports	Sports	Sports	Sports	Sports	Sports	Sports	Sports
Games players Long distance runners/rowers	Cyclist (legs) Boxing (punching) Swimmer (arms/legs)	Gymnasts Goal keepers Divers	Sprinters Badminton players Rugby players	Shot put Football (kicking) High jump	Sprinting Badminton Javelin thrower	Rugby side-step Tennis Badminton	Gymnastics Skiing Hammer throw	Tennis Archery Football	Weight lifting Rugby Gymnastics
									
Fitness Test	Fitness Test	Fitness Test	Fitness Test	Fitness Test	Fitness Test	Fitness Test	Fitness Test	Fitness Test	Fitness Test
Multi stage fitness test	Sit-up bleep test	Sit and reach	Ruler drop test	Vertical jump	30m sprint	Illinois agility run	Stork balance test	Wall toss	Grip dynamometer 1 rep max test

### 3.4-3.14 Fitness Tests

Agility Fitness Test		Balance Fitness Test		Cardiovascular endurance test	
Fitness Test	Test Procedure	Fitness Test	Test Procedure	Fitness Test	Test Procedure
Illinois run	<ul style="list-style-type: none"> <li>Set up the course as shown in the picture</li> <li>Lie face down on the floor, by the first cone</li> <li>On 'Go' run around the course as fast as you can</li> <li>Record result and compare to a rating chart</li> </ul>	Stork test	<ul style="list-style-type: none"> <li>Place hands on your hips &amp; foot on your knee</li> <li>Raise your heel from the ground so you are balancing on your toes</li> <li>Time starts when you lift your heel</li> <li>Record result and compare to a rating chart</li> </ul>	Multi stage fitness test	<ul style="list-style-type: none"> <li>Measure out 20 metres</li> <li>Place cones to mark the distance</li> <li>Start the audio recording Run from one cone to the other until you cannot continue</li> <li>Record result and compare to a rating chart</li> </ul>
Used by performers who change direction quickly such games players		Used by gymnasts and games players		Used by badminton and cricket players	
Coordination Fitness Test		Flexibility Fitness Test		Muscular endurance Fitness Test	
Fitness Test	Test Procedure	Fitness Test	Test Procedure	Fitness Test	Test Procedure
Wall toss test	<ul style="list-style-type: none"> <li>Stand 2 meters away from a wall</li> <li>Throw a tennis ball underarm against the wall</li> <li>Throw with the right hand and catch with the left hand; then alternate hands</li> <li>Record result and compare to a rating chart</li> </ul>	Sit and reach test	<ul style="list-style-type: none"> <li>Sit with your legs straight and the soles of your feet flat against the box</li> <li>With palms face down, one hand on top of the other, stretch and reach as far as possible</li> <li>Record result and compare to a rating chart</li> </ul>	Sit-up bleep test	<ul style="list-style-type: none"> <li>Lie on a mat, knees bent, feet on the floor. your hands across your chest on shoulders</li> <li>Start the audio recording</li> <li>Sit up until you can no longer continue</li> <li>Record results and compare to a rating chart</li> </ul>
Used by badminton and cricket players		Used by performers such as gymnasts and divers		Used by tennis and football players	
Power Fitness Test		Reaction Time Fitness Test		Speed Fitness Tests	
Fitness Test	Test Procedure	Fitness Test	Test Procedure	Fitness Test	Test Procedure
Vertical jump	<ul style="list-style-type: none"> <li>Stand side onto the wall, feet flat on the floor</li> <li>Mark the highest point that the tips of your fingertips can reach</li> <li>Holding a piece of chalk, jump as high as you can</li> <li>Mark on the wall the top of your jump</li> <li>Measure the distance between the 1<sup>st</sup> and 2<sup>nd</sup></li> </ul>	Ruler Drop	<ul style="list-style-type: none"> <li>Stand with your hand open around the ruler, with the 0 cm mark between thumb and forefinger</li> <li>The assistant holds and drops the ruler</li> <li>Catch the ruler as quick as possible</li> <li>Record results and compare to a rating chart</li> </ul>	30m sprint	<ul style="list-style-type: none"> <li>Measure and mark out 30 metres in a straight line</li> <li>Place one cone at the start and one at the end</li> <li>On 'Go' run as fast as you can</li> <li>Record result and compare to a rating chart</li> </ul>
Used by sprinters, rugby players and long jumpers		Used by basketball, rugby and badminton players		Used by 100k sprinters and rugby players	
Maximal Strength Fitness Test		Strength Fitness Test		<p>Qualitative or quantitative data: When collecting pieces of data for fitness tests they are usually quantitative meaning. The measurements can be quantified as numbers such: Time (seconds) Distance (meters) Levels or numbers</p> <p>Data can be collected qualitative meaning the measurements are based on quality rather than quantity, such as a number out of 10 for a routine. They are opinions not facts.</p>	
Fitness Test	Test Procedure	Fitness Test	Test Procedure		
One rep Max	<ul style="list-style-type: none"> <li>Warm up</li> <li>Lift the maximum weight you can in one attempt</li> <li>Record result and compare to a rating chart</li> </ul>	Hand grip dynamometer	<ul style="list-style-type: none"> <li>Adjust the grip to your hand</li> <li>Keep your arm beside you at a right angle to your body</li> <li>Squeeze the handle as hard as you can</li> <li>Record result and compare to a rating chart</li> </ul>		
Used by performers such as power lifters, rugby players and boxers		Used by performers such as climbers (to lift body weight)			

### 3.3 Fitness Testing

#### Reasons for fitness testing:

##### Before a training programme:

- To identify strengths and areas for improvement
- Identify training requirements
- To show a starting level of fitness
- To motivate and provide goals

##### During and after a training programme:

- To monitor improvement
- To provide variety to a training programme
- Compare results against norms of the group
- To identify whether training has been successful

#### Limitation of fitness testing:

- Tests are often general and not sport specific
- The movement required in the test is not the same as in the actual activity
- Tests do not have competitive conditions required in sports
- Some tests do not use direct measuring and are an estimate or are submaximal
- Some tests need motivation, because they are exhausting to complete
- Some tests questionable reliability

**Specificity:** Training must match the requirements of the activity so that the right muscles and body systems are adapted.

**Progression Overload:** Gradually increasing the amount of working training so that fitness gains occur, but without the risk of injury.

**Reversibility:** Just as fitness improves with training it can decline if you stop training.

**Tedium:** This is the boredom that can occur when you train the same way every time. A variety of training methods are needed to keep motivated to carry on without giving up.

### 3.15 Principles of Training

#### Applying overload using the F.I.T.T principle:

**Frequency:** How often you train (should be gradually increased) Week 1 = train once per week - Week 2 = train twice per week

**Intensity:** How hard you train (should be gradually increased)  
Week 1 = 1 set of 5 repetitions of a 5 kg weight - Week 2 = 2 sets of 5 repetitions of a 5 kg weight

**Time:** How long you train (should be gradually increased) Week 1 = 20-minute session - Week 2 = 25-minute session

**Type:** Relates to specificity. training should closely match the activity. E.g. A marathon runner should use continuous training

#### Training intensities:

**Max Heart rate** = 220 - age

**Aerobic target zone:** 60% - 80% of MHR

**Anaerobic training zone:** 80% - 90% of MHR

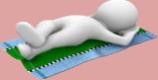
**Strength/Power:** high weight/low reps above 70% of 1 rep max (3 sets of 4/8 reps)

**Muscular endurance:** low weight/high res below 70% of 1 rep max (3 sets of 12-15 reps)

### 3.17 Types of Training

Continuous Training	Fartlek Training	Circuit Training	Interval Training	Plyometric Training	Weight Training	Static Stretching
Is sub-maximal aerobic exercise that has no breaks or rest. It lasts for a minimum of 20 minutes and can improve cardiovascular & muscular endurance	Form of continuous training that varies in pace and terrain. It is both aerobic & anaerobic and can improve cardiovascular & muscular endurance	Contains stations organised in a circuit, they can be skill or fitness based, aerobic or anaerobic Intensity is measure by circuits, time or repetitions. Can be adapted to improve all types of fitness	High intense exercise followed by periods of rest to recover Usually anaerobic can be used in a variety of locations Improves speed but can improve strength and cardiovascular	Maximal intensity involving jumping/bounding. It involves an eccentric contraction (muscle lengthens) immediately followed by a concentric (muscle shortens) Improves power (speed & strength)	Form of interval training which involves reps and sets. The weight provides the resistance. Can be done using free or fixed weights. It improves strength, power and muscular endurance	Stretch as far as you can. The stretch is held (isometric) for up to 30 seconds. It Can be done on your own, with apparatus or with a partner. Improves flexibility
Advantages	Advantages	Advantages	Advantages	Advantages	Advantages	Advantages
No equipment or facilities Has many health benefits (CHD) Can be done on your own	No equipment or facilities Change of pace can be more interesting Can be done on your own	Variety of stations generates interest Can be skill or fitness Can easily be adapted	Can be used to improve health and fitness (aerobic & anaerobic) No equipment needed	Develops power quickly No equipment	Can target specific areas of the body	Develops flexibility
Disadvantages	Disadvantages	Disadvantages	Disadvantages	Disadvantages	Disadvantages	Disadvantages
Boring No change of pace Can cause impact injuries	High intensity can be avoided A safe route may be hard to find	Equipment can be costly Can be time consuming to set up	Can be repetitive and boring Need to plan and keep track of sets	Can cause injury due to high intensity	Can cause injury with poor technique a spotter needed with free weights Can be expensive	Not as effective as other stretching methods and can take a long time to go through all muscle groups
Sporting Example	Sporting Example	Sporting Example	Sporting Example	Sporting Example	Sporting Example	Sporting Example
Marathon running Cycling Swimming	Football Rugby Netball	Can be adapted to suit all sports	Usually for speed It can be adapted to other sports	Basketball Long jump Hurdles	Weight lifting, tennis (muscular endurance)	Most sports and activities benefit from static stretching

### 3.18 Preventing Injury

<b>Complete a warm up</b>	A warm up should be completed to: increase the temperature in the muscles, tendons and ligaments. This increases the elasticity which will help prevent muscle pulls and strains	
<b>Avoid overstretching</b>	Stretching should be completed carefully without overstretching or bouncing as this can result in a muscle strain	
<b>Avoid overtraining</b>	If you train too hard adaptations will not take place e.g. lifting too heavy weight can cause an injury such as a strain	
<b>Take adequate rest</b>	Training programmes should include rest days. Make sure you have enough resting between sessions to allow for recovery	
<b>Use taping or bracing</b>	When necessary taping and bracing can be used to provide additional support to joints and muscles. E.g. an ankle support can reduce the chance of a twisted ankle (sprain)	
<b>Remain hydrated</b>	Maintain an appropriate level of hydration by drinking water. If you don't maintain your hydration levels you can become dehydrated, this can lead to dizziness and nausea	
<b>Wear appropriate clothing and footwear</b>	This may included non-slip footwear such as boots to prevent ankle injures Gum shield in rugby to protect the teeth in boxing and rugby Shin pads to reduce impact on the shins in football and hockey.	
<b>Use correct technique</b>	When completing any activity, using correct technique will lead to better results. Help avoid injury by using the correct technique when lifting weight or throwing the javelin	

### 3.17 High Altitude Training

#### High Altitude training as a form of aerobic training:

- There are fewer air molecules at altitude. This means there is less oxygen available to take into our body. This means there is less oxygen available to get to the working muscles. The body's oxygen carrying capacity is reduced at high altitude.
- When an athlete first tries altitude training their performance will be worse. However, after several weeks of training at high altitude their body will adapt:
- Increasing red blood cells
- Increasing haemoglobin
- When they return to sea level, they will have an advantage because their oxygen carrying capacity will have increased



#### Benefits of high-altitude training:

- Increased red blood cell production
- Increased oxygen carrying capacity
- A greater amount of oxygen being transported to the working muscles once athletes return to sea level
- These benefits are particularly helpful to endurance athletes who rely on aerobic energy production for example marathon runners and triathletes



#### Limitations of high-altitude training:

- Adaptations take time
- Expensive to live away from home
- Timing of training for competition needs careful planning
- Altitude sickness (nausea caused by training at altitude)
- Limited to aerobic activities (no effect on anaerobic events)
- Can make it harder to train at high intensities need for anaerobic activities



## 3.19 Training Seasons

### Pre-season (preparation phase):

This is the period up to competition.

#### Training includes:

- Develop techniques specific to the sport
- General fitness training such as continuous, fartlek or interval training sessions to increase aerobic fitness
- Weight training to build up strength and muscular endurance

#### Benefits:

- Fitness and skill lost during post season can be regained
- Skills and techniques can be improved. This means matches at the start of the season are more successful



### Competitive-season (peak):

This is the playing season

#### Training includes:

Taking part in matches every week

Maintenance of fitness related to activity

Limited training, as it may cause fatigue which would decrease performance

Concentration on skills, set plays and tactics to improve performance

#### Benefits:

Fitness levels and quality of performance can be maintained throughout the season



### Post-season (transition phase):

This is the period of rest, active recovery and light aerobic work after the competitive season

#### Training includes:

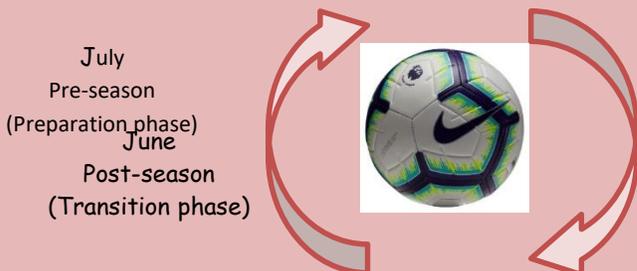
Rest to recover from the competitive season

Light aerobic exercise, to maintain a level of general fitness

#### Benefits:

Athletes are fully rested, ready for pre-season

Not too much fitness is lost



## 3.20 Warming up and Cooling down

### Warm-up

A warm-up has three phases:

#### Phase 1 Pulse raiser

To raise the heart rate and speed up oxygen delivery to the working muscles. E.g. jogging a lap of the pitch

#### Phase 2 Stretching

Stretching the muscles and soft tissues you are about to use increases their elasticity and range of movement

#### Phase 3 Drills

These are more intense practices relating to the main session, such as dribbling if you are playing basketball

#### Benefits of a warm-up

To physical and mentally prepare for exercise

To increase oxygen delivery to the working muscles

Increase temperature of muscles, tendons, and ligament. Reducing the chance of injury

Increase the range of movement at a joint which will aid performance

### Cool-down

A cool-down has two phases:

#### Phase 1 Light exercise

e.g. slow jogging at a much lower intensity you have been working

#### Phase 2 Stretching

Stretch the muscles you have used in the main activity

#### Why we cool down

The removal of lactic acid and CO<sub>2</sub>

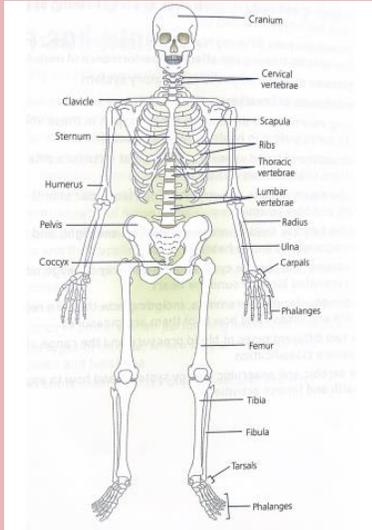
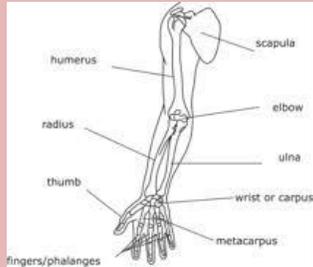
Prevents muscle soreness DOMS

Bring heart and breathing rate slowly back to resting

Helps avoid dizziness due to blood pooling

Improves flexibility

# 1.1 Skeletal System



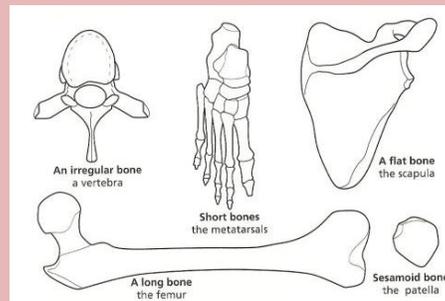
## AQA GCSE PE Paper 1 Chapter 1: Applied Anatomy and Physiology

### Functions:

- **Support:** for muscles and vital organs
- **Shape and Structure:** maintains the basic form of the body
- **Protection of the vital organs:** cranium protects the brain
- **Movement:** occurs at joints when muscles contract and pull on bones
- **Mineral storage:** essential for major body functions.
- **Blood cell production:** takes place in the bone marrow (red blood cells, white blood cells, platelets)

### Type of Bones:

- Short:** fine, controlled movements
- Long:** gross, large movements
- Flat:** quite large and usually protect vital organs
- Irregular:** Specifically shaped to protect



### Types of freely moveable joints

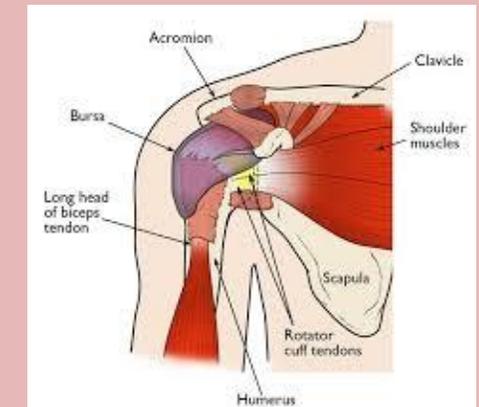
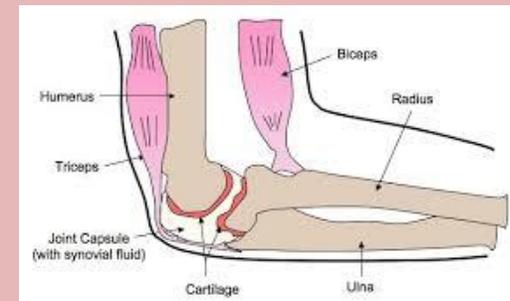
**Ball and socket joints:** can move away from the body, back towards the body and can also rotate

**Hinge joints:** can only move in one direction, towards and away from each other

### Features of a synovial joint:

- **Tendon:** very strong, elastic cords that join muscle to bone
- **Bursae:** a sac filled with liquid, floating inside the joint, to reduce friction between tendon and bone.
- **Cartilage:** a tough but flexible tissue that acts as a buffer between bones rubbing together and causing friction.
- **Joint capsule:** tissue that stops synovial fluid from escaping and encloses, supports and holds the bones together.
- **Synovial membrane:** the lining inside the joint capsules that secretes synovial fluid
- **Synovial fluid:** a clear and slippery liquid that lubricates the joint and stops the bones rubbing together
- **Ligaments:** bands of elastic fibre that attach bone to bone, keeping the joints stable by restricting movement.

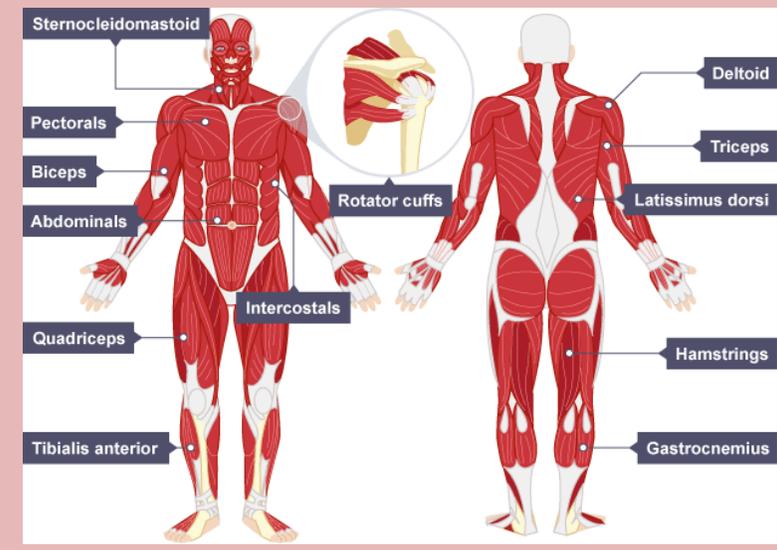
Joint	Bones @ the joint	Type of joint	Movement
Shoulder	Scapula, Clavicle, Humerus	Ball and Socket	Flexion, Extension, Abduction, Adduction, Rotation, Circumduction
Elbow	Humerus, Radius, Ulna	Hinge	Flexion, Extension
Hip	Pelvis, Femur	Ball and Socket	Flexion, Extension, Abduction, Adduction, Rotation, Circumduction
Knee	Femur, Patella, Tibia, Fibula	Hinge	Flexion, Extension
Ankle	Tibia, Fibula, Talus	Hinge	Dorsiflexion, Plantar flexion



# 1.1 Muscular System

Muscle	Movement	Sporting example
Latissimus dorsi	Extension, adduction or rotation at the shoulder	Butterfly stroke
Deltoid	Flexion, extension, abduction or overarm rotation at the shoulder	Front crawl
Rotator cuff	Rotation and abduction at the shoulder	Bowling in cricket
Pectorals	Adduction and horizontal flexion at the shoulder	Forehand drive in tennis
Biceps	Flexion at the elbow	Upward phase of a bicep curl
Triceps	Extension at the elbow	During a jump shot in basketball
Abdominals	Flexion at the waist	During a sit up
Hip flexors	Flexion of the leg at the hip	Lifting the knee when sprinting
Gluteals	Extension, rotation and abduction of the leg at the hip	Pushing the body forward when running
Hamstrings	Flexion at the knee	Bringing the foot back before kicking a football
Quadriceps	Extension at the knee	When performing a drop kick in rugby
Gastrocnemius	Plantar flexion at the ankle	Standing on your toes in ballet pointe work
Tibialis anterior	Dorsiflexion at the ankle	Bringing the toes up towards the shin when extending the legs in the long jump

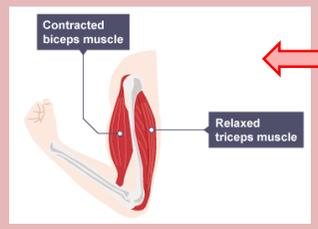
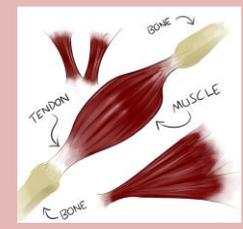
Joint	Muscles
Shoulder	Deltoid, trapezius, pectorals, latissimus dorsi, biceps, triceps, rotator cuff
Elbow	Biceps, triceps
Hip	Gluteals, hip flexors
Knee	Quadriceps, Hamstrings
Ankle	Gastrocnemius, Tibialis anterior



**Muscle contraction**  
 Muscles transfer force to bones through tendons. They move our bones and associated body parts by pulling on them – this process is called muscle contraction.

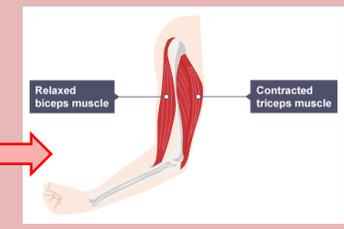
**Muscle Contractions:**  
**Isotonic muscle contraction** – results in movement  
 • Concentric muscle contraction – muscle shortens  
 • Eccentric muscle contraction – muscle lengthens  
**Isometric muscle contraction** – muscle contracts but no visible movement

**Antagonistic muscle action:**  
 Muscles work in ‘antagonistic muscle pairs’. One muscle of the pair **contracts to move the body part**, the other muscle in the pair then **contracts to return the body part** back to the original position. Muscles that work like this are called antagonistic pairs.  
 In an antagonistic muscle pair as one muscle contracts the other muscle relaxes or lengthens. The muscle that is contracting is called the agonist and the muscle that is relaxing or lengthening is called the antagonist.  
 When you perform a bicep curl, the **biceps** will be the **agonist** as it contracts to produce the movement, while the **triceps** will be the **antagonist** as it relaxes to allow the movement to occur.

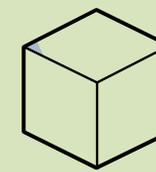


The biceps contracts and raises the forearm as the triceps relaxes.

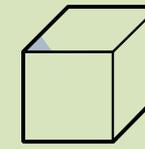
The triceps contracts and lowers the forearm as the biceps relaxes.



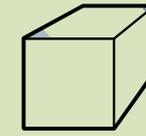
## How to creatively and effectively communicate your design ideas.



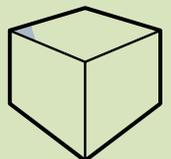
Isometric



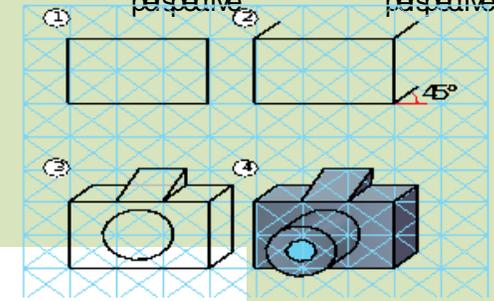
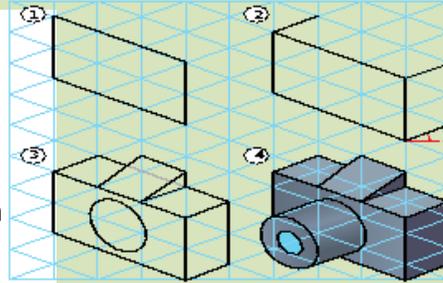
Oblique



One-point perspective



Two-point perspective



### Isometric

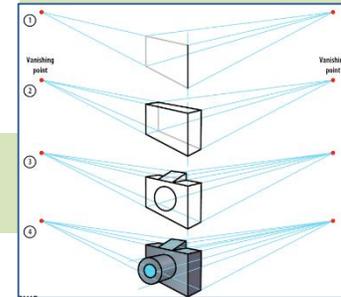
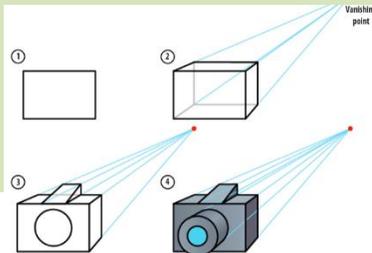
Isometric drawings look more realistic than oblique ones and are based on 30-degree lines. For support, use isometric grid paper to guide your angles:

- 1 Instead of drawing the 2D front view in oblique, you begin with an edge of the product – draw this as a vertical straight line.
- 2 From this line, create **construction lines** going off at 30 degrees.
- 3 Fill in the next vertical lines.
- 4 From these vertical lines, draw your next construction lines going off at 30 degrees (repeat steps 3 and 4 depending on the complexity of your drawing).
- 5 Within these construction lines, draw your product.

### Oblique

Oblique projection is the simplest method of creating 3D designs based on 45-degree lines. For support, use oblique grid paper to guide your angles:

- 1 Draw the front view in 2D.
- 2 From each corner, draw construction lines projecting out at 45 degrees.
- 3 On the construction lines, measure half the true length.
- 4 Draw the back of the product to complete the product.



### One-point perspective

One-point perspective is often used in interior design, as it quickly creates an image with a good sense of depth that enables the customer to rapidly visualise the designer's idea. This then allows the designer and customer to work together to develop and adjust the idea to suit the customer's requirements.

One-point perspective is the easier type of perspective drawing.

- 1 Just like oblique drawing, start by drawing the front view in 2D.
- 2 From each corner, create construction lines to a point in the distance called a single **vanishing point**.
- 3 Draw your next vertical lines between your construction lines.
- 4 Join up your vertical lines with horizontal lines (keep these faint).
- 5 Draw your product within these lines

### Two-point perspective

Two-point perspective is often used by architects when developing their ideas in 3D, as it gives a speedy realistic interpretation. Like interior designers, the architects can work alongside their customer to develop their ideas to the customer's requirements. Two-point perspective uses two vanishing points either side of the object to produce a more realistic representation of the product.

- 1 Just like isometric drawing, you begin with an edge of the product – draw this as a vertical straight line.
- 2 From each corner, create construction lines to two vanishing points.
- 3 Draw in your next vertical lines between the construction lines.
- 4 From these vertical lines, draw construction lines going off to the vanishing points.
- 5 Draw in your product between your construction lines.

## Paper

- Paper consists of fine cellulose fibres, usually from wood but also hemp, flax, cotton or bamboo, pressed together with water and then dried. To achieve the required texture and surface finish, chemicals are added to the pulp – brightening bleaches, for example. It may also be coated with an agent that fills the minuscule pits between the fibres, for a smooth, flat surface with better opacity, lustre and colour-absorption.
- In Europe, paper and board is measured in grams per square metre (gsm), which means the number of grams a 1 m × 1 m sheet weighs. Paper usually weighs 80–220 gsm. Thicker paper suggests higher quality – copier sheets are often 80 gsm, whereas writing paper is typically 120 gsm
- Paper – thin, flat material made from natural fibres, weighing less than 220gsm

Type	Description	Uses	Advantages	Disadvantages
Copier paper 80gsm	Thin, lightweight, cheap, bright white paper, with a smooth, bleached, uncoated surface	Writing, printing, drawing	Takes colour well, good surface for pencils, pens and markers, cheap, readily available and in a range of colours	Can be prone to jamming printer feed mechanisms
Cartridge paper 120-150gsm	Creamy, thick heavy weight paper	General drawing and printing, can be used with watercolour paints without buckling	Accepts most drawing media, opaque	Costs more than copier paper
Tracing paper 60-90gsm	Thin, smooth and translucent, made by beating to remove air and processing to make a dense, strong paper, usually 60-90 gsm	Art, making copies, envelope windows, overlays on working drawings	Strong, translucent	Can be expensive, limited ink absorption and longer drying time

Type	Description	Uses	Advantages	Disadvantages
Folding boxboard	Stiff layers consisting of: A printable bleached virgin pulp top surface Unbleached yellowish centre layers A bleached inside layer	Cereal boxes, food and healthcare packaging, cartons	Excellent for scoring and bending without splitting Accepts print well Inexpensive	Lower strength than solid white board
Corrugated board	Two or more layers of fluted paper sandwiched between two paper liners Available in different thicknesses Strong and lightweight	Protective packaging for electrical products	Impact resistant, inexpensive	Brown finish does not convey quality Can deform under pressure Not water resistant
Solid white board	Strong rigid board made from pure, bleached wood pulp Excellent printing surface	Book covers, food, cosmetics and medicine packaging	Strong, rigid, accepts print well	Can be expensive

Property	Description in terms of papers and boards
Flexibility	Amount material bends when a force is applied (stiffness), determined by its thickness and weight Flexural stiffness is resistance to an external bending force Handling stiffness is the ability to support its own weight
Printability	Ability to accept a printed image onto its surface (porosity) Affected by surface properties, such as smoothness or finish, and structural properties, such as bulk or thickness Not the same as print quality, which is determined by other factors such as alignment of plates on the machinery
Biodegradability	Ability to be broken down by bacteria or other biological means Most uncoated paper products are biodegradable because they are made from wood pulp Compostable means that a material can biodegrade in less than 12 weeks

## Board

- Papers weighing more than 220 gsm are generally classified as boards. Their thickness is measured in microns (µm) which is 1/1000 of a millimetre. A two-ply (layer) board is 200 microns thick.
- Board – thick paper or layers of paper more than 220gsm

## Non-ferrous metals

These do not contain iron, so have a higher resistance to rust and corrosion. They are not magnetic and tend to be more malleable than ferrous metals.

Type	Properties	Composition	Melting point	Example uses
Aluminium	Greyish white: corrosion resistant, malleable, ductile, easily machined, good heat/electrical conductor, excellent strength-to-weight ratio, polishes well	Pure metal	660°C	Aircraft, foil, window frames, engine parts, drinks cans
Copper	Reddy brown: corrosion resistant, malleable, ductile, tough, easily machined, good heat/electrical conductor, good hot or cold working, polishes well	Pure metal	1100°C	Electrical wire, gas and water pipes, printed circuits, roofing
Brass	Yellow: corrosion resistant, easily machined, good heat/electrical conductor, casts well, harder than copper, polishes well	Alloy: 65% copper 35% zinc	900–940°C	Plumbing fittings, door fittings, locks, musical instruments

## Ferrous metals

Ferrous metals contain iron (ferrite), so most have magnetic properties. Small amounts of other metals or elements may provide other properties. Ferrous metals are vulnerable to rust when exposed to moisture, except for stainless steel and wrought iron.

Type	Properties	Composition	Melting point	Example uses
Mild steel	Tough, ductile, malleable, magnetic, high tensile strength, easily joined, poor corrosion resistance	Iron + 0.1–0.3% carbon	1400°C	Screws, nails, bolts, girders, car body panels
Stainless steel	<ul style="list-style-type: none"><li>Corrosion resistant, hard, tough, sometimes magnetic, resists wear, difficult to cut</li><li>Specific properties can be altered by varying the alloyed metals</li></ul>	Alloy: Carbon steel + 10.5–18% chromium 8% nickel 8% manganese	1400°C	Kitchenware, sinks, cutlery, medical equipment
Cast iron	Hard skin, brittle, soft core, good in compression, self-lubricating, magnetic	Iron + > 2–6% carbon	1200°C	Machine parts, vices, brake discs, manhole covers

## Key terms

**Ductility:** ability of a material to deform by bending, twisting or stretching; ability to be drawn out without breaking. Ductility in metals increases with temperature.

**Malleability:** ability of a material to be permanently deformed in all directions without fracture. It increases with temperature.

**Hardness:** ability of a material to resist deformation, indentation or penetration. Hard materials can resist abrasion, drilling, impact, scratching, and wear and tear.

## Properties

The mechanical properties of metals define how they react to forces. A large force will deform metal. A temporary change is called elastic deformation and the metal will spring back into shape. A permanent change is called plastic deformation and the metal stays in the new shape. Three properties are **ductility**, **malleability** and **hardness**. All ductile materials are malleable but not all malleable materials are ductile.

Hard materials are often brittle, with a low resistance to impact, and break easily. This property is important for cutting tools such as saws, drills and files. Diamond is the hardest naturally occurring material and is measured at 10 on the Mohs scale (a scale that measures hardness). The mineral, talc is 1, aluminium is 2–2.9 and steels are 5–8.5.



## Summary

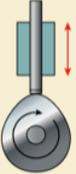
### Key points to remember:

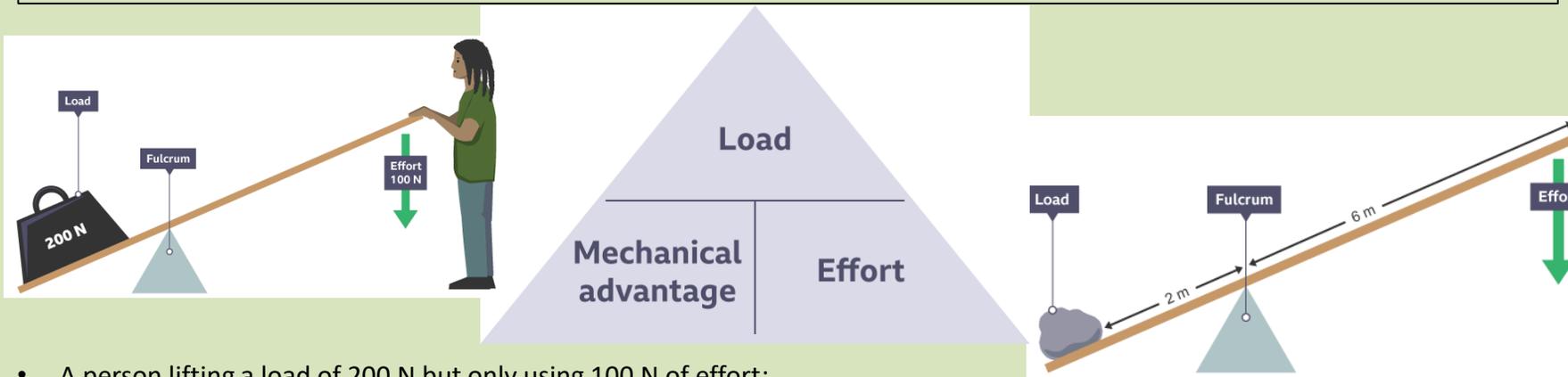
- Metals are categorised as ferrous or non-ferrous.
- A mixture of two or more metals is called an alloy.
- Metals have useful mechanical properties such as ductility, malleability and hardness.

Mechanisms are devices that can change one form of force or movement into another. They range from simple mechanisms such as a door handle, scissors or a hole punch to complex car engines, bicycles and manufacturing machinery.

### Types of movement /motion

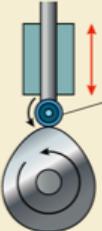
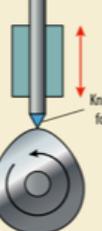
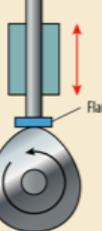
- **Rotary** – Motion around a central point Example: a fan or a bike wheel
- **Oscillating** - Motion that swings backwards and forwards in an arc from a central point Example: child on a swing or a pendulum
- **Linear** - Moving in a straight line in one direction Example: chain on a bike
- **Reciprocating** - Moving backwards and forwards in a straight line Example: sewing machine needle or car piston

	Pear-shaped	Eccentric/circular	Drop (Snail)
<b>Effect of shape</b>	<ul style="list-style-type: none"> <li>• Motionless (dwells) for about half the cycle</li> <li>• During the second half it rises and falls</li> </ul>	<ul style="list-style-type: none"> <li>• Circular to give a smooth continuous movement as the follower rises or falls</li> </ul>	<ul style="list-style-type: none"> <li>• Gives a slow rise with a spiral cross-section and then a sudden fall</li> </ul>
<b>Example</b>	<ul style="list-style-type: none"> <li>• Opens and closes valves in a car engine</li> </ul>	<ul style="list-style-type: none"> <li>• In a fuel pump or in steam engines</li> </ul>	<ul style="list-style-type: none"> <li>• Used in hammers/punches or machines needing a sudden drop</li> </ul>
			



### Followers

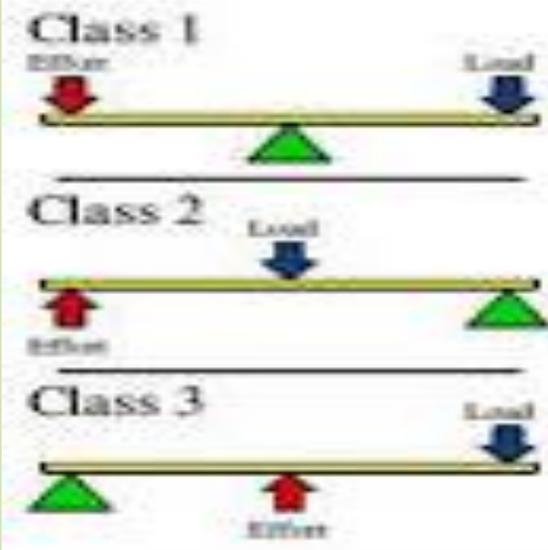
Different followers are used for specific purposes, but all slide or roll on the external profile of the cam.

Roller	Knife edge	Flat
		
<ul style="list-style-type: none"> <li>• Used when higher speeds are required, such as in engines</li> <li>• Rolling motion reduces <b>friction</b> so it will wear better</li> <li>• Has separate parts in the roller mechanism and contends with forces pushing them to the side</li> </ul>	<ul style="list-style-type: none"> <li>• Used when accuracy is required, such as in an embroidery machine, as the cam's profile is followed closely</li> <li>• Suffers from a rapid rate of wear and contends with forces pushing them to the side</li> </ul>	<ul style="list-style-type: none"> <li>• Used when higher load bearing capabilities are required, such as in a steam engine</li> <li>• Has reduced forces pushing it, but suffers from increased friction</li> <li>• The larger surface area means it could rotate, but has larger load carrying abilities</li> </ul>

- A person lifting a load of 200 N but only using 100 N of effort:
- Therefore, the mechanical advantage =  $200 \div 100 = 2$ .
- This can also be written as 2:1. The person is able to lift twice the load using 100 N of effort.
- The mechanical advantage can also be calculated theoretically by measuring the distance between the load and pivot and the effort and pivot.
- In the picture below the distance between the load and fulcrum is 2 m. The distance between the effort and fulcrum is 6 m.
- Therefore, the mechanical advantage =  $6 \div 2 = 3$  or **3:1**
- The person will find this load three times easier to lift.

There are three categories of **levers**. They are chosen for their ability to produce the most mechanical advantage for a particular task. These classes of lever arrange the effort, fulcrum and load in a different order:

<b>First order</b>	Effort	Fulcrum	Load
<b>Second order</b>	Effort	Load	Fulcrum
<b>Third order</b>	Fulcrum	Effort	Load



**First order levers**

**First order levers** (Class 1) place the fulcrum between the effort and the load. An example would be a seesaw, which places the fulcrum in the centre and allows equally weighted children to lift each other up. If the load is closer to the fulcrum it becomes easier to lift. When the fulcrum is in the centre, like a seesaw, the effort and the load have to be equal to balance them. If a person is slightly heavier at one end or leans back, moving the weight, one end of the seesaw moves down.

**Second order levers**

**Second order levers** (Class 2) place the fulcrum at one end of the lever and the effort at the other, with the load in the centre. The closer together the fulcrum and load are, the easier it is to lift the load. Examples include wheelbarrows, nutcrackers and some bottle openers.

**Third order levers**

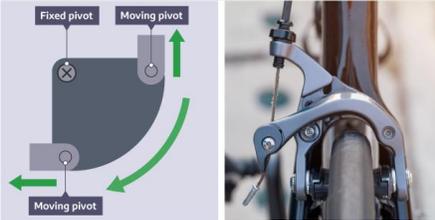
**Third order levers** (Class 3) place the effort between the fulcrum and the load. If the effort and the fulcrum are further apart, it becomes easier to lift. A third order lever does not have the mechanical advantage of first order levers or second order levers so are less common.

They are generally used for moving small or delicate items. Examples include tweezers or fishing rods.

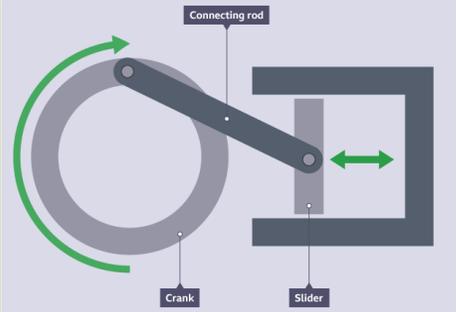
**Reverse motion** linkages change the direction of input so that the output goes the opposite way. A fixed pivot forces the change in direction. These are often used on foldable clothes horses.



**Bell crank** linkages change the direction of force through 90°. The amount of output force can be changed by moving the fixed pivot. When used in bicycle brakes, the rider can pull the brakes from the handlebars, which changes direction through the bell crank to make the brake pads touch the wheels.



**Crank and slider** linkages change rotary motion from the crank into a reciprocating motion of the slider, or vice versa.



The crank and slider are connected through a connecting rod which helps convert the motion. There are arrangements in which a crank and slider can be used. The crank arm can be used as the driver in a car engine piston, the ignition of petrol by the spark plugs pushes the slider up, moving the connecting rod and turning the crank.

Alternatively, the slider can be used as the driver in a steam engine where the wheels turn because of the pressure that moves the slider.

**Gears** change the direction or the speed of movement. As there are teeth around the edge of the gears they grip together and so can withstand a greater force, enabling them to move large items such as cars or bicycles.

**Gear trains:** Gear trains are when two or more gears are joined together. In a simple gear train, the drive gear causes the driven gear to turn in the opposite direction. Smaller gears with fewer teeth turn faster than larger gears with more teeth. This difference in speed is called the gear ratio.

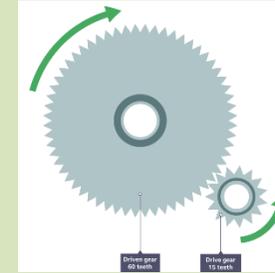
$\text{Gear ratio} = \text{number of teeth on driven gear} \div \text{number of teeth on the drive gear}$

Example

The driven gear has 60 teeth and the drive gear has 15 teeth.

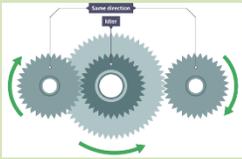
$\text{Gear ratio} = 60 \div 15 = 4$

For each rotation of the drive gear, the driven gear would rotate four times. Gear ratio = 1:4



This is known as gearing up. If the driven gear had 15 teeth and the drive gear had 60 teeth, the gear ratio would be 4:1 which is known as gearing down.

Question: If a cyclist is pedalling with a drive gear of 50 teeth and a driven gear of 25 teeth, what is the gear ratio?



## Gear types

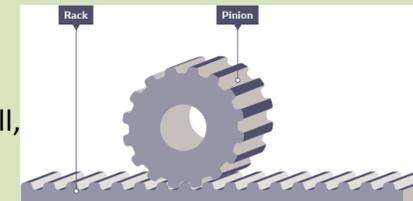
If the drive gear and the driven gear are separated by another gear, called the idler, they will move in the same direction.

## Bevel gears

A bevel gear is a special gear that can transfer rotary through 90 degrees. The diagram below shows two gears of the same size - the name given to this arrangement is a mitre-gear.

However, the two gears can vary in size to achieve a different gear ratio. An example of this is in a hand drill, where the drive gear is larger than the driven gear. However, the two gears can vary in size to achieve a different gear ratio.

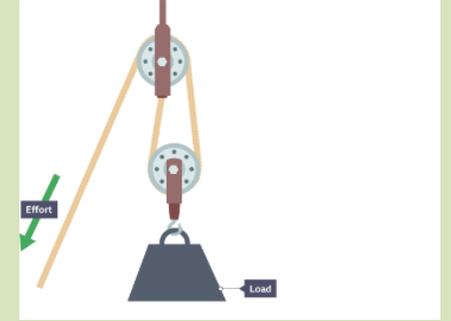
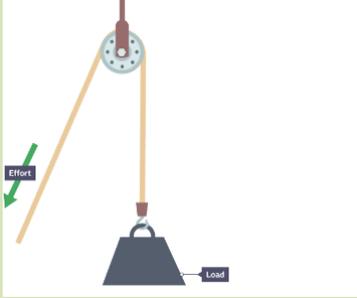
An example of this is in a hand drill, where the drive gear is larger than the driven gear.



## Rack and pinion

A rack and pinion is an arrangement of a gear wheel and a rack which allows the rotary motion to be converted to linear motion. An example of this is in a pillar drill, where the table bed is moved up and down.

**Pulleys** use mechanical advantage, similar to levers, to lift up loads. Pulleys are wheel shaped with a groove that allows a cord to sit inside the groove. They can be used by hand or attached to a motorised winch to increase the amount of weight that can be lifted. Pulleys are a simple and manoeuvrable way to move large objects. They are easy to transport to where they are needed and set up, but they do require somewhere stable to hang.



- A single pulley changes the direction of force, making pulling down easier than lifting up. Single pulley systems are demonstrated in cranes, lifting a bucket from a well, raising a flag or adjusting window blinds. Even though there is no actual mechanical advantage with one pulley, it is referred to as having a mechanical advantage of one.
- One pulley doesn't make a mechanical advantage, as the same amount of force is needed. However, if additional pulleys are added, a mechanical advantage is created. Using two pulleys together means you need half the force to lift. This is called a block and tackle, and is used to lift large, difficult-shaped objects, such as furniture. Adding more wheels to the block and tackle increases the load it can lift.

Belt drives transfer movement from one rotating pulley to another, each held on a shaft. Shafts and pulley wheels can be made out of any material, whereas pulley belts are generally made from a soft, flexible material such as rubber. Grooves on the pulleys and belts help them to grip and turn.

Winches, treadmills and washing machines are examples of belt-driven mechanisms.

Belts can be attached around different-sized pulleys to drive shafts to change speed. As with gears, the bigger the wheel, the slower the speed. The velocity ratio between two pulleys can be calculated.

**Velocity ratio** = diameter of the driven pulley ÷ diameter of the driver pulley

**Output speed** = input speed ÷ velocity ratio

D&T – Timbers End

**AQA Design & Technology 8552**  
**Materials and Working Properties Textiles**

**Fabrics**

**Natural Fabrics**

Cotton	Soft, good absorbency, prints well, machine washable, strong breathable	Origins from the Cotton Plant.	Uses: Jeans, towels, Shirts, dresses, underwear
Wool	High UV protection, flameproof, breathable, durable insulating	Origins from Sheep.	Uses: Jumpers, Coat, blankets
Silk	Smooth, Soft, Strong	Origins from the silk worm.	Uses: Wedding dresses, lingerie.
Linen	Strong, cool in hot weather	Origins from the flax plant	Uses: Trousers, tops.
Leather/Suede	Strong, hardwearing, durable.	Origins from the skin of animals, mainly cows.	Uses: Jackets, Trousers, Shoes.

**Synthetic fabrics**

Polyester	Durable, wrinkle resistant, stain resistant	Uses: Shirts, jackets. Also used in safety belts, conveyor belts and tyre reinforcement.
Polyamide (Nylon)	Durable, high abrasion resistance	Uses: Sportswear, carpets.
Elastane (Lycra)	Stretchy, durable, high stain resistance	Uses: Sportswear, Swimwear, tights.
Viscose	Soft, comfortable, absorbent, easily dyed.	Uses: Dresses, linings, shorts, shirts, coats, jackets and outerwear.
Acrylic	Absorbent, retains shape after washing, easily dyed, resistance to sunlight.	Uses: Jumpers, tracksuits, linings in boots.

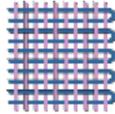
**Blended and mixed Fabrics**

These fabrics take on the positive characteristics of their combinations

Cotton/Polyester	Easy care and crease resistant	Uses: School shirts.
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**Woven**

**2. Fabric Construction**

Plain Weave	Extremely strong and hard wearing	
Twill Weave	Extremely high strength and abrasion resistant.	

**Knitted**

Knitted fabrics	Stretchy, soft and comfortable.	
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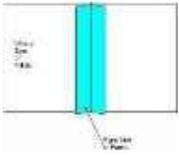
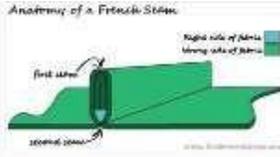
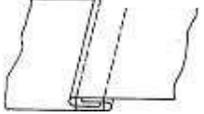
**Non-Woven**

Bonded Fabrics	These are webs of fibres held together by glue or stitches.	
Felted Fabrics	Felt is made by combining pressure, moisture and heat to interlock a mat of wool fibres.	

**Care Labels**

-  Machine wash. It will usually have a max. temp number included
-  Hand Wash only
-  Do not wring out
-  Line Dry
-  Iron on low heat. The more dots the higher the heat setting
-  Tumble Dry
-  Do not bleach
-  Dry Clean

## Construction Techniques

Open seam	This is used as the main method for constructing textile products. It is normally finished with overlocking to neaten the edges and prevent fraying.	
French Seam	This seam is used on delicate fabrics that can not be overlocked. It is generally used within lingerie.	
Flat Fell Seam	Very strong double stitched seam for heavy fabrics. Commonly used on jeans.	
Overlocking	Used to neaten seams to prevent fraying. Generally hidden on the inside of a product.	
Binding	Used to finish a curved edge on a product, where overlocking is not suitable.	

### Decorative Techniques

- Applique: 
- Patchwork: 
- Tie Dye: 
- Beads & Sequins: 
- Batik: 
- Hand Embroidery: 
- Gathers: 
- Pleats: 
- Darts: 
- Tucks: 

### Equipment

- Sewing Machine: 
- Overlocker: 
- Sewing threads: 
- Iron: 
- Quick unpick: 
- Ironing Board: 
- Needle: 
- Embroidery Scissors: 
- Pins: 
- Tape Measure: 
- Fabric Shears: 
- Pinking Shears: 

## Construction Terminology

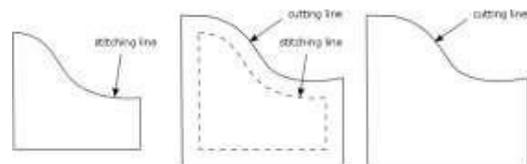
### Pattern

This is the term given to a paper template to aid in the cutting out of fabric for accurate construction.



### Seam Allowance

This is usually a 1cm 'boarder' around your pattern to allow for construction to be the correct size.

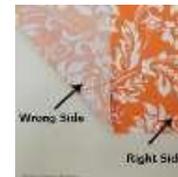


### Right Side

This is the 'correct' side of the fabric that you wish to see.

### Wrong Side

This is the side of the fabric that you do not wish to see.



### Pressing

This is the term given when ironing your product; e.g. press your seams open, would refer to when an open seam is sewn and they need to be pressed outwards to give a flat finish.

## AQA Design & Technology 8552 Making Principles Specialist tools, equipment, techniques and processes

### Tool Selection

Specialist material areas often require tools that perform only one function, others can be adaptable and perform multiple tasks. E.g. A Tenon saw is used to cut straight or angles in wood, a pillar drill can be used to drill into a variety of materials.

### Safety for Yourself and Others

Once your equipment has been selected you must consider health and safety. Some machinery has age restrictions and/or training requirements see the equipment/machinery **data sheets** and **risk assessments** for information. Basic requirements for all projects are **PPE (Personal Protective Equipment)**.

Other areas to think about are:

- Extraction (to remove dust/fumes)
- Cleaning up spillages immediately
- Carrying tools correctly.
- Visual checks for damage/maintenance



**NOTICE**  
**OUT OF SERVICE**



### Golden rule – if in doubt check it out

#### 4 Outsourcing

Some companies may not have the skills for specialist tasks such as cutting and finishing toughened glass. Getting another company to do this them is called **outsourcing**.

### Data Sheets and Instructive Manuals

Data sheets are usually provided by a material manufacturer that are considered to be hazardous. This could be because they need to be handled in a particular way or because they give off harmful gasses. Some equipment and machinery is also considered hazardous and may have a safety data sheet or safety information in the instruction manual for example a laser cutter.



### Risk Assessment

Risk assessments must be produced as they are specific to individual workshops, the hazards in one workshop are not necessarily the same as another. A risk assessment is carried out to identify whether or not it is safe to carry out a particular task in that environment. A risk assessment looks for potential risks of a process, tool, material or piece of equipment.

There are 5 stages to a risk assessment: 1.

- Individual risk factors
- Identify who is at risk
- Decide the likelihood of the severity
- Record findings and implement control measures
- Monitor and review the risk assessment



## Risk assessment: Soldering Iron / Soldering

What are the hazards?	Who might be harmed and how?	What are you already doing?	Do you need to do anything else to manage this risk?	Risk Level H—High M—Medium L—Low	Action by whom?	Action by when?	Done
Handing soldering iron while soldering	The operator of the soldering iron, if the soldering iron is not held using the handle built to the handle is likely. If the operator does not zone the soldering iron in the stand provided burning to the contact area will result. If the operator of the soldering iron does not pay attention to who is around them and makes contact with them this will result in burning.	Soldering is undertaken in a specific area in 53 and 54. Strict guidance is given to operators and unsafe behaviour will result in immediate removal of the operator from the task.	No.	M	HCLPRO	Ongoing	
Burning through electric wire	The operator because the soldering is not being stored correctly and attention to safe storage of the soldering iron is not being observed.	Clear guidance on the safe use of the soldering is given with specific instructions on storing the iron when in use. The electric supply is not protected.	A safety sheet has been created to remind operators of the correct way to use and make aware of possible hazards.	L	HCLPRO	Nov 2015	
Fumes	The operator could possibly inhale the fumes and also possible eye irritation could occur.	Operators are required to wear goggles. This is supported through the smaller allocation of operators soldering to minimise the generation of fumes. Observation and monitoring by the session member of staff.	No.	L			

- This risk assessment and proposed actions have been discussed with staff and students (where appropriate)
- The risk assessment will be reviewed annually as it might no longer be valid or if there are any significant changes to the hazards in the workplace, such as new equipment or work activities. A review date has been set.
- Operator refers to all persons carrying out an activity using a process, a series of processes using equipment within the department. An operator may be a member of staff, student or visitor.

## CAD – Computer Aided Design

Advantages of CAD	Disadvantages of CAD
Designs can be created, saved and edited easily, saving time	CAD software is complex to learn
Designs or parts of designs can be easily copied or repeated	Software can be very expensive
Designs can be worked on by remote teams simultaneously	Compatibility issues with software
Designs can be rendered to look photo-realistic to gather public opinion in a range of finishes	Security issues - Risk of data being corrupted or hacked
CAD is very accurate	 CAD Software
CAD software can process complex stress testing	

## CAM – Computer Aided Manufacture

Advantages of CAM	Disadvantages of CAM
Quick – Speed of production can be increased.	Training is required to operate CAM.
Consistency – All parts manufactures are all the same.	High initial outlay for machines.
Accuracy – Accuracy can be greatly improved using CAM.	Production stoppage – If the machines break down, the production would stop.
Less Mistakes – There is no human error unless pre programmed.	Social issues . Areas can decline as human jobs are taken.
Cost Savings – Workforce can be reduced.	



Laser Cutter



Digital jet printer



Digital Knitting machine

## Production Methods

**Flexible Manufacturing Systems (FMS)** : involves an assembly of automated machines commonly used on short-run batch production lines where the products frequently change.

**Lean Manufacturing:** It aims to manufacture products just before they are required to eliminate areas of waste including:

- Overproduction
- Waiting
- Transportation
- Inappropriate processing
- Excessive inventory
- Unnecessary motion
- Defects

**Just In Time (JIT)** : Items are created as they are demanded. No surplus stock of raw material, component or finished parts are kept.

Advantages of JIT	Disadvantages of JIT
No warehousing costs	Reliant on a high quality supply chain
Ordered secured before outlay on parts is required	Stock is not available immediately off-the-shelf
Stock does not become obsolete, damaged or deteriorated	Fewer benefits from bulk purchasing

## Scales of Production

**One off/Bespoke:** when you make a unique item.

**Batch:** when a limited number of the same product is made.

**Mass:** when a large quantity of the same product are made over a long period of time. This typically uses a production line.

**Just-In-Time:** a form of stock control when goods are delivered 'just in time' to use on the production line.

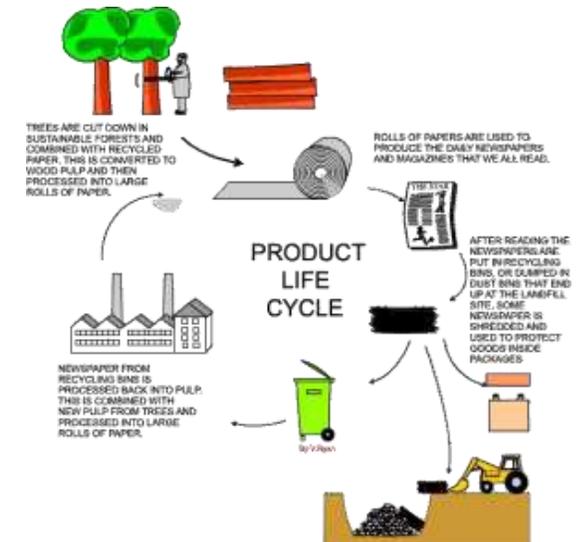
## Informing Design Decisions

**1.Planned obsolescence** - Planned obsolescence is when a product is deliberately designed to have a specific life span. This is usually a shortened life span.

**2.Design for maintenance** - Products are often designed to be thrown away when they fail... This can be achieved by designing products that can be repaired and maintained.

**3.Disposability** – Some products are designed to be disposable.

**4. Product Lifecycle** -



AGV – Automated Guided Vehicle



Robots Barcode Scanner



CNC	Computer Numerical Control
EPOS	Electronic Point Of Sale (Barcodes)

**New and Emerging Technologies**

New technologies are those that are currently being developed or will be developed in the next 5 to 10 years, and which will alter the business and social environment.

Examples:

Fuel-cell vehicles

Zero-emission cars that run on hydrogen



Additive manufacturing

The future of making things, from printable organs to intelligent clothes



**Enterprise**

An idea that is developed into a business proposal for a product that has commercial viability.

Products developed in this way require a patent to protect the idea so that other companies cannot use it without permission this is called a registered trademark.



**Industry – Automation and the use of Robots**

As industry has grown new and emerging technologies have changed the way designers, architects and engineers work. Intelligent machines and robotics have replaced machine operators and engineers.

The development of work now almost always involves the use of **Computer Aided Design (CAD)**.

This software can carry out complex tasks such as virtual stress testing this is called **Computer Aided Testing (CAT)**.

Designs can be produced to look 3D so customers can give opinions before **prototyping** begins.

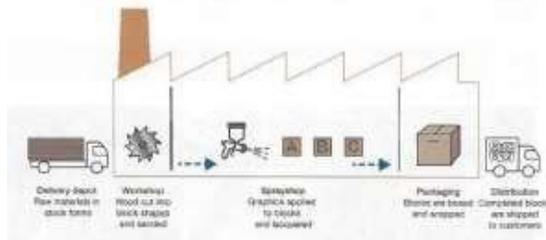
**Buildings and the place of work**

The development of the internet has changed how data is transferred. This has led to people being able to work together remotely (from different buildings or countries).

Projects can be sent to machines using **computer aided manufacturing (CAD)** techniques including **computer numerical control (CNC)** machines such as laser cutters and rapid prototyping (RPT) machines such as 3D printers.

Physical layout of buildings for production should be logical to increase efficiency. This will reduce unproductive time, movement and waste materials.

Here is an example of a simplified production line that might produce wooden blocks.



**Co-operatives**

A farm, business, or other organization which is owned and run jointly by its members, who share the profits or benefits.

**Crowdfunding**

Funding a project or venture by raising money from a large number of people who each contribute a relatively small amount, typically via the Internet.

**Virtual Marketing and Retail**

Virtual marketing the use of search engines positioning and ranking, banner advertising, e-mail marketing and social media in order to reach a wider audience to promote a product.



**Fairtrade**

A farm, business, or other organization which is owned and run jointly by its members, who share the profits or benefits. Trade between companies in developed countries and producers in developing countries in which fair prices are paid to the producers.



**People**

**Consumer Choice**

Growth of global manufacturing has led to a wider variety of products being available, prices of products are kept low because of the wider competition.

**Technology Push**

Advances in technology and science lead to the development of new products. Research and Development (R&D) Departments are used within large companies to ensure they can create new and exciting products.



Advances in touchscreen technology

**Market Pull**

The demand for new products from the consumer market. Market Pull is the pressure put on a company to improve or redevelop their products by consumers to meet the consumers changing needs.

**Changing Job Roles**

The development of new technologies and automation has meant there is less reliance on manual labour. Workers need to be 'skilled up' and be more flexible.



**Society**

Companies putting the environment and people before profit.

Examples:

- Carbon Neutral Products
- Use of renewable materials
- Reduction of carbon emissions/greenhousegasses
- Use of recycled materials
- Products designed to be 100%recyclable
- Promotion of Fairtrade
- Reduction of transportation
- Non profit organisations that reinvest money to support good causes
- Consideration to designing products for the elderly ordisabled
- Consideration to different religious groups

**4 main ways to consider the population when designing**

Type of Production	Example
One size fits all	Door Frames Baths
A range of sizes to cover all	Shoes Clothes
Adjustability to allow use by all	Car Seats Shower head height
Adaptability to support location or user	Children's booster seats Car roof bars

**Culture**

A combination of ideas, beliefs, customs and social behaviours of a society or group of people.

**Fashion and Trends**

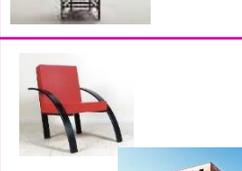
Designers developing products that are influenced by 'the latest thing'.

**Faiths and Beliefs**

Designers being responsible for the impact their design choices may have on a community.

Designer Name	Facts	Logo	Examples
<b>Coco Chanel</b>	<b>Gabrielle Bonheur "Coco" Chanel</b> (19 August 1883 – 10 January 1971) was a French fashion designer and businesswoman. She was the founder and namesake of the Chanel brand.		
<b>Alexander McQueen</b>	<b>Lee Alexander McQueen, CBE</b> (17 March 1969 – 11 February 2010), known professionally as <b>Alexander McQueen</b> , was a British fashion designer and couturier. He is known for having worked as chief designer at Givenchy from 1996 to 2001 and for founding his own Alexander McQueen label.		
<b>Vivienne Westwood</b>	<b>Dame Vivienne Isabel Westwood DBE RDI</b> (born 8 April 1941) is a British fashion designer and businesswoman, largely responsible for bringing modern punk and new wave fashions into the mainstream.		
<b>Harry Beck</b>	<b>Henry Charles Beck</b> (4 June 1902 – 18 September 1974), known as <b>Harry Beck</b> , was an English technical draughtsman best known for creating the present London Underground Tube map in 1931.		
<b>Norman Foster</b>	<b>Norman Robert Foster, Baron Foster of Thames Bank, OM, HonFREng</b> (born 1 June 1935) is a British architect whose company, Foster + Partners, maintains an international design practice famous for high-tech architecture.		

Designer Name	Facts	Logo	Examples
<b>Marcel Breuer</b>	<b>Marcel Lajos Breuer</b> (22 May 1902 – 1 July 1981) was a Hungarian-born modernist, architect, and furniture designer. Breuer extended the sculptural vocabulary he had developed in the carpentry shop at the Bauhaus into a personal architecture		
<b>Sir Alec Issigonis</b>	<b>Sir Alexander Arnold Constantine Issigonis</b> ; 18 November 1906 – 2 October 1988) was a British-Greek designer of cars, widely noted for the ground-breaking and influential development of the Mini, launched by the British Motor Corporation (BMC) in 1959.		
<b>William Morris</b>	<b>William Morris</b> (24 March 1834 – 3 October 1896) was an English textile designer, poet, novelist, translator, and socialist activist. Associated with the British Arts and Crafts Movement, he was a major contributor to the revival of traditional British textile arts and methods of production.		
<b>Mary Quant</b>	<b>Dame Barbara Mary Quant, Mrs Plunket Greene</b> , (born 11 February 1934) is a Welsh fashion designer and British fashion icon. She became an instrumental figure in the 1960s London-based Mod and youth fashion movements.		
<b>Louis Comfort Tiffany</b>	<b>Louis Comfort Tiffany</b> (February 18, 1848 – January 17, 1933) was an American artist and designer who worked in the decorative arts. He is best known for his work in stained glass.		
<b>Philippe Starck</b>	<b>Philippe Starck</b> (born January 18, 1949) is a French designer known since the start of his career in the 1980s for his interior, product, industrial and architectural design including furniture		

Name	Facts	Logo	Examples
<b>Raymond Templier</b>	<b>RAYMOND TEMPLIER</b> (1891 - 1968) like many of his contemporaries in jewelry, was born to a family with a long tradition as jewelers.		
<b>Gerrit Rietveld</b>	<b>Gerrit Thomas Rietveld</b> ; 24 June 1888 – 25 June 1964) was a Dutch furniture designer and architect. One of the principal members of the Dutch artistic movement called De Stijl, Rietveld is famous for his Red and Blue Chair.		
<b>Charles Rennie Macintosh</b>	<b>Charles Rennie Mackintosh</b> (7 June 1868 – 10 December 1928) was a Scottish architect, designer, water colourist and artist. His artistic approach had much in common with European Symbolism. His work was influential on European design movements such as Art Nouveau and Secessionism.		
<b>Aldo Rossi</b>	<b>Aldo Rossi</b> (3 May 1931 – 4 September 1997) was an Italian architect and designer who achieved international recognition in four distinct areas: theory, drawing, architecture and product design. He was the first Italian to receive the Pritzker Prize for architecture.		
<b>Ettore Sottsass</b>	<b>Ettore Sottsass</b> (14 September 1917 – 31 December 2007) was an Italian architect and designer during the 20th century. His work included furniture, jewellery, glass, lighting, home objects and office machine design, as well as many buildings and interiors.		

Name	Facts	Logo	Examples
<b>Alessi</b>	<b>Alessi</b> is a housewares and kitchen utensil company in Italy, producing everyday items from plastic and metal, created by famous designers.		
<b>Apple</b>	<b>Apple Inc.</b> is an American multinational technology company headquartered in Cupertino, California that designs, develops, and sells consumer electronics, computer software, and online services.		
<b>Braun</b>	<b>Braun GmbH</b> formerly <b>Braun AG</b> , is a German consumer products company based in Kronberg. From 1984 until 2007, Braun was a wholly owned subsidiary of The Gillette Company, which had purchased a controlling interest in the company in 1967.		
<b>Dyson</b>	<b>Dyson Ltd.</b> is a British technology company established by James Dyson in 1987. It designs and manufactures household appliances such as vacuum cleaners, hand dryers, bladeless fans, heaters and hair dryers.		
<b>GAP</b>	<b>The Gap, Inc.</b> commonly known as <b>Gap Inc.</b> or <b>Gap</b> , (stylized as <b>GAP</b> ) is an American worldwide clothing and accessories retailer.		
<b>Primark</b>	<b>Primark</b> known as <b>Penneys</b> in the Republic of Ireland) is an Irish clothing and accessories company which is a subsidiary of AB Foods, and is headquartered in Dublin.		
<b>Under Armour</b>	<b>Under Armour, Inc.</b> is an American company that manufactures sports and casual apparel and footwear.		
<b>Zara</b>	<b>Zara</b> is a Spanish clothing and accessories retailer based in Arteixo, Galicia. It is the main brand of the Inditex group, the world's largest apparel retailer.		

**Design: The ability to communicate with the consumer in an interesting and affective way.**

**2D Design:** Two –dimensional design is better for plan views and for expressing size and adding dimensions. It can also help explain mechanical and electrical concepts clearly.  
**3D Design:** Three-dimensional design is better for conveying the overall shape of a design and for visually explaining aesthetic properties.

**Design Brief:** A design brief can be as simple as an intent to design and make a certain product. A good design brief will set a clear context for why the product is required, as well as understanding any possible constraint's

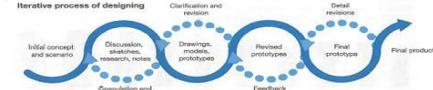
**Specification:**  
Using research and testing, a set of objectives for the product can be produced. This is called a **manufacturing specification**.  
A thorough manufacturing specification should include:  
> Detailed points relating to the product's form and function.  
> Any known constraints, such as exact timescale for product and maximum budget.  
It is vital that as many points as possible as measurable, so the product can be tested against these criteria.

The 3D sketch of the bottles allows the viewer to imagine how they might feel in the hand, whereas the 2D version gives a technical profile that could be measured more accurately.

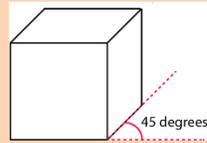


**Design Fixation:** Is a common condition for designers. It simply means that they become stuck in a rut and can only produce a range of similar designs, blinkered or blind to alternative ideas available.  
Factors that can make design fixation worse include the fear of making mistakes, playing safe and not taking risks. Don't assume your first idea is best and allow enough time to explore other routes.  
The most common strategies used to avoid design fixation are as follows:  
>Work with others– use collaborative design techniques, even just having a quick exchange of ideas with another person can break the gridlock.  
>Accept and understand the design fixation and force yourself to use a new starting point.  
> Stop drawing and start making– model something in 3D from a chosen medium.  
>Get some failures out the way– do not be afraid to get it wrong a few times and move on quickly. It is widely believed that the more you fail the better you become.

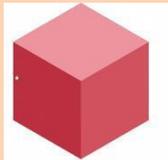
**Iterative design:** The iterative approach to designing is a flexible way of designing by working through ideas with sketches and notes and developing models when they are needed. It is a journey that could have a number of different starting points and outcomes



The iterative approach gives the designer the freedom to follow an idea in the direction that feels best for that idea. The designer's tools of sketching, modelling, testing and evaluating may be used in any order as long as they support rather than hinder the flow of ideas.

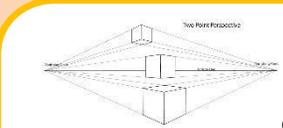


**Oblique Drawing:** Uses a 45-degree angle to draw lines that represent the depth of the side (end) and top (plan) of the drawing. The length of the line to represent the end is half of the measurement required; i.e. if the length should be 4cm the drawn length is 2cm.



**Isometric Drawing:** Uses a 30-degree angle and is much more realistic. For a basic cuboid, all of the height, width and depth lines follow the 30-degree isometric grid lines. Dimensioning can be done accurately and, by simple techniques, complex shapes can be constructed or carved out of a simple cuboid.

**Prototypes:** Prototype modelling can be constructed to test different elements of a design to help work out how viable it is likely to be. Modelling can involve creating a whole scaled up or down product or it may just be needed to help work through an important element of the design.



**Two Point Perspective:** Uses two **vanishing points** that are set to the outer edges of the page. The main construction lines create the width and depth are all projected back to the two vanishing points. Two point perspective gives the most realistic view as it emulates the way the viewers eye sees perspective, meaning that things get smaller the further away they are. It is a great technique to give a realistic view of what a product might look like.

**Evaluation:** When a prototype is completed it is still not ready for full scale production. It needs to be critically analysed, tested and devaluated to see what works well and what needs further improvement.

To make sure that your design becomes a high-quality prototype, you should follow this advice:  
>**Satisfying the clients design brief:** Make sure that the clients needs and wants are fully addressed.  
>**Innovation:** Imagination, creativity and innovation are three traits that are looked for throughout the design and development of a prototype or product. This doesn't always mean that a totally new concept or 'design' needs to be 'invented'  
>**Functionality:** Make sure that a prototype performs its task effectively. Consider its performance under 'worst case scenario' situations.  
>**Aesthetics:** The aim is to produce a prototype that looks good enough to sell. This means that throughout the iterative design process, clients' views will have been considered and acted upon.  
> **Marketability:** A prototype is a preliminary version of a product; it should look good and be fully functioning. The proposed product should be aesthetically pleasing, functional and appeal to the target market.

## Types of establishment

Commercial – Residential (A place that you can stay at overnight)	Commercial – Non – Residential (A place you cannot stay overnight)	Non-commercial (non-profit) (Providing a service rather than trying to make money)
Hotels Guest houses Bed and breakfasts Farmhouses Motels Holiday parks Some public houses	Restaurants Fast food outlets Public houses Bars Delicatessens Take away outlets School meals Burger vans	Hospitals Prisons Meals on wheels Residential care homes Armed services

## Chefs

**Head Chef: The boss.** The head chef is responsible for menu planning, food production, costing and purchasing, staff work rotas and training, hygiene of the kitchen and staff, stock control

**Sous Chef - The Sous chef** (sous=under in french) is directly in charge of food production, the minute by minute supervision of the kitchen staff, and food production

**Pantry chef - aka garde manger** - A pantry chef is responsible for the preparation of cold dishes, such as salads and pâtés

**Pastry chef - aka le pâtissier** - The King or Queen of the pastry section; baked goods, pastries and desserts are this chefs forte.

**Sauté chef - aka saucier or sauce chef** - They're responsible for sautéing foods, but their most vital role lies within the creation of the sauces and gravies that will accompany other dishes.

**Soup Chef - aka le potager** - Responsible for making soups and preparation of accompaniments for the dishes

**Vegetable Chef - aka le legumier** - The vegetable chef prepares all vegetables for dishes, in smaller restaurants the vegetable chef would also make soups.

**Fish chef - aka le poissonnier** - An expert in the preparation of fish dishes, and often responsible for fish butchering as well as creating the appropriate sauces.

## Key questions to check your learning for Learning Objective 1:

1. Recap what makes a business successful e.g. social media, prices of food, customer service and the atmosphere of the restaurant
2. What are the different salaries for jobs in the H&C industry?
3. What are the different types of service available?
4. What is the difference between commercial and non commercial?

## Styles of service

TABLE SERVICE	COUNTER SERVICE	PERSONAL SERVICE
<p><b>Plate:</b> Pre-plated meals from the kitchen. Can be a basic plated meal or a decorated nouveau cuisine style</p> <p><b>Family:</b> Dishes are put on the table where spoons are provided and the customers serve themselves. Suited to ethnic restaurants such as Indian, Chinese and Spanish tapas</p> <p><b>Silver:</b> Food is served by the staff using spoon and fork</p> <p><b>Gueridon:</b> Food is served from a side table or a trolley using a spoon and fork. Sometimes dishes are assembled or cooked in front of the customer</p>	<p><b>Cafeteria:</b> A single long display counter but can sometimes be multiple counters</p> <p><b>Buffet:</b> Set up in a room usually along one long table. It can be self service or staff can serve customers. Carvery service is where joints of meat are carved in front of customers and plated</p> <p><b>Fast Food:</b> Takeaway with eat-in areas where customers collect food from one small counter</p>	<p><b>Tray or Trolley:</b> An assembled meal provided or a choice of food and drink from a trolley</p> <p><b>Vending:</b> Sold from a machine</p> <p><b>Home Delivery:</b> Delivered to house individually or on a round</p>

Suppliers to the hospitality and catering industry:

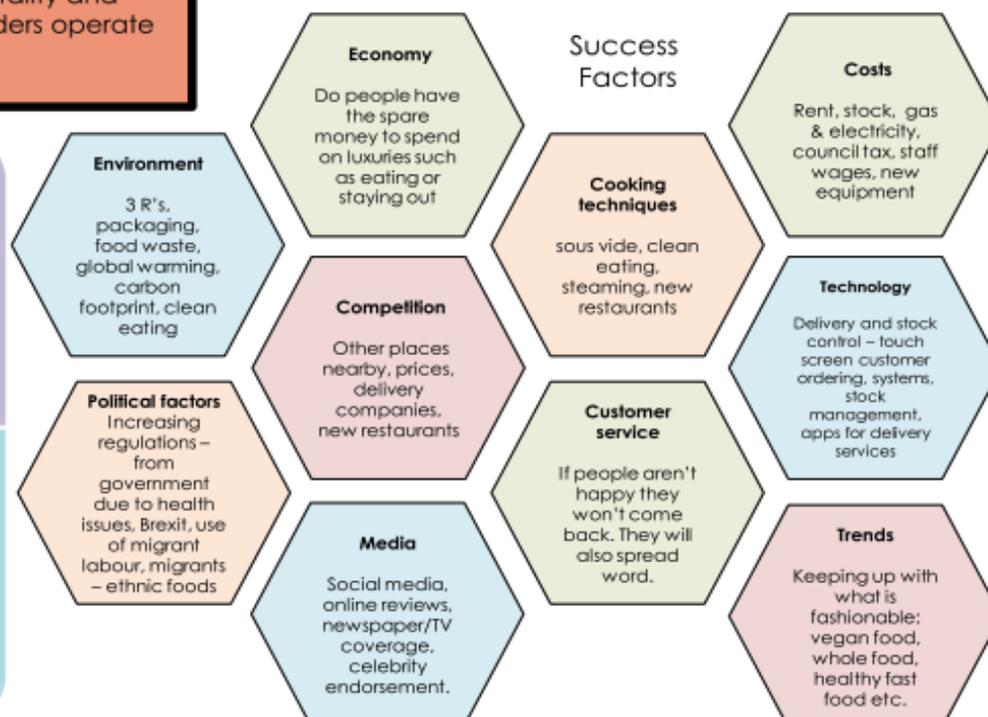
- Specialist markets – e.g. butchers, fish markets. Some deliver
- Local suppliers – local deliveries are better for the environment but might not have a wide selection of stock
- Equipment suppliers – provide equipment and appliances to the catering industry
- Large wholesalers – large quantities of stock, can buy premade and proportioned food but can be expensive
- Independent suppliers

**Hotel job roles**  
Hotel manager  
Barmen/maids  
Supervisor  
Waiter/waitress  
Housekeeper  
Chambermaid  
Receptionist  
Porter  
Concierge

## Minimum Wage

21-24 £7.70 p/h  
18-20 £6.15 p/h  
16-17 £4.35 p/h  
Under 19 £3.90 p/h

LO1 The environment in which hospitality and catering providers operate

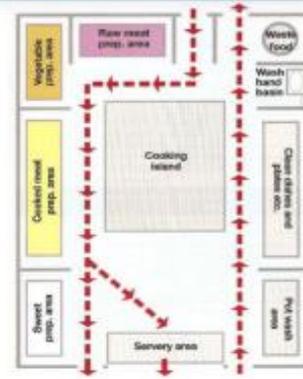


Kitchen

Documentation					
Temperature charts: fridge, freezer, display, point of sale. Taken at least twice per day.	Time sheets: logging staff working hours	Accident report forms: used to report any accidents and near misses	Food safety information: blast chill records, food related incidents and cleaning rotas	Equipment fault reports: What was the issue and how was it dealt with.	Stock usage reports: order books, stock control sheets, invoice, delivery notes
Bookings/reservations: Electronic booking system, electronic reservations system, diary with bookings and reservations Feedback forms	Personnel records: Hours worked, personal details, Wages, Taxation, National insurance, Training, Accidents, Staff rotas and timetables	Financial records: Incomings and outgoings for Income tax, VAT, Wages, Insurance, Profit & loss, Staff costs, Heating, lighting	Health and safety: Fire certificate, Staff training records, Accident book, Food hygiene checks, Cleaning checks, First aid records	Purchasing: Food and drink orders Packaging orders, equipment Tables, chairs etc, Consumables and disposables, Cutlery and crockery, Staff uniforms	Stock control: Monitor stock levels for re ordering, Decide frequency of stock check, First in First out for items with a shelf life

Front of House

Documents should be:  
Legible (readable)  
At correct interval (daily, hourly),  
Completed accurately,  
Signed and dated.  
**Remember**  
Some information is confidential or sensitive i.e. staff personal information. There is a legal requirement under the data protection act to store this type of information securely



**Kitchen Workflow**  
Workflow in the kitchen should follow a logical process by using different areas so that the clean stages in food production never come into contact with the "dirty" stages

1. Delivery
2. Storage
3. Food preparation
4. Cooking
5. Holding
6. Food service area
7. Wash up
8. Waste disposal

Customer needs

Local Residents	Business Customers	Leisure Customers
<ul style="list-style-type: none"> <li>• Value for money</li> <li>• Good standard of customer service so they return</li> <li>• Catering for local needs (culture, religion)</li> <li>• Consistent dishes served</li> <li>• Loyalty schemes</li> <li>• Recognised by staff- feel welcome</li> <li>• Menu specials</li> <li>• Theme nights</li> <li>• OAP discount day</li> <li>• Child friendly</li> <li>• Entertainment</li> <li>• Mailing list or email for special offers</li> </ul>	<ul style="list-style-type: none"> <li>• Dedicated corporate (business) contact at establishment</li> <li>• Discounted rates</li> <li>• Meeting rooms</li> <li>• Water, juice on tables</li> <li>• Presentation equipment, projector, tv,</li> <li>• Office facilities- printer, phone, fax, internet, stationery</li> <li>• Tea and coffee for breaks</li> <li>• Lunch or other meals- buffet or restaurant</li> <li>• Accommodation if attendees are from a long distance</li> <li>• Quick service for lunch meetings</li> </ul>	<ul style="list-style-type: none"> <li>• Value for money</li> <li>• Good facilities</li> <li>• Families want child menus, play area, child friendly</li> <li>• Tourists want local food, easy to communicate</li> <li>• Older people may want more formal service</li> <li>• Good customer service</li> <li>• Varied choice of menu</li> <li>• Dietary needs eg allergies, intolerances, vegetarian catered for without having to ask for special foods</li> <li>• Facilities for physically impaired customers</li> </ul>

LO2 Understand how hospitality and catering provisions operate



Sous Vide



Blender



Oven



Hot plate



Bain Marie



Fryers



Blast Chiller



Percolator

Customer Rights

1. The right to be protected (against hazardous goods)
2. The right to be informed (about quality, quantity, allergies etc)
3. The right to have their complaints be heard
4. The right to seek redressal (compensation.)
5. the right to receive satisfactory goods that match their product description



POS Till Point



Grill



DRESS CODE:  
White shirt  
Formal trousers  
Formal shoes  
Apron  
Tie



DRESS CODE:  
Chef's jacket  
Chef's pants  
Hat  
Neckerchief  
Apron  
Hand towel  
Slip-resistant shoes

Key questions to check your learning for Learning Objective 2:

1. What documentations are used in an establishment by law?
2. What is the workflow of a kitchen?
3. What are the different types of customers you may come across in an establishment and what do they require?
4. What are customer rights?
5. What is a correct dress code to have when working in a kitchen?

**HASAWA – Health and safety at work act**

- Employers must:
- To protect the health, safety and welfare of staff
  - Carry out risk assessments
  - To provide and maintain safe equipment and safe systems of work
  - Safe use, handling, storage and transport of articles and substances
  - Provide a safe workplace with a safe entrance and exit
  - Provide information, instruction, training and supervision on how to work safely
  - Provide a written safety policy
  - Make sure there are toilets, places to wash and drinking water for workers
  - Make sure that there is first aid provision
  - Provide PPE for jobs if needed
  - Have insurance to cover injury or illness at work
  - Ventilation lighting and emergency exits
  - Provide a health and safety law poster entitled "Health and Safety law: What you should know" displayed in a prominent position and containing details of the enforcing authority.

**COSHH – control of substances hazardous to health regulations**

SUBSTANCES COVERED BY COSHH:

- Chemicals including cleaning chemicals
- Micro-organisms
- Dusts
- Medicines, pesticides, gases
- HSE list (Health and safety executive)

Employees must:

- Use control measures and facilities provided by the employer
- Ensure equipment is returned and stored properly
- Report defects in control measures
- Wear and store personal protective equipment (PPE)
- Removing PPE that could cause contamination before eating or drinking
- Proper use of washing, showering facilities when required
- Maintaining a high level of personal hygiene
- Complying with any information, instruction or training that is provided

**RIDDOR – Reporting injuries, disease and dangerous occurrences regulations**

RIDDOR is the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013. The law requires employers and other people in control of work premises (known as the 'responsible person') to report to the Health and Safety Executive (HSE) and keep records of the following:

- Death
- Injuries resulting in over 7 days off work (7 day injuries)
- fractures (except fingers, thumbs and toes);
- amputation of limbs or digits
- loss or a reduction of sight;
- crush injuries
- serious burns (over 10%)
- unconsciousness caused by a head injury or asphyxia;
- any other injury needing admittance to hospital for more than 24 hours.
- Hypothermia

**Manual handling operations regulations**

- Require you to avoid any manual handling operations at work which involve a risk to health – so far as reasonably practicable.
- If it is not reasonably practicable to avoid any manual handling operations, you must carry out a manual handling risk assessment to identify how the risk is caused, so each factor can be addressed and measures taken to control the risk.
- Provision of information, instruction and training to staff are legal requirements

What is manual handling:

Any transporting or supporting of a load by hand or bodily force  
Lifting, putting down, pushing, pulling, carrying or moving

**PPER – Personal protective equipment at work regulations**

PPE is equipment that will protect the user against health or safety risks at work. Includes clothing and other items worn by staff to protect themselves from work hazards

It can include items such as Gloves, goggles, hard hats, hearing protectors, warm clothing (in cold conditions), safety shoes or boots, respirators etc

Hearing protection and respiratory protective are not covered by these Regulations there are specific regulations that apply to them. these items need to be compatible with any other PPE provided.

PPE could include:

- non-slip shoes where there is a slipping risk;
- 100% cotton garments (for example, chefs' whites) where there is a risk that the material may aggravate burns in the event of a fire
- where caustic cleaning substances are used, long-sleeved vinyl gloves, goggles, a visor and possibly respiratory equipment.

*Key questions to check your learning for Learning Objective 3:*

*Can you recap all of the different health and safety requirements for each of these:*

- HASAWA*
- COSHH*
- RIDDOR*
- Manual handling operations*
- PPER*
- What is a risk assessment?*
- What are security hazards?*

**LO3 Meeting health and safety requirements**

**Security hazards**

Workers can be at risk from security hazards in the same way they are from safety hazards. Security risks include

- Disagreements between customers
- Customers being intoxicated (alcohol)
- Customers who have used drugs
- Verbal abuse
- Physical assaults

**Prevention**

- Brightly lit areas
- CCTV
- Easy escape routes
- Area for handling larger sums of money
- Appoint more senior staff to deal with problems and complaints
- Train staff to diffuse angry customers
- Contact local police if necessary
- Make sure lone workers are aware of risks
- Keeping doors and windows secure and locked

**RISK ASSESSMENTS:**

When you carry out a risk assessment you need to think about how likely it is to happen and what the consequence might be if it did. E.g. A spillage is very likely to happen in a restaurant kitchen.

	Probability	Severity
1	Not very likely to happen	1 If it did happen the harm would be minimal and could be dealt with by an untrained person (e.g. might just need a plaster)
2	1 in 4 (25%) chance	2 Might need to visit a professional for advice or treatment (e.g. might need stitches)
3	2 in 4 (50%) chance	3 Would take a few weeks to heal, but not a serious injury.
4	3 in 4 (75%) chance	4 Could cause serious injury or damage, but would eventually be resolved (e.g. broken leg)
5	Very likely to happen	5 The result could be permanent disability, destruction of a building or in extreme cases, death.

**Allergies**  
 A food allergy is a rapid and potentially serious response to a food by your immune system. It can trigger classic allergy symptoms such as a rash, wheezing and itching. Anaphylaxis is most commonly caused by food allergies, but can also be caused by other things, such as insect bites and drug allergies.  
 Wait staff should have a good knowledge of which allergens are present. When using pre prepared ingredients, kitchen staff should check the labels carefully to identify any allergens



**Intolerances**  
 Food intolerances are more common than food allergies. The symptoms of food intolerance tend to come on more slowly, often many hours after eating the problem food.

**Lactose intolerance**

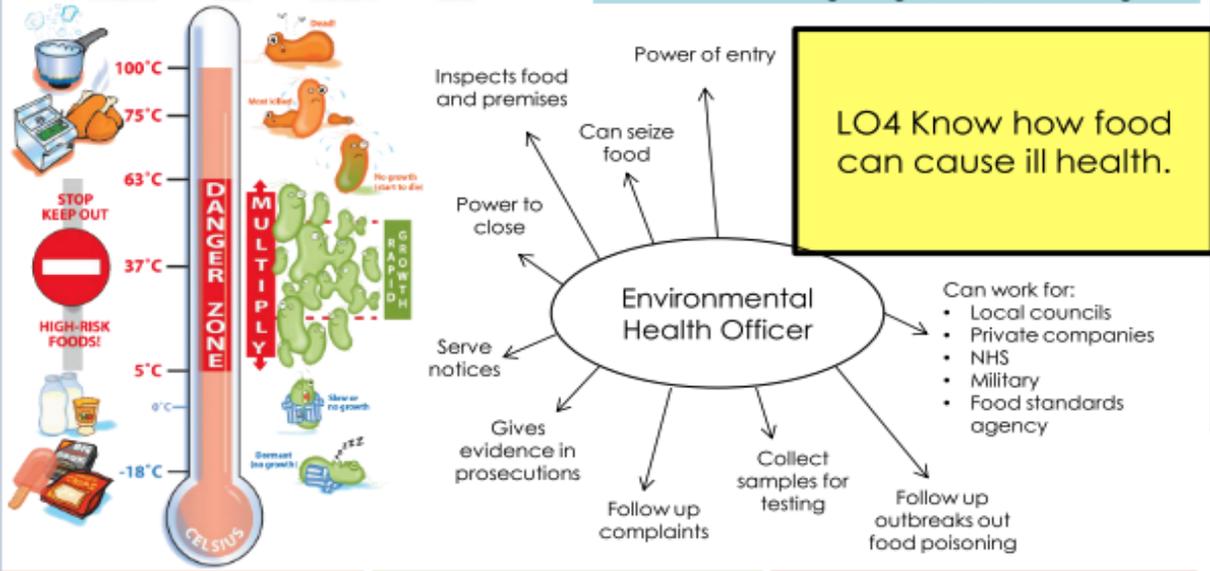
- Avoid milk and milk products
- Experience nausea, bloating, pain in the abdomen and diarrhoea
- Eat lactose-reduced products or alternatives such as goats cheese, soya milk, feta cheese, rice milk

**Celiac disease/gluten intolerance**

- Causes diarrhoea, anaemia, weight loss
- Gluten is found in many cereals plants primarily wheat, rye, barley and some oats
- Avoid pasta, bread, cereals flour based foods

**Yeast intolerance**

- Yeast is present in a variety of foods, commonly bread, baked products and alcoholic beverages. Very ripe fruits contain natural yeasts
- Symptoms include flatulence, bad breath, fatigue, irritability, cravings for sugary foods, stomach cramps, bad skin and indigestion.
- Fermented foods e.g. vinegar, wine, salad dressing



**Food Safety Act**  
 Food businesses:  
 - Must ensure that the food served or sold is of the nature, substance or quality which consumers would expect  
 - Ensure that the food is labelled, advertised and presented in a way that is not false or misleading, e.g. photos on menus that do not look like the dishes served to customers

**Food Safety (General Food Hygiene Regulations)**  
 - Food premises  
 - Personal hygiene of staff  
 - Hygienic practices  
 Food businesses must:  
 - make sure food is supplied or sold in a hygienic way;  
 - identify food safety hazards;  
 - know which steps in your activities are critical for food safety;  
 - ensure safety controls are in place, maintained and reviewed.

**Food Labelling Regulations**  
 This information is required on packaging by law:  
 • the name of the food  
 • weight or volume  
 • ingredient list & allergen information  
 • genetically modified ingredients  
 • date mark and storage conditions  
 • preparation instructions  
 • name and address of manufacturer, packer or seller & place of origin  
 • lot (or batch) mark  
 • nutrition information

	Found in	Symptoms	Onset	Duration
Campylobacter	Poultry, raw meat, unpasteurised milk products, water	Headache, abdominal pain, bloody diarrhoea	2-5 days after infection	Up to 10 days
Salmonella	Raw meat, unwashed vegetables, eggs undercooked chicken	Fever, diarrhoea, vomiting, abdominal pain, blood in poo	12-72 hours	4-7 days can be up to 3 weeks
E-Coli	beef, chicken, lamb, unpasteurised milk cheese, spinach, salads, raw veg	Abdominal cramps, bloody diarrhoea, nausea	Up to 24 hours	Up to 24 hours
Clostridium perfringens	Undercooked meats, large volumes of food, casseroles, gravies	Stomach cramps, fever, diarrhoea (not usually vomiting)	6-24 hours	4-7 days can be up to 3 weeks
Listeria	Raw foods, fridge temperatures, unpasteurised milk, cheese, smoked salmon, pate, raw sprouts	Headache, stiff muscles, confusion, fever, convulsions	3-70 days (21 typical)	3 weeks
Bacillus cereus	Rice, leftover food, foods at room temperature, sauces and soups	1) Watery diarrhoea, cramps, 2) vomiting and nausea	1) 30 min-6 hrs 2) 6-15 hours	24 hours
Staphylococcus aureus	Foods made by hand and no additional cooking Salads, ham, tuna chicken, cream pastries, sandwiches, dairy products, meat, eggs	Projectile vomiting, diarrhoea, abdominal cramps, fever	1-6 hours	24-48 hours

**Food related causes of ill health**  
 Microbes - Some microorganisms cause food borne illness which is not classified as food poisoning because of other symptoms they cause. The two main ones are: Norovirus From leafy greens such as lettuce, fresh fruits and foods that are not washed before eating and Toxoplasmosis From infected meat (also cat poo but you wouldn't eat that)  
 Chemicals - Some chemicals can end up in our food and potentially make us ill. These chemicals could come from: hormones, pesticides, fertilizer, packaging additives, cleaning fluids  
 Metals - When ingested metals can be extremely harmful to the body. Some metals can be found in food because they occur naturally, they enter the food chain or residues of metals can be found in food.  
 Poisonous plants - Some plants can be poisonous when eaten, these could be contaminants such as weeds or naturally occurring foods such as rhubarb leaves, raw potatoes and uncooked kidney beans.

Key questions to check your learning for Learning Objective 4:

- Name at least 4 different types of food poisoning bacteria, give the symptoms and where they are found
- What does it mean to have an intolerance and what foods can this be for?
- What is the Food safety act?
- What are the food related causes of ill health?
- What is an allergen? Name some
- What is the danger zone?





## Commodities – Dairy Products

### Secondary processing

Milk is used to make a number of products during secondary processing.

These are known as dairy products

- butter
- cheese
- cream
- yoghurt



In the UK milk is supplied by dairy cows but is also available from sheep and goats. A dairy herd is usually milked twice a day.

Milk is the ideal substance for **bacteria** to grow in.

To **prevent food poisoning and extend the shelf life** of the milk, heat treatments are used. The **heat treatment** is carried out as soon as possible after the milk is collected.

**Cream** is the concentrated fat, which has been skimmed from the top of milk.

Types of cream:

Single cream

Double cream

Whipping cream

Clotted cream

Ultra heat treated (UHT)

cream

Flavoured cream – like

Chantilly cream

### Cheese and yoghurt

Cheese and yoghurt are made from milk. Making milk into cheese and yoghurt is secondary processing. Bacteria are needed to make both cheese and yoghurt. These bacteria are called the starter culture, and are added to warm heat-treated milk. During cheese and yoghurt making, the starter culture causes the sugar in milk, called lactose, to turn into lactic acid. The acid gives more flavour to the cheese and yoghurt, and makes them last for longer.

Type of milk	Temperature, time and processing needed	Storage
Pasteurised	Heating milk to 72 degrees for 15 seconds. Most bacteria are destroyed.	In the fridge, use within 5 days
Sterilised	Heating milk to 110-130 degrees for 10 to 30 minutes. All bacteria are destroyed	At room temperature for about 6 months, once opened use within 5 days
Ultra- heat treatment (UHT)	Heating milk to 135 degrees for 1 second All bacteria are destroyed	At room temperature for about 6 months, once opened use within 5 days

### Nutritional value

Protein – HBV

Fat –depending on the type

Vitamin A and D – why does the amount of this depend on the amount of fat?

Calcium – for bones and teeth

Carbohydrate – Lactose



# Commodities – Eggs

## Types

There are many different types of eggs available in the UK:

- Hens
- Ducks
- Quails
- Geese.

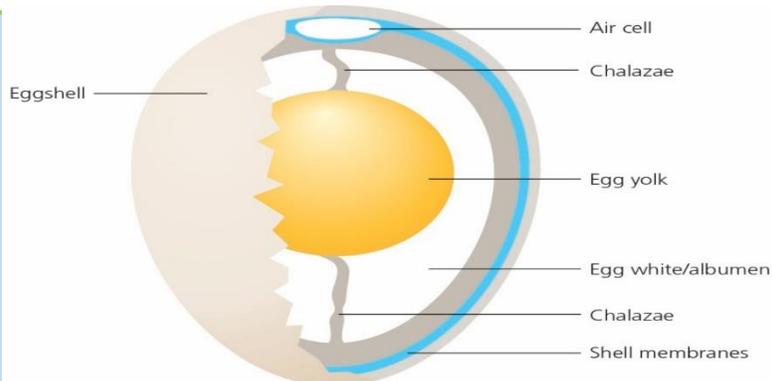
The most popular eggs we consume and use in food preparation and cooking are hens eggs.

## Egg Production

**Enriched cage production:** Hens are kept in small, stacked cages in sheds to promote egg laying.

**Free range eggs:** This type of farming allows hens to walk around outside, scratch the soil and peck for food, sit up on perches and lay eggs in nests.

**Barn eggs:** Hens are allowed to roam freely inside, uncaged, and have perches to roost on.

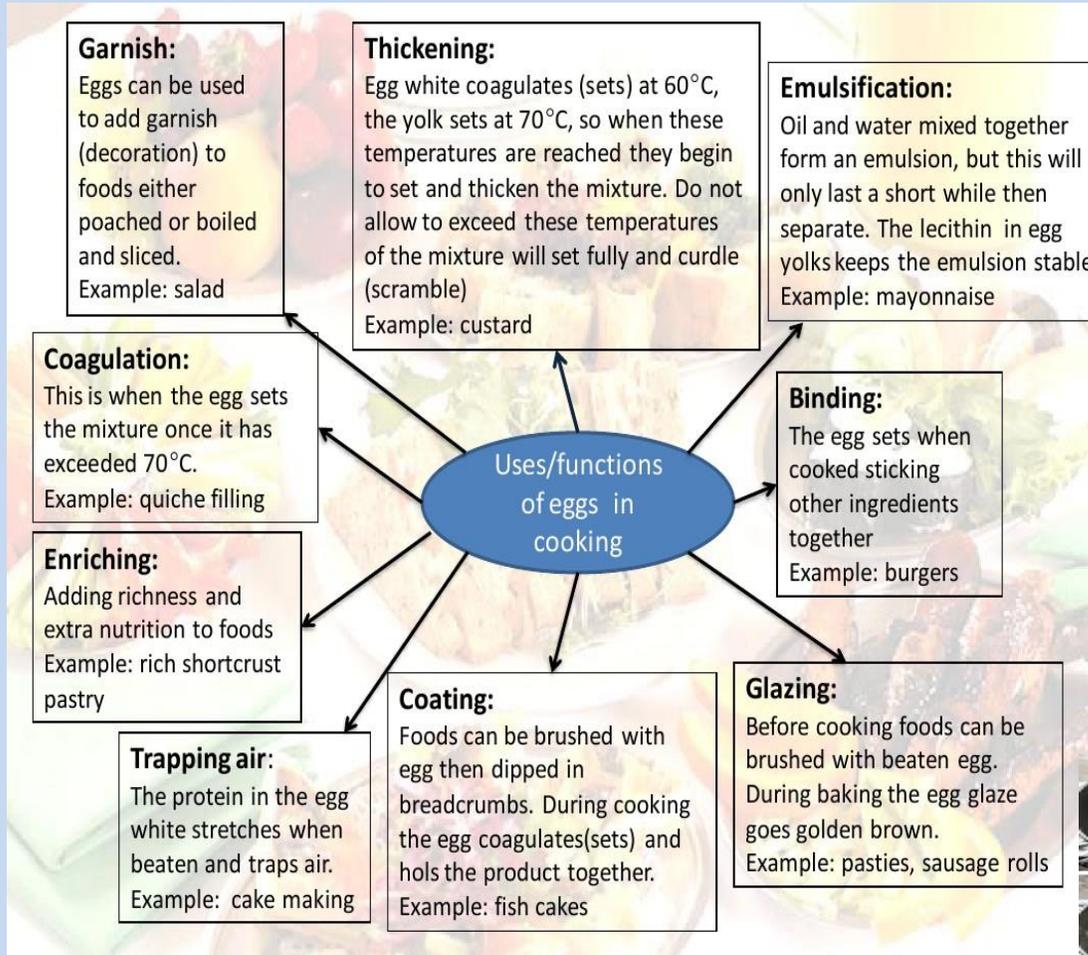
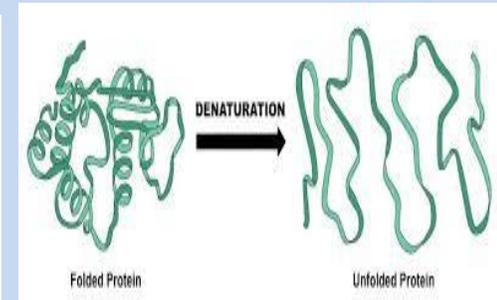


## Nutritional Value

Protein – in both the white and yolk.  
 HBV  
 Vitamins A, D and E in the yolk; B in the white  
 Iron – in the yolk  
 Fat – in the yolk  
 Water – in both the white and yolk.

## Denaturation of Protein

Many of the functions of eggs are related to the principle of denaturation – this is the unfolding of amino acid chains causing a change in the structure of proteins. This is why eggs change form liquid to solid when heated or are able to trap air when whisked



## Coagulation



## Aeration



## Commodities – Protein

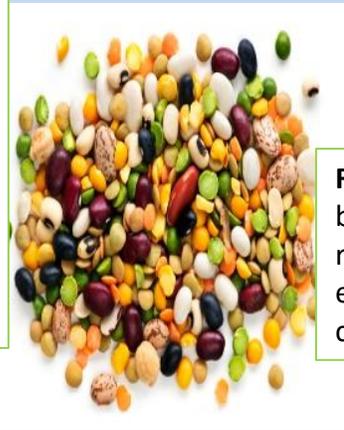
(Alternatives - soya, tofu, beans, nuts and seeds)

### Soya

Soya beans are used to develop a textured vegetable protein to replace meat. Even though it is plant based it is HBV protein Low fat

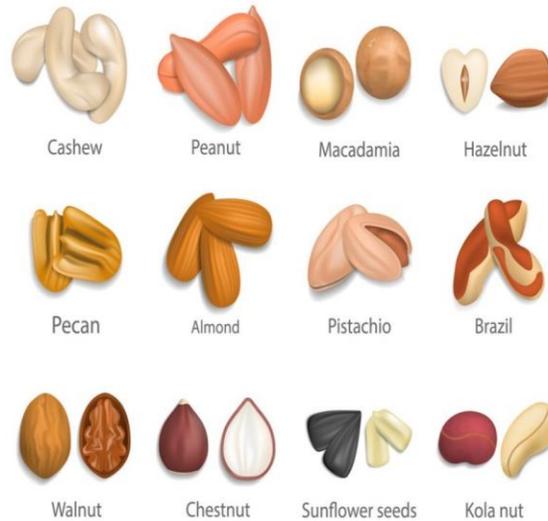


**Tofu** is a bean curd made from soya milk which has been curdled so it is solid. HBV protein and low in fat. Used in curries, stir fries and desserts



**Reasons for use** – versatile, health benefits, cost benefits (cheaper than meat), environmental reasons (reduces carbon footprint), moral and ethical issues around reducing meat consumption

**Nuts** are dry edible kernels within a shell. Nuts contain protein and fat, but the fat is unsaturated so it is good for us. Can cause allergic reactions so care needs to be taken



### Seeds

We can eat the seeds of a wide variety of plants, they are a good source of vitamins and minerals. Examples include pumpkin, chia and sesame. They contain

Protein

B and E vitamins

Essential minerals such as iron and zinc



### Legumes

A legume is a plant from the Fabaceae family, or the fruit or seed of such a plant.

When dried the seed is also called a pulse

Lentils, beans and chickpeas are examples

High in LBV protein

Good source of Vitamin D

Contains fibre



**Beans** are seeds from edible plants, they contain protein and are healthy because they are low in fat and high in fibre. Examples include broad beans, kidney beans and haricot beans. Beans contain some carbohydrates, LBV protein. B vitamins, Iron and Dietary Fibre

## Commodities – Fats and Oils

Provides energy, insulates organs, source of fat soluble vitamins (A and D)

### Saturated fats – animal fats – butter and lard

Saturated fats can increase cholesterol  
Solid as they are saturated with Hydrogen molecules  
Too much can lead to health problems

### Unsaturated fats – plant fats/oils

#### Polyunsaturated/ monounsaturated , sunflower spread and olive oil

These can help to reduce cholesterol in the blood  
Liquid as there are gaps in the molecular structure where hydrogen molecules are missing

### Cooking with fats and oils

Adds flavour  
Adds moisture  
Adds fats  
Reduces vitamin A and D  
Browning



### Cooking with oils

Dressings and Marinades  
Used in some baking – moist results  
Frying – lubricates  
Roasting – keeps moist and lubricates



### Cooking with fats – properties

Adds moisture  
Plasticity – melts over a range of temperatures  
Traps air – cake making  
Shortening – pastry  
Lamination – trapping air in flaky pastry  
Enriching – mashed/jacket potato  
Lubricating – frying and spreading on bread/toast



### Healthy Fats

#### Olive Oil



#### Fish Oil



#### Cold-exPELLER-pressed plant oils

Such as grapeseed, walnut, sesame



Avocados



Olives



Coconut



Nuts & Seeds

### Essential Fatty Acids

#### Omega 3

Fatty acids are found in oily fish and seeds help our brain function and may reduce the risk of heart disease

#### Omega 6

Fatty acids are found in foods such as chicken, nuts and vegetable oils, they help to reduce blood cholesterol and reduce inflammation

EAT

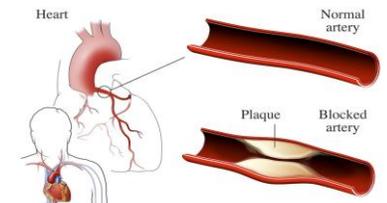


AVOID



### Too much fat in the diet

Coronary heart disease  
Stokes  
High Blood pressure  
Obesity  
Joint problems  
Psychological issues



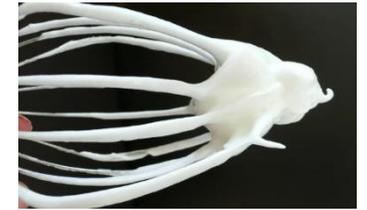
# Commodities – Sugar

Sugar Beet – grown in the UK



## Sugar in Cooking

- Browns – caramelisation
- Aeration – with fat traps air
- Flavour – adds sweetness
- Delays staling – cakes
- Stabilises mixtures – egg whites
- Texture - Softens gluten in cakes



Non UK sugar is produced from sugar canes grown all round the world especially in hotter, wet climates such as India, Brazil, Thailand, China, USA, Mexico, Russia Pakistan and Australia



Cane growing areas

## Types of sugar

All sugar ingredients are chemically named **sucrose** made from sugar cane or sugar beet

Sucrose is

- ✓ icing sugar
- ✓ caster sugar
- ✓ granulated sugar
- ✓ soft brown sugar
- ✓ demerara sugar
- ✓ molasses
- ✓ treacle and syrup



## Too much sugar

Too much sugar can lead to tooth decay, weight gain, obesity, type 2 diabetes



## Too little

Lack of sugar, not eating enough or problems with diabetic control can result in hypoglycaemia or very low blood sugar. It causes dizziness and fainting

## Fairtrade

Sugar plantations run by small-scale farmers produce high quality sugar canes under Fairtrade agreements

## Sugar Tax

Manufacturers get taxed if they make drinks containing too much sugar, it's called **The Sugar Tax**  
The sugar tax pays for extra sport facilities in schools.

